Psychoanalysis and Psychoanalytic Psychotherapy 2009

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The New Library of Psychoanalysis Teaching Series extends the aims and achievements of The New Library of Psychoanalysis to those studying psychoanalysis and related fields such as the social sciences, philosophy, literature and the arts. Each text provides a comprehensive yet accessible introduction to the central subjects in psychoanalysis, expressing even the most complex psychoanalytic concepts in clear and simple language whilst avoiding over simplification.

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Psychoanalytic theory, and how it has developed. 

as experienced psychoanalysts wanting to know more about French 

Reading for beginners and advanced students of clinical theory as well 

sheds a complementary light on thinking that 

French Psychoanalysis

An excellent introduction to French psychoanalytical debate, 

Sections are made up of introductory material by Alain Gibeault, 

followed by illustrative papers in the following categories:

• the history of psychoanalysis in France
• forefathers and filiations
• the setting and process of psychoanalysis
• phantasy and representation
• the body and the drives
• masculine and feminine sexuality
• psychosis.

An excellent introduction to French psychoanalytic debate, Reading French Psychoanalysis sheds a complementary light on thinking that has evolved differently in England and North America. It will be ideal reading for beginners and advanced students of clinical theory as well as experienced psychoanalysts wanting to know more about French Psychoanalytic theory, and how it has developed.

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Pb: 978-0-415-48502-9: £100.00/$160.00

The New Library of Psychoanalysis Teaching Series

Reading Freud

A Chronological Exploration of Freud’s Writings
Jean-Michel Quinodoz, in private practice, Geneva, Switzerland

“Reading Freud is a significant contribution to the psychoanalytic literature. It is a work that reaffirms the continued value of Freudian thought in an era in which psychoanalytic ideas are under attack. It belongs on the bookshelf of both beginning candidates and experienced psychoanalysts.” - Glen Gabbard, Training Psychoanalyst of the American Psychoanalytic Association, Houston, USA

Reading Freud provides an accessible outline of the whole of Freud’s work from Studies in Hysteria through to An Outline of Psycho-Analysis. It succeeds in expressing even the most complex of Freud’s theories in clear and simple language whilst avoiding over-simplification.

Each chapter concentrates on an individual text and includes valuable background information, relevant biographical and historical details, descriptions of Post-Freudian developments and a chronology of Freud’s concepts. By putting each text into the context of Freud’s life and work as a whole, Jean-Michel Quinodoz manages to produce an overview which is chronological, correlative and interactive.

Drawing on his extensive experience as a clinician and a teacher of psychoanalysis, Jean-Michel Quinodoz has produced a uniquely comprehensive presentation of Freud’s work which will be of great value to anyone studying Freud and Psychoanalysis.

Hb: 978-1-58391-746-6: £60.00/$105.00
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The New Library of Psychoanalysis Teaching Series

Listening to Hanna Segal
Her Contribution to Psychoanalysis
Jean-Michel Quinodoz, in private practice, Geneva, Switzerland

Jean-Michel Quinodoz provides the reader with a comprehensive overview of Segal’s life, her clinical and theoretical work, and her contribution to psychoanalysis over the past sixty years by combining actual biographical and conceptual interviews with Hanna Segal herself or with colleagues who have listened to Segal in various contexts.

Listening to Hanna Segal explores both Segal’s personal and professional histories, and the interaction between the two. The book opens with an autobiographical account of Segal’s life, from her birth in Poland to her analysis with Melanie Klein in London where she became the youngest member of the British Psychoanalytical Society. Throughout the interviews Segal speaks of her close relationships with prominent colleagues such as Klein, Rosenfeld, and Bion, making this book both a valuable contribution to the history of psychoanalysis and an indication of the evolution of psychoanalytic ideas over the past six decades. This clear summary of Hanna Segal’s life and her contribution to psychoanalysis will be an essential guide to anyone studying Segal and her contemporaries.


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The New Library of Psychoanalysis Teaching Series
Rediscovering Psychoanalysis
Thinking and Dreaming, Learning and Forgetting
Thomas H. Ogden, Director, Centre for the Advanced Study of the Psychoses, San Francisco, USA

Rediscovering Psychoanalysis demonstrates how, by attending to one's own idiosyncratic ways of thinking, feeling, and responding to patients, the psychoanalyst can develop a “style” of his or her own, a way of practicing that is a living process originating, to a large degree, from the personality and experience of the analyst. This book approaches rediscovering psychoanalysis from four vantage points derived from the author’s experience as a clinician, a supervisor, a teacher, and a reader of psychoanalysis. Thomas Ogden begins by presenting his experience of creating psychoanalysis freshly in the form of “talking-as-dreaming” in the analytic session; this is followed by an exploration of supervising and teaching psychoanalysis in a way that is distinctly one’s own and unique to each supervisee and seminar group. Ogden goes on to rediscover psychoanalysis as he continues in his book his series of close readings of seminal analytic works. Here, he draws the reader into experiencing how the clinical interaction unfolds in the essence of Klein’s approach to child psychoanalysis. Section two provides a translation of Klein’s unpublished notes on the treatments of four of the children she analysed in Berlin, seven year old Grete, two year old Rita, seven year old Inge and six year old Erna. Melanie Klein in Berlin is the first text to make extensive use of Klein’s unpublished papers, clinical notes, diaries and manuscripts.


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Pb: 978-0-415-46863-3: £22.99/$36.95
Series: The New Library of Psychoanalysis

Forthcoming!
Doubt, Conviction and the Analytic Process
Selected Papers of Michael Feldman
Michael Feldman, Training Analyst, British Psychoanalytical Society
Edited by Betty Joseph

In this profound and subtle study, a practising psychoanalyst explores the dynamics of the interaction between the patient and the analyst. Michael Feldman draws the reader into experiencing how the clinical interaction unfolds within a session. In doing so, he develops some of the implications of the important pioneering work of such analysts as Klein, Rosenfeld and Joseph, showing in fine detail some of the ways in which the patient feels driven not only to communicate to the analyst, in order to be understood by him, but also in order to affect him.
The author’s detailed descriptions of the clinical process allows the reader to follow the actual process that enables the patient to get into contact with thoughts and feelings of which he was previously unconscious or only vaguely aware.

Feldman makes the reader aware of the constant dynamic interaction between the patient and the analyst, each affecting the other. He shows how the analyst has to find a balance between doubt, uncertainty and confusion in himself and through this process may arrive at an understanding of what is happening, and by formulating this understanding he can make a significant contribution to the process of psychic change.


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Series: The New Library of Psychoanalysis

**Mind Works**

**Technique and Creativity in Psychoanalysis**

Antonino Ferro, in private practice, Pavia, Italy

In *Mind Works* Antonino Ferro uses clinical material such as detailed reports of sessions, together with client’s analytic histories, to develop Bion’s original findings and illustrate complex concepts in the field of psychoanalytic technique. These concepts include:

- interpretive modalities
- the end of analysis
- psychosomatic pathologies
- narcissism.

*Mind Works: Technique and Creativity in Psychoanalysis* also suggests that dreaming is a fundamental moment in analytic work, and Ferro discusses how dreams can go beyond the present to become a continuous act of the mind in the waking state, allowing internal and external stimuli to be transformed into thoughts and emotions.

Focusing on how the minds of the analyst and the analysand work in psychoanalysis, this book will appeal to psychoanalysts, psychotherapists, and psychiatrists and will be helpful in psychoanalytic and psychotherapeutic work on a day-to-day basis.


Hb: 978-0-415-42991-7: £60.00/$99.00
Pb: 978-0-415-42992-4: £22.99/$36.95
Series: The New Library of Psychoanalysis

**Constructions and the Analytic Field**

**History, Scenes and Destiny**

Domenico Chianese, Psychiatrist, and Training Analyst, Rome, Italy

*Constructions and the Analytic Field* questions the relationship between psychoanalysis, history and literature. Does the analyst help the analysand construct a narrative, or is their task more of a historical reconstruction?
In seeking to answer this question, Domenico Chianese examines Freud’s writing, beginning with ‘Constructions in Analysis’ and ending in ‘Moses and Monotheism’, as well as the impressions of analytic method reflected in contemporary writers such as Thomas Mann, and historical writings from both sides of the Atlantic. Drawing on vivid and persuasive clinical examples, he argues that psychoanalysis creates a ‘scenic space’ between analysand and analyst, a theatrical space wherein the cast of the patient’s interior world enter and exit from the scene.

Drawing on the rich Italian psychoanalytic tradition, this original approach to the analytic field will be of interest to psychoanalysts, historians and literary experts.

**CONTENTS:**

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*Series: The New Library of Psychoanalysis*

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**Time, Space and Phantasy**

*Rosine Jozef Perelberg,* Member of the British Psychoanalytical Society

“This is a deeply intelligent and original book yet written in a clear and simple style which avoids jargon. Reading Time, Space and Phantasy gives you the feeling that you are discovering ideas that were never brought together in quite this way. This exceptional book has many remarkable clinical illustrations and closes with a beautiful chapter, written with Bella Jozef... followed by thoughts on creativity in psychoanalytical research.” - Marilia Aisenstein, Past President of the Société Psychanalytique de Paris

*Time, Space and Phantasy* examines the connections between time, space, phantasy and sexuality in clinical practice. It explores the subtleties of the encounter between patient and analyst, addressing how aspects of the patient’s unconscious past are actualised in the present, producing new meanings that can be re-translated to the past.

Perelberg’s analysis of Freud’s Multi-dimensional model of temporality suggests that he always viewed the constitution of the individual as non-linear. In Freud’s formulations, the individual is decentred and ruled by different temporalities, most of which escape their consciousness. Perelberg identifies the similarities between this and Einstein’s theory of relativity which states that rather than being absolute, time depends on the relative position and speed of the observing individual suggesting that rather than being a reality, time is an abstraction, connecting objects and events.

Throughout this text, Perelberg draws together connections between time, mental space, and phantasy showing how time is constantly reshaped in the light of new events and experiences. This book will be of interest to psychoanalysts, psychotherapists, psychologists, and social workers.

**CONTENTS:**


Hb: 978-0-415-46321-8: £60.00/$99.00
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**Also by Rosine Jozef Perelberg**

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*Winner of the 2007 Sigourney Award!*

**Psychoanalysis Comparable and Incomparable**

*The Evolution of a Method to Describe and Compare Psychoanalytic Approaches* (David Tuckett, Roberto Basile, Dana Birksted-Breen, Tomas Bohm, Paul Denis, Antonino Ferro, Helmut Hinz, Arne Jemstedt, Paola Mariotti, and Johan Schubert)

“This extraordinary volume describes the enormous progress made by an ongoing international scientific effort to help analysts identify a core of the psychoanalytic process that is compatible with the variety of theories and techniques that now exists in the international community... I know of no project more important than this one for the future of psychoanalysis. Each chapter is filled with ideas, and every working analyst will come away from this book stimulated to think in new and interesting ways about his or her own clinical activity.” - Arnold M. Cooper, Weill Cornell Medical College, USA

*Psychoanalysis Comparable and Incomparable* describes the rationale and ongoing development of a six year programme of highly original meetings conducted by the European Psychoanalytic Federation Working Party on Comparative Clinical Methods. The project comprises over seventy cases discussed by more than five hundred experienced psychoanalysts over the course of sixty workshops. Authorised by a group of leading European psychoanalysts, this book explores ways for psychoanalysts using different approaches to learn from each other when they present their work to fellow psychoanalysts, and provides tools for the individual practitioner to examine and improve his or her own approach. As described in detail in its pages, sticking to the task led to some surprising experiences, raising fundamental questions about the way clinical discussion and supervision are conducted in psychoanalysis.

**CONTENTS:**

Encounters with Melanie Klein
Selected Papers of Elizabeth Spillius
Elizabeth Spillius, Training and Supervising Psychoanalyst, British Psychoanalytical Society
Edited and with a Preface by Priscilla Roth, and Richard Rusbridger, both Training and Supervising Psychoanalysts, British Psychoanalytical Society

“This is a fine book, both as a refreshing and illuminating account of Melanie Klein’s thinking, and as an expression of Elizabeth Spillius’s own attitudes to and work in psychoanalysis.” - Michael Brearley, International Journal of Psychoanalysis

In Encounters with Melanie Klein: Selected Papers of Elizabeth Spillius the author argues that her two professions, anthropology and psychoanalysis, have much in common, and explains how her background in anthropology led her on to a profound involvement in psychoanalysis and her establishment as a leading figure amongst Kleinian analysts.

Spillius describes what she regards as the important features of Kleinian thought and discusses the research she has carried out in Melanie Klein’s unpublished archive, including Klein’s views on projective identification.

Spillius’s own clinical ideas make up the last part of the book with papers on envy, phantasy, technique, the negative therapeutic reaction and otherness.


