Child and Adolescent Mental Health

New Books and Selected Backlist Titles 2008
Child and Adolescent Clinical Psychology and Psychiatry
Child and Adolescent Development
Clinical Problems
Cognitive Behavior Therapy
Expressive Therapies
Family Therapy
Grief and Trauma
School-Based Mental Health
Titles for Parents and Therapists
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ARENAS

As part of Routledge’s ongoing initiative to provide the best available online resources in support of our top-selling line of Mental Health titles, we are pleased to be able to provide our up-to-date Child and Adolescent Mental Health Arena.

We’ve made the arena very easy to navigate around, because we know that you want to find the information you’re after quickly, whether it’s the ‘buy now’ link for a particular book, the date and venue of a forthcoming conference, or the online version of a specific academic journal article.

www.camharena.com

INVITATION TO AUTHORS

If you would like to submit or discuss your book proposal with our Publisher, George Zimmar, please email george.zimmar@taylorandfrancis.com

KEY TITLES

CBT WITH CHILDREN, ADOLESCENTS
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From Chaos to Harmony in Ten Weeks or Less
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The CPRT Package
Sue C. Bratton, Garry L. Landreth, Theresa Kellam, and Sandra R. Blackard

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TITLES FOR PARENTS AND THERAPISTS

The Parent Survival Guide
From Chaos to Harmony in Ten Weeks or Less
Theresa Kellam, in private practice, Arlington, Texas, USA

In The Parent Survival Guide: From Chaos to Harmony in Ten Weeks or Less, Theresa Kellam presents a way to strengthen the relationship with the child that simultaneously promotes the parent’s own emotional healing and wellness. Grounded in a research-supported therapeutic technique that uses structured play time as the catalyst for interpersonal connection and growth, Kellam’s model is subtle in its simplicity. Through a series of guided exercises, Kellam gives parents the skills they need to begin to set aside special playtimes with their children, during which the most important part of the process is simply “being there” in a way that promotes healing, growth, and communication. The beauty of this approach is that in only 30 minutes, once a week, the results can be seen in only a few weeks.


Pb: 978-0-415-98934-3: £11.00/$19.95

Child Parent Relationship Therapy (CPRT) Treatment Manual
Sue C. Bratton, and Garry L. Landreth, both at the University of North Texas, USA, Theresa Kellam, in private practice, Arlington, Texas, USA, and Sandra R. Blackard, independent consultant in communication and training

“If you want to use this well established program, you will want to have this manual to guide you. It provides everything that the therapist and parent need to know to carry out their respective CPRT roles effectively.” - Louise Guerney, The National Institute of Relationship Enhancement, Maryland, USA

This manual is the highly recommended companion to CPRT: A 10-Session Filial Therapy Model. Accompanied by a CD-Rom of training materials, which allows for ease of reproduction and enhanced usability, the workbook will help the facilitator of the filial training and will provide a much needed educational outline to allow filial therapists to pass their knowledge on to parents. The treatment manual provides a comprehensive outline and detailed guidelines for each of the ten sessions, facilitating the training process for both the parents and the therapist.

Pb: 978-0-415-95212-5: £23.95/$37.50

Forthcoming!

Child Parent Relationship Therapy (CPRT) Treatment Manual
Garry L. Landreth, and Sue C. Bratton, both at the University of North Texas, USA

“This book provides a wealth of detailed and helpful information about the process and practice of filial therapy. It is likely to prove an invaluable guide to all practicing and aspiring filial therapists.” - The British Association of Play Therapists

This book offers a survey of the historical and theoretical development of the filial therapy approach and presents an overview of filial therapy training and then filial therapy processes. The book also includes a transcript of an actual session, answers to common questions raised by parents, children, and therapists, as well as additional resources and research summaries.

Hb: 978-0-415-95110-4: £26.50/$44.95

ALSO BY GARRY L. LANDRETH

Play Therapy
The Art of the Relationship
Second Edition
Garry L. Landreth, University of North Texas, USA
Hb: 978-1-58391-327-7: £26.50/$44.95

www.routledgementalhealth.com
Forthcoming!

Keeping the Baby in Mind
Infant Mental Health in Practice
Edited by Jane Barlow, University of Warwick, UK, and Per Svanberg, Tyne and Wear NHS Trust, UK
“This well researched book will be of interest to many involved with infant mental health. Those engaged in direct work with families, academics concerned with infant development or social provision and those organising or making policy about the provision of services for Under 5s will find much to inspire them in these accessibly written chapters.” - Dr Janine Sternberg, Tavistock & Portman NHS Trust, UK
Keeping the Baby in Mind builds on the expanding evidence pointing to the crucial importance of parents in facilitating their baby’s development, and brings together expert contributors to examine a range of innovative psychological and psychotherapeutic interventions that are currently being used to support parents and their infants. It provides not only an overview of the many projects that are now available but also makes recommendations for future practice and the way in which children’s services are organised.

The book brings together interventions and ways of working that can be used both universally to support parents during the transition to parenthood, and with high-risk groups of parents where for example there may be child protection concerns or parents experience severe mental health problems.

Hb: 978-0-8058-6351-2: £32.50/$59.95
Pb: 978-0-8058-6352-9: £16.50/$29.95
Series: Monographs in Parenting
Published by Psychology Press

Why Love Matters explains why love is essential to brain development in the early years of life, particularly to the development of our social and emotional brain systems, and presents the startling discoveries that provide the answers to how our emotional lives work.

Pb: 978-1-58391-817-3: £9.99/$17.95

Promoting Positive Parenting
An Attachment-Based Intervention
Edited by Femmie Juffer, Marian J. Bakermans-Kranenburg, and Marinus H. van Ijzendoorn, all at Leiden University, The Netherlands
This book illuminates the successful implementations of one of the few evidence-based parenting intervention programs. More than 20 years ago the editors began experimenting with videotaping parental behavior in order to enhance parents’ sensitivity to their children’s signals. This new book presents the outcome of this effort.

Hb: 978-0-8058-6351-2: £32.50/$59.95
Pb: 978-0-8058-6352-9: £16.50/$29.95
Series: Monographs in Parenting
Published by Psychology Press

Effective Parenting for the Hard-to-Manage Child
A Skills-Based Book
Georgia A. DeGangi, in private practice, Integrated Therapy Services for Children and Families, and Anne Kendall, in private practice, The Wake Kendall Group, USA
“Effective Parenting for the Hard-to-Manage Child is a skills-based book for parents who need practical advice from experts, without all the jargon and generalizations. The book provides specific strategies and techniques for children who are intense, highly reactive, and unable to self-calm.”

Pb: 978-0-415-95546-1: £13.95/$24.95

Bestseller!

Why Love Matters
How Affection Shapes a Baby’s Brain
Sue Gerhardt, psychotherapist in private practice, Oxford, UK
“Why Love Matters is hugely important. It should be mandatory reading for all parents, teachers and politicians.” - The Guardian

Pb: 978-0-415-44298-5: £19.99/$34.95
Influences: A Different Kind of Contact for Boys. Seeing Boys’ Strengths

Aspects of Traditional Masculinity on Boys’ Relationships. The Biological

result of emotional growth and communication with peers about

interpersonal interactions without losing a sense of ‘maleness’ as a

ConTenTs:

the school setting or outside. Over a series of group sessions,

refined over the course of countless sessions run by the authors,

skills and emotional connections. Based on years of research and

lead preventative boys groups designed to foster communication

providing the first guidebook for group facilitators who want to

BAM! Boys Advocacy and Mentoring

A Leader’s Guide to Facilitating Strengths-Based Groups for Boys – Helping Boys Make Better Contact By Making Better Contact with Them

Peter Mortola, Lewis and Clark College, Oregon, USA, Howard Hiton, LPC, Hiton and Associates, Oregon, USA, and Stephen Grant, Social Worker, Oregon, USA

Over the past decade, our understanding of the fundamental differences in child development, behavior, and emotional maturity between boys and girls has increased dramatically, and as a result, many gender-specific interventions and support programs have been developed to meet the needs of parents, teachers, and mental health professionals. However, these all take the form of responses designed to minimize an already disruptive behavior pattern. What has been needed is a pro-active program with the goal of instilling positive skills and patterns in ‘at-risk’ boys, rather than waiting to address problems after they are already visible.

The BAM! Boys Advocacy and Mentoring program fills this need by providing the first guidebook for group facilitators who want to lead preventative boys groups designed to foster communication skills and emotional connections. Based on years of research and refined over the course of countless sessions run by the authors, the program has been field-tested and tailored for use either in the school setting or outside. Over a series of group sessions, participants are encouraged to understand their emotions and interpersonal interactions without losing a sense of ‘maleness’ as a result of emotional growth and communication with peers about personal issues.


Pb: 978-0-415-96318-3: £20.95/$34.95

Counseling Troubled Boys

A Guidebook for Professionals

Edited by Mark S. Kiselica, College of New Jersey, USA, Matt Englar-Carlson, California State University, USA, and Arthur M. Horne, University of Georgia, USA

This volume provides practitioners with clear, helpful information about the process of understanding and engaging a wide array of boys and adolescent males in counseling. It supplies case examples and covers topics including race, ethnicity, religion, and other cultural factors of boys. A practical tool for school and mental health practitioners who need to understand and respond to the developmental and special issues of boys and adolescent males, Counseling Troubled Boys creates a bridge between young men and helping professionals. Key content includes adjustment issues, strategies for establishing rapport, interventions, case studies, and suggestions for future training and research.


Pb: 978-0-415-95547-8: £20.99/$34.95

Routledge Series on Counseling and Psychotherapy with Boys and Men

Counseling Fathers

Practical, Theoretical, and Cultural Perspectives

Edited by Chen Oren, and Dora Oren
Pb: 978-0-415-98864-3: 2009: 288pp. £22.00/$34.95

Counseling Boys and Men with ADHD

George Kapalka

FORTHCOMING IN THE SERIES

Counseling Fathers
Practical, Theoretical, and Cultural Perspectives
Edited by Chen Oren, and Dora Oren
Pb: 978-0-415-98864-3: 2009: 288pp. £22.00/$34.95

Counseling Boys and Men with ADHD
George Kapalka
The Handbook of Child and Adolescent Clinical Psychology
A Contextual Approach
Second Edition

Alan Carr, University College Dublin, Ireland

“Alan Carr’s Handbook does an admirable job in providing immensely practical approaches for the assessment and treatment of mental health problems in young people... The succinct listing of further readings for both professionals and families, together with details of useful websites, at the end of each chapter is a particular strength.”
- Michael Rutter, Institute of Psychiatry, London, UK

This second edition of the hugely successful Handbook of Child and Adolescent Clinical Psychology incorporates important advances in the field to provide a reliable and accessible source of practical advice. Beginning with a set of general conceptual frameworks for practice, the book gives specific guidance on the management of problems commonly encountered in clinical work with children and adolescents, drawing on best practice in the fields of clinical psychology and family therapy.

Hb: 978-1-58391-830-2: £95.00/$170.00
Pb: 978-1-58391-831-9: £32.99/$59.95

The Handbook of Intellectual Disability and Clinical Psychology Practice

Edited by Alan Carr, Gary O’Reilly, and Patricia Noonan Walsh, all at University College Dublin, Ireland, and John McEvoy, Dundalk Institute of Technology, Ireland

The Handbook of Intellectual Disability and Clinical Psychology Practice will equip clinical psychologists in training with the skills necessary to complete a clinical placement in the field of intellectual disability.

The book is divided into seven sections, which cover conceptual frameworks, assessment frameworks and intervention frameworks, and the specific problems that arise in infancy and early childhood, middle childhood, adolescence, and adulthood. Chapters combine discussion of the theoretical and empirical issues with practical considerations. The authors incorporate detailed practice descriptions throughout, which will allow clinicians to use the book as a step-by-step guide to clinical work. Practice exercises are also included where relevant to aid skills development.

Hb: 978-1-58391-861-6: £95.00/$170.00
Pb: 978-1-58391-862-3: £32.99/$58.95

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What Works with Children, Adolescents, and Adults?
A Review of Research on the Effectiveness of Psychotherapy

Alan Carr, University College Dublin, Ireland

“This book offers a unique and comprehensive up-to-date review of the research into the effectiveness of psychotherapy and psychological interventions with children, adolescents, adults, people in later life, and people with intellectual and pervasive developmental disabilities. Thanks to Alan Carr who has done an admirable job, the book presents a helpful guide to mental health professionals who aim to provide evidence based interventions. I highly recommend this book as a valuable source of information for students, clinicians and researchers in clinical psychology and psychiatry.”
- Anegen Trillingsgaard, University of Aarhus, Denmark

What Works with Children, Adolescents, and Adults? provides an up-to-date review of research on the effectiveness of psychotherapy and psychological interventions with children, adolescents, adults, people in later life, and people with intellectual and pervasive developmental disabilities. Drawing on recent meta-analyses, systematic reviews and key research studies in psychotherapy, this volume presents evidence for:

- the overall effectiveness and cost-effectiveness of psychotherapy
- the contribution of common factors to the outcome of successful psychotherapy
- the effectiveness of specific psychotherapy protocols for particular problems.

This comprehensive, user-friendly guide will inform clinical practice, service development and policy. It will be invaluable to psychotherapists, service managers, policymakers, and researchers.

