Child and Adolescent Mental Health 2010

New Books and Selected Backlist

Books for Parents and Therapists  |  Child and Adolescent Clinical Psychology and Psychiatry
Child and Adolescent Clinical Problems  |  Child and Adolescent Cognitive Behaviour Therapy
Child and Adolescent Development  |  Creative Arts Therapies  |  Family Therapy  |  Grief and Bereavement
Child and Adolescent Psychoanalysis  |  School-Based Mental Health and Learning Disabilities

New Books and Selected Backlist
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web: www.routledgementalhealth.com
www.guilfordpress.co.uk

Invitation to authors

If you would like to submit or discuss your book proposal with our Senior Editor, Joanne Forshaw, please email Joanne.Forshaw@informa.com

Read and Recommend

Motivational Interviewing with Adolescents and Young Adults
Sylvie Naar-King and Mariann Suarez
Page 4

Dropping the Baby and Other Scary Thoughts
Breaking the Cycle of Unwanted Thoughts in Motherhood
Karen Kleiman and Amy Wenzel
Page 8

Childhood Disorders
Second Edition
Philip C. Kendall and Jonathan S. Comer
Page 13

My Kid is Back
Empowering Parents to Beat Anorexia Nervosa
June Alexander with Daniel Le Grange
Page 18

Navigating Teenage Depression
A Guide for Parents and Professionals
Gordon Parker and Kerrie Eyers
Page 19

The Bipolar Disorder Survival Guide
What You and Your Family Need to Know
Second Edition
David J. Miklowitz
Page 20

Reading Winnicott
Edited by Lesley Caldwell and Angela Joyce
Page 37
Routledge Mental Health ensures its books are represented at all major conferences. The calendar of events from late 2010 to mid-2011 are listed below. Routledge will be exhibiting all recent and relevant key books at these meetings. Please visit the Routledge stand where all books will be available for sale at a 20% conference discount with free global shipping.

- **118th Annual Convention of the American Psychological Association**
  12-15 August 2010, San Diego, USA

- **40th Annual Congress of European Association for Behavioural and Cognitive Therapies (EABCT)**
  7-10 October 2010, Milan, Italy

- **American Academy of Child and Adolescent Psychiatry (AACAP) 57th Annual Meeting 2010**
  26-31 October 2010, New York, USA

- **BPS Division of Clinical Psychology Annual Conference 2010**
  1-3 December 2010, Manchester, UK

- **National Association of School Psychologists (NASP) 2011 Annual Convention**
  22-25 February 2011, San Francisco, USA

- **American Counseling Association (ACA) Annual Conference 2011**
  23-27 March 2011, New Orleans, USA

- **Psychotherapy Networker Symposium 2011**
  24-27 March 2011, Washington D.C., USA

- **10th London International Eating Disorders Conference 2011**
  29-31 March 2011, London, UK

- **17th Annual BACP Research Conference 2011**
  6-7 May 2011, Liverpool, UK

- **American Psychiatric Association Annual Meeting 2011**
  14-18 May 2011, Hawaii, USA

- **Padesky Workshop**
  23-24 May 2011, London, UK

- **7th International Congress of Cognitive Psychotherapy (ICCP)**
  2-5 June 2011, Istanbul, Turkey

- **British Association for Behavioural and Cognitive Psychotherapies (BABCP) 39th Annual Conference**
  20-23 July 2011, Guildford, UK

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**Top 10**

1. **Gerhardt: Why Love Matters:**
   How Affection Shapes a Baby’s Brain
   
   **Pb:** 978-1-58391-817-3: 2004: 256pp. £9.99/$18.00
   Published by Routledge

2. **Winnicott:**
   Playing and Reality
   Second Edition
   
   Series: Routledge Classics
   Published by Routledge

3. **Bowlby:**
   A Secure Base
   
   **Pb:** 978-0-415-35527-8: 2006: 212pp. £11.50/$19.95
   Series: Routledge Classics
   Published by Routledge

4. **Carr:**
   The Handbook of Child and Adolescent Clinical Psychology: A Contextual Approach, Second Edition
   
   **Pb:** 978-1-58391-831-9: 2006: 1,224pp. £37.50/$69.95
   Published by Routledge

5. **Bowlby:**
   The Making and Breaking of Affectional Bonds
   
   **Pb:** 978-0-415-35481-3: 2005: 224pp. £9.99/$19.95
   Series: Routledge Classics
   Published by Routledge

6. **Schmidt/Treasure:**
   Getting Better Bit(e) by Bit(e): A Survival Kit for Sufferers of Bulimia Nervosa and Binge Eating Disorders
   