Hb: 978-0-415-41998-7: £60.00/$99.00
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Series: The New Library of Psychoanalysis

Feeling the Words
Neuropsychoanalytic Understanding of Memory and the Unconscious
Mauro Mancia, Italian Psychoanalytical Society, Italy

“This book is notable for being stimulating and comprehensible to both the experienced psychoanalyst clinician as well as to anyone with an interest in the work of Freud and his followers, and the state of psychoanalytic research today.” - Arnold Cooper, From the Foreword

Feeling the Words incorporates a thorough review of essential psychoanalytic concepts, a clear critical history of analytical ideas and an assessment of the contribution neuroscience has to offer.

Mauro Mancia uses numerous detailed clinical examples to demonstrate how insights from neuroscience and infant development are compatible with and can illuminate psychoanalytic understanding of the human mind.
research can change how the analyst responds to his or her patient. Major topics such as the transference, the Oedipus complex, the interpretation of dreams and the nature of mental pain are reviewed and refined in the light of these recent developments. Feeling the Words offers an original perspective on the connection between memory and the unconscious. It will be welcomed by all psychoanalysts interested in investigating new ways of working with patients.


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Series: The New Library of Psychoanalysis

Projected Shadows
Psychoanalytic Reflections on the Representation of Loss in European Cinema
Edited by Andrea Sabbadini, Fellow of the Institute of Psychoanalysis, London, UK
Foreword by Glen O. Gabbard
“The volume is a state-of-the-art account of where we are today with the study of cinema through a psychoanalytic lens. Sabbadini has brought together a group of gifted authors who show that methodologies continue to evolve, while, at the same time, we can still mine the ore of the time honoured traditions.” - Glen O. Gabbard, From the Foreword

Projected Shadows presents a new collection of essays exploring films from a psychoanalytic perspective, focusing specifically on the representation of loss in European cinema. This theme is discussed in its many aspects, including: loss of hope and innocence, of youth, of consciousness, of freedom and loss through death.

Projected Shadows aims to deepen the ongoing constructive dialogue between psychoanalysis and film. Andrea Sabbadini has assembled a remarkable number of internationally renowned contributors, both academic film scholars and psychoanalysts from a variety of cultural backgrounds, who use an array of contemporary methodologies to apply psychoanalytic thinking to film.

This original collection will appeal to anyone passionate about film, as well as professionals, academics and students interested in the relationship between psychoanalysis and the arts.


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Series: The New Library of Psychoanalysis

The Many Voices of Psychoanalysis
Roger Kennedy, Cassel Hospital, Richmond, UK

“Kennedy’s work demonstrates that psychoanalysis continues to have much to offer to individuals, to families, and to the societies and cultures within which they are embedded.” - Paul M. Brinich, in PsyCritiques

The Many Voices of Psychoanalysis spans over thirty years of Roger Kennedy’s work as a practicing psychoanalyst, providing a fascinating insight into the process of development of psychoanalytic identity.

The introduction puts the papers into context, charting the development of the author’s practice and understanding of psychoanalysis and his position as part of the British Independent tradition. The intention of the chapters is to address the ‘many voices’ of psychoanalysis – the many roles and approaches a psychoanalyst may take, while adhering to the established ideas of psychoanalysis. The author takes into account the various influences which shape the psychoanalytic voice, drawing on literature, philosophy and sociology as well as analytic ideas. Subjects covered include:

• aspects of consciousness – one voice or many?
• handling the dual aspect of the transference
• bearing the unbearable – working with the abused mind
• the internal drama – psychoanalysis and the theatre
• a psychoanalyst in the family court.

This book will be of use not only to practicing psychoanalysts, but also to psychoanalytic psychotherapists and other mental health workers. It will also appeal to anyone interested in the relationship between psychoanalysis and related disciplines.


Hb: 978-0-415-42816-3: £60.00/$99.00
Pb: 978-0-415-42817-0: £22.99/$36.95
Series: The New Library of Psychoanalysis
Read and Recommend!

**Partners in Thought: Working with Unformulated Experience, Dissociation, and Enactment**

*Donnel B. Stern*, Training and Supervising Analyst, William Alanson White Institute, USA

Building on the groundbreaking work of *Unformulated Experience* (1997), Donnel B. Stern continues his exploration of the creation of meaning in clinical psychoanalysis with *Partners in Thought*. The chapters in this fascinating book are undergirded by the concept that the meanings which arise from unformulated experience are catalyzed by the states of relatedness in which the meanings emerge. In hermeneutic terms, what takes place in the consulting room is a particular kind of conversation, one in which patient and analyst serve as one another’s partner in thought, an emotionally responsive witness to the other’s experience. Enactment, which Stern theorizes as the interpersonalization of dissociation, interrupts this crucial kind of exchange, and the eventual breach of enactments frees analyst and patient to resume it. Later chapters compare his views to the ideas of others, considering mentalization theory and the work of the Boston Change Process Study Group. Approaching the link between dissociation and enactment via hermeneutics, metaphor, and narrative, among other perspectives, Stern weaves an experience-near theory of psychoanalytic relatedness that illuminates dilemmas clinicians find themselves in every day.

Full of clinical illustrations showing how Stern works with dissociation and enactment, *Partners in Thought* is destined to take its place beside *Unformulated Experience* as a major contribution to the psychoanalytic literature.

**CONTENTS:**


HB: 978-0-415-99969-4: £55.00/$90.00
PB: 978-0-415-99970-0: £21.99/$34.95

**Psychoanalysis in a New Key Book Series**

**Forthcoming!**

**Heterosexual Masculinities:** Contemporary Perspectives from Psychoanalytic Gender Theory

*Edited by Bruce Reis, NYU Postdoctoral Program in Psychotherapy and Psychoanalysis, New York, USA, and Robert Grossmark, City University of New York, USA*

*Heterosexual Masculinities* rethinks a psychoanalytic tradition that has long thought masculinity as a sort of brittle defense against femininity, softness, and emotionality. Reflecting current trends in psychoanalytic thinking, this book seeks to understand heterosexual masculinity as fluid, multiple, and emergent. The contributors to this insightful volume take new perspectives on relations between men, men’s positions as fathers in relation to their sons and daughters, the clinical encounter with heterosexual men, the social contexts of masculinity, and the multiplicity of heterosexual masculine subjectivities. What to a previous generation would have appeared as pathological or defensive, we now encounter as forms of masculine subjectivity that include wishes for intimacy, receptivity, and surrender, alongside ambition and the pleasures of “phallic narcissism.”

**CONTENTS:**


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**Psychoanalysis in a New Key Book Series**

**Forthcoming!**

**Sex Changes:** Transformations in Society and Psychoanalysis

*Mark J. Blechner, William Alanson White Institute, New York, USA*

“With Sex Changes, Mark Blechner... blends an intimate, deeply moving biographical account with a theoretically sophisticated, scholarly, jargon-free narrative. All practicing therapists should read this book – who knows where it will lead?” - Lewis Aron, Director, NYU Postdoctoral Program in Psychotherapy and Psychoanalysis

The last half-century has seen enormous changes in society’s attitude toward sexuality. In the 1950s, homosexuals in the United States were routinely arrested; today, homosexual activity between consenting adults is legal in every state, with same-sex marriage legal in Massachusetts and Connecticut. In the 1950s, ambitious women were often seen as psychopathological and were told by psychoanalysts that they had penis envy that needed treatment; today, a woman has run for President of the United States.

**Also by Donnel B. Stern**


Pb: 978-0-88163-405-1: £26.50/$45.00

**Relational Perspectives Book Series**

For further books in this series see page 15
Mark Blechner has lived and worked through these startling changes in society, and *Sex Changes* collects papers he has written over the last 45 years on sex, gender, and sexuality. Interspersed with these papers are reflections on the changes that have occurred during that time period, both within the scope of society at large as well as in his personal experiences inside and outside of the therapeutic setting. *Sex Changes* seeks to restore the place of psychoanalysis as the “once and future queer science,” and aims for a radical shift in psychoanalytic thinking about gender, sex, normalcy, prejudice, and the relationship of therapeutic aims and values.

**CONTENTS:** Part I: Psychoanalysis, Sexuality, and Prejudice.
- Homosexuality and the Rorschach Test
- Psychoanalysis In and Out of the Closet
- The Experience of Hating and Being Hated
- Homophobia in Psychoanalytic Writing and Practice: A Comment on Trop and Stolorow (1992) and Hanna (1992)
- The Interaction of Societal Prejudice with Psychodiagnosis and Treatment Aims
- The Closeting of History: Selective Inattention and Bigotry: A Discussion of the Film *Trembling Before G-d* Part II: Sex, Gender, and the Good Life
- Maleness and Masculinity
- Disgust, Desire, and Fascination
- Psychoanalytic, Cultural, Historical, and Neurobiological Perspectives
- The Gay Harry Stack Sullivan: Interactions Between His Life, Clinical Work, and Theory
- AIDS: Intimacy, Pleasure, Risk, and Safety
- Love, Sex, Romance, and Psychoanalytic Goals: Polymorphous Without Perversity: A Queer View of Desire
- Erotic and Anti-erotic Transference
- The Political is Psychoanalytic: On Same-sex Marriage

Pb: 978-0-415-99435-4: £21.99/$34.95
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**Psychoanalysis in a New Key Book Series**

**ALSO BY MARK J. BLECHNER**

The Dream Frontier
Mark J. Blechner
Hb: 978-0-88163-224-8: £36.50/$55.00

The Consulting Room and Beyond
Psychoanalytic Work and Its Reverberations in the Analyst’s Life
Therese Ragen, New York University Postdoctoral Program in Psychotherapy and Psychoanalysis, USA
Foreword by Donnel Stern

“Ragen’s ability to seamlessly integrate the deeply felt rhythms of her internal life with those of her patients and the larger psychoanalytic community will resonate with seasoned and novice therapists, alike.” - Lewis Aron, Director, NYU Postdoctoral Program in Psychotherapy and Psychoanalysis, USA

The Consulting Room and Beyond is not a typical example of clinical writing in the field of psychoanalysis. Therese Ragen, pushing the boundaries of the genre, thoughtfully explores in a very immediate way the intersubjective nature of psychoanalysis, particularly looking at the role of the psychoanalytic’s subjectivity, both how it influences and is influenced by the psychoanalytic relationship. The profound ways in which analyst and patient affect each other are captured as the author moves from a moment with a patient, to one of her own memories, to a dream, to a professional consultation and back to the session with the patient. Ragen’s detailed descriptions of her subjective experiences and clinical skill help to weave the anecdotes into a compelling narrative, worthy of the attention of theorists, academics and clinicians alike.

**CONTENTS:**
- Introduction: Meaningfully Impacting Patients’ Lives
- Basic Assumptions About Human Emotions
- Empathic Recovery of Emotional Balance
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- Empowering and Disorienting Anger
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- Preparing for Practicing Psychoanalysis
- Developing the Personal Strengths of the Analyst
- Nurturing the Capacity to Make a Difference
- Making a Difference in Patients’ Lives

Making a Difference in Patients’ Lives
Emotional Experience in the Therapeutic Setting
Sandra Buechler, William Alanson White Institute, New York, USA

“Sandra Buechler breaks the mold with Making a Difference in Patients’ Lives. Aimed at teaching and inspiring those who do clinical work, Dr. Buechler has produced an instructive clinical book that is both practical and poetic... She succeeds at a task that is rarely attempted – defining therapy as both deeply personal and profoundly professional.” - Karen J. Maroda, Medical College of Wisconsin, USA

Within the title of her book, *Making a Difference in Patients’ Lives*, Sandra Buechler echoes the hope of all clinicians. But, she counters, experience soon convinces most of us that insight, on its own, is often not powerful enough to have a significant impact on how a life is actually lived. Many clinicians and therapists have turned toward emotional experience, within and outside the treatment setting, as a resource.

In clear, jargon-free prose that utilizes both clinical vignettes and excerpts from poetry, art, and literature, Buechler explores how the power to feel can become the power to change. Through an active empathic engagement with the patient and an awareness of the healing potential inherent in each of our fundamental emotions, the clinician can make a substantial difference in the patient’s capacity to embrace life.