**Contents:**
- Psychotherapy, Psychotherapy Research, and Translating Science into Practice. The Overall Effectiveness and Cost-effectiveness of Psychotherapy
- Common Factors in Psychotherapy. Effectiveness of Psychotherapy and Psychological Interventions with Specific Problems in Children, Adolescents and People with Intellectual Disabilities and Pervasive Developmental Disorders

Hb: 978-0-415-45290-8: £65.00/$110.00
Pb: 978-0-415-45291-5: £24.99/$43.95

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Carr, Ed.: What Works with Children and Adolescents?: A Critical Review of Psychological Interventions with Children, Adolescents and their Families

The Handbook of Clinical Intervention with Young People who Sexually Abuse
Edited by Gary O’Reilly, William L. Marshall, Alan Carr, and Richard C. Beckett

“The book provides a first-class overview of the field of working with young people who sexually abuse... As such it is highly recommended.”
- Mark Farmer, Journal of Sexual Aggression

Hb: 978-1-58391-125-9: £60.00/$104.95

Prevention: What Works with Children and Adolescents?
A Critical Review of Psychosocial Prevention Programmes for Children, Adolescents and their Families
Edited by Alan Carr

“Alan Carr and his colleagues have been both thorough and systematic in their approach to the literature on prevention. Clinicians might well find this a useful resource to the particular disorders or problems.”
- Professor Sir Michael Rutter, Institute of Psychiatry, London, UK

Pb: 978-1-58391-277-5: £20.99/$34.95

The Therapist’s Notebook for Children and Adolescents
Homework, Handouts, and Activities for Use in Psychotherapy
Catherine Ford Sori, Governors State University, University Park, USA, and Lorna L. Hecker, Purdue University, Calumet, USA

Targeted specifically toward children and adolescents, the “therapist’s helpers,” you’ll find this extraordinary book will give you the edge in aiding children with their feelings, incorporating play techniques into therapy, providing group therapy to children, and encouraging appropriate parental involvement. The Therapist’s Notebook for Children and Adolescents covers sleep problems, divorce, illness, grief, sexual abuse, cultural/minority issues, and more, incorporating therapeutic approaches that include play, family play, psychodynamic, family systems, behavioral, narrative, and solution-focused therapy.

Pb: 978-0-7890-1096-4: £22.00/$39.95

Only available for sale in the USA and Canada

Forthcoming!
Child Psychotherapy and Research
New Approaches, Emerging Findings

“A unique, outstanding and inspiring collection of research papers in child psychotherapy.”
- Dr Sebastian Kraemer, Tavistock Clinic, London, UK

Child Psychotherapy and Research brings together some of the most exciting and innovative research activity taking place within psychoanalytic child psychotherapy today.

Drawing on the expertise of an international range of contributors, this book describes work at the cutting edge of research in psychoanalytic child psychotherapy and related areas. It presents many of the emerging findings while also illustrating a whole range of methodologies – both quantitative and qualitative – that have been developed to investigate this field. The book examines the historical and philosophical background of child psychotherapy research and shows how research illuminates different clinical phenomena, the processes of psychotherapy, its evaluation and outcome.

Recent developments in therapeutic work with children, including the increased focus on evidence-based practice, make research a much higher priority in the field than ever before. With this increasing significance, a whole new generation of clinicians are required to become familiar and competent with research methods and research literature. Child Psychotherapy and Research will be a vital resource for anyone involved in research and training related to psychotherapy and child mental health, as well as of great interest to a range of mental health professionals.


Hb: 978-0-415-42202-4: £60.00/$100.00
Pb: 978-0-415-42203-1: £22.99/$40.00

www.routledgementalhealth.com
Beyond Evidence-Based Psychotherapy
Fostering the Eight Sources of Change in Child and Adolescent Treatment

George W. Rosenfeld, clinician, Sutter Counseling Center, Sacramento, California, USA

Beyond Evidence-Based Psychotherapy teaches students through a common factors point-of-view, combining research, case studies, multiple treatment orientations, and a perspective that describes the personal growth of a clinician’s career. It differs from previous texts in that it presents the recent research on psychotherapy in a format that is understandable, memorable, and relevant to student concerns, while integrating research and clinical experience to pragmatically guide clinical decisions. This book provides students of child and adolescent psychotherapy that are pursuing degrees in psychiatry, clinical psychology, social work, and marriage and family counseling with an insight into the practice of a child psychologist with 40,000 hours of experience working with thousands of clients and families.

In the first part of the book, Rosenfeld presents 8 common factors of change in working with children and adolescents. The second part brings the reader through a “day in the life” of the author as he visits with a series of clients in various stages of treatment, bringing the material discussed in part one to life.

CONTENTS:
- In a Typical Day. Seven and Eleven Week Follow-up.

Hb: 978-0-415-99335-7: £52.95/$95.00
Pb: 978-0-415-99336-4: £22.00/$39.95
Series: Counseling and Psychotherapy

TEMAS (Tell-Me-A-Story) Assessment in Multicultural Societies

Giuseppe Costantino, Lutheran Medical Center, New York, USA, Richard H. Dana, Portland State University, Oregon, USA, and Robert G. Malgady, New York, USA

TEMAS (Tell-Me-A-Story) Assessment in Multicultural Societies examines the health/mental care system in which professional service providers, including psychologists, labor to offer quality care for youth in the United States. The authors ardently support the use of the TEMAS assessment instrument as a useful tool for diagnosis of all youngsters, particularly its use on the growing population of minority children and adolescents.

Eleven Blunders that Cripple Psychotherapy in America
A Remedial Unblundering

Nicholas A. Cummings, and William T. O’Donohue, both at the University of Nevada, Reno, USA

After a period of economic success and high regard in society, clinical psychology has fallen onto hard times, assert authors Nicholas Cummings and William O’Donohue. In the 1960s, clinical psychologists with doctorates were well paid in relation to comparable professions; today, starting salaries are lower than many jobs that require only a bachelor’s degree. Clinical psychology in the 1960s was preferred and valued over other fields as a profession; today it is not even on the list of top 20 fields for graduates to enter. Psychologists’ opinions on social issues are disregarded by the public.

Hb: 978-0-415-98963-3: £30.95/$49.95
Pb: 978-0-415-98964-0: £13.50/$21.95
Series: Personality and Clinical Psychology

ADD-Friendly Ways to Organize Your Life
Strategies that Work from a Professional Organizer and a Renowned ADD Clinician

Judith Kolberg, Professional Organizer, Atlanta, USA, and Kathleen Nadeau, Director, Chesapeake Psychological Service, Maryland, USA

This is a book that has ADD-friendly advice with the ADDer in mind. This collaboration brings forth the best underlying understanding with the most effective and practical remedy from ADD experts in two important fields – professional organization and clinical psychology.

Pb: 978-1-58391-358-1: £13.50/$21.95
ATTACHMENT

Children and Separation  
Socio-Genealogical Connectedness Perspective  
Kwame Owusu-Bempah, University of Leicester, UK

“This is a really excellent work which should raise a number of controversial issues and challenge a few ‘comfort zones’.”
- Sandy Fraser, The Open University, UK

This book explores the premise that a proper understanding of the complex inner world of modern day separated children and their psycho-social development requires a shift in focus or emphasis. It presents the notion of socio-genealogical connectedness as a new theoretical framework for studying and promoting these children’s growth and development.

Children and Separation is an invaluable resource for academics, students and childcare professionals. The accessible style of the book ensures that it will also be useful to parents and anybody affected by childhood separation.

Hb: 978-0-415-34212-4: £29.95/$53.95

A Secure Base  
John Bowlby

“One of the most influential forces in child psychiatry and psychology, Dr. Bowlby challenged basic tenets of psychoanalysis and pioneered methods of investigating the emotional life of children.” - The New York Times

Controversial yet powerfully influential to this day, this classic collection of Bowlby’s lectures offers important guidelines for child rearing based on the crucial role of early relationships.

Pb: 978-0-415-35527-8: £10.99/$19.95

The Making and Breaking of Affectional Bonds  
John Bowlby

Preface by Richard Bowlby

“These essays, spanning twenty years of Bowlby’s speaking about the forming and breaking of relationships of affection, are clear and systematic... They make an excellent introduction to his thought.” - British Journal of Psychiatry

Helping both parents and psychologists to arrive at a better understanding of the inner emotional world of the infant, this selection of key lectures by Bowlby includes the seminal one that gives the volume its title. Informed by wide clinical experience, and written with the author’s well-known humanity and lucidity, the lectures provide an invaluable introduction to John Bowlby’s thought and work, as well as much practical guidance of use both to parents and to members of the mental health professions.

Pb: 978-0-415-35481-3: £9.99/$19.95

Series: Routledge Classics  
www.routledge.com/classics

BEHAVIORAL AND EMOTIONAL DISORDERS

Handbook of Childhood Behavioral Issues  
Evidence-Based Approaches to Prevention and Treatment

Edited by Thomas P. Gullotta, C.E.O of Child and Family Agency, USA, and Gary M. Blau, Chief of the Child, Adolescent and Family Branch, Center for Mental Health Services, USA

“Gullotta and Blau have assembled an exciting group of contributors and a distinctive text. By devoting the first six chapters to foundational, family and community issues, they address the crucial importance of these factors in a manner seldom seen in other texts... this book will serve as a comprehensive reference for all professionals engaged in the treatment of children.” - Deborah C. Beidel, author of Shy Children, Phobic Adults and Childhood Anxiety Disorders

Recent years have seen increasing interest in the mental health field, particularly related to strategies that foster the positive behavior and healthy mental state of children. As the Handbook of Childhood Behavioral Issues indicates, however, the causes of childhood behavioral, physical, and mental health problems are multi-dimensional and cannot be treated with a uniform approach. Rather than focus solely on theory, this book offers evidence of effective interventions as well as extensive biopsychosocial methods of preventative practices. The research confirms the impact that environment has on children and offers new approaches to address physical, mental health, and behavioral issues in children. This volume is broken down into chapters that concentrate on a specific behavior or disorder, which not only makes the information comprehensible, but also allows for in-depth coverage of a particular issue.


www.routledgementalhealth.com
This thoroughly revised and updated new edition of Adolescent Coping presents the latest research and applications in the field of coping. It highlights the ways in which coping can be measured and, in particular, details a widely used adolescent coping instrument. Topics include the different ways in which girls and boys cope, coping in the family, how culture and context determine how young people cope, decisional coping, problem solving and social coping, with a particular emphasis on practice.


Hb: 978-0-415-40571-3: £49.95/$89.95
Pb: 978-0-415-40572-0: £19.95/$35.95
Series: Adolescence and Society
**Risk and Resilience**

Adolescent Mothers and Their Children Grow Up

Edited by John G. Borkowski, Jaelyn R. Farris, and Thomas L. Whitman, all at University of Notre Dame, USA, Shannon S. Carothers, Georgetown University, Washington DC, USA, Keri Weed, University of South Carolina at Aiken, USA, and Deborah A. Keogh, University of Notre Dame, USA

“This volume offers an outstanding example of methodologically sophisticated, theory-driven, developmentally informed, longitudinal research... It is a model for other studies to emulate... I urge readers to relish the richness of this volume, and to savor the important new knowledge to be gained about pathways to a more resilient set of outcomes for us all.” - Marsha Seltzer, University of Wisconsin/Madison, USA

In 1984, a longitudinal study was launched at the University of Notre Dame to evaluate the social and psychological consequences of teenage parenting. Interwoven Lives (Erlbaum) described, in detail, the development of these adolescent mothers and their children across the first eight years of life. With these data as the backdrop, this companion volume, *Risk and Resilience*, identifies major risk factors associated with long-term developmental delays as well as the processes that led to resilience in some of the mothers and children.


Hb: 978-0-8058-5054-3: £49.95/$89.95
Pb: 978-0-8058-6305-5: £22.95/$39.95
Published by Psychology Press

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**Smooth Sailing or Stormy Waters?**

Family Transitions Through Adolescence and Their Implications for Practice and Policy

Rena D. Harold, Michigan State University, USA, Lisa G. Colarossi, Fordham University, New York, USA, and Lucy R. Mercier, Saginaw Valley State University, USA

Smooth Sailing enhances our understanding of the family’s transition through adolescence by examining qualitative data about the experiences of parents and teens across multiple relationships and social contexts. This volume follows the same 60 families described in the authors’ first book, *Becoming a Family*, and now, six years later, relates their stories about their transition from childhood to adolescence. Collectively, the two books provide a unique longitudinal perspective on family development using two distinct data collection formats and time frames.


Hb: 978-0-8058-4907-3: £55.95/$99.95
Pb: 978-0-8058-6313-0: £27.95/$49.95
Published by Psychology Press
Child and Adolescent Psychiatry for the Specialty Board Review

Third Edition

Robert L. Hendren, and Hong Shen, both at the University of California, USA

Both general and child/adolescent psychiatrists will find the third edition of this book valuable in preparing for their re-certification exams. The last ten years have brought tremendous changes to the field of child and adolescent psychiatry. The revision of this book incorporates recent information from AACAP's Practice Parameters, and review questions and references have also been updated.