   **Pb:** 978-0-86377-322-8: 1993: 160pp. £13.50/$26.95
   Published by Routledge

7. **Holmes:**
   John Bowlby and Attachment Theory
   
   **Pb:** 978-0-415-07730-9: 1993: 264pp. £21.95/$39.95
   Series: Makers of Modern Psychotherapy
   Published by Routledge

8. **Wallin:**
   Attachment in Psychotherapy
   
   **Hb:** 978-1-59385-456-0: 2007: 366pp. £25.95
   Published by Guilford Press

9. **Cassidy/Shafer, Eds.:**
   Handbook of Attachment: Theory, Research, and Clinical Applications
   Second Edition
   
   **Pb:** 978-1-60623-028-2: 2008: 1,020pp. £37.50
   Published by Guilford Press

10. **Lanyado/Horne, Eds.:**
    The Handbook of Child and Adolescent Psychotherapy: Psychoanalytic Approaches Second Edition
    
    **Pb:** 978-0-415-46369-0: 2009: 480pp. £24.99/$39.95
    Published by Routledge
My Kid is Back explains how family-based treatment can greatly reduce the severity of anorexia nervosa in children and adolescents, allowing the sufferer to return to normal eating patterns, and their families to return to normal family life.

Motivational Interviewing with Adolescents and Young Adults
Sylvie Naar-King and Mariann Suarez
Hb: 978-1-60918-062-1: £24.00
Published by Guilford Press
Page 4

This pragmatic guide spells out how to use motivational interviewing (MI) to have productive conversations about behavior change with adolescents and young adults in any clinical context. The book shows how conducting MI from a developmentally informed standpoint can help practitioners quickly build rapport with young patients, enhance their motivation to make healthy changes, and overcome ambivalence.

A bipolar diagnosis can be overwhelming to sufferers and their family members. Explaining the disorder’s causes, diagnosis, and best current treatments, David J. Miklowitz shows how to plan for and reduce recurrences of mood symptoms, make needed lifestyle changes to stay well, and strengthen relationships strained by the illness.

The Bipolar Disorder Survival Guide
What You and Your Family Need to Know
Second Edition
David J. Miklowitz
Hb: 978-1-60623-983-4: £30.50
Pb: 978-1-60623-542-3: £12.99
Published by Guilford Press
Page 20

In this revised edition of Childhood Disorders, Philip C. Kendall and Jonathan S. Comer present current information about the full range of psychological disorders that occur in childhood, and discuss the major models that guide the thinking about each disorder. Specific criteria for diagnosis are presented alongside the latest research findings.
The Routledge Series on Counseling and Psychotherapy with Boys and Men captures the burgeoning body of knowledge about the emotional and psychological lives of boys and men and the process of counseling them in a male-friendly manner. Page 7
www.routledgementalhealth.com/boys-and-men

Clinical Psychology: A Modular Course was designed to overcome problems faced by the traditional textbook in conveying what psychological disorders are really like. All the books in the series, written by leading scholars and practitioners in the field, can be read as stand-alone texts, but they will also integrate with other modules to form a comprehensive resource in clinical psychology. Page 13
www.psypress.com/clinicalmodular

The CBT with Children, Adolescents and Families Series is designed to provide clinicians and trainees with the latest evidence-based clinical programmes and materials for a range of common problems in a concise and accessible format. Page 24
www.routledgementalhealth.com/cbt-with-children

In the 20 years since it began, this series has published some of the key texts in the field of adolescent studies. The series has covered a very wide range of subjects, almost all of them being of central concern to students, researchers and practitioners. The primary aim of the series is to make accessible to the widest possible readership important and topical evidence relating to adolescent development. Page 29
www.psypress.com/adolescence-and-society

Volumes published within the prestigious Series in Death, Dying and Bereavement are representative of the multidisciplinary nature of the intersecting fields of death studies, suicidology, end-of-life care, and grief counseling. Page 36
www.routledgementalhealth.com/death-dying-and-bereavement

This series provides school-based practitioners with concise practical guidebooks that are designed to facilitate the implementation of evidence-based programs into school settings, putting the best practices in action. Page 39

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FREE SHIPPING! Postage and packing free for UK, US and Canadian online orders over £20/$35
“The authors combine a user-friendly style with rigorous research evidence. The book is well organized and offers enough detail to enable practitioners to grasp the subtleties that can make the difference between being effective or not... An indispensable guide for anyone working with issues of behavior change in young people.” - Ariana Faris, in private practice, Cardiff, UK

This pragmatic guide spells out how to use motivational interviewing (MI) to have productive conversations about behavior change with adolescents and young adults in any clinical context. Filled with vivid examples, sample dialogues, and “dos and don’ts,” the book shows how conducting MI from a developmentally informed standpoint can help practitioners quickly build rapport with young patients, enhance their motivation to make healthy changes, and overcome ambivalence.