**CONTENTS:**
- Introduction: Meaningfully Impacting Patients’ Lives
- Basic Assumptions About Human Emotions
- Empathic Recovery of Emotional Balance
- Empathic Responses to Shame. Facing Painful Regret. Joy as a Universal Antidote
- Special Section – Training: Nurturing the Capacity to Make a Difference
- Thinking Analytically
- Emotional Experience in the Therapeutic Setting
- Making a Difference in Patients’ Lives

**Clinical Values**
Emotions That Guide Psychoanalytic Treatment
Sandra Buechler
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**Psychoanalysis in a New Key Book Series**
Coasting in the Countertransference: Conflicts of Self Interest between Analyst and Patient

Irwin Hirsch, New York University Postdoctoral Program, USA

“By writing Coasting in the Countertransference, Irwin Hirsch performed a service for the field of psychoanalysis. This courageous, and badly needed book opens up an aspect of psychoanalytic work that has long remained cloaked in silence... This is a groundbreaking book, and one that no one engaged in treating patients can afford not to read.” - Theodore Jacobs, Training and Supervising Analyst, New York Psychoanalytic Institute, USA

Irwin Hirsch, author of Coasting in the Countertransference, asserts that countertransference experience always has the potential to be used productively to benefit patients. However, he also observes that it is not unusual for analysts to ‘coast’ in their countertransferences, and to not use this experience to help treatment progress toward reaching patients’ and analysts’ stated analytic goals. Instead, analysts may prefer to maintain what has developed into perhaps a mutually comfortable equilibrium in the treatment.

This ‘coasting’ is emblematic of what Hirsch believes to be an ever present (and rarely addressed) conflict between analysts’ self-interest and pursuit of comfortable equilibrium, and what may be ideal for patients’ achievement of analytic aims.


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Wounded By Reality: Understanding and Treating Adult Onset Trauma

Ghislaine Boulanger, in private practice, New York, USA

“Ghislaine Boulanger has filled a critical gap in our knowledge with this beautifully written, exhaustively researched, highly readable book on catastrophic trauma in adulthood... this eloquent work deserves a place on the bookshelf of every clinician.” - Nancy McWilliams, Author, Psychoanalytic Psychotherapy: A Practitioner’s Guide

The culmination of three decades of studying and treating survivors of adult onset trauma, Wounded by Reality is the first systematic attempt to differentiate adult onset trauma from childhood trauma, with which it is frequently confused.

When catastrophic events overtake adult lives, they often scar the psyche in ways that psychodynamically oriented clinicians struggle to understand. For Ghislaine Boulanger, the enormous challenge of working with these patients is unsurprising.

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Prologue to Violence: Child Abuse, Dissociation, and Crime

Abby Stein, John Jay College of Criminal Justice, USA

Foreword by Donnel B. Stern

“In writing a book linking crime and dissociation, Stein has given us a work that is at once poetic and integrative, rich in its psychodynamic grasp of violent criminals’ disturbing interior... In a time of global violence, it is an important study.” - Sue Grand, NYU Program in Psychotherapy and Psychoanalysis, USA

Despite mounting references to the “transgenerational transmission of violence,” we still lack a compelling understanding of the linkage between the interpersonal violence of early life and the criminal violence of adulthood. In Prologue to Violence, Abby Stein draws on the gripping narratives of 65 incarcerated subjects and extensive material from law enforcement files to remedy this lacuna in both the forensic and psychodynamic literature.

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Edited by Dorienne Sorter, co-chair, faculty, and supervisor at the Institute for Psychoanalytic Study of the Self, New York City, USA, Shelley R. Doctors, faculty and Supervising Analyst, Institute for the Psychoanalytic Study of Subjectivity, New York City, USA, and Bernard Brandchaft, Training and Supervising Analyst, Los Angeles Psychoanalytic Institute, USA

Best known for his contributions to the development of contemporary Intersubjectivity theory, Bernard Brandchaft has dedicated a lifetime’s worth of work toward the advancement of psychoanalytic theory and practice. Continually searching for a theoretical viewpoint that would satisfactorily explain the clinical phenomena he was encountering, his curiosity eventually led him to the work of Heinz Kohut and the then-emerging school of self psychology.
This selection of papers, some of which have never before been published, is representative of various stages in the development of Brandchaft’s thinking along the road to intersubjectivity. Moreover, commentary from Dorienne Sorter and Shelley Doctors – in addition to Bernard Brandchaft himself – examines the clinical implications of the theoretical shifts that he advocated and provides a contemporary context for the case material and conclusions each paper presents. Theoretical shifts both clear and subtle are thereby elucidated to form a grand narrative of a truly visionary psychoanalytic thinker.


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Psychoanalytic Inquiry Book Series

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**Mentalization**

Theoretical Considerations, Research Findings, and Clinical Implications

Edited by Fredric N. Busch, Weill Cornell Medical Center, USA

"Fredric Busch has done a masterful job in bringing together the key persons in the field in this collection of theoretical, research and clinical studies, together with overviews by Otto Kernberg, Mary Target and Busch himself. There is no more comprehensive introduction to the contemporary place of mentalization in psychoanalytic thinking." - Robert Michels, Columbia University Center for Psychoanalytic Training and Research, USA

Mentalization is the capacity to perceive and interpret behavior in terms of intentional mental states, to imagine what others are thinking and feeling, and is a concept that has taken the psychological and psychoanalytic worlds by storm. This collection of papers, carefully edited by Fredric Busch, clarifies its import as an essential perspective for understanding the human psyche and interpersonal relationships. Readers of this volume will find their clinical work to be more productive and their view of the human psyche broadened.


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**From Psychoanalytic Narrative to Empirical Single Case Research**

Implications for Psychoanalytic Practice

Horst Kächele, University of Ulm, Germany, Joseph Schachter, Columbia University, USA, and Helmut Thomä, University of Ulm, Germany

“This is a landmark volume, an integrative summary of the substantive achievements of psychoanalytic process research of the past decades.” - Peter Fonagy, University College London, UK

From Psychoanalytic Narrative to Empirical Single Case Research revives the experimental potential of psychoanalysis by focusing a number of structured research methods on a single case study. Drs. Kächele, Schachter, and Thomä, in tandem with the Ulm Psychoanalytic Process Research Study Group, bring their formidable tools and knowledge to bear on Amalia X, a former patient of Dr. Thomä’s, whose case history is well-documented, preserved and available for formal empirical study. After providing an intensive review of the problematic aspects of clinical psychoanalytic research and an exegesis on the use of the case study itself, the specific case history of Amalia X, which dominates and centers the remainder of the book, is thoroughly examined.


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**Transforming Narcissism**

Reflections on Empathy, Humor, and Expectations

Frank M. Lachmann, New York University Postdoctoral Program, USA

“Frank Lachmann’s Transforming Narcissism is a worldly, wise and witty update of Kohut’s revolutionary ideas about the self and its vulnerabilities in development and psychotherapy... I highly recommend this book to clinicians, teachers, and students who seek the wisdom of our most seasoned practitioners.” - David E. Scharff, Co-Director, International Psychotherapy Institute, Washington, DC, USA

Using Kohut’s seminal paper “Forms and Transformations of Narcissism” as a springboard, Frank Lachmann updates Kohut’s proposals for contemporary clinicians. Transforming Narcissism draws on a wide range of contributions from empirical infant research, psychoanalytic and psychotherapeutic practice, social psychology, and autobiographies of creative artists to expand and modify Kohut’s proposition that archaic narcissism is transformed in the course of development or through treatment.

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Psychoanalytic Inquiry Book Series
Toward a Psychology of Uncertainty
Trauma-Centered Psychoanalysis
Doris Brothers, in private practice, New York, USA

“This is a courageous and inspiring book, both scholarly and accessible... A great read.” - Donna Orange, Author, Emotional Understanding: Studies in Psychoanalytic Epistemology

In *Toward a Psychology of Uncertainty: Trauma-Centered Psychoanalysis*, Doris Brothers urges a return to a trauma-centered psychoanalysis. Making use of relational systems theory, she shows that experiences of uncertainty are continually transformed by the regulatory processes of everyday life such as feeling, knowing, forming categories, making decisions, using language, creating narratives, sensing time, remembering, forgetting, and fantasizing.

Dr. Brothers’ perspective sheds fresh light on a variety of topics of great general interest to analysts as well as many of their patients. Her discussions of these topics are enlivened by references to contemporary cinema and theatre.

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Psychoanalytic Inquiry Book Series

Sensuality and Sexuality Across the Divide of Shame
Joseph D. Lichtenberg, in private practice, Washington, DC, USA

“If attachment theory is to be integrated into psychoanalytic thought it has to develop its own theory of sexuality. Lichtenberg’s excellent integration is a sophisticated, rich and imaginative leap forward in Lichtenberg’s inimitable scholarly yet clinically focused style.

This book is a must for anyone interested in either attachment theory or sexuality.” - Peter Fonagy, University College London, UK

Placed in a historical context, sexuality was once so prominent in psychoanalytic writing that sexual drive and psychoanalysis were synonymous. The exciting discovery of childhood sexuality filled the literature. Then other discoveries came to the fore until sexuality slipped far in the background. This book evokes the excitement of the original discoveries of childhood sexual experience while linking childhood sensuality and sexuality to adult attachment, romantic, and lustful love. This revised perspective offers the general reader insight into contemporary psychoanalytic thought, and presents clinicians with a perspective for exploring their patients sensuality and sexuality with renewed interest and knowledge.


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Psychoanalytic Inquiry Book Series

Living Systems, Evolving Consciousness, and the Emerging Person
A Selection of Papers from the Life Work of Louis Sander
Louis Sander, University of Colorado (Emeritus), USA
Edited by Gherardo Amadei, and Ilaria Bianchi

“It is always a great opportunity to read the collected papers of a master in his field, and to trace the development of his thinking over the course of his career... This book is essential reading for students of development and for clinicians interested in understanding the process of therapeutic change.” - Alexandra Harrison, Boston Psychoanalytic Society and Institute, USA

This collection of previously published papers can be viewed as a story of the gradual emergence of an overarching idea through the course of a life’s work. The idea concerns the way emerging knowledge of developmental processes, biological systems, and therapeutic process can be integrated in terms of basic principles that govern the living system as an ongoing creative process – a process in which there is a continuing impetus, both energizing and motivational, that moves the living system toward an enhanced coherence in its engagement with its surround as it achieves an ever-increasing inclusiveness of complexity.

The papers have been selected in a roughly chronological order from a career of early developmental research within the background of psychoanalytic thinking. The biological underpinnings of psychoanalysis can be extended by systems thinking.

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ALSO BY JOSEPH D. LICHTENBERG

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*Lichtenberg et al.: A Spirit of Inquiry: Communication in Psychoanalysis*
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*Lichtenberg: Psychoanalysis and Motivation*

*Lichtenberg et al.: Craft and Spirit: A Guide to the Exploratory Psychotherapies*

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Jealousy and Envy
New Views about Two Powerful Feelings
Edited by Léon Wurmser, University of West Virginia, USA, and Heidrun Jarass, in private practice, Germany

“This book’s quite extraordinary accomplishment derives from two factors. The authors’ editing and careful explication provide a coherent overview on the topics of envy and jealousy by defining these strong feelings thoroughly... This valuable book shows a great breadth of theoretical and clinical issues around envy and jealousy.” - Manfred Cierpka, University of Heidelberg, Germany

Jealousy and envy permeate the practice of psychoanalytic and psychotherapeutic work. New experience and new relevance of old but neglected ideas about these two feeling states and their origins warrant special attention, both as to theory and practice. Taken together, the contributions to the stunning and insightful volume form a broad spectrum of new insights into the dynamics of two central emotions of rivalry and their clinical and cultural relevance and application.

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Attachment and Sexuality
Edited by Diana Diamond, City University of New York, USA, Sidney J. Blatt, Yale University, USA, and Joseph D. Lichtenberg, in private practice, Washington, DC, USA

“Diamond, Blatt and Lichtenberg have assembled a radical set of original chapters exploring the many links, and interdependencies, between sexuality and attachment... This groundbreaking book is essential reading both for advanced students and scholars in the social sciences.” - Howard Steele, New School for Social Research, USA

The papers featured in Attachment and Sexuality create a dense tapestry, each forming a separate narrative strand that elucidates different configurations of the relationship between attachment and sexuality. As a whole, the volume explores the areas of convergence and divergence, opposition, and integration between these two systems. It suggests that there is a bi-directional web of influences that weaves the attachment and sexual systems together in increasingly complex ways from infancy to adulthood.


Hb: 978-0-88163-466-2: £24.99/$39.95
Psychoanalytic Inquiry Book Series

Psychotherapy and Medication
The Challenge of Integration
Fredric N. Busch, and Larry S. Sandberg, both at Weill Cornell Medical School, USA

“...Busch and Sandberg offer a comprehensive guide to all of the complexities of this combined mode of treatment... this is the finest guide available on the use of medication in psychotherapy.” - Joseph Reppen, Editor, Psychoanalytic Psychology

Over the past two decades, the use of medication combined with psychotherapy or psychoanalysis has shifted from an infrequent occurrence to common practice. Concurrently, attitudes toward medication have changed from viewing this intervention as disruptive or as a last resort to a welcome aid in the psychotherapeutic or psychoanalytic process. Psychotherapy and Medication is an exceptionally valuable and timely volume that provides psychoanalysts, psychotherapists, and other mental health professionals with information on how to work with medication theoretically, clinically, and technically in the context of a psychotherapeutic or psychoanalytic treatment.