Pb: 978-0-415-95598-0: £21.95/$34.95

Series: Continuing Education in Psychiatry and Psychology

Adolescent Psychiatry

The Annals of the American Society for Adolescent Psychiatry

Volume 30

Edited by Lois T. Flaherty, Harvard University, USA

Volume 30 of Adolescent Psychiatry addresses the ways in which adolescent experience is transmuted into creative artistic production, as well as focuses on the relationship between creativity and psychopathology, and treatment for troubled adolescents.

With the links between adolescence and creativity in mind, the volume opens with an in-depth examination of a young boy’s creation of his own story of Polyphemus. This is followed by a fresh look at the adolescent influences behind Austrian Symbolist painter Gustav Klimt.


Hb: 978-0-88163-462-4: £37.99/$65.00

Psychotic Symptoms in Children and Adolescents

Assessment, Differential Diagnosis, and Treatment

Claudio Cepeda, University of Texas Medical Center, USA

“[This comprehensive text provides a most welcome overview of psychosis and psychotic conditions in children and adolescents. With its strong focus on clinical practice this volume summarizes aspects of assessment, psychiatric examination and differential diagnosis... This volume will be of great interest to clinicians who work with children and adolescents with severe mental disorders.” - Fred R. Volkmar, Yale University School of Medicine, USA

Hb: 978-0-8163-462-4: £37.99/$65.00
Psychotic Symptoms in Children and Adolescents demystifies the interviewing diagnostic process of psychosis in children and adolescents and provides a valuable resource for treatment.

Hb: 978-0-415-95364-1: £46.95/$79.95

New!

Social Responsibility Therapy for Adolescents and Young Adults
A Multicultural Treatment Manual for Harmful Behavior

James M. Yokley, MetroHealth Medical Center in Cleveland, Ohio, USA

Social Responsibility Therapy for Adolescents and Young Adults: A Multicultural Treatment Manual for Harmful Behavior is a crucial treatment manual that can be used by mental health professionals whose caseload includes a multicultural population of adolescents and young adults who exhibit multiple forms of harmful behavior. This unique therapy enhances relapse prevention in harmful behavior treatment by addressing the target behavior problem, negative social influence problem, and dose-response problem, along with acknowledging that harmful behavior is multicultural and addressing the key criticisms of multicultural therapy through a theory-driven treatment approach that utilizes methods and procedures from existing evidence-based treatments with known multicultural applications.


Hb: 978-0-7890-3120-4: £50.00/$89.95 
Pb: 978-0-7890-3121-1: £28.00/$49.95

Only available for sale in the USA and Canada

Depression
Second Edition

Constance Hammen, University of California, Los Angeles, USA, and Ed Watkins, University of Exeter, UK

“At a time when our knowledge of the causes and treatment of depression are expanding rapidly, Hammen and Watkins are to be congratulated on the breadth, depth and up-to-date information in this text... this excellent updated second edition of a classic text will be a major resource to students, clinicians and researchers.” - Professor Paul Gilbert, Kingsway Hospital, Derby, UK

This book is intended for students and professionals who are seeking an up-to-date summary of research-based information on depression. Chapters cover clinical and diagnostic information, as well as features of the course of depression and the demographic features of the disorder.

The book presents research at a level that is understandable by those who are not experts in the field. Also, an attempt is made to present balanced perspectives, acknowledging the contributions of various models of cause and treatment. Clinical examples and practical implications are highlighted to make the book readable and relevant.

CONTENTS: Defining and Diagnosing Depression, Course and Consequences of Depression, Who is Affected by Depression? Biological Aspects of Depression, Cognitive and Life Stress Approaches to Depression, Biological Treatments of Depression, Psychological Treatment.

Hb: 978-0-415-41972-7: £45.00/$80.00 
Pb: 978-0-415-41973-4: £15.95/$26.95

Backlist Titles

Hertzig/Farber, Eds.: Annual Progress in Child Psychiatry and Child Development 2002
Hb: 978-0-415-94917-0: 2005: 496pp. £63.50/$95.00

Feldman: Playing Sick?: Untangling the Web of Munchausen Syndrome, Munchausen by Proxy, Malingering, and Factitious Disorder

Only available for sale in the USA and Canada
Eating and Weight Disorders

Carlos M. Grilo, Yale University, USA

“This is a fine book by a fine scholar and clinician. Anyone wishing to understand how and why eating and weight disorders develop, how they are diagnosed, and how best to treat them will benefit from this excellent analysis.” - Kelly D. Brownell, Director, Yale Center for Eating and Weight Disorders, USA

Including the most up-to-date research, Carlos Grilo provides a balanced and authoritative overview of current thinking in the fields of eating disorders and obesity with broad yet in-depth coverage of the areas.

Hb: 978-1-84169-547-1: £45.00/$79.00
Pb: 978-1-84169-548-8: £15.95/$26.95
Series: Clinical Psychology: A Modular Course
Published by Psychology Press

CLINICAL PROBLEMS

Addictions

Adolescent Substance Abuse: Psychiatric Comorbidity and High Risk Behaviors

Edited by Yifrah Kaminer, University of Connecticut Health Center in Farmington, USA, and Oscar G. Burkstein, University of Pittsburgh School of Medicine, Pennsylvania, USA

Dual diagnosis of adolescent substance use disorders and comorbid psychiatric disorders must be treated simultaneously to be effective. Adolescent Substance Abuse: Psychiatric Comorbidity and High Risk Behaviors presents leading experts offering insightful viewpoints and dynamic suggestions on how to best provide simultaneous treatment and integrated services to these youths. The book covers the state of the art in the field of substance use disorders, and reviews different psychiatric disorders and high risk behaviors, and then addresses the issue of integrated services and ethical, legal, and policy issues pertaining to this population.

Adolescent Substance Abuse: Psychiatric Comorbidity and High Risk Behaviors is an invaluable resource for mental health professionals, pediatricians, family physicians, nurses, addictions specialists, counselors, educators, students, and drug court professionals who provide assessment and treatment for youths with substance use disorders.


Hb: 978-0-7890-3172-3: £33.00/$59.95
Pb: 978-0-7890-3171-6: £50.00/$89.95

Only available for sale in the USA and Canada

OTHER TITLES IN THE SERIES

Rachman: Anxiety, Second Edition
Hb: 978-1-84169-515-0: 2004: 224pp. £15.95/$26.95
Published by Psychology Press

Teeson et al.: Addictions
Hb: 978-1-84169-314-9: 2002: 152pp. £15.95/$26.95
Published by Psychology Press

Birchwood/Jackson: Schizophrenia
Pb: 978-0-86377-553-6: 2001: 192pp. £15.95/$26.95
Published by Psychology Press

Kendall: Childhood Disorders
Hb: 978-0-86377-609-0: 2000: 229pp. £15.95/$26.95
Pb: 978-0-86377-608-3: 2000: 229pp. £15.95/$26.95
Published by Psychology Press

Resick: Stress and Trauma
Hb: 978-1-84169-190-9: 2000: 216pp. £15.95/$26.95
Pb: 978-1-84169-163-3: 2000: 216pp. £15.95/$26.95
Published by Psychology Press

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Children's Anxiety: A Contextual Approach

Edited by Peter Appleton, chartered clinical psychologist, Cambridge, UK

“In this outstanding volume Peter Appleton and his colleagues show that to understand and treat a child's anxiety, it is essential to take account of the social context within which it occurs... 'Children's Anxiety' will be of interest to all mental health professionals who provide clinical services to young people in clinical and educational settings.'

Alan Carr, University College Dublin, Ireland

Children's Anxiety: A Contextual Approach provides an introduction to anxiety in children and teenagers, emphasising the importance of understanding the life circumstances of young people. The book provides an up-to-date account of research on the developmental, familial and social context of child anxiety, along with nine vibrant and detailed case studies illustrating the ways in which young people can be helped to deal with serious and complex anxiety problems.

In order to begin to understand complex anxiety within children's life circumstances Part I of the book provides the reader with a developmental framework for thinking about children's anxiety. Part II then presents nine in depth case studies, organised not by the type or nature of anxiety but by the context within which problematic anxiety can occur. Part III acts as a summary of the key points emerging from the clinical case studies.

This book will be essential reading for those working and training in the specialist field of child mental health, as well as community and hospital professionals working with children and young people, including teachers, doctors, social workers and nurses.


Hb: 978-0-415-41248-3: £60.00/$105.00
Pb: 978-0-415-45944-0: £24.99/$43.95

Child Anxiety Disorders

A Guide to Research and Treatment

Deborah C. Beidel, and Samuel M. Turner, both at the University of Maryland-College Park, USA

Childhood Anxiety Disorders presents information on childhood fears, anxiety and anxiety disorders for mental health professionals. Although firmly rooted in the current scientific research, theory, and discussion, the book is written in a style that is free from technical jargon, making it highly readable. Using the latest research data, this book examines childhood anxiety disorders, including their etiology, psychopathology, and treatment (both pharmacological and psychological).


Hb: 978-0-415-94797-8: £28.00/$44.95

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**Autism**

**Childhood Autism**

A Clinician’s Guide to Early Diagnosis and Integrated Treatment

Jennifer Hillman, and Stephen Snyder, both at Berks College of Pennsylvania State University, USA, with James Neubrander, member of the think tank of the internationally recognized Autism Research Institute

“Childhood Autism provides both practical and scientific information on different therapies for young children with autism…. it will be extremely useful for therapists and teachers.” - Temple Grandin, From the Foreword

Childhood Autism provides clinicians with a comprehensive guide for working with autistic children and their families. It offers practical assistance with early diagnosis, cutting edge treatment options and goals, interdisciplinary insights, and available resources. Empirical research findings are presented in a clear, accessible manner. Perhaps most importantly, vivid case examples bring both the therapist’s and patient’s experience to the fore as they work towards recovery.

This clear and informative book should be required reading for professionals and students in the fields of medicine, social work, psychology, education, and any other clinicians who work with children on the autism spectrum.


Hb: 978-0-415-37259-6: £50.00/$90.00
Pb: 978-0-415-37260-2: £19.99/$35.95

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**Eating Disorders**

Key Title!

Skills-based Learning for Caring for a Loved One with an Eating Disorder

The New Maudsley Method

Janet Treasure, Guy’s Hospital, King’s College London, UK, Gráinne Smith, Course and Workshop developer, Scotland, UK, and Anna Crane, Medical student at Guy’s, King’s and St Thomas’ Hospital, London, UK

“This book will help you cope better with the challenge of helping your loved one recover. Although intended for carers, this book should be mandatory reading for professionals involved in the treatment of people with an eating disorder.” - Eric F. van Furth, Center for Eating Disorders Ursula, Leidschendam, The Netherlands

Skills-based Learning for Caring for a Loved One with an Eating Disorder equips carers with the skills and knowledge needed to support and encourage those suffering from an eating disorder, and to help them to break free from the traps that prevent recovery.

Through a coordinated approach, this book offers information alongside detailed techniques and strategies, which aim to improve professionals’ and home carers’ ability to build continuity and consistency of support for their loved ones. The authors use evidence-based research and personal experience, as well as practical support skills, to advise the reader on a number of difficult areas in caring for someone with an eating disorder.

This book is essential reading for both professionals and families involved in the care and support of anyone with an eating disorder. It will enable the reader to use the skills, information and insight gained to help change eating disorder symptoms.


Pb: 978-0-415-43158-3: £12.99/$22.95

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**Child and Adolescent Mental Health Arena**

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Brought to you by Routledge Mental Health

www.routledgementalhealth.com
Anorexia Nervosa
A Survival Guide for Families, Friends and Sufferers
Janet Treasure
Anorexia Nervosa includes sections for parents and other carers alongside a section for the sufferer herself. In her work with patients and families Janet Treasure has tried to ensure that family and professionals collaborate and co-operate in order to overcome the power of the illness. Many families have used and commented on various versions of this book, and have helped to form its content.
Pb: 978-0-86377-760-8: £12.99/$24.00
Published by Psychology Press

Getting Better Bit(e) by Bit(e)
A Survival Kit for Sufferers of Bulimia Nervosa and Binge Eating Disorders
Ulrike Schmidt, and Janet Treasure
Easy to read and illustrated with many real-life examples, this book addresses the specific problems faced on a daily basis by bulimia sufferers. The only self-help programme that has been evaluated in a randomised controlled trial, it provides detailed step-by-step advice for dealing with this condition. Unlike other less problem-oriented books currently available on the subject, this book concentrates on the key behaviour changes necessary for the sufferer to achieve a happier and more fulfilled life.
Pb: 978-0-86377-322-8: £12.95/$26.95
Published by Psychology Press

Clinician’s Guide: Getting Better Bit(e) by Bit(e)
A Survival Kit for Sufferers of Bulimia Nervosa and Binge Eating Disorders
Janet Treasure, and Ulrike Schmidt
This companion guide to Getting Better Bit(e) by Bit(e) is written for the health care professional to help maximise the benefit that patients obtain from the self-help book in the treatment of eating disorders.
Hb: 978-0-86377-730-1: £23.99/$42.00
Published by Psychology Press

The Invisible Man
A Self-help Guide for Men with Eating Disorders, Compulsive Exercise and Bigorexia
John F. Morgan, Yorkshire Centre for Eating Disorders, Leeds, UK
“An exceptionally experienced and expert clinician has given us an exceptionally useful book to guide boys and men in understanding and healing eating disorders, compulsive exercise, and uniquely male body image disorders.”
- Arnold Andersen, University of Iowa, USA
Increasingly boys and men are suffering with eating disorders and related body image problems. Some have full-blown conditions such as anorexia nervosa, bulimia, binge eating, compulsive exercising or bigorexia. Others are distressed by slightly lesser degrees of disordered eating or over-exercise and seek ways of overcoming their problems.
The Invisible Man applies the latest research to produce a practical, problem-focused self-help manual for men with eating disorders and body image problems.