Hb: 978-1-60918-062-1: £24.00
Series: Applications of Motivational Interviewing
Published by Guilford Press

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New Edition!
Evidence-Based Psychotherapies for Children and Adolescents
Second Edition
Edited by John R. Weisz, Harvard University, Massachusetts, USA, and Alan E. Kazdin, Yale University, Connecticut, USA

“The second edition of this highly regarded work is essential for anyone who wants to be brought up to date on what is happening in the field... This is a great reference that provides guidance on many important practical issues.” - Michael Rutter, Institute of Psychiatry, London, UK

Widely regarded as a premier text and clinical resource, this book presents exemplary treatment approaches for a broad range of social, emotional, and behavioral problems in children and youth. Concise chapters from leading authorities describe the
conceptual underpinnings of each therapy, how interventions are delivered on a session-by-session basis, and what the research shows about treatment effectiveness.

Hb: 978-1-59385-974-9: £47.00
Published by Guilford Press

Child Psychotherapy
and Research

New Approaches,
Emerging Findings


Child Psychotherapy and Research brings together some of the most exciting and innovative research activity taking place within psychoanalytic child psychotherapy today. Drawing on the expertise of an international range of contributors, this book describes work at the cutting edge of research in psychoanalytic child psychotherapy and related areas.

Hb: 978-0-415-42202-4: £60.00/$100.00
Pb: 978-0-415-42203-1: £22.99/$40.00
Published by Routledge

New Edition!

Hypnosis and Hypnotherapy
with Children

Fourth Edition

Daniel P. Kohen, University of Minnesota, USA, and Karen Olness, Case Western Reserve University, Ohio, USA

Updated and revised in response to developments in the field, this fourth edition of Hypnosis and Hypnotherapy with Children describes the research and clinical historical underpinnings of hypnosis and hypnotherapy with children and adolescents, and presents an up-to-date compendium of the pertinent world literature regarding this topic.


Hb: 978-0-415-87627-8: £33.50/$59.95
Published by Routledge

Kids’ Club Letters

Narrative Tools for
Stimulating Process
and Dialogue in Therapy
Groups for Children
and Adolescents

Georgia A. DeGangi, in private practice, ITS (Integrated Therapy Services) for Children and Families, Inc., Maryland, USA, and Marc A. Nemiroff, Washington School of Psychiatry, Washington, D.C., USA

Kids’ Club Letters provides an innovative approach to group psychotherapy for school-aged children who experience a range of social and emotional problems. A narrative therapy approach is adapted, taking the form of letters written by the therapist in the voice of a child who is asking for advice about interpersonal or emotional problems. The child in the letter is asking for guidance from the participants in the group. These letters were devised and written for the purpose of structuring responses in group psychotherapy, allowing the participants to address relevant issues for them individually and at the group level. The children in the groups had previously experienced difficulty discussing these issues spontaneously. Hence the ‘Dear Group’ letter format was born. The children did not know that the therapist had written the letters.

Pb: 978-0-415-99432-3: £27.95/$49.95
Published by Routledge

Also by Georgia A. DeGangi

Effective Parenting for
the Hard-to-Manage Child:
A Skills-Based Book

Georgia A. DeGangi and Anne Kendall
Published by Routledge

New!

Collaborative Brief Therapy
with Children

Matthew D. Selekman, Codirector, Partners for Collaborative Solutions, Illinois, USA

“…compelling and immediately useful… Seleman embraces the creative imagination and puts it at the forefront of his work with families... This book is fun and informative reading; I highly recommend it!” – Eliana Gil, Director of Clinical Services, Childhelp Children’s Center of Virginia, Fairfax, USA

In this engaging guide, Matthew Seleman presents cutting-edge strategies for helping children and their families overcome a wide range of emotional and behavioral challenges. Vivid case material illustrates how to engage clients rapidly and implement interventions that elicit their strengths. Integrating concepts and tools from a variety of therapeutic traditions,
Selekman describes creative applications of interviewing, family art and play, postmodern and narrative techniques, and positive psychology. He highlights ways to promote spontaneity, fun, and new possibilities — especially with clients who feel stuck in longstanding difficulties and entrenched patterns of interaction. The book updates and refines the approach originally presented in Selekan’s acclaimed Solution-Focused Therapy with Children.


