Gender and Sexuality 2009

NEW BOOKS AND SELECTED BACKLIST

Sex Therapy
Gay, Lesbian, Bisexual, Transgender (GLBT)
Gender Development
Psychoanalysis
and maintain, decorate and refurbish their own style – together."

"Think all sex should be earth shattering? The quality of most couple sex doesn’t measure up to the much distorted image of the perfect romantic love/passionate sex encounter portrayed in popular culture. In Discovering Your Couple Sexual Style, renowned marital and sex therapist Barry McCarthy and his wife Emily McCarthy urge couples to ignore what they see on TV, in books, or online, and discover their own unique sexual style.

The McCarthy’s offer three guidelines for sexual satisfaction: develop positive, realistic sexual expectations; explore sensual and sexual options; and communicate sexual desires. With this foundation, couples can take a straightforward survey to determine which of four couple sexual styles best fits their relationship. An understanding of couple sexual styles can play a vibrant role in energizing a couple’s bond and contribute to a satisfying relationship.

Based on three years of research and treating more than 4,000 individuals and couples, Discovering Your Couple Sexual Style provides information, guidelines, exercises, and case studies to help readers find their own sexual voice and develop a satisfying sexual style.


Men’s Sexual Health
Fitness for Satisfying Sex
Barry W. McCarthy, and Michael E. Metz, University of Minneapolis, USA

“This is not your father’s sex ed book. Metz and McCarthy just moved to the #1 spot on my list of favorite ‘talk about sex’ books. Best book about men and sex in a decade.” - Sallie Foley, University of Michigan, USA, co-author of Sex Matters for Women

Men’s Sexual Health is a breakthrough book about vital and satisfying male sexuality. It presents a new model of male and couple sexuality, which establishes positive, realistic expectations of pleasure and satisfaction, as opposed to the self-defeating traditional demand for perfect intercourse performance.

Men and couples who adopt this approach will enjoy sexuality throughout the lifespan. The authors introduce the new “smart thinking,” focused on an integration of mind and body, which confronts the myths and misunderstandings which limit male sexual growth. Men’s Sexual Health will help men and women understand how to pursue sexual and relational health, and overcome sexual problems, with the goal of greater acceptance and satisfaction.


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Systemic Sex Therapy
Edited by Katherine M. Hertlein, and Gerald R. Weeks, both at the University of Nevada, Las Vegas, USA, and Nancy Gambescia, in private practice, Pennsylvania, USA

“Systemic Sex Therapy will become the gold standard for treatment of sexual problems. By treating the relationship as well as the partners, the three entities present in sex therapy are directly addressed.” - Jon Carlson, Governors State University, University Park, Illinois, USA

Systemic Sex Therapy serves as an introduction to the field of sex therapy from a systems perspective. It is an excellent resource for graduate students in marriage and family therapy programs or students and professionals who want a truly fresh perspective on sex therapy. This approach moves beyond traditional behavioral approaches to incorporate individual, couple, and intergenerational factors in etiology and treatment. Unlike current books on the market that are outdated, too advanced, simplistic, unfocused, or too diffuse in content, Systemic Sex Therapy is comprehensive, concise, highly focused on treatment, user-friendly, and contains features not found in other sex therapy texts, such as a systemic/behavioral focus, clinical innovation, and a greater focus on implementation rather than competing works.


Pb: 978-0-7890-3668-1: £50.00/$90.00
Pb: 978-0-7890-3669-8: £25.00/$44.95

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Forthcoming!

Premature Ejaculation

The New Neuroscientific and Drug Treatment Approach

Marcel Waldinger, General Hospital Leyenburg, The Netherlands

Marcel Waldinger is one of the leading PE researchers in the world and a staunch proponent of the neurobiological origin theory of the disorder. Based on his own research, findings, and experience, Dr. Waldinger carefully examines the current PE literature, existing theory, and treatment strategies (both behavioral and the recent psycho pharmacological), before presenting his own theory of the basis of PE. Central to the assessment and treatment of PE are many vaguely defined terms, and in this text Dr. Waldinger anchors his theory in comprehensive definitions of the dysfunction itself and other terms vital to a more fundamental understanding of PE. After presenting the multidisciplinary support of his theory, Dr. Waldinger considers future treatment strategies and the implications of current pharmaceutical research and impending products. This volume represents the most current research on this disorder and is the only book dedicated exclusively to PE, making it an essential text for libraries and research institutions. It will appeal to clinical sex therapists and physicians with an interest in the leading research, and will likely be referenced and cited in articles and books for years to come.