Treating Bulimia Nervosa and Binge Eating
An Integrated Metacognitive and Cognitive Therapy Manual
Myra Cooper, University of Oxford, UK, Gillian Todd, University of Cambridge, UK, and Adrian Wells, University of Manchester, UK
“Every clinician working with the eating disorders will know a bulimia nervosa sufferer like Jessica, Angela or Bethany. This book gives practical advice about how to work with such patients, incorporating existing methods and building on them with new methods from the authors’ clinical research and experience. It should be in the collection of every psychological therapist working with bulimia nervosa.”
- Glenn Waller, Institute of Psychiatry, King’s College London, UK
Handbook of Pediatric and Adolescent Obesity Treatment

Edited by William T. O’Donohue, Brie A. Moore, and Barbara J. Scott, all at the University of Nevada, Reno, USA

This volume brings together behavioral, medical, and public health approaches and provides the knowledge necessary for a wide range of practitioners to effectively address the current obesity epidemic among children and adolescents. The book addresses several themes in pediatric and adolescent obesity. Experts in the field discuss the prevalence, etiology, and sequelae of pediatric and adolescent obesity, as well as the medical and behavioral assessment of the overweight child, adolescent, and family.


Hb: 978-0-415-95432-7: £78.00/$125.00
Pb: 978-0-415-95439-6: £38.95/$69.95

Eating Disorders in Childhood and Adolescence

Third Edition
Edited by Bryan Lask, St George’s University of London, UK, and Rachel Bryant-Waugh, Consultant Clinical Psychologist, Great Ormond Street Hospital, London, UK

“This is an excellent book with contributions from a wide range of experts in the field. It is comprehensive and everybody working in the field will find it invaluable.” - Alan Stein, University of Oxford, UK

In the third edition of this accessible and comprehensive book, Bryan Lask and Rachel Bryant-Waugh build on the research and expertise of the previous two editions. First published in 1993, this was the earliest book of its kind to explore eating disorders in people under 15, a population that is very distinct from those in their late teens and adulthood.

Eating Disorders in Childhood and Adolescence offers the reader knowledge, perception and understanding of this fascinating but challenging patient group. It has both a clinical and research focus and will be an essential text for a wide range of professionals.


Hb: 978-0-415-39457-4: £60.00/$105.00
Pb: 978-0-415-42589-6: £22.99/$39.95

ALSO BY BRYAN LASK, AND RACHEL BRYANT-WAUGH

Eating Disorders
A Parents’ Guide
Revised Edition
Rachel Bryant-Waugh, and Bryan Lask

“This book fills a gap in the books available on eating disorders in that it addresses a wide range of potential eating disorders in young people... This is a reassuring book without negating the seriousness of an eating disorder and is written as though sharing knowledge with equal partners in the process of helping a child.” - Signpost
Pb: 978-1-58391-860-9: £9.99/$17.95

Childhood Feeding Problems and Adolescent Eating Disorders

Edited by Peter J. Cooper, University of Reading, UK, and Alan Stein, University of Oxford, UK

Childhood Feeding Problems and Adolescent Eating Disorders covers a wide spectrum of phenomena of variable clinical significance, ranging from variations of normal behaviour to serious clinical conditions, such as failure to thrive and anorexia nervosa.

Hb: 978-0-415-37185-8: £34.95/$60.00
Creating Bodies
Eating Disorders as Self-Destructive Survival

Katie Gentile, John Jay College of Criminal Justice, New York, USA

“From its title to its final word, Katie Gentile’s book is an enormous, undeniably original adventure... For Gentile to offer us this novel way of thinking and writing as her first book took real courage. She was right to do it. It works. Read it.” - Donnell Stern, Editor, Contemporary Psychoanalysis

Creating Bodies offers the gripping story of healing and transformation detailed in one woman’s diaries. Hannah wrote 18 diaries between the ages of 14 and 32. In the excerpts reprinted herein, we watch Hannah navigate violent adolescent friendships, descend into anorexia and bulimia, marry an abusive man, struggle to recover memories of sexual abuse, and finally to heal.

Pb: 978-0-8163-438-9: £26.60/$39.95
Relational Perspectives Book Series

Body Image
Understanding Body Dissatisfaction in Men, Women and Children

Second Edition
Sarah Grogan, Staffordshire University, UK

“In her revised volume, Professor Grogan leaves no stone unturned in telling the scientific and cultural stories of human embodiment. She is scrupulous in her psychological scholarship and articulate in her prose. Readers will be both fascinated and edified by this book’s thoughtful coverage of a subject that so deeply affects our lives.” - Thomas F. Cash, Old Dominion University, USA

This second edition has been thoroughly revised and updated to reflect the significant increase in research on body image since the first edition was published, including new empirical data collected specifically for this text. In addition to examining evidence for sociocultural influences on body image, the book also reviews recent literature and includes new findings on body modification practices.

Hb: 978-0-415-35822-4: £29.95/$55.00
Pb: 978-0-415-35821-7: £17.50/$35.00

Handbook of Depression in Adolescents

Edited by Susan Nolen-Hoeksema, Yale University, USA, and Lori M. Hilt, University of Wisconsin, USA

Depressive disorders are among the most common types of psychopathology in the United States. Adolescent-onset depressive disorders represent particularly insidious conditions because of their strong association with chronic and recurrent emotional problems in adulthood. This Handbook offers authoritative reviews of research on the nature, causes, and treatments for depression in adolescents. It covers the breadth of this research, focusing on etiology, predictors, and the interplay of biological, psychological, and social factors in adolescent depression. Highlighting both recent studies on treatment of adolescent depression and the prevention programs directed at high-risk youth, the book also covers assessment, diagnosis, and epidemiology, and related and comorbid conditions. Handbook of Depression in Adolescents is an invaluable and comprehensive resource for students and practitioners alike.


Hb: 978-0-8058-6235-5: £97.00/$175.00

MOOD DISORDERS

EATING DISORDERS • MOOD DISORDERS
Handbook of Child and Adolescent Obsessive-Compulsive Disorder

Edited by Eric A. Storch, Gary R. Geffken, and Tanya K. Murphy, all at the University of Florida, USA

Handbook of Child and Adolescent Obsessive-Compulsive Disorder is the definitive book on OCD in children and adolescents. It provides a comprehensive review of the existing literature on pediatric OCD, and is a welcome contribution to the extant literature, which otherwise lacks a text detailing the state of knowledge in this area. Emphasizing developments made in recent years, this new volume serves to disseminate information regarding effective treatments, etiology, and accurate assessment, and guides practitioners to formulate new questions that will further elucidate this condition.

CONTENTS:
- Obsessive-Compulsive Disorder: A Historical Overview
- Obsessive-Compulsive Disorder in Children and Adolescents: Diagnosis, Comorbidity, and Developmental Factors
- Obsessive-Compulsive Spectrum Disorders: Assessment of Pediatric Obsessive-Compulsive Disorder
- Psychological Theories of Obsessive-Compulsive Disorder: Neurobiology, Neuropsychology, and Neuroimaging of Child and Adolescent Obsessive-Compulsive Disorder
- Pediatric Autoimmune Neuropsychiatric Disorders Associated With Streptococcal Infections
- Genetics of Obsessive-Compulsive Disorder: Evidence From Pediatric and Adult Studies
- Cognitive-Behavioral Treatment of Pediatric Obsessive-Compulsive Disorder
- Psychopharmacology of Pediatric Obsessive Compulsive Disorder
- Clinical Challenges in the Treatment of Pediatric OCD: Family Based Treatment of Early Onset Obsessive-Compulsive Disorder
- The Function of the Family in Childhood Obsessive Compulsive Disorder: Family Interactions and Accommodation
- School Issues in Children With Obsessive Compulsive Disorder
- Obsessive-Compulsive Disorder the Primary Care Setting

Hb: 978-0-8058-5766-5: £71.00/$125.00
Pb: 978-0-8058-6254-6: £45.00/$79.95

OBSESSIVE COMPULSIVE DISORDER • PHYSICAL AND SEXUAL ABUSE

New!

MOVING ON AFTER CHILDHOOD SEXUAL ABUSE

Understanding the Effects and Preparing for Therapy

Jonathan Willows, Sussex Partnership NHS Trust, UK

This self-help guide allows those who have experienced childhood sexual abuse to consider the impact that it has had on their adult lives from a new perspective, helping them to understand the effects, and prepare for therapy.

Based on known reactions to physical and emotional trauma, the book explains how a broad range of difficulties in adulthood can result from sexual abuse in childhood. The reader is invited to think about how psychological therapy can be particularly helpful in reducing these difficulties and promoting change. Ground rules for therapy are provided, as well as guidance on how to get the most from the therapy process.

Moving On After Childhood Sexual Abuse provides a clear explanation of the developmental effects of childhood sexual abuse as well as the role of psychological therapy.

CONTENTS:
- Part I: Theory
- Setting Scenes: Developing a Feminist, Post-structuralist Perspective
- Disordered and Abnormal: Mainstream Misrecognition of Women and Child Sexual Abuse
- Dangerous Desires: Child Sexual Abuse, Mental Disorder, and the Mass Media
- Changing Concerns in Theory and Activism: Women, Child Sexual Abuse, and the Media
- Contemporary Approaches: Women in Psychology, Psychiatry, and the Mass Media
- Part II: Research
- Contingent Morality and Ethical Research Practices: Critical Uses of Interviewing and Q-methodology
- Narratives of Displacement: Women’s Routes into Secure Hospitals
- Embodying Disorder: Representing Women and Theorising the Effects of Child Sexual Abuse
- Special Care and Child Sexual Abuse: Working with Women in Secure Hospitals
- Part III: Practice
- Visible Therapy and Child Sexual Abuse

Sam Warner, Manchester Metropolitan University, UK

“An elegantly written and practically useful text for students of gender and welfare in a variety of disciplines, as well as those on qualifying and post-qualifying programmes in social work, clinical psychology, psychiatry and nursing. Its conclusions and recommendations for ethical practice in the area of sexual abuse show considerable sagacity and are practical, pragmatic and compassionate.” - Professor Sue White, Lancaster University, UK

Child sexual abuse is a global problem that negatively affects many women and girls. As such, it has long been of concern to feminists, and more recently mental health activists. Understanding the Effects of Child Sexual Abuse draws on this revolutionary legacy, feminism and post-structuralism to critically examine current perceptions of women, girls and child sexual abuse in psychology, psychiatry and the mass media.

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- Visible Therapy and Child Sexual Abuse

Pb: 978-0-415-36028-9: £16.95/$27.95
Series: Women and Psychology

Handbook of Social Work in Child and Adolescent Sexual Abuse
Edited by Carolyn Hilarski, SUNY at Buffalo, USA, John S. Wodarski, Norfolk State University, Virginia, USA

The Handbook of Social Work in Child and Adolescent Sexual Abuse is a comprehensive guide that provides the latest information on assessment, management, prevention, and policy. Through insightful and accessible discussions, this collection of essays encompasses the full spectrum of child and adolescent sexual abuse to shed needed light on an affecting issue. This innovative text is the up-to-date source for unique and compassionate ways of supporting and treating survivors.


Pb: 978-0-7890-3202-7: £28.00/$49.95
Only available for sale in the USA and Canada

Overcoming Childhood Sexual Trauma
A Guide to Breaking Through the Wall of Fear for Practitioners and Survivors
Sheri Oz, founder and director, clinic specializing in the treatment of sex trauma, and Sarah-Jane Ogiers, patient

Foreword by Christine A. Courtois

Childhood sexual abuse (CSA) can be a physically and emotionally painful soul-shattering experience that can traumatize a person for a lifetime. Overcoming Childhood Sexual Trauma is a unique exploration of the subjective experiences of both client and therapist as they together travel the path to recovery. Therapists get a clear illustration of the therapy process while CSA survivors are offered a gauge with which to judge their own progress toward recovery. New therapeutic concepts are clearly presented and extensively discussed while sensitively charting the experiences of clients on the journey toward healing.

Pb: 978-0-7890-2979-9: £33.00/$59.95
Pb: 978-0-7890-2980-5: £19.00/$34.95
Only available for sale in the USA and Canada

Child Sexual Abuse
Disclosure, Delay, and Denial
Edited by Margaret-Ellen Pipe, Brooklyn College, City University of New York, USA, Michael E. Lamb, Cambridge University, UK, Yael Orbach, National Institute of Child Health and Human Development, Bethesda MD, USA, and Ann-Christin Cederborg, Linkoping University, Sweden

“The editors are world renowned for their research and writings on child forensic interviews. They have assembled a group of international experts on disclosure... Anyone who cares about child protection... will find this volume invaluable... this book helps us learn how and when to listen to children.” – Gail S. Goodman, University of California, Davis, USA, and Tina Goodman Brown, in private practice

This volume provides the first rigorous assessment of the research relating to the disclosure of childhood sexual abuse, along with the practical and policy implications of the findings. Leading researchers and practitioners from diverse and international backgrounds offer critical commentary on these previously unpublished findings gathered from both field and laboratory research.