Hb: 978-1-60623-568-3: £27.00
Published by Guilford Press

Also by Matthew D. Selekan

Pathways to Change
Brief Therapy with Difficult Adolescents
Second Edition
Pb: 978-1-59385-980-0: 2008: £16.50
Published by Guilford Press

New in Paperback!

Breaking Through to Teens
Psychotherapy for the New Adolescence
Ron Taffel, Founder, Family and Couples Treatment Services, Institute for Contemporary Psychotherapy, New York, USA

“Every page bears witness to Dr. Taffel’s empathy and warmth and his understanding of adolescents and their families. This book is a wonderful resource for both beginning and experienced therapists.” - Robert Brooks, Harvard Medical School, Massachusetts, USA

This book presents groundbreaking strategies for psychotherapy with today’s teens, for whom high-risk behavior, lack of adult guidance, and intense anxiety and stress increasingly come with the territory. Ron Taffel addresses the key challenge of building a therapeutic relationship that is strong enough to promote real behavioral and emotional change. He demonstrates effective ways to give advice that teens will listen to, get them to tell the truth about their lives, help parents reestablish their authority, and extend the reach of therapy by such nontraditional means as inviting teens to bring friends into sessions.


Hb: 978-1-59385-135-4: 2005: £25.00
Pb: 978-1-60623-944-5: £16.95
Published by Guilford Press

Forthcoming!

Starting Treatment With Children and Adolescents
A Process-Oriented Guide for Therapists
Steven Tuber, and Jane M. Caflich, both at City University of New York, USA

Starting Treatment With Children and Adolescents provides new therapists with a time-tested framework for treatment and moment-by-moment guides to the first few sessions with a new patient. In twelve remarkable case studies, the authors lay out a different individual play-therapy session that includes a verbatim transcript, a running commentary on the techniques and theory used in each session, and an analysis of what worked, what didn’t, and what else the clinician could have done to make the session as productive as possible.


Hb: 978-0-415-88557-7: £62.99/$100.00
Pb: 978-0-415-88558-4: £21.99/$34.95
Published by Routledge

Residential Treatment of Adolescents
Integrative Principles and Practices
Don Pazaratz, President and Founder, Warren Youth Services, USA

In Residential Treatment of Adolescents, Pazaratz discusses how practitioners can remain emotionally available for the needs of their residents without feeling overwhelmed. Readers will be apprised of ways to deal judiciously with residents who try to circumvent, con, play workers off each other, and even attempt to seduce or manipulate the worker.

Hb: 978-0-415-99708-9: £24.99/$44.95
Published by Routledge
Young adult men in their late teens and early twenties are statistically the least happy of any group of males surveyed. What’s more, scholarly research tells us that adolescent boys and young men have the highest rates of behavioral problems, completed suicides, and drug and alcohol problems of any demographic group. Young men frequently come into therapy with unresolved identity issues, behavioral problems, and drug and alcohol problems. In Therapy with Young Men, Verhaagen presents a comprehensive model of therapy with young men that address each of these concerns.


Hb: 978-0-415-80446-2: £38.95/$69.95
Pb: 978-0-415-80447-9: £19.50/$34.95

Published by Routledge
Read and Recommend

Dropping the Baby and Other Scary Thoughts

Breaking the Cycle of Unwanted Thoughts in Motherhood

Karen Kleiman, The Postpartum Stress Center, Pennsylvania, USA, and Amy Wenzel, University of Pennsylvania, USA

What if I drop my baby when I go down the steps? What if I burn the baby in the bathtub? Thoughts like these can be frightening to new mothers, but are a common symptom pregnant and postpartum women can experience. Dropping the Baby and Other Scary Thoughts addresses the nature of these intrusive, negative and unwanted thoughts. Kleiman and Wenzel offer answers to the women who seek information, clarification, and validation in this useful resource for healthcare professionals working with these mothers. Written by two clinicians who have established themselves as leading experts and authors in this specialized field, this book maintains a compassionate tone that will be a voice familiar to many women in the postpartum community.


Hb: 978-0-415-87700-8: £13.99/$24.95
Published by Routledge

Books from Garry L. Landreth

Winner – Best Practices in Parent/Family Education Award for 2010 from the Texas Association of Parent Educators!