Hb: 978-0-88163-451-8: £24.95/$39.95
Psychoanalytic Inquiry Book Series

Trauma and Human Existence
Autobiographical, Psychoanalytic, and Philosophical Reflections
Robert D. Stolorow, Institute of Contemporary Psychoanalysis, Los Angeles, USA

“Stolorow’s Trauma and Human Existence is a remarkable integration of deep self-reflections on intimate, often painful, and sometimes tragic experience... This is an important addition to the now long line of works that constitute the corpus of Stolorow and colleagues’ intersubjectivity theory.” - Lewis Aron, Director, NYU Postdoctoral Program in Psychotherapy and Psychoanalysis, USA

Trauma and Human Existence effectively interweaves two themes central to emotional trauma -- the first pertains to the contextuality of emotional life in general, and of the experience of emotional trauma in particular, and the second pertains to the recognition that the possibility of emotional trauma is built into the basic constitution of human existence. Taken as a whole, Trauma and Human Existence exhibits the unity of the deeply personal, the theoretical, and the philosophical in the understanding of emotional trauma and the place it occupies in human existence.

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Dare to Be Human
A Contemporary Psychoanalytic Journey
Michael Shoshani Rosenbaum, Bar-Ilan University School of Psychoanalytic Psychotherapy, Israel

"Dr. Shoshani’s moving back and forth between descriptions of Daniel and his own emotional process in trying to understand and help Daniel, made it quite a page-turner for me. Shoshani’s choice to present so much raw material was clearly the right one... It's an extraordinary piece of work – the treatment itself, not just the paper – a beautiful example of how a patient, who is extremely 'difficult' by many criteria, can become deeply responsive to the help that an analyst offers." - Nancy McWilliams, Rutgers University, and President, APA Division 39 (Psychoanalysis)

Daniel is 35, successful, a high level professional and an accomplished academic – yet he is also a virgin, who fears that he will spend the rest of his life alone. More importantly, Daniel has existed in an emotional bubble all of his life, and has had no intimate friendships. In other words, he is not fully alive, and seeks psychotherapy because he is haunted by not understanding what is wrong with him. He is attractive to women, yet as soon as a woman tries to get close to him, he runs away. Lacking an inner foundation, he fears that women will annihilate him, like his overbearing mother who abused him as a child.

Quite simply, this book is an unprecedented achievement, taking the reader into actual psychoanalytic sessions and sharing with the reader Michael Shoshani’s dialogues with Daniel, vividly illustrating his pain and struggle to transcend his existential plight.

It is a compelling psychological adventure, fusing together the intimacy of the therapy with an account of the revolutionary changes that have occurred in the practice of psychotherapy and psychoanalysis over the last decades.


Relational Perspectives Book Series

Forthcoming!

The Hero in the Mirror
From Fear to Fortitude
Sue Grand, New York University Postdoctoral Program in Psychotherapy and Psychoanalysis, USA

Recent socio-political conditions have moved psychoanalysis into an ongoing consideration of the nature of terror. In her previous book, The Reproduction of Evil, Sue Grand examined the perpetrator of ‘evil’: the way a history of trauma was transmuted into a repetition of trauma. In this book, she offers a phenomenology of terror – through a look at war, genocide, terrorism, torture, as well as familial abuse – and query the conditions through which an individual (or group) retains its humanity through acts of rescue, resistance and memorial activity.


Relational Perspectives Book Series

New Edition!
The Analyst in the Inner City
Race, Culture, and Class through a Psychoanalytic Lens
Second Edition
Neil Altman, NYU Postdoctoral Program in Psychotherapy and Psychoanalysis, USA

In 1995, Neil Altman did what few psychoanalysts did or even dared to do: he brought the theory and practice of psychoanalysis out of the cozy confines of the consulting room and into the realms of the marginalized, to the very individuals who this theory and practice often overlooked. In doing so, he brought together psychoanalytic and social theory, and examined how divisions of race, class and culture reflect and influence splits in the developing self, more often than not leading to a negative self image of the “other” in an increasingly polarized society.

Much like the original, this second edition of The Analyst in the Inner City opens up with updated, detailed clinical vignettes and case presentations, which illustrate the challenges of working within this clinical milieu. Altman greatly expands his section on race, both in the psychoanalytic and the larger social world.


Relational Perspectives Book Series

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A Clinical and Cultural Perspective
Sue Grand
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Relational Perspectives Book Series


Relational Perspectives Book Series
Gender as Soft Assembly
Adrienne Harris, New York University, USA

“In this dazzling tour de force, Adrienne Harris reminds us why she is a leading relational thinker and theorist of gender... Harris’s range is breathtaking, as she moves the reader beyond perspectives on development... to a theory that incorporates recent findings in psychoanalysis... throughout we find a profoundly humane, brave, and gifted analyst at work.” - Nancy J. Chodorow, San Francisco Psychoanalytic Institute, USA

Gender as Soft Assembly weaves together insights from different disciplinary domains to open up new vistas of clinical understanding of what it means to inhabit, to perform, and to be, gendered. Opposing the traditional notion of development as the linear unfolding of predictable stages, Adrienne Harris argues that children become gendered in multiply configured contexts. And she proffers new developmental models to capture the fluid, constructed, and creative experiences of becoming and being gendered. According to Harris, these models, and the images to which they give rise, articulate not only with contemporary relational psychoanalysis but also with recent research into the origins of mentalization and symbolization.


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Relational Perspectives Book Series

Adolescent Identities
A Collection of Readings
Edited by Deborah L. Browning, New York University, USA

“With astutely chosen readings, this excellent anthology provides widely encompassing perspectives on adolescence... The collection will be of immense help to all teachers and students interested in adolescence. I will assign it in my course on adolescence and literature.” - Paul Schwaber, Wesleyan University, USA

Adolescent Identities draws the reader into the inner world of the adolescent to examine the process of identity formation through the various lenses of history, anthropology, sociology, psychology, and psychoanalysis. The volume reveals there is no single “normal” adolescent, nor is there a singular adolescent experience. Editor Deborah L. Browning illustrates that in the course of development, each individual must integrate one’s unique biologically-given constitution and temperament, personal life history, and the influence of the social and cultural milieu.


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Relational Perspectives Book Series

Repair of the Soul
Metaphors of Transformation in Jewish Mysticism and Psychoanalysis
Karen E. Starr, The City University of New York, USA

Foreword by Lewis Aron

“In Repair of the Soul, Karen Starr has provided us with a sophisticated and well-informed discussion of the ways in which kabbalistic metaphors of transformation can be related to the work of psychic change in psychoanalysis... Starr’s book makes a valuable contribution to the contemporary awareness of issues of faith, of the ineffable other, and of the ‘transcendent Third,’ in analytic work.” - Avivah Gottlieb Zornberg, author, The Beginning of Desire: Reflections on Genesis

Repair of the Soul examines transformation from the perspective of Jewish mysticism and psychoanalysis, addressing the question of how one achieves self-understanding that leads not only to insight but also to meaningful change. In this beautifully written and thought-provoking book, Karen Starr draws upon a contemporary relational approach to psychoanalysis to explore the spiritual dimension of psychic change within the context of the psychoanalytic relationship.

Influenced by the work of Lewis Aron, Steven Mitchell and other relational theorists, and drawing upon contemporary scholarship in the field of Jewish studies, Starr brings the ideas of the Kabbalah, the ancient Jewish mystical tradition, into dialogue with modern psychoanalytic thought.


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Pb: 978-0-88163-487-7: £18.99/$29.95

Relational Perspectives Book Series

Comparative-Integrative Psychoanalysis
A Relational Perspective for the Discipline’s Second Century
Brent Willock, Toronto Institute for Contemporary Psychoanalysis, Canada

“The challenge we face as psychoanalytic educators is how to foster conviction without stultifying conformity and encourage creativity in our candidates. [Dr. Willock’s] answer is the comparative-integrative approach. His book convincingly presents the theoretical, philosophical, and clinical foundations for this approach... I have Dr. Willock’s book and I am sure it will have the wide and interested audience that it deserves.” - Arnold Richards, Training and Supervising Analyst, New York Psychoanalytic Institute, USA

Hb: 978-0-88163-487-7: £34.99/$59.95
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Relational Perspectives Book Series
This exceptionally practical and insightful text explores the emerging field of comparative-integrative psychoanalysis. It provides an invaluable framework for approaching the currently fractured state of the psychoanalytic discipline, divided as it is into diverse schools of thought, presenting many conceptual challenges. Moving beyond the usual borders of psychoanalysis, Willock usefully draws on insights from neighboring disciplines to shed additional light on the core issue. Comparative-Integrative Psychoanalysis is divided into two sections for organizational clarity. Part I is an intriguing investigation into the nature of thought and its intrinsic problems. The succeeding section elaborates this desideratum in detail, exploring its implications with respect to theory, organizations, practice, and pedagogy.


Hb: 978-0-88163-343-6: £26.50/$39.95
Relational Perspectives Book Series

Creating Bodies
Eating Disorders as Self-Destructive Survival
Katie Gentile, John Jay College of Criminal Justice, New York, USA

“From its title to its final word, Katie Gentile’s book is an enormous, undeniably original adventure... For Gentile to offer us this novel way of thinking and writing as her first book took real courage. She was right to do it. It works. Read it.” - Donnel Stern, Editor, Contemporary Psychoanalysis

Creating Bodies offers the gripping story of healing and transformation detailed in one woman’s diaries. Hannah wrote 18 diaries between the ages of 14 and 32. In the excerpts reprinted herein, we watch Hannah navigate violent adolescent friendships, descend into anorexia and bulimia, marry an abusive man, struggle to recover memories of sexual abuse, and finally to heal.

Pb: 978-0-88163-438-9: £26.50/$39.95
Relational Perspectives Book Series

Relational Psychoanalysis
New Voices
Volume 3
Edited by Melanie Suchet, in private practice, New York, USA, Adrienne Harris, New York University, USA, and Lewis Aron, New York University Postdoctoral Program in Psychotherapy and Psychoanalysis, USA

“We hear talk now and then of a breakthrough in clinical thinking, the achievement of a new attitude and hence a new method. Relational Psychoanalysis, Volume 3: New Voices is one of those books where a group of pioneering clinicians and theoreticians... sparks the reader’s imagination in new directions... This book, Volume 3 of the Relational Psychoanalysis series, will stand proudly with the first two volumes.” - Philip Bromberg, Author, Awakening the Dreamer: Clinical Journeys

Relational psychoanalysis has revivified psychoanalytic discourse by attesting to the analyst’s multidimensional subjectivity and then showing how this subjectivity opens to deeper insights about the experience of analysis. Volume 3 of the Relational Psychoanalysis Book Series enlarges this ongoing project in significant ways. Here, leading relational theorists explore the cultural, racial, class-conscious, gendered, and even traumatized anlagen of the self as pathways to clinical understanding.

Relational Psychoanalysis: New Voices is especially a forum for new relational voices and new idioms of relational discourse. Established writers, Muriel Dimen, Sue Grand, and Ruth Stein among them, utilize aspects of their own subjectivity to illuminate heretofore neglected dimensions of cultural experience, of trauma, and of clinical stalemate.


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Relational Perspectives Book Series

ALSO OF INTEREST

Relational Perspectives on the Body
Edited by Lewis Aron, and Frances Sommer Anderson

Pb: 978-0-88163-343-6: £26.50/$39.95
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Relational Psychoanalysis

Innovation and Expansion

Volume 2

Edited by Lewis Aron, New York University Postdoctoral Program in Psychotherapy and Psychoanalysis, USA, and Adrienne Harris, New York University, USA

“The papers published in Volume 2 reflect an important aspect of psychoanalytic evolution, and indicate some of the pathways that relational authors have been pursuing... I consider this collection an important contribution to our field.”

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“Psychiatrists and social scientists, sitting halfway between the priest and engineer, enjoy a hot spot in our democracy. It takes a man with Winnicott’s creative flair to assure us that some can preserve their integrity while sitting there.” - New Society

The Family and Individual Development represents a decade of writing from a thinker who was at the peak of his powers as perhaps the leading post-war figure in developmental psychiatry. In these pages, Winnicott chronicles the complex inner lives of human beings, from the first encounter between mother and newborn, through the ‘doldrums’ of adolescence, to maturity.

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Erich Fromm sees right to the heart of our contradictory needs for community and for freedom like no other writer before or since. In The Fear of Freedom, Fromm warns that the price of community is indeed high, and it is the individual who pays.