Pb: 978-0-8058-6317-8: £19.95/$34.95
Published by Psychology Press

www.routledgementalhealth.com
Choosing to Heal
Using Reality Therapy in the Treatment of Sexually Abused Children

Laura Ellsworth, specialized in the treatment of child sexual abuse for over 15 years

Choosing to Heal breaks new ground as the first resource to use Reality Therapy and Choice Therapy© in focusing on the treatment of sexually abused children. Mental health professionals are provided with numerous techniques and strategies to utilize during the treatment process.


Pb: 978-0-415-95614-7: £21.95/$34.95

Predatory Priests, Silenced Victims
The Sexual Abuse Crisis and the Catholic Church

Mary Gail Frawley-O'Dea, in private practice, North Carolina, USA, and Virginia Goldner, New York University Postdoctoral Program in Psychotherapy and Psychoanalysis, USA

"Frawley-O'Dea and Goldner have compiled a compelling series of articles that address questions relating to many aspects of the sexual abuse crisis in the Catholic Church... this volume does the therapeutic, clerical, and lay communities a great service."

- Nancy Chodorow, Psychoanalyst and Author

Predatory Priests, Silenced Victims, a collection of groundbreaking articles edited by Mary Gail Frawley-O'Dea and Virginia Goldner, eschews such one-size-fits-all theorizing. In its place, the abuse situation is explored in all its troubling complexity, as contributors take into account the experiences, respectively, of the victim/survivor, the abuser/perpetrator, and the bystander.

Hb: 978-0-88163-424-2: £18.99/$34.95

Sexual Abuse and the Culture of Catholicism
How Priests and Nuns Become Perpetrators

Myra L. Hidalgo, in private practice, Louisiana, USA

Sexual Abuse and the Culture of Catholicism digs beneath the public scandals to explore the underlying causes of sexual abuse by priests and nuns from the unique perspective of an abuse victim/survivor who is an experienced mental health practitioner and social science researcher. This powerful book includes the author's personal account of sexual abuse by a nun and her years of struggle to recover.

Hb: 978-0-7890-2955-3: £17.00/$29.95
Pb: 978-0-7890-2956-0: £8.00/$14.95
Only available for sale in the USA and Canada

Self-Injury in Youth
The Essential Guide to Assessment and Intervention

Edited by Mary K. Nixon, University of Victoria Island Medical Program, Canada, and Nancy L. Heath, McGill University, Canada

This edited volume features evidence-based reviews and practical approaches for the professional in the hospital, clinic, community and school, with case examples throughout. Divided into five major sections, the book offers background historical and cultural information, discussion of self-injury etiology, assessment and intervention/prevention issues, and relevant resources for those working with youths who self-injure.


Hb: 978-0-415-95725-0: £28.00/$44.95

Family Therapy with Suicidal Adolescents
Anthony P. Jurich
Page 31

Life After Self-Harm
A Guide to the Future
Ulrike Schmidt, and Kate Davidson
Pb: 978-1-58391-842-5: 2004: 120pp. £12.95/$17.95

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adolescent forensic psychiatry

New!

Sex-Offender Therapy
A “How-To” Workbook for Therapists Treating Sexually Aggressive Adults, Adolescents, and Children

Rudy Flora, in private practice, Virginia, USA, Joseph T. Duehl, Veterans Administration, Virginia, USA, Wanda Fisher, Smyth County Counseling Center, Virginia, USA, Sandra Halsey, in private practice, Virginia, USA, Michael Keohane, The Highland Community Services Board, Virginia, USA, Barbara L. Maberry, in private practice, Virginia, USA, Jeffrey A. McCorkindale, in private practice, USA, and Leroy C. Parson, School Guidance Counselor, Virginia, USA

Sex-Offender Therapy is a practical workbook for clinicians who deal with sexually aggressive adults, adolescents, and children. This invaluable professional resource focuses on how to treat patients – male and female – impaired by sexual addiction, sexual disorders, sex offending, and other sexual misconduct behaviors.

Informative, practical, and user-friendly, Sex-Offender Therapy is a vital resource for patients and their families, beginning or advanced therapists, attorneys, criminal justice personnel, human service caseworkers, judges, law enforcement, legislators, probation officers, prosecutors, educators, students, researchers, and mental health professionals.


Pb: 978-0-7890-3123-5: £28.00/$49.95
Only available for sale in the USA and Canada

The Socially Skilled Child Molester
Differentiating the Guilty from the Falsely Accused

Carla van Dam, clinical and forensic psychologist, Turnwater, Washington, USA

The Socially Skilled Child Molester identifies how socially proficient molesters successfully ingratiate themselves into families and communities. The book closely examines their techniques and strategies while detailing the tools for prevention. The difficult issue of false accusation is tackled by learning the distinctions that clearly differentiate the actions of the guilty from those who are innocent. Practical recommendations for accurately assessing danger and managing safety are provided. This book comprehensively brings together helpful strategies and vital information essential for parents, lawmakers, police, teachers, and therapists.

Hb: 978-0-7890-2805-1: £22.00/$39.95
Pb: 978-0-7890-2806-8: £14.00/$24.95
Only available for sale in the USA and Canada

Violence and Serious Theft
Development and Prediction from Childhood to Adulthood

Edited by Rolf Loeber, University of Pittsburgh, USA, David P. Farrington, University of Cambridge, UK, Magda Stouthamer-Loeber, University of Pittsburgh, USA, and Helene Raskin White, Rutgers University, USA

In this volume, top experts in the field of delinquency discuss the implications of the findings of the Pittsburgh Youth Study for current conceptualizations of antisocial behavior. Violence and Serious Theft is unique in that it combines the strengths of three disciplines to explain delinquency in young people: developmental psychopathology, criminology, and public health. Violence and Serious Theft is a resource for researchers, practitioners and students in developmental, school and counseling psychology; psychopathology, psychiatry, public health and criminology.


Hb: 978-0-8058-5222-6: £50.00/$80.00

Multilevel Dynamics in Developmental Psychopathology

Pathways to the Future: The Minnesota Symposia on Child Psychology

Edited by Ann S. Masten, University of Minnesota, Minneapolis, USA

This latest volume in The Minnesota Symposia on Child Psychology Series highlights recent research across multiple levels of analysis to understand processes that shape development toward and
Child and Adolescent Psychopathology: Theoretical and Clinical Implications
Cecilia A. Essau, Roehampton University, UK

“Child and Adolescent Psychopathology is a publication that indeed covers a lot of ground in child psychopathology... Essau captures the major psychological and psychiatric disorders of childhood in a well-planned book that is able to complement more detailed publications of childhood psychopathology.” - Marios Constantinou, Natalie Pilpenko, Maria Karekla, in PsyCritiques, Contemporary Psychology: APA Review of Books

Child and Adolescent Psychopathology will be welcomed by all mental health professionals seeking a reliable source of scientifically and clinically relevant information on the nature and treatment of child and adolescent disorders.

Hb: 978-1-58391-834-0: £34.95/$62.95

ALSO BY CECILIA A. ESSAU
Essau/Petermann, Eds: Anxiety Disorders in Children and Adolescents: Epidemiology, Risk Factors and Treatment
Hb: 978-1-58391-232-4: 2001: 368pp. £45.00/$73.95

COGNITIVE BEHAVIOR THERAPY

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Key Title!
Anxiety

Cognitive Behaviour Therapy with Children and Young People
Paul Stallard, University of Bath, UK, and Consultant Clinical Psychologist, Avon and Wiltshire Mental Health Partnership NHS Trust, UK

“Anxiety is a wonderful resource for mental health professionals who work with anxious young people. It offers practical advice, based on recent research, on the assessment and treatment of anxiety disorders from a CBT perspective.” - Alan Carr, University College Dublin, Ireland

Cognitive behavioural therapy has proven to be an effective treatment for anxiety disorders in children and young people. This book provides an overview of CBT and explores how it can be used to help children with anxiety disorders.

In Anxiety: Cognitive Behaviour Therapy with Children and Young People Paul Stallard describes the nature and extent of anxiety problems that are suffered in childhood and discusses evidence for the effectiveness of the cognitive behavioural model as a method of treatment.

This concise and accessible book, written specifically for the clinician, provides a clear outline of how CBT can be used with children suffering from anxiety disorders in an easy to follow format. The book provides many ideas that can be incorporated into everyday practice, as well as clinical vignettes, case examples, and worksheets for use with the client.

Hb: 978-0-415-37256-5: £55.00/$95.00
Pb: 978-0-415-37255-8: £19.99/$34.95
Series: CBT with Children, Adolescents and Families

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Obsessive Compulsive Disorder
Cognitive Behaviour Therapy with Children and Young People
Edited by Polly Waite, and Tim Williams, both at the University of Reading, UK

“Obsessive Compulsive Disorder is a very valuable resource for mental health professionals who work with young people who have this debilitating condition. It offers practical, evidence-based advice on the assessment and treatment of OCD from a CBT perspective.”
- Alan Carr, University College Dublin, Ireland

Obsessive Compulsive Disorder (OCD) is characterised by a person’s obsessive, distressing, intrusive thoughts and their related compulsions. It affects an estimated one percent of teenagers and has been detected in children as young as three years old.

In this concise, accessible book experienced contributors provide detailed guidance on carrying out assessments and treatment for children and young people with OCD from a cognitive behavioural perspective. This approach has been developed from extensive research and clinical work with young people with OCD and associated problems.

This straightforward text will provide essential direction for practitioners and trainees in a range of professions including psychiatry, psychotherapy, counselling, nursing, education and social work.


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Pb: 978-0-415-40389-4: £19.99/$34.95
Series: CBT with Children, Adolescents and Families

Handbook of Cognitive-Behavior Group Therapy with Children and Adolescents
Specific Settings and Presenting Problems
Edited by Ray W. Christner, Philadelphia College of Osteopathic Medicine, USA, Jessica Stewart, in private practice, Rhode Island, USA, and Arthur Freeman, President of the Freeman Institute for Cognitive Therapy, USA

This Handbook offers a much-needed resource of theoretical knowledge, evidence-based interventions, and practical guidelines for professionals providing group psychotherapy to youth clients.

Written by leading professionals in the field of child and adolescent cognitive-behavioral therapy, this comprehensive volume offers readers a collection of innovative and well established approaches for group interventions with youth in a variety of treatment settings.


Hb: 978-0-415-95254-5: £31.00/$49.95

Cognitive-Behavioral Interventions in Educational Settings
A Handbook for Practice
Edited by Rosemary B. Mennuti, Philadelphia College of Osteopathic Medicine, USA, Arthur Freeman, President of the Freeman Institute for Cognitive Therapy, USA, and Ray W. Christner, Philadelphia College of Osteopathic Medicine, USA

This text applies Cognitive Behavior Therapy (CBT) to use in school settings, presenting the first comprehensive integration of theory with specific intervention strategies and techniques designed for work in school. An essential reference text for mental health professionals working closely with school officials, it is also useful as a resource for school psychologists, guidance counselors, pupil personnel support staff, school social workers and clinical psychologists.

Hb: 978-0-415-95039-8: £30.00/$49.95

for further titles on School-Based Mental Health please see page 36
**Containment and Reciprocity**

*Integrating Psychoanalytic Theory and Child Development Research for Work with Children*

**Hazel Douglas**, Head of Child Psychology and Psychotherapy Service, Solihull, UK

"... a satisfying read for those who would like to further and enrich their clinical work and theoretical understanding by integrating concepts from disciplines other than their own." - Sue Coulson, Visiting Teacher, Tavistock Clinic, London, UK


Hb: 978-0-415-39697-4: £50.00/$90.00

Pb: 978-0-415-39698-1: £18.99/$33.95

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**A Question of Technique**

*Independent Psychoanalytic Approaches with Children and Adolescents*

Edited by **Monica Lanyado**, training supervisor at the British Association of Psychotherapists, and **Ann Horne**, recently retired from the Portman Clinic, London, UK

“This is a welcome and much needed book. The editors are to be congratulated on bringing together such wide-ranging and illuminating papers.” - Lydia Tischler, Consultant Child Psychotherapist, British Association of Psychotherapists

A *Question of Technique* focuses on what actually happens in the therapy room and on the technical decisions and pressures that are faced daily. Coming from the Independent tradition in British psychoanalysis, the contributors, a range of experienced practitioners and teachers, describe how their technique has quietly changed and developed over the years, and put this process in its theoretical context.


Hb: 978-0-415-37913-7: £55.00/$90.00

Pb: 978-0-415-37915-1: £20.99/$33.95

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**Adolescent Identities**

*A Collection of Readings*

Edited by **Deborah L. Browning**, New York University, USA

“Dr. Browning has succeeded in gathering an impressive group of readings... Her book will prove an invaluable source for students, academic scholars and clinical practitioners in this vital and fascinating field.” - Aaron H. Esman, Weill Medical College, Cornell University, USA

*Adolescent Identities* draws the reader into the inner world of the adolescent to examine the process of identity formation through the various lenses of history, anthropology, sociology, psychology, and psychoanalysis.