Landreth/Bratton: Child Parent Relationship Therapy (CPRT): A 10-Session Filial Therapy Model
Hb: 978-0-415-95110-4: 2005: 512pp. £26.95/$42.50
Published by Routledge

Published by Routledge

Books by John Bowlby

The Making and Breaking of Affectional Bonds
Series: Routledge Classics
Published by Routledge

A Secure Base
Pb: 978-0-415-35527-8: 2005: 212pp. £11.50/$19.95
Series: Routledge Classics
Published by Routledge

www.routledge.com/classics

Parenting with Reason
Evidence-Based Approaches to Parenting Dilemmas

Esther Yoder Strahan, Clinical Psychologist, Ohio, USA, Wallace E. Dixon, Jr., East Tennessee State University, USA, and J. Burton Banks, Medical Practitioner, Southwest Virginia, USA

This is a rich common-sense manual on “evidence-based parenting.” Grounded in the best research available, it provides parents with the evidence to help them make the “tough parenting decisions” that they face.

Hb: 978-0-415-41328-2: £34.95/$62.95
Pb: 978-0-415-41329-9: £11.95/$19.95
Series: Parent and Child
Published by Routledge

www.parentingwithreason.com
What Every Man Should Know About Being a Dad
David Cohen, writer, psychologist and film maker
This book provides a guide for men on how to be a good dad. Dealing directly with the key issues and the many stresses that fathers can face, it looks at the psychological research on child development, parenting and fathering in particular.

Forthcoming!

Duped
Lies and Deception in Psychotherapy
Edited by Jeffrey Kottler, California State University, USA, and Jon Carlson, Governors State University, Illinois, USA
In this book, Jeffrey Kottler and Jon Carlson turn their well-polished therapy microscopes onto the subjects of lying, falsehood, deceit, and the loss of trust in the counseling room. What do clients lie about and why? When do therapists mislead or withhold information from their clients? What does it all mean? In their exploration of this taboo material, the authors interview and withhold information from their clients? What does it all mean? In

New Edition!

The Resilient Practitioner
Burnout Prevention and Self-Care Strategies for Counselors, Therapists, Teachers, and Health Professionals
Second Edition
Thomas Skovholt, and Michelle Trotter-Mathison, both at University of Minnesota, USA
This informative and inspirational volume creates a map for new mental health practitioners – one that provides a positive trinity of validity, clarity, and hope for novices, their teachers, and their supervisors.

Handbook of Child and Adolescent Psychopathy
Edited by Randall T. Salekin, University of Alabama, USA, and Donald R. Lynam, Purdue University, Indiana, USA
"A superb volume with chapters from the leading experts on childhood and adolescent psychopathy. Without question, this book is now the authoritative reference on the topic, and is likely to be consulted by researchers, practitioners, teachers, and students for years to come. Extremely impressive in its scholarship and scope of coverage, and highly recommended." - Scott O. Lilienfeld, Emory University, Atlanta, USA
This comprehensive Handbook synthesizes the explosion of recent research on child and adolescent psychopathy: its nature, causes, development, assessment, and treatment. The editors and contributors are leading authorities who review state-of-the-art empirical findings and weigh in on pressing questions, such as how the disorder should be conceptualized in youth and how to evaluate it in clinical and forensic contexts. Available assessment instruments and intervention approaches are critically examined. Etiological theories are presented that shed light on a range of potential causal mechanisms, including genetics, brain functioning, temperament, family processes, and other factors.


Hb: 978-1-60623-682-6: £41.00
Published by Guilford Press
This leading text and clinical guide offers best-practice recommendations for assessing a comprehensive array of child and adolescent mental health problems and health risks. Prominent authorities present evidence-based approaches that can be used in planning, implementing, and evaluating real-world clinical services. Coverage encompasses behavior disorders, mood disorders, anxiety disorders, developmental disorders, maltreatment, and adolescent problems.


for further books and DVDs by Russell A. Barkley please see page 15
A Clinician’s Guide to Normal Cognitive Development in Childhood
Edited by Elisabeth Hollister Sandberg, Suffolk University, Massachusetts, USA, and Becky L. Spritz, Roger Williams University, Rhode Island, USA

In A Clinician’s Guide to Normal Cognitive Development in Childhood, every chapter provides students and established professionals with an accessible set of descriptions of normal childhood cognition, accompanied by suggestions for how to think about normal development in a clinical context. Each sub-topic within cognitive development is explicated through a succinct presentation of empirical data in that area, followed by a discussion of the ethical implications. With an extensive review of data and clinical practice techniques, professionals and students alike will benefit enormously from this resource.

Hb: 978-0-415-99183-4: £21.99/$34.95
Published by Routledge

Handbook of Preschool Mental Health
Development, Disorders, and Treatment
Edited by Joan L. Luby, Washington University School of Medicine, St. Louis, USA

This important volume comprehensively explores the development of psychiatric disorders in 2- to 6-year-olds, detailing how the growing empirical knowledge base may lead to improved interventions for young children and their families.