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Allen M. Siegel

“Self Psychology is a vigorous branch of psychoanalysis and should be better known and understood here... I recommend this book as an excellent introduction to the work of Heinz Kohut.” - Psychoanalytic Psychotherapy

Heinz Kohut’s work represents an important departure from the Freudian tradition of psychoanalysis. A founder of the Self Psychology movement in America, he based his practice on the belief that narcissistic vulnerabilities play a significant part in the suffering that brings people for treatment. Written predominantly for a psychoanalytic audience, Kohut’s work is often difficult to interpret. Siegel uses examples from his own practice to show how Kohut’s innovative theories can be applied to other forms of treatment.

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Donna M. Orange, Institute for the Psychoanalytic Study of Subjectivity, New York, USA

Whether they are supervisees entering analytic training or veteran analysts with twenty years of private practice, many capable psychoanalysts express frustration or doubt when trying to locate their work within the vast, sometimes intimidating realm of clinical theory. To that end, Thinking for Clinicians aims to provide analysts of all shapes and sizes with the tools and context for working critically with psychoanalytic theory and practice. It does this by familiarizing the reader not only with the philosophical backgrounds of the pioneers of psychoanalysis and other humanistic psychotherapies, but also through detailed chapters on some of the thinkers whose work is especially relevant for contemporary theoretical and clinical writing.

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Beyond Postmodernism

New Dimensions in Clinical Theory and Practice

Edited by Roger Frie, Long Island University, USA, and Donna Orange, Institute for the Psychoanalytic Study of Subjectivity, New York, USA

Beyond Postmodernism identifies ways in which psychoanalysis has moved beyond the postmodern debate and discusses how this can be applied to contemporary practice.

Roger Frie and Donna Orange bring together many of the leading authorities in psychoanalysis to provide a broad scope of viewpoints and perspectives on the growing interdisciplinary discourse among psychoanalysis, continental philosophy, social theory and philosophy of mind. Divided into 2 parts: Psychoanalytic Encounters with Postmodernism and Psychoanalysis Beyond Postmodernism, this book:

- elaborates and clarifies aspects of the postmodern turn in psychoanalysis
- furthers an interdisciplinary perspective on clinical theory and practice
- contributes to new understandings of theory and practice beyond postmodernism.

New!
Beyond Postmodernity: New Dimensions in Clinical Theory and Practice provides a fresh perspective on the relationship between psychoanalysis and postmodernism and raises new issues for the future.


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From CHRISTOPHER BOLLAS, Psychoanalyst, Member of the British Psychoanalytical Society, UK

The Infinite Question
Christopher Bollas

In his latest book Christopher Bollas uses detailed studies of real clinical practice to illuminate a theory of psychoanalysis which privileges the human impulse to question. From earliest childhood to the end of our lives, we are driven by this impulse in its varying forms, and The Infinite Question illustrates how Freud’s free associative method provides both patient and analyst with answers and, in turn, with an ongoing interplay of further questions.

At the book’s core are transcripts of real analytical sessions, accompanied by parallel commentaries which highlight key aspects of the free associative method in practice. These transcripts are contextualised by further discussion of the cases themselves, as well as a wider theoretical framework which places its emphasis on Freud’s theory of the logic of sequence: by learning to listen to this free associative logic, Bollas argues, we can discover a richer and more complex unconscious voice than if we rely solely on Freud’s theory of repressed ideas.

Bollas demonstrates, in an eloquent and persuasive manner, how the Freudian position of evenly suspended attentiveness enables the analyst’s unconscious to catch the drift of the patient’s own unconscious. He also shows that to stimulate further questioning is often of more benefit to the analytical process than to jump to an interpretation. Yet whatever fascinating course a session may take, neither the patient nor the analyst can halt the progress of the self-propelling interrogative drive.

The Infinite Question will be invaluable to both the new student and the experienced psychoanalyst, read either on its own or as a practice-based extension of the theoretical ideas elaborated in its companion volume, The Evocative Object World.


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ALSO BY DONNA ORANGE

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Donna M. Orange, George E. Atwood, and Robert D. Stolorow
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Forthcoming!

Contemporary Psychoanalytic Foundations: Postmodernism, Complexity and Neuroscience

Mark Leffert, in private practice, Santa Barbara, USA

Past scholars have tried to classify psychoanalysis as an intrinsically positivist science, to varying degrees of success. Their critics have fared little better with narrow applications of postmodern thought, which focus on smaller areas within psychoanalysis and, as a result, neglect the evolution of the discipline as a whole. In an effort to provide a ground for current psychoanalytic thought, Mark Leffert creates a ‘inter-referential schema’ which balances the influences of postmodernism, complexity theory, and neuroscience as the key factors. Using the heterogeneity of postmodern thought as a starting point, he traces its impact on and implications for the development of the discipline, leading into the realm of complexity theory – which is relatively new to the psychoanalytic literature – and how it informs as well as constrains certain psychoanalytic assumptions. The book then turns to neuroscience, the ‘hard’ scientific study of the complexities of the brain, and how recent research informs psychoanalytic theory and may shed light on aspects of the conscious and the unconscious. Taken together, these three elements create a firm basis for the current trends in psychoanalysis and the direction of its development in the years to come.
The Evocative Object World
Christopher Bollas

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- Introduction
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- Architecture and the Unconscious
- The Infinite Question!
- Read and Recommend!

*Companion volume to The Infinite Question!*

**The Evocative Object World**
Christopher Bollas

In *The Evocative Object World* Christopher Bollas builds on Freud’s account of dream formation, combining it with perceptive clinical, theoretical and cultural insights to show how the psychoanalytical method can provide a rich understanding of what has traditionally been regarded as ‘the outside world’.

Moving from the fundamentals of the free associative technique, through an examination of how architecture and the built environment interact with individual and societal dream life, Bollas extends the work of psychoanalysis beyond relations with literature and culture to the actual objects which surround us.

As with the evocative external structures of our environment, Bollas describes how the family, with its inherited genetic structures, likewise constitutes a pre-existent unconscious formation into which we are placed, and demonstrates that there is more to this multifaceted unit than the traditional psychoanalytical notion of the Oedipal triangle.

In the process, Bollas also provides a fascinating and comprehensive review of how his own theories have evolved over the past three decades: a period during which, in his view, Western society has increasingly neglected – or even become actively hostile towards – unconscious life.

Throughout this engaging and accessible text, Bollas rejects the simplistic notion that mental life is unconsciously determined. Instead he provides a compelling study of how unconscious life is shaped by a diverse array of both internal and external factors, and how the work of the Freudian pair provides the best means to gain insight into our diverse array of both internal and external factors, and how the work of the Freudian pair provides the best means to gain insight into our mental life as a whole.

Hysteresis
Christopher Bollas

In *Hysteresis* the distinguished psychoanalyst Christopher Bollas offers an original and illuminating theory of hysteria that weaves its well-known features – repressed sexual ideas; indifference to conversion; over-identification with the other – into the hysterical form. True to his earlier writings, Bollas’ vision is thought provoking and mind expanding. *Hysteresis* brings new perspectives to long-standing ideas, making enlightening reading for students and professionals involved in psychoanalysis and psychotherapy alike.

**Cracking Up**
The Work of Unconscious Experience
Christopher Bollas

In this original and thought-provoking book, Bollas examines how people educate one another in the idioms of their unconscious lives and considers the nature and consequences of the traumas that inhibit the freedom to do this. He studies what we mean by the past – is it unchangeable or can history be a creative, open understanding of experience? We come to know who we are by giving form and meaning to our past – yet what do we mean by the self? Bollas’ answer suggests yet more ways in which the ‘separate sense’ expresses each person’s unique qualities.

**Being a Character**
Psychoanalysis and Self Experience
Christopher Bollas

“Being a Character explores the subject of self-knowledge and the individuals’ construction of meaning in their lives. It is always stimulating, particularly through the author’s use of his own self-experience. This book is well worth reading by anyone involved in psychotherapy or related work.” - *Psychoanalytic Psychotherapy*
NeuroAnalysis
Bridging the Gap Between Neuroscience, Psychoanalysis and Psychiatry
Avi Peled, Shaar-Menashe Mental Health Centre, Israel

NeuroAnalysis investigates using the neural network and neural computation models to bridge the divide between psychology, psychoanalysis, and neuroscience when diagnosing mental health disorders and prescribing treatment.

Avi Peled builds on Freud’s early attempts to explain the neural basis of mental health by introducing neural computation as a bridging science to explain psychiatric disorders. Peled describes the brain as a complex system of interconnected units and goes on to suggest that conscious experience, feelings, and mood are emergent properties arising from these complex organisations. This model describes mental health disorders in terms of perturbation to the optimal brain organisation, and demonstrates how particular disorders can be identified through a specific breakdown pattern of the brain’s organisation.


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Forthcoming!

Spontaneity
A Psychoanalytic Inquiry
Gemma Corradi Fiumara, The Third University of Rome, Italy

“Dr. Corradi Fiumara seeks to lift psychoanalytic thinking from the creature-drive level of psychic determinism to the higher level of subjective, spontaneous, ineffability, unpredictability, humanness – as metapsychological constructs. I found this to be an exciting and innovative work.” - James Grotstein, author, A Beam of Intense Darkness: Wilfred Bion’s Legacy toPsychoanalysis

Psychoanalytic theory frequently explains psychopathology from the perspectives of either inadequate early care or as the result of environmental factors. In this book the author suggests that poor mental health can be a result of our incapacity to respond to internal and external stimuli, and indicates that spontaneity is essential in the development of many aspects of the self.

Gemma Corradi Fiumara draws on a wealth of clinical and theoretical experience to demonstrate that it is not what happens to us, but how we react to these events, that forms who we are.

This book will be essential reading for psychoanalysts, psychotherapists, philosophers and psychologists. It will also prove to be engaging for those interested in psychoanalytic theory and theories of subjectivity.


Hb: 978-0-415-49268-3: £55.00/$90.00
Pb: 978-0-415-49269-0: £22.99/$36.95

Forthcoming!

The Zen Impulse and the Psychoanalytic Encounter
Paul C. Cooper, Dean of Training at the National Psychological Association for Psychoanalysis

Although psychoanalysis and Zen Buddhism derive from theoretical and philosophical assumptions worlds apart, both experientially-based traditions share at their heart a desire for the understanding, development, and growth of the human experience. Paul Cooper utilizes detailed clinical vignettes to contextualize the implications of Zen Buddhism in the therapeutic setting to demonstrate how its practices and beliefs inform, relate to, and enhance transformative psychoanalytic practice.

The basic concepts of Zen, such as the identity of the relative and the absolute and the foundational principles of emptiness and dependent-arising, are given special attention as they relate to the psychoanalytic
Awakening our Faith in the Future
The Advent of Psychological Liberalism

Peter T. Dunlap, in private practice, California, USA

"In this beautifully written and challenging book, Dunlap has evolved a practical path for the integration of emotion and thought in the service of social justice by demonstrating a wide range of inspiring ‘learning practices’ that activate creative and progressive political energies."

- Andrew Samuels, University of Essex, UK

Awakening our Faith in the Future investigates the avenues for creating a new branch of psychology, a transformative political psychology. In the past, political psychology has focused directly on analysis and knowledge acquisition, rather than on interventions that transform self and culture. A transformative political psychology combines the best of traditional social science with the transformative intent of clinical psychology in order to create a new political culture. Peter T. Dunlap suggests that while liberals focus intently outside of themselves on changing the world, those with psychological interests focus much more internally on changing themselves. In this book, he argues that by combining political liberalism and psychology, and encouraging psychologists to develop cultural learning practices based on ideas of self-knowledge, there is opportunity to transform our political culture.

This scholarly text uses personal experiences and the stories of progressive political leaders as pathways for addressing political problems, making it ideal reading for professionals and students in the fields of both politics and psychology as well as for activists interested in the future of liberalism.


Hb: 978-0-415-44506-1: £21.99/$34.95

Forthcoming!

Mirroring and Attunement
Self Realization in Psychoanalysis and Art

Kenneth Wright, in private psychoanalytic practice, Suffolk, UK

“This lucidly written account of seminal concepts from Bion, Stern and Winnicott, brings them vividly to life through integrating them into an interdisciplinary work that incorporates ideas from art, poetry, and philosophy and that makes it recommended reading for practitioners and students of psychoanalysis and psychotherapy.”

- Ann Casement, Licensed Psychoanalyst; Fellow of the Royal Anthropological Institute

Mirroring and Attunement offers a new approach to psychoanalysis, artistic creation and religion. Viewing these activities from a broadly relational perspective, Wright proposes that each provides a medium for creative dialogue: the artist discovers himself within his self-created forms, the religious person through an internal dialogue with ‘God’, and the analysand through the inter-subjective medium of the analysis.

Building on the work of Winnicott, Stern and Langer, the author argues that each activity is rooted in the infant’s preverbal relationship with the mother who ‘holds’ the emerging self in an ambience of mirroring forms, thereby providing a ‘place’ for the self to ‘be’. He suggests that the need for subjective reflection persists throughout the life cycle and that psychoanalysis, artistic creation and religion can be seen as cultural attempts to provide the self with resonant containment. They thus provide renewed opportunities for holding and emotional growth.