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**Also by Monica Lanyado and Ann Horne**

**Lanyado/Horne, Eds.: The Handbook of Child and Adolescent Psychotherapy: Psychoanalytic Approaches**

Hb: 978-0-415-17258-5: 1999: 496pp. £55.00/$96.95


**Lanyado: The Presence of the Therapist: Treating Childhood Trauma**

Hb: 978-1-58391-297-3: 2003: 160pp. £50.00/$88.00

Pb: 978-1-58391-298-0: 2003: 160pp. £19.99/$34.00
**Childhood Re-imagined**

Images and Narratives of Development in Analytical Psychology

Shiho Main, University of Essex, UK

“Shiho Main has given us the most important Jungian work on childhood in recent years. Unlike other writers she manages to bridge the ‘developmental’ and the symbolic archetypal and bring the concept of the child up-to-date socially and politically. Seldom is Jungian writing so comprehensive and informing. This is essential reading for psychotherapists, psychologists, trainees and everyone concerned with what ‘childhood’ means in our time.”

- Christopher Hauke, Goldsmiths College, University of London, UK

*Childhood Re-imagined* considers Carl Jung’s psychological approach to childhood and argues that his symbolic view deserves a place between the more traditional scientific and social-constructionist views of development.

This book discusses how Jung’s view of development in terms of individuation is relevant to child development, particularly the notion of regression and Jung’s distinction between the child archetype and the actual child. It shows how Jung’s understanding of the historically controversial notion of recapitulation differs from that of other psychologists of his time and aligns him with contemporary, post-modern critiques of development. The book goes on to investigate Fordham’s notion of individuation in childhood, and the significance of this, together with Jung’s approach, to Jungian developmental psychology and to wider interdisciplinary issues such as children’s rights.

Through its detailed scholarly examination of Jungian texts and concepts *Childhood Re-imagined* clarifies the notion of development used within analytical psychology and stimulates discussion of further connections between analytical psychology and other contemporary discourses.


Hb: 978-0-415-38495-7: £55.00/$90.00

Pb: 978-0-415-38496-4: £21.99/$34.95

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**The Child That Haunts Us**

Symbols and Images in Fairytales and Miniature Literature

Susan Hancock, National Centre for Research in Children’s Literature, Roehampton University, UK

“In this scholarly and important study of children’s literature, Susan Hancock decisively explores the mysteries and contradictions surrounding the adult perceptions of childhood. The Child That Haunts Us is a brilliant fusion of Jungian criticism and insightful historical analysis. This is an invaluable book for clinicians and the humanities alike.”

- Susan Rowland, University of Greenwich, UK

The Child that Haunts Us focuses on the symbolic use of the child archetype through the exploration of miniature characters from the realms of children’s literature.

Jung argued that the child archetype should never be mistaken for the ‘real’ child. In this book Susan Hancock considers how the child is portrayed in literature and fairytales and explores the suggestion from Jung and Bachelard that the symbolic resonance of the miniature is inversely proportionate to its size.

We encounter many instances where the miniature characters are a visibly vulnerable ‘other’, yet often these occur in association with images of the supernatural, as the desired or feared object of adult imagination. In The Child that Haunts Us it is emphasised that the treatment by any society, past or present, of its smallest and most vulnerable members is truly revealing of the values it really holds.

This original and sensitive exploration will be of particular interest to undergraduate and postgraduate students as well as academics engaged in Jungian studies, children’s literature, childhood studies and those with an interest in socio-cultural constructions of childhood.


Hb: 978-0-415-44775-1: £50.00/$80.00

Pb: 978-0-415-44776-8: £17.99/$28.95

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**Sandplay – Silent Workshop of the Psyche**

Kay Bradway, founding member of the C.G. Jung Institute of San Francisco, USA, and Barbara McCoard, in private practice

“I have found the book to be an excellent sandplay primer text for students of sandplay and would highly recommend it for teaching and training purposes. It is a stimulating and well integrated blend of Kay Bradway’s many years of clinical practice as an analyst.”

- Mary Jane Markell, International Society for Sandplay Therapy


Hb: 978-0-415-15074-3: £55.00/$96.95

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Series: Supervision in the Arts Therapies

Forthcoming!

Supervision of Dramatherapy
Edited by Phil Jones, Leeds Metropolitan University, UK, and Ditty Dokter, Hertfordshire Partnership Trust, UK

Supervision of Dramatherapy offers a thorough overview of dramatherapy supervision and the issues that can arise during the supervisory task.

Phil Jones and Ditty Dokter bring together experts from the field to examine supervision in a range of contexts with different client groups, including dramatherapy with children, forensic work, and intercultural practice. Each chapter features:

- theoretical grounding
- the importance of action methods
- position in the professional lifecycle
- application in relation to setting and client groups.

Using illustrative examples, Supervision of Dramatherapy provides practical guidance and theoretical grounding, appealing to supervisors and supervisees alike, as well as psychotherapists interested in the use of dramatic methods in the supervisory setting.


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Pb: 978-0-415-44703-4: £19.99/$34.95
Series: Supervision in the Arts Therapies
Supervision of Dance Movement Psychotherapy
A Practitioner's Handbook
Edited by Helen Payne, University of Hertfordshire, UK

Supervision of Dance Movement Psychotherapy is the first book of its kind to explore the supervisory process in the psychotherapeutic practice of movement and dance. Helen Payne brings together international contributors to discuss how the language of the body plays an important part in the supervisory experience for psychotherapists and counsellors.

Contributors consider a variety of models and examine the role of supervision in a range of professional and cultural settings, forming a theoretical base to current practice in dance movement psychotherapy.

Outlining key concepts from both theory and practice, this book contributes towards a deeper understanding of the mentor-trainee relationship and the curative power of movement and dance. Supervisors and supervisees in dance movement psychotherapy as well as the arts therapies, counselling, and psychotherapy will find it invaluable.

Hb: 978-0-415-41344-2: £55.00/$100.00
Pb: 978-0-415-41343-5: £20.99/$34.95
Series: Supervision in the Arts Therapies

Supervision of Sandplay Therapy
A Theoretical and Practical Handbook
Edited by Harriet S. Friedman, Jungian Analyst, in private practice, Los Angeles, USA, and Rie Rogers Mitchell, California State University, Northridge, USA

Supervision of Sandplay Therapy, the first book on this subject, is an internationally-based volume that describes the state of the art in supervision of sandplay therapy. Recognizing that practitioners are eager to incorporate sandplay therapy into their practice, Harriet Friedman and Rie Rogers Mitchell respond to the need for new information, and successfully translate the theories of sandplay therapy into supervision practice.

The book provides a meaningful connection and balance between theoretical principles, practical application, and ongoing therapeutic encounter involved in sandplay.

Supervision of Sandplay Therapy expands the vision of what is possible in supervision and will be vital reading for those studying supervision and sandplay therapy, as well as for those wanting to provide a depth-oriented approach during supervision.

Hb: 978-0-415-40960-5: £55.00/$100.00
Pb: 978-0-415-40961-2: £20.99/$34.95
Series: Supervision in the Arts Therapies
New Edition!

Introduction to Art Therapy

Sources and Resources
Second Edition

Judith A. Rubin, University of Pittsburgh, USA

This book clarifies the differences between artists or teachers who provide “therapeutic” art activities, psychologists or social workers who request drawings or suggest creative tasks in their work, and those who are trained as art therapists to do a kind of work which is similar, but qualitatively different. Thoroughly updated to reflect the changing landscape of art therapy and the needs of those who use it, Introduction to Art Therapy: Sources and Resources, Second Edition is a groundbreaking and useful addition to any collection.


Hb: 978-0-415-96093-9: £29.00/$52.95
Approx 150 illustrations

Art Therapy with Children

From Infancy to Adolescence

Edited by Caroline Case, Knowle Clinic, Bristol, UK, and Tessa Dalley, in private practice, UK

“This fascinating book brings art therapy with children bang up to date... The editors and their contributors make important contributions to theory that come alive through moving and thoughtful casework. Together they make a significant contribution to the evidence base of art therapy with children and adolescence.” - Andrea Gilroy, Goldsmiths, University of London, UK

Art Therapy with Children: From Infancy to Adolescence takes the reader through the child’s development by describing the specialist work of the art therapist in each developmental stage. This passionate and exciting book demonstrates the wide theoretical base of art therapy presenting new areas of clinical practice.

New to the literature is innovative work with mothers and babies, a study of the sibling bond in looked after children, trans-generational work in kinship fostering, gender disorder and multi-family work with anorexic young people.

Art Therapy with Children: From Infancy to Adolescence will inspire the student, encourage the clinician and interest an international readership of all professionals working with children and young people.


Hb: 978-0-415-38629-6: £60.00/$105.00
Pb: 978-0-415-38630-2: £20.99/$34.95

Also by Caroline Case and Tessa Dalley

The Handbook of Art Therapy
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Tessa Dalley and Caroline Case
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Pb: 978-1-58391-792-3: £20.99/$35.95

Imagining Animals
Art, Psychotherapy and Primitive States of Mind

Caroline Case
Hb: 978-1-58391-957-6: 2005: 256pp. £50.00/$90.00

Working with Children in Art Therapy

Edited by Caroline Case, and Tessa Dalley
Pb: 978-0-415-01738-1: 1990: 240pp. £20.99/$33.95

The Silver Drawing Test and Draw a Story
Assessing Depression, Aggression, and Cognitive Skills
Second Edition

Rawley Silver, former director of the National Institute of Education

“Silver’s new book is an indispensable resource for all art therapists, as well anyone who works with at-risk youth. This is an exceptional reworking of her earlier work and includes new research, a wealth of applications in a range of settings, and a dynamic synthesis of Silver’s lifework.” - Donna Kaiser, Albertus Magnus College, USA

In The Silver Drawing Test and Draw a Story, Rawley Silver draws on her years of experience using therapeutic art with hearing-impaired children, stroke patients, and others with learning disabilities or emotional disturbances. The book’s original art assessments use stimulus drawings to elicit responses that provide access to a
patient’s emotions and attitudes toward themselves and others, while also testing for the ability to solve problems and convey ideas. Offering tools to assess cognitive skills that often escape detection on verbal tests of intelligence or achievement, the book helps in identifying those at risk for violent behavior or masked depression.


Pb: 978-0-415-95534-8: £28.00/$44.95

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**ALSO BY RAWLEY SILVER**

*Silver: Aggression and Depression Assessed Through Art: Using Draw-A-Story to Identify Children and Adolescents at Risk*


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**PLAY THERAPY**

**New Edition!**

**The Handbook of Play Therapy and Therapeutic Play**

Second Edition

Linnet McMahon, retired, University of Reading, UK

This completely revised and updated second edition provides a comprehensive introduction to using play to communicate with troubled or traumatized children and their families, and to heal emotional damage. The book gives examples of good practice in different settings and situations, including schools, hospitals, residential settings, families and foster carers. Drawing on psychodynamic, systemic and attachment theory, this book provides an integrated theory base for using play in therapeutic work with children. It emphasizes non-directive approaches to therapeutic play and play therapy, based on supporting the child’s developing self within the safe boundaries provided by the setting and the worker’s emotional holding and containment.

The *Handbook of Play Therapy and Therapeutic Play* book is an invaluable resource for all of those using play therapy with children and will appeal not only to play therapists but also to professionals working in the broader field of therapeutic play.


Hb: 978-0-415-95464-8: £24.95/$39.95

**Series: Family Therapy and Counseling**

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**Family Art Therapy**

**Foundations of Theory and Practice**

Christine Kerr, Long Island University, USA, Janice Hoshino, Antioch University, USA, Judy Sutherland, Adler School of Professional Psychology, USA, Sharyl Thode Parashak, Southern Illinois University, USA, and Linda Lea McCarley, Art Therapy Institute, Dallas, USA

*Family Art Therapy* is designed to help the reader incorporate clinical art therapy intervention techniques into family therapy practice. Expressive modalities are often used in work with families, particularly visual art forms, and there is already considerable evidence and literature that point to a positive link between the two. This text is unique in that it draws together, for the first time in a single volume, an overview of the evolution of the theories and techniques from the major schools of classic family therapy, integrating them with practical clinical approaches from the field of art therapy.


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**Series: Family Therapy and Counseling**

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**Engaging Children in Family Therapy**

**Creative Approaches to Integrating Theory and Research in Clinical Practice**

Edited by Catherine Ford Sori, Governors State University, University Park, USA

This book is intended as a guide for both novice and experienced counselors and family therapists, covering a wide range of topics and offering a large body of information on how to effectively counsel children and their families. It includes recent research on a number of topics including working with children in a family context, the exclusion of children from counseling, and counselor training methods and approaches, the effectiveness of filial play therapy, the effects of divorce on children, and ADHD.