Hb: 978-1-59385-313-6: 2006: £37.50
Pb: 978-1-60623-350-4: £19.00
Published by Guilford Press

The Extremes of the Bell Curve
Excellent and Poor School Performance and Risk for Severe Mental Disorders
James H. MacCabe, Institute of Psychiatry, King’s College London, UK

It has long been claimed that there is a strong association between high intelligence, or exceptional creativity, and mental illness. In this book, James MacCabe investigates this claim, using evidence from Swedish population data. He finds evidence that children who achieve either exceptionally high, or very low grades at school, are at greater risk of adult mental health disorders.

This book opens with an introduction to the epidemiology of psychosis with particular emphasis on cognitive performance and creativity. It goes on to provide a detailed description of the rationale, methods and results of a population study involving nearly a million individuals, conducted by Dr MacCabe in collaboration with colleagues in Stockholm, Sweden, and London, UK.


Hb: 978-1-60623-315-3: £51.00
Published by Guilford Press

Handbook of Infant Mental Health
Third Edition
Edited by Charles H. Zeanah, Jr., Tulane University School of Medicine, New Orleans, USA

“Since the prior edition of this Handbook, major advances in biology and neuroscience have been made... This magnificent third edition brings together all relevant advances in a well-referenced but remarkably accessible volume. It is a true gem for all clinicians and students.” - Peter Fonagy, University College London, UK

Widely regarded as the standard reference in a burgeoning field, this state-of-the-art Handbook offers a comprehensive analysis of developmental, clinical, and social aspects of mental health from birth to the preschool years.

Hb: 978-1-60623-315-3: £51.00
Published by Guilford Press

Pediatric Neuropsychology
Research, Theory, and Practice
Second Edition
Edited by Keith Owen Yeates, Ohio State University, USA, M. Douglas Ris, Baylor College of Medicine, Texas, USA, H. Gerry Taylor, Case Western Reserve University, Ohio, USA, and Bruce F. Pennington, University of Denver, Colorado, USA

The most comprehensive, authoritative reference of its kind, this successful work examines a wide range of acquired, congenital, and developmental brain disorders and their impact on children’s neuropsychological functioning.

Hb: 978-1-60623-465-5: £51.00
Series: Science and Practice of Neuropsychology
Published by Guilford Press
New in Paperback!

**Handbook of Pediatric Psychology**

*Fourth Edition*

**Edited by Michael C. Roberts, and Ric G. Steele, both at University of Kansas, USA**

“This extraordinary book captures the breadth and excitement of the field of pediatric psychology... A remarkable, monumental work.” - Diane J. Willis, University of Oklahoma Health Sciences Center, USA

Sponsored by the Society of Pediatric Psychology, this state-of-the-science work is recognized as the definitive reference in the field. In concise, peer-reviewed chapters, leading authorities comprehensively examine links between psychological and medical issues in children and adolescents. Psychosocial aspects of specific medical problems and developmental, emotional, and behavioral disorders are reviewed. The volume showcases evidence-based approaches to intervention and prevention.


Hb: 978-1-60623-328-3: 2009: £64.00
Pb: 978-1-60918-175-8: £34.00

Published by Guilford Press

New Edition!

**Supervision and Clinical Psychology**

*Theory, Practice and Perspectives*

**Second Edition**

**Edited by Ian Fleming, and Linda Steen, both at University of Manchester, UK**

Supervision is crucial to good professional practice, and an essential part of training and continuing professional development. This second edition of *Supervision and Clinical Psychology* has been fully updated to include the recent developments in research, policy, and the practice of supervision. With contributions from senior trainers and clinicians who draw on both relevant research and their own experience, this book is rooted in current best practice and explores the main issues important to supervision. New areas of discussion include:

- the impact of the recent NHS policy
- developments in supervisor training
- practical aspects of supervision
- a consideration of future trends.

*Supervision and Clinical Psychology, Second Edition* is essential reading for clinical psychology supervisors as well as being invaluable to those who work in psychiatry, psychotherapy and social work.