Pb: 978-0-415-95163-0: £37.95/$59.95

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Forthcoming!

In the Grip of Desire

A Therapist at Work with Sexual Secrets

Gale Holtz Golden, University of Vermont Medical College, Burlington, USA

In the Grip of Desire reveals the hidden world of people who live with sexual secrets and provides a rare opportunity for clinicians and their clients. It deals with sexual behaviors that are, for the most part, legal, consensual, and private. However, these behaviors can cause serious problems for the individual and their families, relationships, and careers. The book’s tenets and the author’s techniques are supported by evidence-based data, but the heart of the book lies in the clinical case studies which are presented in an engaging narrative voice. The therapeutic process for sexual secrets becomes transparent, exposed and demystified.


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ALSO OF INTEREST

How to Overcome Premature Ejaculation

Helen Singer Kaplan, The late Helen Singer Kaplan was Director of the Human Sexuality Program, New York Hospital-Cornell Medical Center, USA

“Still considered the definitive guide to conquering PE.” - Men’s Health, December 2005

Pb: 978-0-87630-542-3: £13.50/$19.95
Handbook of Clinical Sexuality for Mental Health Professionals
Second Edition
Edited by Stephen B. Levine, Candace Risen, and Stanley Althof, all at Case Western Reserve University School of Medicine, Cleveland, USA

This second edition of Handbook of Clinical Sexuality for Mental Health Professionals is a thoroughly revised and expanded edition of their first indispensable handbook. The new material reflects the changing needs of mental health professionals and covers topics such as erectile dysfunction, great sex, the challenges men and women face when single again, helping the developmentally disabled with sex, and sex and cancer. With a well thought-out and updated organizational structure, this second edition will be even more informative and consequential than their first.

Hb: 978-0-415-80075-4: £69.50/$125.00
Pb: 978-0-415-80076-1: £36.00/$65.00

Demystifying Love
Plain Talk for the Mental Health Professional
Hb: 978-0-415-95599-7: £23.50/$42.95
Pb: 978-0-415-95598-0: £14.50/$24.95

Forthcoming!
Coming Out, Coming Home
Making Room for Gay Spirituality in Therapy
Kenneth Burr, in private practice, Washington, USA
Coming Out, Coming Home increases the potential for spiritual growth and development in our society. Many books have been written and many opinions aired about gay rights and pro-gay theology, but not many have focused upon providing people with an opportunity to enlarge their own belief systems to embrace gay spirituality while still being true advocates of Scripture. Readers will find a deeper connection with themselves and others as they experience formerly rigid boundaries between God and sexual minorities begin to relax.

Hb: 978-0-7890-3842-5: £44.50/$79.95
Pb: 978-0-7890-3843-2: £22.50/$39.95

New!
When the Opposite Sex Isn’t
Sexual Orientation in Male-to-Female Transgender People
Sandra L. Samons, in private practice, Michigan, USA
"When the Opposite Sex Isn’t is unlike any psychological account. Instead of cramming trans individuals into pre-existing etiological theories and taxonomies, Samons provides insights into transgender people’s lives and includes numerous helpful anecdotes that demystify their experience." - Julia Serano, author of Whipping Girl: A Transsexual Woman on Sexism and the Scapegoating of Femininity
When there is uncertainty about the gender identity or social gender role of an individual, determining exactly who the opposite sex is can be a complicated question for both the transgender person and for those who seek to relate to her. Written in both an enlightened and a reader friendly style interspersed with vignettes, *When the Opposite Sex Isn’t* offers a combination of insights and common sense understanding of the diversity of the human condition, together with concepts of gender and sexuality that expand the horizons of any mental health professional, regardless of the clinical focus of his or her work. Samons challenges concepts once taken for granted, thus providing stimulus for creative thinking which many lay readers will also find interesting and entertaining, whether or not they are (thus far) acquainted with a transgender person.