Hb: 978-0-415-94981-1: £24.00/$37.95

**Series: Family Therapy and Counseling**

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Resilient Therapy

Working with Children and Families

Angie Hart, University of Brighton, UK, Derek Blincow, Child and Adolescent Mental Health Services, Brighton, UK, with Helen Thomas, Child and Adolescent Mental Health Services, Brighton, UK

“Resilient Therapy gives a unique and compelling voice to a vision for creating the means to promote healthy lives among all youth, even the most challenged and disadvantaged. This book provides a vital, timely, and empowering message of hope for all young people, parents, and practitioners.” - Richard M. Lerner, Tufts University, USA

Resilient Therapy explores a new therapeutic methodology designed to help children and young people find ways to keep positive when living amidst persistent disadvantage. Using detailed case material from a range of contexts, the authors illustrate how resilient mechanisms work in complex situations, and how resilient therapy works in real-life situations.


Hb: 978-0-415-40384-9: £50.00/$90.00
Pb: 978-0-415-40385-6: £19.99/$34.95

The Family and Individual Development

D. W. Winnicott

“Psychiatrists and social scientists, sitting half-way between the priest and engineer, enjoy a hot spot in our democracy. It takes a man with Winnicott’s creative flair to assure us that some can preserve their integrity while sitting there.” - New Society

The Family and Individual Development represents a decade of writing from a thinker who was at the peak of his powers as perhaps the leading post-war figure in developmental psychiatry. In these pages, Winnicott chronicles the complex inner lives of human beings, from the first encounter between mother and newborn, through the ‘doldrums’ of adolescence, to maturity.

Pb: 978-0-415-40277-4: £12.99/$23.95
Series: Routledge Classics

Narrative Therapies with Children and their Families

A Practitioner’s Guide to Concepts and Approaches

Edited by Arlene Vetere, Surrey University, UK, and Emilia Dowling, University of London, UK

Narrative Therapies with Children and their Families introduces and develops the concepts and principles of narrative approaches to therapeutic work and demonstrates how narrative based approaches to practice provide a powerful and client friendly framework for engaging and working with troubled children and their families. Using clinical examples, each chapter develops a methodology around narrative practice and gives practical advice on working

Pb: 978-0-415-40385-6: £19.99/$34.95

www.routledgementalhealth.com/mydearestenemy

Dorothy Rowe, clinical psychologist

“Written with her usual laserlike clarity and brilliant simplicity Dorothy Rowe has tackled a much neglected subject. Drawing time on her own personal experiences as well as a rich vein of interviews of case histories this book is a revelation to anyone who has struggled with the pain and pleasure of brotherhood or sisterhood. I relished every word, and as usual after finishing Dorothy’s books, the shape of my life feels clearer now than it was before.” - Tim Lott

Stories about siblings abound in literature, drama, comedy, biography, and history. We rarely talk about our own siblings without emotion, whether with love and gratitude, or exasperation, bitterness, anger and hate. Nevertheless, the subject of what it is to be and to have a sibling is one that has been ignored by psychiatrists, psychologists and therapists.

In My Dearest Enemy, My Dangerous Friend, Dorothy Rowe presents a radically new way of thinking about siblings that unites the many apparently contradictory aspects of these complex relationships. This helps us to recognise the various experiences involved in sibling relationships as a result of the fundamental drive for survival and validation, enabling us to reach a deeper understanding of our siblings and ourselves.

If you have a sibling, or you are bringing up siblings, or, as an only child, you want to know what you’re missing, this is the book for you.


www.routledgementalhealth.com/mydearestenemy
Families in a Global Context
Edited by Charles B. Hennon, Miami University, USA, and Stephan M. Wilson, Oklahoma State University, USA

How are families the same or different around the world? *Families in a Global Context* puts the similarities and differences into perspective, presenting an in-depth comparative analysis of family life in 17 countries around the world. Contributors discuss different countries’ family life by using a standard framework to review major influences and patterns. The framework allows readers to do comparative reflection across several countries on a variety of daily living elements, including social and economic forces such as urbanization and modernization, changes in gender/courtship/spousal patterns, and war. This book provides an informative illustration of current as well as future trends of family life worldwide.


June 2008: 624pp. Hb: 978-0-7890-2707-8: £72.00/$129.95 Pb: 978-0-7890-2708-5: £35.95/$94.95

Only available for sale in the USA and Canada

Family Therapy with Suicidal Adolescents
Anthony P. Jurich, School of Family Studies and Human Services, Kansas State University, USA

“Family Therapy with Suicidal Adolescents is an eminently practical book, giving clear guidelines on assessing and treating youngsters who express a wish to end their lives, and involving their families as the central resource is preventing this tragedy. It will be invaluable to both experienced clinicians and novices alike.” - Alan Carr, University College Dublin, Ireland

This book describes a blend of insight-oriented, behavioral, and strategic family therapy, which the author has developed over thirty-four years of dealing with suicidal adolescents. It aims not to replace other forms of therapy but to augment the therapist’s own therapeutic style.

The book offers an informative and personally told story bringing together scholarship and meaningful glimpses into the thought processes of suicidal youth.


The objectives of Counseling Military Families are to help the practicing counselor understand how the military works, what issues are constants for the military family, and what stressors are faced by the military member and the family. The book begins with an overview of military life, including demographic information and examples of military family issues, before delving into specific chapters focused on the unique circumstances of reservists, career service personnel, spouses, and children. The final section of the book presents treatment models and targeted interventions tailored for use with military families illustrated in a pair of case examples. This book will help counselors tailor their interventions to work well with families who are in transition, who may have an ingrained resistance to asking for help and who will, more than likely, be available for counseling for a relatively short period of time.


Hb: 978-0-415-95687-1: £53.00/$85.00
Pb: 978-0-415-95688-8: £18.95/$29.95

Counseling Addicted Families
An Integrated Assessment and Treatment Model
Gerald A. Juhnke, The University of Texas, USA, and W. Bryce Hagedorn, Florida International University, USA

In Counseling Addicted Families, Gerald A. Juhnke and William Bryce Hagedorn recognize that even those treatment providers who understand the importance of the familial context of addiction are often stymied by the variety of family treatment theories and their often imperfect fit for cases of addiction. In this book, Juhnke and Hagedorn provide a truly integrated model for assessment and treatment. Based upon the authors’ combined twenty-three years of experience in clinical and treatment supervision, the Integrated Family Addictions Model consists of six progressive treatment tiers which organize the relevant family treatment theories into a graduated and coherent sequence, beginning with the briefest and least costly forms of therapy.

Hb: 978-0-415-95106-7: £18.95/$32.95

Adoptive and Foster Parent Screening
A Professional Guide for Evaluations
James L. Dickerson, former public agency social worker, and Mardi Allen, 2002-2003 president of the Association of State and Provincial Psychology Boards (ASPPB)

“Adoptive and Foster Parent Screening should be required reading for every foster care and adoptive worker as well as mental health professionals working in the adoption field. This wise and reasoned volume offers a step-by-step guide to ensure that the best matches are made between children and caregivers. It is a work that has been much needed in the field and sets the standard for volumes to follow.”

- Sam Goldstein, University of Utah School of Medicine, USA
Adoptive and Foster Parent Screening, written by a former social worker, meshes the best of psychology and social work experience into a definitive guide for screening adoption and foster home applicants.

This book is based on case histories, research data, and interpretive analysis. It is written in an accessible style free of technical language, thus making it appropriate for college-level students and professionals who don’t have time to sift through empirical data to obtain accessible information that they can adapt to their profession.


Hb: 978-0-415-95268-2: £21.95/$36.95

Making Room in Our Hearts Keeping Family Ties through Open Adoption

Micky Duxbury, specializing in pre- and post-adoption education and counseling

“This is a wonderful book… and the author seems to have complete control of this often-confusing area of relationships. The topic is covered in a thorough as well as realistic fashion. Duxbury is a skilled writer and has a very friendly writing style that should appeal to the reader.” – Jon Carlson, Governors State University, USA

Adopted persons face challenges their entire lives as they struggle to answer the most basic question: Who am I? The hope of open adoption is that adopted children will develop stronger identities if they have the opportunity to develop healthy ongoing relationships with their families of origin. Making Room in Our Hearts offers an intimate look at how these relationships evolve over time, with real-life stories from families who have experienced open adoption first-hand. This book helps both adoptive and birth parents address their fears and concerns, while offering them the support to put the child’s psychological and spiritual needs at the center of adoption. Based on interviews with more than one hundred adopted children, birth and adoptive parents, extended families, professionals and experts, the book is an effective and invaluable resource for those considering open adoption, those experiencing it, and professionals in the field. Openness has altered the landscape of adoption, and Making Room in Our Hearts will help us catch up to the reality that is open adoption today.


Pb: 978-0-415-95502-7: £12.95/$19.95

GRIEF AND TRAUMA

Forthcoming!

Treating Traumatized Children
Risk, Resilience and Recovery

Edited by Danny Brom, and Ruth Pat-Horenczyk, both at the Israel Center for the Treatment of Psychotrauma, Israel, and Julian Ford, University of Connecticut, USA

“An excellent and diverse set of reviews that puts resiliency on the child trauma map, and provides promising directions for research, policy, and practice.” – Ricky Greenwald, Founder/Executive Director, Child Trauma Institute, USA

While recent years have seen a vast increase in the literature on adult trauma, the interest in childhood trauma has only recently started to gain momentum, encouraging new research and the need for evidence-based interventions.

Here the editors have brought together an international list of contributors to look at both innovative and established treatment of trauma in a range of contexts, and provide up-to-date coverage of what is on offer in terms of prevention, assessment, treatment and research.

Treating Traumatized Children will provide professionals with an up-to-date international perspective on the subject, as well as helping professionals and researchers to look to future treatments based on current evidence.


Hb: 978-0-415-42636-7: £60.00/$100.00
Pb: 978-0-415-47150-3: £24.99/$43.95

www.routledgementalhealth.com
Understanding and Assessing Trauma in Children and Adolescents

Measures, Methods, and Youth in Context

Kathleen Nader, Two Suns Childhood Trauma Program, Cedar Park, USA

In this volume, Kathleen Nader has compiled an articulate and comprehensive guide to the complex process of assessment in youth and child trauma. There are many issues that are important to evaluating children and adolescents, and it is increasingly clear that reliance on just one type of assessment does not provide the most accurate results. From history to recent advances, this book covers a wide range of methods and measures for assessing trauma, including case examples to illustrate the integration of these different facets.

SELECTED CONTENTS: Part I: Understanding Trauma in Youths and the Issues Related to its Assessment. Part II: Aspects of the Youth and His or Her Environment: Their Assessment and/or Influence on the Assessment of Trauma. Part III: Methods and Measures for Assessing Trauma in Youths. Part IV: Assessing Additional Trauma Symptoms. Part V: Pulling it All Together.

Hb: 978-0-415-96073-1: £46.95/$75.00
Series: Psychosocial Stress

www.routledgementalhealth.com/pss

Surviving and Transcending a Traumatic Childhood

The Dark Thread

Linda Skogrand, Utah State University, USA, Nikki DeFrain, Researcher, Nebraska, USA, John DeFrain, University of Nebraska, Lincoln, USA, and Jean E. Jones, Concordia University, Nebraska, USA

Surviving and Transcending a Traumatic Childhood: The Dark Thread weaves together 90 stories of survival to create a silver lining of hope for those struggling to heal from childhood trauma. This unique book documents the endless challenges facing children and adults who have been subjected to physical, emotional, and psychological abuse, and examines the proactive coping strategies that have made their recoveries a success. Each poignant story reveals an amazing capacity for growth and an ability to adapt emotionally that offers a positive spirit to others suffering abuse.


Hb: 978-0-7890-2951-5: £14.99/$29.95
Pb: 978-0-7890-2964-5: £31.00/$55.95
Only available for sale in the USA and Canada
Grief and Trauma


Pb: 978-0-7890-2952-2: £22.00/$39.95

Only available for sale in the USA and Canada

New!

The Children Who Lived
Using Harry Potter and Other Fictional Characters to Help Grieving Children and Adolescents

Kathryn A. Markell, Anoka-Ramsey Community College, Coon Rapids, Minnesota, USA, and Marc A. Markell, St. Cloud State University, Minnesota, USA

Harry Potter’s encounters with grief, as well as the grief experiences of other fictional characters, can be used by educators, counselors, and parents to help children and adolescents deal with their own loss issues. The Children Who Lived is a unique approach toward grief and loss in children. Focusing on fictional child and adolescent characters experiencing grief, this book uses classic tales and the Harry Potter books to help grieving children and adolescents. Included in the text are a number of activities, discussion questions, and games that could be used with grieving children and adolescents, based on the fictional characters in these books.


Pb: 978-0-415-95765-6: £21.95/$34.95

Pet Loss and Children
Establishing a Healthy Foundation

Cheri Barton Ross, founder and facilitator of the Redwood Empire Veterinary Medical Association Pet Loss Support Group

“This thoughtful, thorough and sensitive book offers advice and insights for the parents, teachers, caretakers, and therapists who care for children suffering from the loss of a companion animal... This book enables adults to help children grow and learn from a painful life experience.” - Enid Traisman, author of My Personal Pet Remembrance Journal

The aim of this book is to provide therapists, counselors, educators, parents, social workers, veterinarians, and physicians with resources to help children cope with the loss of a pet.