Hb: 978-0-415-99699-0: £60.00/$104.00
Pb: 978-0-415-49512-7: £22.99/$40.00

Published by Routledge

Self-Esteem Across the Lifespan

**Issues and Interventions**

**Edited by Mary H. Guindon, Johns Hopkins University, Maryland, USA**

“Self-esteem luminary Mary Guindon and her all-star cast of experts deliver the definitive guide to understanding and enhancing self-esteem across the lifespan.” - W. Brad Johnson, United States Naval Academy, USA

As long as clinicians write “increase self-esteem” on treatment plans without knowing precisely what that means, there is a need for information on the construct of self-esteem and how its many components can have an effect on outcomes. This text defines self-esteem, describes its history and evolution, discusses its controversies, and presents information on intervention strategies that can make a difference when it receives clinical attention. Principles and concepts are applied to various clinical concerns faced by clients in each of the five developmental life stages: childhood, adolescence, young adulthood, midlife, and late life.


Hb: 978-0-415-49511-0: £22.99/$40.00

Published by Routledge

Child and Adolescent Forensic Psychiatry

**Children as Victims, Witnesses, and Offenders**

**Psychological Science and the Law**

**Edited by Bette L. Bottoms, and Cynthia J. Najdowski, both at the University of Illinois, USA, and Gail S. Goodman, University of California, USA**

“Although much has been written about child abuse victims and juvenile offenders in the last two decades, these literatures have not previously been presented together in such an authoritative, comprehensive, and accessible way. This book is both a resource for established scholars and a well-written introduction for students in applied developmental, forensic, and clinical psychology, as well as social work and juvenile and family law.” - Michael E. Lamb, University of Cambridge, UK

Grounded in the latest clinical and developmental knowledge, this book brings together leading authorities to examine the critical issues that arise when children and adolescents become involved in the justice system. Chapters explore young people’s capacities, competencies, and special vulnerabilities as victims, witnesses, and defendants. Key topics include the reliability of children’s abuse disclosures, eyewitness testimony, interviews, and confessions; the evolving role of the expert witness; and the psychological impact of trauma and of legal involvement.


Hb: 978-1-60623-332-0: £30.50

Published by Guilford Press
Multisystemic Therapy and Neighborhood Partnerships

Reducing Adolescent Violence and Substance Abuse

Cynthia Cupit Swenson, and Scott W. Henggeler, both at the Medical University of South Carolina, USA, Ida S. Taylor, Gethsemani Community Center, Charleston, USA, and Oliver W. Addison, Charleston, USA

“This book contains unusually informative, insightful, and practical information on developing and implementing effective juvenile delinquency programs in very troubled neighborhoods. Remarkably, it will appeal to practitioners, students, and researchers alike – a very rare quality.” - James C. Howell, University of South Carolina, USA

Based on the proven technology of Multisystemic Therapy (MST), this unique book provides an exemplary approach to empowering communities to reduce youth violence and substance abuse and promote school success. Effective strategies for working with at-risk youth are embedded in a comprehensive framework that enlists the talents and resources of clinicians, human service professionals, neighborhood residents, community organizations, and outside stakeholders.

Hb: 978-1-59385-109-5: £27.50
Published by Guilford Press

Multisystemic Therapy for Antisocial Behavior in Children and Adolescents

Second Edition

Scott W. Henggeler, and Sonja K. Schoenwald, both at the Medical University of South Carolina, USA, Charles M. Borduin, University of Missouri, USA, and Melissa D. Rowland, and Phillippe B. Cunningham, both at the Medical University of South Carolina, USA

“This impressive second edition builds upon new research and clinical experience to expand and enrich a classic guide. I enthusiastically recommend this book to all of my colleagues in the mental health field.” - Nancy Boyd-Franklin, Rutgers, The State University of New Jersey, USA

Multisystemic therapy (MST) has grown dramatically since the initial publication of this comprehensive manual. Today, over 400 MST programs operate in more than thirty states and ten countries, supported by a strong empirical evidence base. This book explains the principles of MST and provides clear guidelines for clinical assessment and intervention with delinquent youth and their families.

Hb: 978-0-415-48641-5: £47.50/$85.00
Pb: 978-0-415-48642-2: £16.50/$29.95
Series: Clinical Psychology: A Modular Course
Published by Psychology Press

Clinical Psychology: A Modular Course Series

Childhood Disorders

Second Edition

Philip C. Kendall, Temple University, Philadelphia, USA, and Jonathan S. Comer, Columbia University, New York, USA

“In this well written and highly informative textbook, Kendall and Comer lay out the rationale for and characteristics of a cognitive-behavioral approach to treating childhood mental disorders. The book is accessible, evidence-based, up-to-date, and full of clinical pearls.” - John S. March, Duke University Medical Center, North Carolina, USA

In this revised edition of Childhood Disorders, Philip C. Kendall and Jonathan S. Comer present current information about the full range of psychological disorders that occur in childhood, and discuss the major models that guide the thinking about each disorder. Specific criteria for diagnosis are presented alongside the latest research findings to provide an overview of methods used for treating childhood disorders.