Hb: 978-0-7890-3446-5: £52.99/$95.00
Pb: 978-0-7890-3447-2: £27.99/$49.95

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**Coming Out, Coming In**

**Nurturing the Well-Being and Inclusion of Gay Youth in Mainstream Society**

Linda Goldman, in private practice, Maryland, USA

Foreword by Jody M. Huckaby, Executive Director, PFLAG National

*Coming Out, Coming In* describes the process of “coming in” to a welcoming and nurturing family, from both the teen’s and the parents’ perspectives. Linda Goldman draws on her personal and professional experience as a school guidance counselor, child and adolescent therapist, parent, and a member of the national group PFLAG to build a common language and a new paradigm for understanding sexual orientation and gender identity as a part of mainstream culture.

Through the information, exercises, anecdotes, and extensive bibliography of additional resources provided in the book, parents, school administrators and educators, community groups and counselors will find the tools needed to facilitate nurturing and safe environments for our LGBT youth.


Pb: 978-0-415-95824-0: £18.95/$29.95

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**Feeling Queer or Queer Feelings?**

**Radical Approaches to Counselling Sex, Sexualities and Genders**

Edited by Lynsdey Moon, Warwick University, UK

*Feeling Queer or Queer Feelings?* presents highly innovative and contemporary ideas for counsellors, counselling and clinical psychologists and psychotherapists to consider in their work with non-heterosexual clients.

Ground-breaking ideas are presented by new thinkers in the area for issues such as:

- coming out
- transgender desire
- theoretical modalities in working with HIV.

*Feeling Queer or Queer Feelings?* will prove to be invaluable for clinicians in this field.


Hb: 978-0-415-38520-6: £55.00/$100.00
Pb: 978-0-415-38521-3: £22.99/$41.95
that includes intimacy, social acceptance, dignity, and respect. Curiosity, and joy as each woman struggles to redefine a relationship ever after” stories, these narratives are filled with pain, courage, children, friends, and family members. Far from a collection of “happily ever after” stories, these narratives are filled with pain, courage, and joy as each woman struggles to redefine a relationship ever after.”

from its diagnostic and statistical manual of mental disorders (DSM). This unique book includes candid one-on-one interviews with seventeen key mental health professionals who played a role in the APA’s decision, those who helped organize gay, lesbian, and bisexual psychiatrists within the APA, and others who have made significant contributions in this area within the mental health field.


Hb: 978-1-56023-299-5: £15.50/$24.95
Pb: 978-1-56023-298-8: £12.50/$19.95

American Psychiatry and Homosexuality
An Oral History
Edited by Jack Drescher, in private practice, New York, USA, and Joseph P. Merlino, Mt. Sinai School of Medicine, New York, USA

Through the personal accounts of those who were there, American Psychiatry and Homosexuality: An Oral History examines the 1973 decision by the American Psychiatric Association (APA) to remove homosexuality from its diagnostic and statistical manual of mental disorders (DSM). This unique book includes candid one-on-one interviews with seventeen key mental health professionals who played a role in the APA’s decision, those who helped organize gay, lesbian, and bisexual psychiatrists within the APA, and others who have made significant contributions in this area within the mental health field.


Part I: The 1973 APA Decision
Scosta, John E. Fryer, MD, and the Dr. H. Anonymous Episode. Sbordone, An Interview with Charles Silverstein, PhD. Drescher, An Interview with Lawrence Hartmann, MD. Hire, An Interview with Robert Jean Campbell III, MD. Rosario, An Interview with Judd Marmor, MD. Drescher, An Interview with Robert L. Spitzer, MD.

Part II: The Early Founders of AGLHP
Hire, An Interview with Frank Rundle, MD. Barber, An Interview with David R. Kessler, MD. Barber, An Interview with Nanette Gartrell, MD. Ashley, An Interview with Stuart E. Nichols, MD. Hunter, Remembering Emery Hetrick, MD.