Pb: 978-0-415-94919-4: £15.99/$23.95

ALSO OF INTEREST

Pet Loss and Human Emotion
A Guide to Recovery
Second Edition
Cheri Barton Ross, and Jane Baron-Sorensen

This updated edition of Pet Loss and Human Emotion is a step-by-step guide to leading clients through this special kind of grief. Includes resources and a section on pet loss and natural disasters.

Pb: 978-0-415-95576-8: £16.00/$25.95

BACKLIST TITLES

Group Work with Adolescents After Violent Death
A Manual for Practitioners
Alison Salloum

Pb: 978-0-415-94861-6: £13.99/$19.95

Helping Teens Work Through Grief
Second Edition
Mary Kelly Perschy

Pb: 978-0-415-94696-4: £17.99/$26.95

CHILD AND ADOLESCENT MENTAL HEALTH ARENA

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www.routledgementalhealth.com 35
New!

Implementing Response-to-Intervention in Elementary and Secondary Schools
Procedures to Assure Scientific-Based Practices

Matthew K. Burns, University of Minnesota, USA, and Kimberly Gibbons, St. Croix River Education District, Minnesota, USA

The Response-to-Intervention (RTI) approach, tracks a student’s progress and response to a given intervention (or series of interventions) that are designed to improve academic, social, behavioral, or emotional needs progress. RTI models have been closely scrutinized, researched, and reported in the past few years, and they are increasingly looked to as the foundation for future (and more and more as the present) of school psychology practice in schools. What is still lacking in the midst of a recent slew of handbooks, research studies, revised assessment scales and tests, and best-practices suggestions is a truly practical guidebook for actually implementing an RTI model. This book will fill this need. Following the structure and plan for our School-Based Practice in Action Series, authors Matt Burns and Kim Gibbons present a clear and concise guide for implementing a school-wide RTI model, from assessment and decision-making to Tiers I, II, and III interventions.

**CONTENTS:** Response to Intervention: What It Is and Why We Do It.

Hb: 978-0-415-96391-6: £60.00/$95.00
Pb: 978-0-415-96392-3: £22.00/$34.95

Series: School-Based Practice in Action

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**SCHOOL-BASED PRACTICE IN ACTION SERIES**

**Series Editors:** Rosemary B. Mennuti and Ray W. Christner

This series provides school-based practitioners with concise practical guidebooks that are designed to facilitate the implementation of evidence-based programs into school settings, putting the best practices in action.

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**Assessment and Intervention for Executive Function Difficulties**

George McCluskey, Philadelphia College of Osteopathic Medicine, USA, Lisa A. Perkins, in private practice, Family Study Center in Danbury, Connecticut, USA, and Bob Van Divner, Milton Hershey School, Pennsylvania, USA

In *Assessment and Intervention for Executive Function Difficulties*, McCluskey, Perkins, and Divner provide a unique blend of theory, research, and practice that offers clinicians an overarching framework for the concept of executive functions (EFs) in educational settings. The conceptual model of executive functions is detailed, including their role in behavior, learning, and production across all settings. The heart of the book focuses on the practical issues involved in the use of assessment tools, tests, report writing, and the implementation and follow up of targeted interventions using the EF model.

**CONTENTS:**

Hb: 978-0-415-95783-0: £56.95/$90.00
Pb: 978-0-415-95784-7: £21.95/$34.95

Series: School-Based Practice in Action

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**Forthcoming!**

**School-Based Mental Health**

A Practitioner’s Guide to Comparative Practices

Ray W. Christner, and Rosemary B. Mennuti, both at the Philadelphia College of Osteopathic Medicine, USA

This volume provides school-based practitioners with a comprehensive and comparative guide to the strategic interventions, therapeutic modalities, and treatment approaches that are most commonly and effectively used in educational settings. Unifying the chapters are two central case examples, allowing the reader to see and evaluate the strengths and potential challenges of each technique in a familiar situation. This emphasis on case examples and the comparative structure of the volume will provide a level of hands-on and practical learning that is helpful for both students and mental health practitioners.

**CONTENTS:**

Hb: 978-0-415-95558-4: £28.00/$44.95

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**CONTENTS:**

Hb: 978-0-415-95558-4: £28.00/$44.95
New!

Theory and Cases in School-Based Consultation

A Resource for School Psychologists, School Counselors, Special Educators, and Other Mental Health Professionals

Laura M. Crothers, Tammy L. Hughes, and Karen A. Morine, all at the Duquesne University, Pittsburgh, USA

Foreword by William Erchul

This casebook provides an applied perspective regarding school-based consultation, including an overview of mental health consultation, behavioral consultation, social learning theory consultation, Adlerian consultation, and ecological/organizational consultation. Along with relevant discussion of the issues in each case study, critical thinking questions are included for discussion among students and educators regarding school-based consultation.

Contents:
- Erchul, Foreword.
- Overview. Cases in Mental-Health Consultation.
- Cases in Behavioral Consultation.
- Cases in Social Learning Theory Consultation.
- Cases in Adlerian Consultation.
- Cases in Organizational/Ecological Consultation.

Pb: 978-0-415-96337-4: £21.95/$34.95

Peer Power, Book One

Workbook: Becoming an Effective Peer Helper and Conflict Mediator

Fourth Edition

Judith A. Tindall, Psychological Network, Inc., Missouri, USA

Peer Power, Book One, Workbook brings the participating students through a series of thirteen Modules, introducing the group to the Peer Power Program, the role of the peer helper, the eight core skills, and strategies for implementing the peer work into practice. The Workbook provides clear instructions for the skills-focused, guided exercises, in a format that is accessible and enjoyable for students in the Peer Power Program.

Pb: 978-0-415-96232-2: £17.00/$29.95

Peer Power, Book One

Strategies for the Professional Leader: Becoming an Effective Peer Helper and Conflict Mediator

Fourth Edition

Judith A. Tindall, Psychological Network, Inc., Missouri, USA

The professional strategies book provides the program leader/facilitator with clear and easy to follow guidelines for implementing the peer power program. After an overview of the peer program philosophy, training structure, and goals, the leader’s guide proceeds through the thirteen Modules that are found in the student workbook. For each exercise in the student workbook, this leader’s guide provides instructions for introducing and implementing the exercise, time and materials requirements, description of its purpose and goal, and homework assignments. Equipped with the professional strategies book, the program leader (teacher, school counselor, juvenile center officer, social worker, child therapist) can quickly and confidently work through the Peer Power curriculum.

Pb: 978-0-415-96231-5: £17.00/$29.95
Bullying, Victimization, and Peer Harassment
A Handbook of Prevention and Intervention
Edited by Joseph Zins, University of Cincinnati, USA, Maurice Elias, Rutgers University, USA, and Charles A. Maher, Rutgers University, USA
Teasing, shunning, and bullying can have serious detrimental effects on both victim and perpetrator. Bullying, Victimization, and Peer Harassment: A Handbook of Prevention and Intervention comprehensively gathers emerging research, theory, and effective practice on this subject into one invaluable source. This thorough review of a wide spectrum of innovative, evidence-based practices targets the complex problems of victimization, peer harassment, and bullying in our schools. Interventions range from individuals and their peers to broad, systems-level change within schools and communities. The challenge of prevention is also explored, using the latest studies as a practical foundation. Suggestions are provided detailing effective strategies to make changes in the culture within schools while offering directions for future research and practice.

Bullying, Victimization, and Peer Harassment is a crucial resource for researchers and mental health professionals who work in schools and who work with children and their families, such as school psychologists, counselors, clinical child psychologists, social workers, and community psychologists.

Hb: 978-0-7890-2218-9: £39.00/$69.95
Pb: 978-0-7890-2219-6: £22.00/$39.95

Only available for sale in the USA and Canada

FORTHCOMING IN 2009!

Handbook of Education, Training, and Supervision of School Psychologists in School and Community
Foundations of Professional Practice
Volume 1
Edited by Enedina Vazquez, New Mexico State University, USA, Tony Crespi, University of Hartford, USA, and Cyndi Riccio, Texas A&M University, USA
Volume 1 of the Handbook of Education, Training, and Supervision of School Psychologists in School and Community focuses on the professional issues and topics that form the core of the university curriculum for the school psychology specialist degree.
Hb: 978-0-415-96260-5: £34.00/$55.00

Handbook of Education, Training and Supervision of School Psychologists in School and Community
Bridging the Training and Practice Gap: Building Collaborative University/Field Practices
Volume 2
Edited by Judith Kaufman, Fairleigh Dickinson University, USA, and Tammy Hughes, Duquesne University, USA
Volume 2 of the Handbook of Education, Training, and Supervision of School Psychologists in School and Community bridges the gap from the classroom education to the field-based training of new professionals. Supervision is at the center of this process, and a major part of this volume focuses on the role of the supervisor as trainer in different contexts.
Hb: 978-0-415-96279-7: £35.00/$55.00
Crisis Intervention and Crisis Management
Strategies that Work in Schools and Communities

Rosemary A. Thompson, Regent University, Virginia, USA

“Crisis Intervention and Crisis Management is a must read for anyone connected with the school environment. Educators, administrators, community response personnel, mental health providers and parents alike will discover practical strategies that are vital to the implementation of an effective action plan when disaster strikes unexpectedly. Dr. Thompson thoroughly and methodically addresses every facet of a critical incident, offering the reader a detailed roadmap to seamlessly manage a variety of situations that can impact both children and adolescents.” - Eric Scalice, Regent University, USA

This book discusses steps helping professionals should take in order to prepare for a crisis in their schools and community. The author introduces a Crisis Management Plan, which discusses ways to restore a school/community to its pre-crisis equilibrium. The author also includes information on how schools should talk to media personnel and parents in times of a crisis, checklists, assessment instruments, and sample documentation forms that can be used in times of a crisis.

Hb: 978-0-415-94818-0: £55.00/$85.00
Pb: 978-0-415-94494-6: £19.99/$27.95

School Counseling
Best Practices for Working in the Schools
Second Edition

Rosemary A. Thompson, Regent University, Virginia, USA

In this second edition of a practical and eminently useful resource, Rosemary Thompson discusses the new and expanded roles of today’s school counselors. In the wake of recent school violence, and in light of the tough decisions that students now face everyday, the role of the school counselor has changed dramatically. Today, more than ever, school counselors must do more than simply offer guidance on educational and vocational choices, but must become catalysts for change.

This second edition examines the ways in which recent economic, political, social, and educational trends have impacted the professional school counselor. Throughout the text, Thompson integrates her discussion of recent national reform issues and the new professional standards set forth by the American School Counselors Association. Focusing throughout on the inherent benefits of and need for professional counseling in our schools, this second edition is a groundbreaking resource and will be of great value to school counseling students and professionals alike.

Pb: 978-1-56032-889-6: £27.99/$44.95

Coming Out, Coming In
Nurturing the Well-Being and Inclusion of Gay Youth in Mainstream Society

Linda Goldman, in private practice, Maryland, USA
Foreword by Jody M. Huckaby

Coming Out, Coming In: Nurturing the Well-Being and Inclusion of Gay Youth in Mainstream Society describes the process of “coming in” to a welcoming and nurturing family, from both the teen’s and the parents’ perspective. Linda Goldman draws on her personal and professional experience to build a common language and a new paradigm for understanding sexual orientation and gender identity as a part of mainstream culture.

Through the information, exercises, anecdotes, and extensive bibliography of additional resources provided in the book, parents, school administrators and educators, community groups and counselors will find the tools needed to facilitate nurturing and safe environments for our LGBT youth.


Pb: 978-0-415-95824-0: £18.95/$29.95

ALSO BY LINDA GOLDMAN

Raising Our Children to Be Resilient
A Guide to Helping Children Cope with Trauma in Today’s World

Linda Goldman

In this timely and much-needed book, Linda Goldman addresses the many frightening events that impact our children by providing the reader with a seamless mixture of theory and practice garnered from her extensive experience in the field. Raising Our Children to Be Resilient includes trauma resolution techniques and case studies, discussions of the respective roles played by parents, teachers and the larger community as well as additional resources for those in a position to help children who have been traumatized.

Pb: 978-0-415-94906-4: £18.99/$31.95

For further titles on Child and Adolescent Trauma please see page 33
Lessons Learned
How to Avoid the Biggest Mistakes Made by College Resident Assistants

John D. Foubert, College of William and Mary, USA

Lessons Learned is designed for use in training programs for newly hired resident advisors or assistants (RAs). This volume is the ideal tool for residence life professionals who are responsible for training college Resident Assistants. Over three dozen common RA mistakes are discussed, chapter by chapter, in individual letters written by experienced RAs to new staff members. Each chapter includes resources and thought-provoking questions, allowing residence life professionals to choose which material they will cover to stimulate reflection and lively dialogue. This is an easy-to-use manual for an interactive, learning-centered RA training program at any level.


Pb: 978-0-415-95468-6: £24.95/$39.95

To Hold and Be Held
The Therapeutic School as a Holding Environment

Daniel K. Reinstein

Hb: 978-0-415-95369-6: 2006: 200pp. £21.95/$34.95

Elementary School Counseling
A Commitment to Caring and Community Building
Second Edition

John C. Worzyt, Kathleen O’Rourke, and Claire Dandeneau

Hb: 978-1-56032-505-5: 2003: 480pp. £65.00/$96.95