Mirroring and Attunement will provide essential reading for psychoanalysts, psychotherapists, and art therapists and be of interest to anyone working at the interface between psychoanalysis, art and religion.


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Shame and Sexuality
Psychoanalysis and Visual Culture
Edited by Claire Pajaczkowska, Middlesex University, London, UK, and Ivan Ward, Freud Museum, London, UK

The experience of shame is a profound, painful and universal emotion with lasting effects on many aspects of public life and human culture. Rooted in childhood experience, linked to sexuality and the cultural norms which regulate the body and its pleasures, shame is uniquely human. Shame and Sexuality explores elements of shame in human psychology and the cultures of art, film, photography and textiles.

This volume is divided into two distinct sections allowing the reader to compare and contrast the psychoanalytic and the cultural writings. Part I, Psychoanalysis, provides a psychoanalytic approach to shame, using clinical examples to explore the function of unconscious fantasies, the shame shield in child sexual abuse, and the puzzling manner in which shame attaches itself to sexuality. Part II, Visual Culture, is illustrated throughout with textual analysis; contributors explore shame and sexuality in art history, politics and contemporary visual culture, including the gendering of shame, shame and abjection, and the relationship between shame and shamelessness as a strategy of resistance.

Claire Pajaczkowska and Ivan Ward bring together debates within and between the discourses of psychoanalysis and visual culture, generating new avenues of enquiry for scholars of culture, theory and psychoanalysis.


Hb: 978-0-415-42011-2: £55.00/$95.00
Pb: 978-0-415-42012-9: £23.99/$37.95

Psyche’s Veil
Psychotherapy, Fractals and Complexity

Terry Marks-Tarlow, in private practice, California, USA

“Terry Marks-Tarlow invites us into a new world – one worth diving into and relishing for its fresh and important approach that can expand how we understand our lives.” – Daniel J. Siegel, From the Foreword

Historically, the language and concepts within clinical theory have been steeped in linear assumptions and reductionist thinking. Because the essence of psychotherapy involves change, Psyche’s Veil suggests that clinical practice is inherently a nonlinear affair.

In this book Terry Marks-Tarlow provides therapists with new language, models and metaphors to narrow the divide between theory and practice, while bridging the gap between psychology and the sciences. By applying contemporary perspectives of chaos theory, complexity theory and fractal geometry to clinical practice, the author discards traditional conceptions of health based on ideals of regularity, set points and normative statistics in favour of models that emphasize unique moments, variability, and irregularity. Psyche’s Veil further explores philosophical and spiritual implications of contemporary science for psychotherapy.

Written at the interface between artistic, scientific and spiritual aspects of therapy, Psyche’s Veil is a case-based book that aspires to a paradigm shift in how practitioners conceptualize critical ingredients for internal healing. Novel treatment of sophisticated psychoanalytical issues and tie-ins to interpersonal neurobiology make this book appeal to both the specialist practitioner, as well as the generalist reader.


Hb: 978-0-415-45544-2: £60.00/$95.00
Pb: 978-0-415-45545-9: £23.99/$37.95

Rosenfeld in Retrospect
Essays on his Clinical Influence
Edited by John Steiner, Training Analyst, British Psychoanalytical Society, UK

Rosenfeld in Retrospect presents original psychoanalytic papers showing the influence of Herbert Rosenfeld on psychoanalysis today, and reproduces some of Rosenfeld’s most important clinical writings.

In the first part of this book, The Conference Papers: Contemporary Developments of Rosenfeld’s Work, the editor brings together papers and discussions by Rosenfeld’s well-known contemporaries, Ronald Britton, Michael Feldman, Edna O’Shaughnessy, Hanna Segal and Riccardo Steiner who explore his contribution to psychoanalysis. John Steiner demonstrates the importance of Rosenfeld’s classic papers, and critically surveys the more controversial developments in his later work. Part II contains four papers by Rosenfeld, chosen by his colleagues to be his most significant and original contributions.

This collection conveys Rosenfeld’s liveliness and influence, and will be of interest to all of those attracted to his work.


Hb: 978-0-415-46114-6: £55.00/$90.00
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New Edition!

**The Embedded Self**
A Psychoanalytic Guide to Couples and Family Therapy
Second Edition

Mary Joan Gerson, NYU Postdoctoral Program in Psychotherapy and Psychoanalysis, USA

First published in 1996, *The Embedded Self* was lauded as “a brilliant and long overdue rapprochement between psychoanalysis and family therapy conceived by a practitioner trained and experienced in both modalities of treatment.”

A dozen years later, the psychoanalytic community is more open to integrating perspectives, and the growth of analysts working with couples and families necessitates an update of the material presented in *The Embedded Self*. Similarly, the family therapy community has deepened its interest in individual dynamics within systemic patterning. From a new and revised perspective on the possibilities of integration, Gerson covers the latest research in neuroscience and the transmission of affect within intimate relationships, with a new chapter on attachment theory and emotionally focused therapy. Sections on narrative therapy and psychoanalytically-oriented family therapy are expanded as well.

*The Embedded Self* was a sterling introduction to family systems theory and therapy, and enhanced the work of analysts and family and couples therapists alike. The second edition proves no different in its context but wider in its scope.


Hb: 978-0-415-99242-8: £21.99/$34.95

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**What is This Thing Called Love?**
A Guide to Psychoanalytic Psychotherapy with Couples

Sarah Fels Usher, in private practice, Toronto, Canada

“This book is an important contribution that will help these clinicians develop the skills necessary to work with troubled marriages. Numerous clinical case presentations bring this work to life, clearly illustrating each phase of treatment.” - Lewis Aron, Director, New York University Postdoctoral Program in Psychotherapy and Psychoanalysis, USA

*What is This Thing Called Love?* provides a clear how-to guide for carrying out psychotherapy with couples from a psychoanalytic perspective. The book draws on both early and contemporary psychoanalytic knowledge, explaining how each theory described is useful in formulating couple dynamics and in working with them. The result is an extremely practical approach, with detailed step-by-step instructions on technique, illuminated throughout by vivid case studies.


Hb: 978-0-415-43384-6: £18.99/$29.95

Pb: 978-0-415-43384-6: £18.99/$29.95

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**Being in Love**
Therapeutic Pathways Through Psychological Obstacles to Love

Judith Pickering, in private practice, Sydney, Australia

“Judith Pickering’s book is a sweeping, awe-inspiring, fulfilling and erudite revisioning of the most important subject we ever experience and confront... Her work is rich, extensive, profound, and I am tempted to say that she has left no stone that I know of untrodden in regard to the experience of love.” - James Grotstein, From the Preface

Finding true love is a journey of transformation obstructed by numerous psychological obstacles. *Being in Love* expands the traditional field of psychoanalytic couple therapy, and explores therapeutic methods of working through the obstacles leading to true love.

Becoming who we are is an inherently relational journey: we uncover our truest nature and become most authentically real through the difficult and fearful, yet transformative intersubjective crucibles of our intimate relationships. In this book, Judith Pickering draws comparisons between Bion’s concept of becoming in O, and being in love. She searches for pathways that lead away from relational confusion towards the discovery of genuine transformational relationships, and works towards finding better ways of relating to one another.

Pickering draws on clinical material, contemporary psychoanalysis, cultural themes from the worlds of mythology and literature, and a wealth of therapeutic techniques in this fresh approach to couple therapy.


Hb: 978-0-415-37160-5: £55.00/$90.00

Pb: 978-0-415-37161-2: £21.99/$34.95

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**The Dead Father**
A Psychoanalytic Inquiry

Edited by Lila J. Kalinich, Columbia University Psychoanalytic Center, USA, and Stuart W. Taylor, Columbia College, New York, USA

This book constructs a much needed framework to allow psychoanalysts to consider the difficulties of a generation without a solid anchor in the Father. *The Dead Father: A Psychoanalytic Inquiry* provides a necessary addition to decades of work on the role of the mother in development. The editors bring together world renowned scholars to discuss current observations in their fields, in terms of the Father’s changing but essential functions, both in the lives of the individual and collective. Divided into four parts, chapters focus on:

- the lost father
- the father embodied
- the father in theory
- father culture.

Exploring the role of the father in individual psychology, everyday interpersonal and social experience and cultural phenomena writ large, this book will be essential reading for psychoanalysts, as well as psychologists, social workers and scholars in the humanities.
The Emotional Experience of Adoption
A Psychoanalytical Perspective
Edited by Debbie Hindle, Scottish Institute of Human Relations, Scotland, UK, and Graham Shulman, The Tavistock Clinic, London, UK

"An interesting, informative and enjoyable read, the volume conveys core psychoanalytic ideas relevant to adoption and insights into therapeutic processes in a very vivid and accessible fashion." - Professor Malcolm Hill, Glasgow School of Social Work, UK

Adoption is an extremely complex and emotionally demanding process for all those involved. This book explores the emotional experience of adoption from a psychoanalytic perspective, and demonstrates how psychoanalytic understanding and treatment can contribute to thinking about and working with adopted children and their families.

The Emotional Experience of Adoption explains and accounts for the emotional and psychological complexities involved for child, parents and professionals in adoption. It will be of interest and relevance to anyone involved at a personal level in the adoption process or professionals working in the fields of adoption, social work, child mental health, foster care and family support.

Hb: 978-0-415-37275-6: £80.00/$140.00
Pb: 978-0-415-37276-3: £23.99/$43.95

New Edition!

The Handbook of Child and Adolescent Psychotherapy
Psychoanalytic Approaches
Second Edition
Edited by Monica Lanyado, training supervisor at the British Association of Psychotherapists, UK, and Ann Horne, Senior member of the British Association of Psychotherapists

This updated edition of The Handbook of Child and Adolescent Psychotherapy: Psychoanalytic Approaches reflects the many changes in the profession. It includes:

• additional chapters on neuroscience, work with ‘looked after children’ and with foster parents, working in schools
• enlarged chapters on research, attachment theory, work with parents, and developments in child and adolescent psychotherapy around the world
• chapters on areas of specialist interest including violence, sexual abuse and abusing, trauma, parent-infant psychotherapy, autism, victims of political violence, delinquency and gender dysphoria.

The Handbook remains accessible and jargon-free. It will be a valuable resource for all who work in allied professions where the emotional well-being of children is of concern – health, education, social services – as well as trainee psychotherapists and experienced practitioners.


Hb: 978-0-415-46368-3: £60.00/$100.00
Pb: 978-0-415-46369-0: £24.99/$42.95

Forthcoming!

Through Assessment to Consultation
Independent Psychoanalytic Approaches with Children and Adolescents
Edited by Ann Horne, senior member of the British Association of Psychotherapists, and Monica Lanyado, training supervisor at the British Association of Psychotherapists

Winnicott’s description of “doing something else” or “working as a psychoanalyst” when not engaged in the actual analysis of his patients resonates with the child psychotherapist today. Individual psychotherapy is certainly a valuable part of the work but much of the time the CPT is “doing something appropriate to the occasion”. Some of this time is spent in assessment work – for therapy, for the multi-professional team and for other agencies – and some in consultation to colleagues and other professional staff or in a combination of the two.

Drawing from the Independent tradition in psychoanalysis, Through Assessment to Consultation explores the application of psychoanalytic thinking to this daily work, reflecting on what is actually done.
and why. Contributors to the three parts – ‘Assessment’, ‘Overlaps’, ‘Consultation and Beyond’ – provide a variety of clinical illustrations as they describe a range of approaches and settings in the tasks of both assessment and consultation, ranging from the light impact of the analyst’s presence in the grief of post – 9/11 New York to the call to political potency of ‘Beyond consultation’. This book will help both new and experienced Child and Adolescent Psychotherapists re-examine their role and function in the team and in the outside world, and will also be of interest to specialist health workers, educational psychologists and those wanting to explore more Winnicottian approaches to therapeutic work.


Hb: 978-0-415-46289-1: £55.00/$100.00
Pb: 978-0-415-46290-7: £19.99/$34.95
Series: Independent Psychoanalytic Approaches with Children and Adolescents

for further books by Monica Lanyado and Ann Horne see page 39

Forthcoming!