Part III: Gay and Lesbian Psychiatrists of Note

Hb: 978-1-56023-739-6: £18.50/$29.95
Pb: 978-1-56023-738-9: £12.50/$19.95

Head Over Heels
Wives Who Stay with Cross-Dressers and Transsexuals
Virginia Erhardt, in private practice, Georgia, USA

Head Over Heels gives voice to thirty ordinary women who live extraordinary lives as partners to crossdressers, transgenderists, and male-to-female transsexuals. These unique women discuss with honesty and great candor how they first learned of their partners’ gender issues, coped with the emotions that followed, dealt with concerns about privacy/secrecy, and handled disclosure to children, friends, and family members. Far from a collection of “happily ever after” stories, these narratives are filled with pain, courage, curiosity, and joy as each woman struggles to redefine a relationship that includes intimacy, social acceptance, dignity, and respect.

Hb: 978-0-7890-3094-8: £26.00/$41.95
Pb: 978-0-7890-3095-5: £12.50/$19.95

Without Condoms
Unprotected Sex, Gay Men and Barebacking
Michael Shernoff, The late Michael Shernoff was a psychotherapist in private practice, and was on faculty at Columbia University School of Social Work, New York, USA

After years of activism, risk awareness, and AIDS prevention, increasing numbers of gay men are not using condoms, and new infections of HIV are on the rise. Using case studies and exhaustive survey research, this timely, groundbreaking book allows men who have unprotected sex, a practice now known as “barebacking,” to speak for themselves on their willingness to risk it all.

Without Condoms takes a balanced look at the profound needs that are met by this seemingly reckless behavior, while at the same time exposing the role that both the Internet and club drugs like crystal methamphetamine play in facilitating high-risk sexual encounters. The result is a compassionate, sophisticated and nuanced insight into what for many people is one of the most perplexing aspects of today’s gay male culture and life style. Michael Shernoff digs deep and forces us to see that the AIDS epidemic is not over. We must now ask the hard questions and listen to the voices that answer.

Pb: 978-0-415-95024-4: £22.00/$34.95
Lesbian and Bisexual Women’s Mental Health
Edited by Robin M. Mathy, Presentation College, Aberdeen, USA, and Shelly K. Kerr, University of Oregon Counseling and Testing Center, Eugene, USA

This essential guide presents up-to-date, evidence-based information that can be implemented to improve mental health services for lesbian and bisexual women in a variety of settings. It examines the systemic factors that play a role in their psychological and emotional well-being, and presents new research on protective factors that play an important role when lesbian/bisexual women face depression, anxiety, and other mental health disorders.


Hb: 978-0-7890-2682-8: £25.00/$39.95
Pb: 978-0-7890-2682-8: £25.00/$39.95

Sex Differences
Summarizing More than a Century of Scientific Research
Lee Ellis, Scott Hershberger, Evelyn Field, Scott Wersinger, Sergio Pellis, David Geary, Craig Palmer, Katherine Hoyenga, Amir Hetsroni, and Kazmer Karadi

This volume is the first to aim at summarizing all of the scientific literature published so far regarding male-female differences and similarities, not only in behavior, but also in basic biology, physiology, health, perceptions, emotions, and attitudes. Results from over 18,000 studies have been condensed into more than 1,900 tables, with each table pertaining to a specific possible sex difference. Throughout this book’s eleven years in preparation, no exclusions were made in terms of subject areas, cultures, time periods, or even species.

Sex Differences is a monumental resource for any researcher, student, or professional who requires an assessment of the weight of evidence that currently exists regarding any sex difference of interest. It is also suitable as a text in graduate courses pertaining to gender or human sexuality.

The book is accompanied by a CD containing all 18,000+ references cited in the book.
The book is divided into three sections, covering the individual and development, therapeutic implications and therapeutic applications in broader social and cultural contexts.

This interdisciplinary, multicultural and international perspective on envy and competition in relation to gender will be of great interest to all mental health professionals interested in investigating the positive potential of these powerful emotions.

Hb: 978-1-58391-748-0: £60.00/$110.00
Pb: 978-1-58391-749-7: £22.99/$41.95

Men's Violence Against Women
Theory, Research, and Activism

Christopher Kilmartin, University of Mary Washington, Fredericksburg, USA, and Julie Allison, Pittsburgh State University, Pittsburgh, USA

This text offers a balance of clinical and social psychological theory and research, as well as prevention and intervention techniques with the purpose of understanding and ultimately ending gender-based violence. The authors address several forms of violence, including rape, intimate partner violence, stalking, and sexual harassment in a contemporary linguistic style carefully crafted to avoid victim blaming.

Hb: 978-0-8058-5770-2: £43.50/$69.95
Pb: 978-0-8058-5771-9: £22.00/$34.95

Published by Psychology Press

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Textbook!

Men Speak Out
Views on Gender, Sex, and Power

Edited by Shira Tarrant, California State University, Long Beach, USA

“Men Speak Out is an important book for feminism... it provides something important in reframing the old debates about women’s rights, especially in this supposedly post-feminist time.” - Mandy Van Deven, in Feminist Review

Men Speak Out is a collection of essays written by and about pro-feminist men. In the essays, which feature original, lively and accessible prose, anti-sexist men make sense of their gendered experiences in today’s culture.

The authors tackle the issues of feminism, growing up male, recognizing masculine privilege, taking action to change the imbalance of power and privilege and the constraints that men experience in confronting sexism. They describe their successes and challenges in bucking patriarchal systems in a culture that can be unsupportive of – or downright hostile to – a pro-feminist perspective.

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The Gendered Unconscious
Can Gender Discourses Subvert Psychoanalysis?

Louise Gyler, in private practice, Sydney, Australia

Feminist interventions in psychoanalysis have often attempted either to subvert or re-frame the masculinist and phallocentric biases of Freud’s psychoanalysis. This book investigates the nature of these interventions by comparing the status and treatment of women in two different psychoanalytic models: the Kleinian and the feminist psychoanalytic models. It argues that, in fact, these interventions have historically tended to reinforce such biases by collapsing the distinction between the gendered minds of individuals and theories of gender.

The Gendered Unconscious will be of significant interest to those studying the psychology of women, psychoanalytic studies, health psychology, sociology, gender studies and cultural studies. It will also be of interest to clinicians and candidates of professional psychotherapy and psychoanalytic training programmes.

Hb: 978-0-415-40170-8: £45.00/$80.95
Pb: 978-0-415-40171-5: £15.00/$26.95

Series: Women and Psychology

New!

Heterosexual Masculinities
Contemporary Perspectives from Psychoanalytic Gender Theory

Edited by Bruce Reis, New York University Postdoctoral Program in Psychotherapy and Psychoanalysis, USA, and Robert Grossmark, City University of New York, USA

In recent years there have been substantial changes in approaches to how genders are made and what functions genders fulfill. Most of the scholarly focus in this area has been in the areas of feminist, gay, and lesbian studies. Heterosexual masculinity, which tended to be defined by lack and absence, has not received the critical and scholarly attention of these other areas. Heterosexual Masculinities rethinks a psychoanalytic tradition that has long thought masculinity as a sort of brittle defense against femininity, softness, and emotionality.

New!

Sex Changes
Transformations in Society and Psychoanalysis

Mark J. Blechner, William Alanson White Institute, New York, USA

“Blechner blends an intimate, deeply moving biographical account with a theoretically sophisticated, scholarly, jargon-free narrative.” - Lewis Aron, Director, NYU Postdoctoral Program in Psychotherapy and Psychoanalysis, USA

In the 1950s, ambitious women were often seen as psychopathological and were told by psychoanalysts that they had penis envy that needed treatment; today, a woman has campaigned for President of the United States. Mark Blechner has lived and worked through these startling changes in society, and Sex Changes collects papers he has written over the last 45 years on sex, gender, and sexuality. Interspersed with these papers are reflections on the changes that have occurred during that time period, both within the scope of society at large as well as in his personal experiences inside and outside of the therapeutic setting. He shows how changes in society, changes in his life, and changes in his writing on sexuality – as well as changes within psychoanalysis itself – have affected one another.


Hb: 978-0-415-99434-7: £55.00/$90.00
Pb: 978-0-415-99435-4: £21.99/$34.95

Psychoanalysis in a new Key Book Series

Forthcoming!