Child Psychotherapy and Research
New Approaches, Emerging Findings

“For some time we have been aware of a need to find ways of studying the process of psychoanalytic child psychotherapy and monitoring results. This most welcome publication presents a variety of sophisticated, comprehensive and well-rounded research studies illustrating different ways of investigating this complex field. A really enlightening book!” - Anne-Marie Sandler, Psychoanalyst, British Institute of Psychoanalysis Child Psychotherapy and Research brings together some of the most exciting and innovative research activity taking place within psychoanalytic child psychotherapy today. Drawing on the expertise of an international range of contributors, this book describes work at the cutting edge of research in psychoanalytic child psychotherapy and related areas. It presents many of the emerging findings while also illustrating a whole range of methodologies – both quantitative and qualitative – that have been developed to investigate this field. The book examines the historical and philosophical background of child psychotherapy research and shows how research illuminates different clinical phenomena, the processes of psychotherapy, its evaluation and outcome. Recent developments in therapeutic work with children, including the increased focus on evidence-based practice, make research a much higher priority in the field than ever before. With this increasing significance, a whole new generation of clinicians are required to become familiar and competent with research methods and research literature. Child Psychotherapy and Research will be a vital resource for anyone involved in research and training related to psychotherapy and child mental health, as well as of great interest to a range of mental health professionals.


Hb: 978-0-415-42203-1: £22.99/$40.00
Pb: 978-0-415-42203-1: £22.99/$40.00

Promises, Oaths, and Vows
On the Psychology of Promising
Herbert J. Schlesinger, Columbia University College of Physicians and Surgeons, USA

“Herbert Schlesinger has long been a psychoanalytic clinician and theoretician whose wisdom has been valued by psychoanalysts everywhere. As in all of Schlesinger’s books, clinical pearls abound. The psychotherapist or psychoanalyst who spends an afternoon or evening with this slim volume will be richly rewarded. The clinical wisdom imparted in the pages will pay off in the reader’s own practice. I promise.” - Glen O. Gabbard, American Journal of Psychiatry Considering that getting along in civil society is based on the expectation that (most) people will do what they say they will do, i.e., essentially live up to their explicit or implicit promises, it is amazing that so little scientific attention has been given to the act of promising. What makes it possible developmentally, cognitively, and emotionally to make a promise in the first place? And on the other hand, what compels one to keep a promise (or vow or threat) when there seems
to be no personal advantage in doing so, and even when harm can be predicted? How do we know when a promise is offered seriously to be taken at face value, and how do we understand that another is only a polite gesture, not to be taken seriously?

In Promises, Oaths, and Vows: On the Psychology of Promising, Herbert Schlesinger addresses these questions, drawing on the literature of moral development in children; the psychotherapy of a patient who regularly broke promises that were unnecessary in the first place; those who were regarded as “promising youngsters” who did not fulfill their “promise”; and those who feared making a promise, a commitment, or a threat out of fear that, once made, the utterance would take on a life of its own and could never be taken back.


Hb: 978-0-88163-382-5: £36.50/$55.00

Relational Theory and the Practice of Psychotherapy
Paul L. Wachtel, City University of New York, USA

“We have needed a book like this. Wachtel has artfully charted the sea change from classical to intersubjective formulations and has made clear what the relational turn means for clinicians... This book will become a classic; it belongs in the libraries of therapists of all orientations.”

- Nancy McWilliams, Rutgers, The State University of New Jersey, USA

This important book explores a new direction in psychoanalytic thought that can enable therapists of any orientation to better understand and help their patients. Relational psychoanalysis diverges in key ways from the assumptions and therapeutic practices that have traditionally characterized psychoanalysis. At the same time, it preserves, and even extends, the depth of understanding of human experience and psychological conflict that has always been the strength of the psychoanalytic approach. Through probing theoretical analysis and illuminating examples, the book offers innovative and powerful ways to revitalize clinical practice.


Hb: 978-1-59385-614-4: £25.95
Published by Guilford Press

Not available for sale in the USA/Canada

Relating to Self-Harm and Suicide
Psychoanalytic Perspectives on Practice, Theory and Prevention
Edited by Stephen Briggs, Tavistock Clinic, London, UK, and Alessandra Lemma, and William Crouch, both at Tavistock and Portman NHS Foundation Trust, UK

“This book offers a complex and in-depth approach to coping with suicidal patients by understanding them better, helping them with effective psychoanalytical treatment and applying psychoanalytical ideas to identify protective factors in suicide prevention.” - Nicholas Temple, From the Preface

Relating to Self-Harm and Suicide presents original studies and research from contemporary psychoanalysts, therapists and academics focusing on the psychoanalytic understanding of suicide and self-harm, and how this can be applied to clinical work and policy. This powerful critique of current thinking suggests that suicide and self-harm must be understood as having meaning within interpersonal and intrapsychic relationships, offering a new and more hopeful dimension for prevention and recovery.

Relating to Self-Harm and Suicide will be helpful to psychoanalytic therapists, analysts and mental health professionals wanting to integrate psychoanalytic ideas into their work with self-harmers and the suicidal.

Drawing on the pioneering work of Janet, Freud, Sullivan, and Fairbairn and making extensive use of recent literature, Elizabeth Howell develops a comprehensive model of the dissociative mind. Elegant in conception, thoughtful in tone, broad and deep in clinical applications, Howell takes the reader from neurophysiology to attachment theory to the clinical remediation of trauma states to the reality of evil. It provides a masterful overview of a literature that extends forward to the writings of Bromberg, Stern, Ryle, and others.


Hb: 978-0-88163-408-2: 2005: £39.95/$59.95
Pb: 978-0-88163-495-2: £21.99/$34.95

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**Psychotherapeutic Approaches to Schizophrenic Psychoses Past, Present and Future**

Edited by Yrjö Alanen, University of Turku, Finland, Manuel González de Chávez, Complutense Madrid University, Spain, Brian Martindale, South Tyne and Wearside, Mental Health NHS Trust, UK

“I am delighted to bring to the attention of psychiatrists and other mental health professionals across the world Alanen’s work reflected in this book as I am convinced that its well-tested and humanistic core approach has much to offer for upgrading person-centered clinical care.” - Professor Juan E. Mezzich, President of the World Psychiatric Association

Psychotherapeutic Approaches to Schizophrenic Psychoses brings together professionals from around the world to provide an extensive overview of the treatment of schizophrenia and psychosis.

Divided into three parts – past, present and future – the book begins by examining the history of the treatment of schizophrenia and psychosis, with reference to Freud, Jung, Harry Stack Sullivan and Adolf Meyer, amongst others.

With contributions from leading figures in the field, this book will provide a varied examination of treatment, and spark much-needed debate about its future.


Hb: 978-0-415-44012-7: £55.00/$90.00
Pb: 978-0-415-44257-4: £19.99/$31.95
of exploration of enactment. This will be of great importance and interest to seasoned practitioners as well as those in training.” - Phil Mollon, Psychoanalyst (British Psychoanalytical Society), Psychotherapist (Tavistock Society), and Clinical Psychologist

The Past in the Present brings together, for the first time, contemporary ideas from both the psychoanalytic and humanistic therapy traditions, looking at how trauma and enactments affect therapeutic practice. Enactments are often experienced as a crisis in therapy and are understood as symbolic interactions between the client and therapist, where personal issues of both parties become unconsciously entwined. This is arguably especially true if the client has undergone some form of trauma. This trauma becomes enacted in the therapy and becomes a turning point that significantly influences the course of therapy, sometimes with creative or even destructive effect. Using a wealth of clinical material throughout, the contributors show how therapists from different therapeutic orientations are thinking about and working with enactments in therapy, how trauma enactment can affect the therapeutic relationship and how both therapist and client can use it to positive effect.


Hb: 978-0-415-43369-3: £55.00/$90.00
Pb: 978-0-415-43370-9: £19.99/$34.95

Forthcoming!

The Gendered Unconscious

Can Gender Discourses Subvert Psychoanalysis?

Louise Gyler, in private practice, Sydney, Australia

Feminist interventions in psychoanalysis have often attempted either to subvert or re-frame the masculinist and phallocentric biases of Freud's psychoanalysis. This book investigates the nature of these interventions by comparing the status and treatment of women in two different psychoanalytic models: the Kleinian and the feminist psychoanalytic models. It argues that, in fact, these interventions have historically tended to reinforce such biases by collapsing the distinction between the gendered minds of individuals and theories of gender.


Hb: 978-0-415-40171-5: £60.00/$100.00
Pb: 978-0-415-40171-5: £14.95/$26.95
Series: Women and Psychology

Psychodynamic Therapy

Conceptual and Empirical Foundations

Steven K. Huprich, Eastern Michigan University, USA

Psychodynamic Therapy: Conceptual and Empirical Foundations reintroduces psychoanalytic and psychodynamic theory to the practice of clinical psychology in ways that are easily understandable, practical, and immediate in their application. Dr. Huprich readily demonstrates that, contrary to what is misconstrued and taught as relic and historical artifact, Sigmund Freud's ideas and their evolution offer a comprehensive, useful framework from which clinical psychology and psychiatry can benefit.


Hb: 978-0-8058-6404-7: £49.95/$89.95
Pb: 978-0-8058-6404-7: £22.00/$39.95

How to Talk to a Narcissist

Joan Lachkar, in private practice, California, USA

This book focuses on specific communication styles in addressing patients with severe narcissistic personality pathology which can be extremely beneficial to mental health professionals, who are often inundated with technical terms rather than offered a practical guide on how to actually “talk” to a narcissist.

How to Talk to a Narcissist is designed to be a guide useful to both beginning and seasoned practitioners. The book is recommended to all clinicians treating individuals, couples, groups, within the scope of various narcissistic personality disorders.


Hb: 978-0-415-95855-4: £26.95/$45.00

Maternal Encounters

The Ethics of Interruption

Lisa Baraitser, Birkbeck, University of London, UK

“This is an extremely unusual, subtle and important book... Maternal Encounters is a remarkable achievement.” - Stephen Frosh, Birkbeck College, University of London, UK

Motherhood can catapult us into a state of internal disarray, whilst it can also provide us with a unique chance to make
The Dream Experience provides the mental health professional with a systematic scientific basis for understanding the dream as a psychological event. Milton Kramer’s extensive research, along with the findings of others, establishes that dreams are structured, not random, and linked meaningfully to conscious events in daily life and past memories. The book explores this link between dreams and consciousness, providing a review of information about normative dreaming, typical or repetitive dreams, and nightmares, while also showing how mental health professionals can use dream content in therapy with clients.

Hb: 978-0-415-95446-4: £31.00/$49.95

Freud’s Art – Psychoanalysis Retold

Janet Sayers, University of Kent / East Kent Health Trust, UK

“Many psychotherapists dabble in one or other of the arts, but few of us show the command of two disciplines that Sayers displays in this rich and thoughtful book. Highly recommended.”
- Brendan McMahon, Mental Health Today

In Freud’s Art – Psychoanalysis Retold Janet Sayers provides a refreshing new introduction to psychoanalysis by retelling its story through art. She does this by bringing together experts from psychoanalysis, art history, and art education to show how art and psychoanalysis illuminate each other.

Freud’s Art begins with major founders of psychoanalysis – Freud, Jung, Spielrein and Klein. It then details art-minded developments of their ideas by Adrian Stokes, Jacques Lacan, Marion Milner, Anton Ehrenzweig, Donald Winnicott, and Wilfred Bion before concluding with the recent theories of Jean Laplanche and Julia Kristeva. The result is a book which highlights the importance of psychoanalysis, together with painting and the visual arts, to understanding the centrality of visual imagery, fantasy, nightmares and dreams to all of us, artists and non-artists alike.

Hb: 978-0-415-41567-5: £60.00/$99.00
Pb: 978-0-415-41568-2: £22.99/$36.95

The Academic Face of Psychoanalysis

Papers in Philosophy, the Humanities, and the British Clinical Tradition

Edited by Louise Braddock, Girton College, Cambridge, UK, and Michael Lacewing, Heythrop College, University of London, UK

Ever since Freud, psychoanalysts have explored the connections between psychoanalysis and literature and psychoanalysis and philosophy, while literary criticism, social science and philosophy have all reflected on and made use of ideas from psychoanalytic theory. The Academic Face of Psychoanalysis presents contributions from these fields and gives the reader an insight into different understandings and applications of psychoanalytic theory. Louise Braddock and Michael Lacewing successfully bring these contributions together with an in-depth introduction that allows the reader to explore the connections between the different disciplines.
The Psychodynamic Image

John D. Sutherland on Self in Society

Edited by Jill Savege Scharff, Georgetown University Medical School, USA

“Dr. Scharff’s work is highly readable and constitutes the most important contribution to the literature about a very important figure in late twentieth century psychoanalysis. I recommend it for all mental health professionals.” - James S. Grotstein, David Geffen School of Medicine, UCLA, USA

The Psychodynamic Image is the first selection of John D. Sutherland’s major papers. It provides an overview of the development of his thought on self and society and reveals the extent of his contribution to the field of mental health.

Jill Savege Scharff introduces Sutherland’s most important and influential essays. These reflect his range as a theoretician, moving easily from the intrapsychic to the interpersonal level, building bridges between points of view and integrating psychoanalytic and social theories. Sutherland’s work calls for changes at the individual level through understanding conflicts and unconscious processes as aspects of parts of the self in interaction. He inspires respect and understanding of the self and its drive toward autonomy.

These papers push the boundaries of psychoanalytic thinking and succeed in demonstrating the relevance of psychoanalysis to the wider society. They will be of great interest to psychoanalysts, psychotherapists, counsellors and social workers.


Hb: 978-0-415-39254-9: £22.99/$36.95
Pb: 978-0-415-39254-9: £22.99/$36.95

The Matrix and Meaning of Character

An Archetypal and Developmental Approach

Nancy J. Dougherty, and Jacqueline J. West, both in private practice, USA

“Finally, a Jungian book on character that links sensitive clinical insights to the mythopoetic imagination and to the developmental dynamism of the archetypal psyche. Nancy Dougherty and Jacqueline West have written an original and deeply significant book that brings together the best insights of contemporary analysis and is a virtual map of the soul. A must-read for clinicians and scholars of all persuasions.” - Stanton Marlan, Duquesne University, USA

The Matrix and Meaning of Character guides the reader into an awareness of the archetypal depths that underlie character structures, presenting an original developmental model in which current analytic theories are synthesised. The authors examine nine character structures, animating them with fairy tales, mythic images and case material, creating a bridge between the traditional language of psychopathology and the universal realm of image and symbol.

This book will appeal to all analytical psychologists, psychoanalysts and psychotherapists who want to strengthen their clinical expertise. It will help clinicians to extend their clinical insights beyond a strictly behavioural, medical or cognitive approach, revealing the potential of the human spirit.


Hb: 978-0-415-40301-6: £55.00/$90.00
Pb: 978-0-415-40300-9: £20.99/$32.95

Winner of the 2008 Gradiva Award!

On Deaths and Endings

Psychoanalysts’ Reflections on Finaality, Transformations and New Beginnings

Edited by Brent Willock, Toronto Institute for Contemporary Psychoanalysis, Canada, Lori C. Bohm, City College of New York, USA, and Rebecca C. Curtis, Adelphi University, New York, USA

On Deaths and Endings brings together the work of psychoanalytic scholars and practitioners grappling with the manifold issues evoked by loss and finality.

The book covers the impact of endings throughout the life cycle, including effects on children, adolescents, adults, those near death and entire societies. New psychoanalytic perspectives on bereavement are offered based on clinical work, scholarly research and the authors’ own, deeply personal experiences. The contributors

ALSO BY JILL SAVEGE SCHARFF

Self-Hatred in Psychoanalysis

Detoxifying the Persecutory Object

Edited by Jill Savege Scharff, and Stanley A. Tsigounis

Hb: 978-1-58391-926-2: 2002: 264pp. £50.00/$78.95
Present compelling, often moving, enquiries into subjects such as the reconfiguration of self-states subsequent to mourning, the role of ritual and memorials, the tragic impact of unmourned loss, modern conceptualisations of the death instinct, and terror-based losses. In that much psychotherapy is conducted with people who have suffered some form of loss, this book will be an invaluable resource for all mental health professionals. The emphasis on the potential of working through the vicissitudes of these experiences will provide inspiration and hope both to those who have endured personal loss and to anyone working with grieving patients.

**SELECTED CONTENTS:**

- Part I: Overture to Finality
- Part II: Grief and Mourning
- Part III: Childhood and Adolescence
- Part IV: Violence and Terror
- Part V: Death Instinct
- Part VI: Working with Dying Patients
- Part VII: Insights From (and To) Literature
- Part VIII: Termination
- Part IX: Conclusion

Hb: 978-0-415-39662-2: £55.00/$96.00

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**Dire Emotions and Lethal Behaviours**

**Eclipse of the Life Instinct**

Charles Stewart, in private practice, California, USA

“Charles Stewart’s... ideas about innate affects are very close to the ways in which we experience life – through the emotions... his detailed explanations of how the crisis affects of fear, anguish, anger and shame/contempt weave together to create the behaviours the world has to come both to expect and to dread, is an exemplary demonstration of public psychology in action. This profoundly useful book will appeal to the clinical professions, to educators, and to the general reader.” - Andrew Samuels, University of Essex, UK

Dire Emotions and Lethal Behaviours explores the primary motivational system in human beings. Based on the work of C. G. Jung, James Hillman, Louis Stewart and Silvan Tomkins, Charles Stewart investigates the psychology of the innate affects, with a focus towards the emotional motivation of adolescents and young adults who have killed others, themselves, or both. Illustrated throughout with case studies of individuals who have committed homicide, suicide, or both, *Dire Emotions and Lethal Behaviours* aims to discover the emotional motivations for such behaviours so that through education and psychological treatment, such tragic outcomes can be prevented. This book will be of interest to professionals and students in the fields of mental health and criminal justice.

**CONTENTS:**

- Beebe, Foreword
- Introduction. How the Innnate Affects Work
- Optimal vs. Violent Expression of Affect: A New Way to Understand the Emergence of Each of These Outcomes
- Death and Rebirth of the Life Instinct
- Vivienne Loomis: Suicide
- Kipland Kinkel: Killing of Parents and Others
- Eric Harris and Dylan Klebold: Multiple Homicides Followed by Suicides
- Sinedu Tadesse: Homicide Followed by Suicide
- Gloria: Panic Leading to Homicide
- Peter: Fury Leading to Killing of Mother and Sisters
- Liddle Father Time: Homicides Followed by Suicide
- Lethal Conditions and Psychological Treatment

Hb: 978-0-415-40877-6: £55.00/$90.00
Pb: 978-0-415-40878-3: £21.99/$34.95

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**Guilt and Its Vicissitudes**

**Psychoanalytic Reflections on Morality**

Judith M. Hughes, University of California, San Diego, USA

“...Hughes offers a historical account of guilt from Freud through its development and elaboration in the unique perspective of Klein and the British School. It is a work of meticulous scholarship that underscores the originality of Klein’s thought.” - Ronald C. Naso, Psychologist – Psychoanalyst

**Guilt and Its Vicissitudes: Psychoanalytic Reflections on Morality** focuses on the way Melanie Klein and successive generations of her followers pursued and deepened Freud’s project of explaining man’s moral sense as a wholly natural phenomenon. With the introduction of the superego, Freud laid claim to the study of moral development as part of the psychoanalytic enterprise. At the same time he reconceptualized guilt: he thought of it not only as conscious, but as unconscious as well, and it was the unconscious sense of guilt that became a particular concern of the discipline he was founding. As Klein saw it, his work merely pointed the way. Judith M. Hughes argues that Klein and contemporary Kleinians went on to provide a more consistent and comprehensive psychological account of moral development. Hughes demonstrates both a detailed knowledge of the major figures in post-war British psychoanalysis, and a keen sensitivity to the way
clinical experience informed theory-building. She writes with vigor and grace, not only about Freud and Klein, but also about such key thinkers as Riviere, Isaacs, Heimann, Segal, Bion and Joseph.


Hb: 978-0-415-43597-0: £55.00/$90.00
Pb: 978-0-415-43598-7: £22.99/$35.95

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**The Concept of Analytic Contact**

**The Kleinian Approach to Reaching the Hard to Reach Patient**

*Robert Waska,* in private practice, San Anselmo, California, USA

“Robert Waska is a new and promising American voice in the literature on Kleinian theory and practice and also on the psychoanalytic treatment of the difficult patient. Utmost he encourages us to “think analytically” while treating any patient no matter how infrequently we see them or how ill they may be. This work also presents us with a studious review and amplification of Kleinian theory and technique.” - *James Grotstein*

The Concept of Analytic Contact presents practitioners with new ways to assist the often severely disturbed patients that come to see them in both private and institutional settings. In this book Robert Waska outlines the use of psychoanalysis as a method of engagement that can be utilised with or without the addition of multiple weekly visits and the analytic couch. The chapters in this book follow a wide spectrum of cases and clinical situations where hard to reach patients are provided with the best opportunity for health and healing through the establishment of analytic contact.

Hb: 978-0-415-42291-8: £55.00/$90.00
Pb: 978-0-415-42292-5: £21.99/$34.95

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**Other Banalities**

**Melanie Klein Revisited**

Edited by *Jon Mills,* in private practice, Ontario, Canada

Melanie Klein is one of the few analysts whose body of work has inspired sociologists, philosophers, religious scholars, literary critics and political theorists, all attracted to the cross-fertilisation of her ideas. *Other Banalities* represents a long over-due exploration of her legacy, including contributions from acclaimed interdisciplinary scholars and practitioners.

The contributors situate Klein within the history of the psychoanalytic movement, investigate her key theoretical and clinical advances, and look at how her thought has informed contemporary perspectives in the behavioural sciences and humanities.

Hb: 978-1-58391-750-3: £55.00/$90.00
Pb: 978-1-58391-751-0: £22.99/$35.95

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**The Danger of Change**

**The Kleinian Approach with Progress as Trauma**

*Robert Waska,* in private practice, San Anselmo, California, USA

Confusing clinical standoffs, loyalty to self-destruction and abrupt terminations are challenging and under-examined problems for the modern psychoanalytic practitioner. *The Danger of Change* is a timely book that addresses the so-called resistant patient so many clinicians are familiar with.

Robert Waska blends theory based on Melanie Klein’s classical stance with the more contemporary Freudian/Kleinian school, to demonstrate how to understand patients that are resistant to progress.

Hb: 978-0-415-38584-6: £50.00/$100.00
Pb: 978-0-415-38585-3: £21.99/$34.95

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**Mothers and Daughters and the Origins of Female Subjectivity**

*Jane Van Buren,* in private practice, California, USA

“In reintroducing mother’s body – and the daughter’s body into her discourse, Dr Van Buren has added a badly needed dimension to our understanding of why female subjectivity has languished so long in the shadows.”

- *James S. Grotstein,* From the Foreword

Mothers and Daughters and the Origins of Female Subjectivity challenges the theory of the Oedipus complex, which permeates psychoanalytic theory, psychology, semiotics and cultural studies. The book focuses on the re-examination of women’s development through the theories of primitive mental states.

Women's subjectivity has been profoundly limited by continuing anxieties about the mother’s body. Jane Van Buren describes how women are gradually escaping the curse of inferiority and finding a voice, enabling the mother to provide their daughters with a legacy of rightful agency over their bodies and minds. Drawing on the theories of Klein, Bion and Winnicott, and incorporating recent developments in psychobiology, this book provides a novel approach to subjects including the dreams, myths and phantasies of individuals, the nature of mother and daughter relationships, sexuality, pregnancy, menstruation and the idea of the mother’s body as problematic and dangerous.

This interdisciplinary investigation into curtailed female subjectivity and its many ramifications in society, culture and individual mental growth will be of great interest to all practising psychoanalysts, and those studying psychoanalytic theory and gender studies.


Hb: 978-0-415-38673-9: £55.00/$90.00
Pb: 978-0-415-38674-6: £21.99/$34.95
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*Essays on Clinical Process Trauma and Dissociation*

Philip M. Bromberg

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Early in these essays, Bromberg contemplates how one might engage schizoid detachment within an interpersonal perspective. To his surprise, he finds that the road to the patient’s disavowed experiences most frequently passes through the analyst’s internal conversation, as multiple configurations of self-other interaction, previously dissociated, are set loose first in the analyst and then played out in the interpersonal field.

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**Theory, Clinical Applications and Group Work**

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*Psychoanalytic Collisions* provides a unique perspective on gender difference in relation to envy and competitiveness, reframing and de-demonizing these difficult emotions and revealing their potentially creative power.

Incorporating perspectives from psychology, psychiatry, social work, sociology and education, this book provides a comprehensive overview of theories and ideas on the links between gender, envy and competition.

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**From PHILIP M. BROMBERG, New York University Postdoctoral Program in Psychotherapy and Psychoanalysis, USA**
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Patrick Casement

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**Casement: On Learning from the Patient**


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This book focuses on tested hypnoanalytic techniques, with step-by-step procedures for integrating hypnosis into psychoanalytic processes. In its examination of the latest thinking, research, and techniques, the book discusses historical origins of hypnosis as well as how to apply it to current events, such as using hypnosis in the treatment of trauma with soldiers coming out of the war in Iraq. The text shows how hypnosis can be combined with psychoanalysis to make it possible to understand the subjective world of clients. Its accessible nature, rich detail, and significant updates make the book an invaluable resource for the professional who wishes to incorporate hypnosis into his or her practice.


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**The Mind-Brain Relationship: A Jungian Clinical Perspective**

Margaret Wilkinson, in private practice, North Derbyshire, UK

“Margaret Wilkinson’s book offers a beautifully lucid overview of contemporary neuroscience and demonstrates its crucial relevance to our clinical practice and our understanding of the relational roots of the development of mind and self-awareness.” - Jean Knox, Editor-in-chief of the Journal of Analytical Psychology

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