The Gendered Unconscious
Pop-Darwinism and the Debates Over Sex, Violence, and Science

Martha McCaughey, Appalachian State University, Boone, USA

Ever since Darwin first penned his theories about evolution, scientists have used his ideas to promote gender stereotypes: men are hunters, women are gatherers; men are driven by the need to inseminate as many women as possible, women are driven to find one provider. Beyond the caricatures, the implications for evolutionary theory are wide-ranging and have attributed to our notions about the division between the sexes.

Martha McCaughey tells the story of evolutionary theory’s influence on the popular understanding of masculinity, addressing issues of sexual competition, scientific and psychological explanations of homosexuality, rape and the establishment of gender binaries in popular culture.

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Forthcoming!

The Caveman Mystique
Psychoanalysis in a New Key Book Series

Mark J. Blechner

“Blechner blends an intimate, deeply moving biographical account with a theoretically sophisticated, scholarly, jargon-free narrative.” - Lewis Aron, Director, NYU Postdoctoral Program in Psychotherapy and Psychoanalysis, USA

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Psychoanalysis in a new Key Book Series

Martha McCaughey
Reflecting current trends in psychoanalytic thinking, this book seeks to understand heterosexual masculinity as fluid, multiple, and emergent. The contributors take new perspectives on relations between men, men’s positions as fathers in relation to their sons and daughters, the clinical encounter with heterosexual men, the social contexts of masculinity, and the multiplicity of heterosexual masculine subjectivities. What to a previous generation would have appeared as pathological or defensive, we now encounter as forms of masculine subjectivity that include wishes for intimacy, receptivity, and surrender, alongside ambition and the pleasures of “phallic narcissism.”


Hb: 978-0-88163-501-0: £55.00/$90.00
Pb: 978-0-88163-502-7: £21.99/$34.95

Psychoanalysis in a New Key Book Series

New in Paperback!

Gender as Soft Assembly
Adrienne Harris, New York University Postdoctoral Program in Psychotherapy and Psychoanalysis, USA

Gender as Soft Assembly weaves together insights from different disciplinary domains to open up new vistas of clinical understanding of what it means to inhabit, to perform, and to be, gendered. Opposing the traditional notion of development as the linear unfolding of predictable stages, Adrienne Harris argues that children become gendered in multiply configured contexts.

Hb: 978-0-88163-370-2: 2004: €40.50/$65.00
Pb: 978-0-88163-498-3: £23.00/$36.95

Relational Perspectives Book Series

Shame and Sexuality
Psychoanalysis and Visual Culture
Edited by Claire Pajaczkowska, Middlesex University, London, UK, and Ivan Ward, Freud Museum, London, UK

This collection of writings explores aspects of shame in the cultures of art, film, textiles and post-colonialism. Organised into two sections: psychoanalytic and cultural writings, this book considers debates within and between the two discourses, generating new avenues of enquiry for scholars of culture, theory and psychoanalysis.


Hb: 978-0-415-42011-2: £55.00/$90.00
Pb: 978-0-415-42012-9: £19.99/$35.95

Psychoanalytic Inquiry Book Series

Attachment and Sexuality

Edited by Diana Diamond, City University of New York, USA, Sidney J. Blatt, Yale University, New Haven, USA, and Joseph D. Lichtenberg, in private practice, Washington, D.C., USA

The papers featured in Attachment and Sexuality create a dense tapestry, each forming a separate narrative strand that elucidates different configurations of the relationship between attachment and sexuality. As a whole, the volume explores the areas of convergence and divergence, opposition, and integration between these two systems. It suggests that there is a bi-directional web of influences that weaves the attachment and sexual systems together in increasingly complex ways from infancy to adulthood.


Hb: 978-0-415-42013-6: £26.00/$41.95

Psychoanalytic Inquiry Book Series

ALSO OF INTEREST

The End of Gender
A Psychological Autopsy
Shari L. Thurer, in private practice, Massachusetts, USA

“As I read the book, I found myself challenged, provoked and grateful... [Thurer’s] combination of irony, humor, empathy, conversational language, and accessible writing is irresistible, making this brilliant feat of scholarship a pleasure to read.” – Sharon K. Farber, Division 39 Newsletter

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