Hb: 978-0-415-48641-5: £47.50/$85.00
Pb: 978-0-415-48642-2: £16.50/$29.95
Series: Clinical Psychology: A Modular Course
Published by Psychology Press

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Hb: 978-0-415-41972-7: 2007: 272pp. £47.50/$85.00

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Hb: 978-0-415-38518-3: 2007: 272pp. £47.50/$85.00
Pb: 978-0-415-38519-0: 2007: 272pp. £16.50/$29.95

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Hb: 978-1-84169-547-1: 2006: 256pp. £47.50/$85.00
Pb: 978-1-84169-548-8: 2006: 256pp. £16.50/$29.95

Rachman: Anxiety, Second Edition
Hb: 978-1-84169-515-0: 2004: 224pp. £47.50/$85.00
Pb: 978-1-84169-516-7: 2004: 224pp. £16.50/$29.95

www.psypress.com/clinicalmodular
Women, Girls, and Addiction
Celebrating the Feminine in Counseling Treatment and Recovery
Cynthia A. Briggs, Winona State University, Minnesota, USA, and Jennifer L. Pepperell, Minnesota State University – Mankato, USA

“In this landmark text, [the authors] have given a voice to a population and attention to a problem that heretofore has been overlooked, underserved, or inappropriately treated. Readers will find within these pages a wealth of ways to productively work with addicted women and girls. This book is both a first and a foremost contribution to the field of addiction.” - Samuel T. Gladding, Wake Forest University, USA; former president of the American Counseling Association

Women, Girls, and Addiction is the first book on the efficacy of treatment approaches and interventions that are tailored to working with addicted women, and the first publication of any kind to provide a feminist approach to understanding the experience of addiction from the female perspective.

Hb: 978-0-415-99352-4: £18.00/$32.95
Published by Routledge

What Causes ADHD?
Understanding What Goes Wrong and Why
Joel T. Nigg, Michigan State University, USA

“The book offers as complete a picture of the likely causes of ADHD as current science permits, while rendering this very technical and complex literature into an easily understandable, no-nonsense form. Scientists working on ADHD will find this book very useful and informative. Clinicians will find a state-of-the-art summation of the causes of ADHD and a framework for explaining related issues and controversies to patients and families.” - Russell A. Barkley, SUNY Upstate Medical University, USA

Synthesizing a wealth of recent neuropsychological research, this groundbreaking book focuses on the multiple pathways by which attention-deficit/hyperactivity disorder (ADHD) develops. Joel T. Nigg marshals the best available knowledge on what is actually going on in the symptomatic child’s brain and why, tracing the intersecting causal influences of genetic, neural, and environmental factors. In the process, the book confronts such enduring controversies as the validity of ADHD as a clinical construct.

Pb: 978-1-60623-352-8: £18.00
Published by Guilford Press

ADHD/ADD

Treating ADHD and Comorbid Disorders
Psychosocial and Psychopharmacological Interventions
Steven R. Pliszka, University of Texas at San Antonio, USA

“This book is a true gem. Synthesizing diagnostic, etiological, and treatment research on ADHD and comorbid disorders, Pliszka provides a concise yet sophisticated summary of up-to-date findings... Pliszka’s balanced blend of the best psychosocial and medication treatment approaches will make this book of keen interest to a broad audience.” - James T. McCracken, UCLA Semel Institute, USA

Children and adolescents with attention-deficit/hyperactivity disorder (ADHD) frequently experience co-occurring problems with aggression, mood swings, tics, anxiety, or depression. Organized around detailed case presentations,
Anxiety

Child Anxiety Disorders
A Guide to Research and Treatment
Second Edition

Deborah C. Beidel, University of Central Florida, USA, and Candice A. Alfano, The George Washington University School of Medicine, Washington D.C., USA

Childhood anxiety disorders represent one of the most common psychological disorders found among the general population. They can be serious, distressful, and functionally impairing, so much so that there has been an explosion of interest in their treatment, primarily from pharmacological and cognitive-behavioral perspectives. Addressing these perspectives is the second edition of Child Anxiety Disorders, by Drs. Beidel and Alfano. They pay close attention to new pharmacological and psychological interventions as well as multi-center trials that compare single and combined treatment modalities.


Published by Routledge

Autism

Autism Spectrum Disorders in Infants and Toddlers
Diagnosis, Assessment, and Treatment

Edited by Katarzyna Chawarska, Ami Klin, and Fred R. Volkmar, all at the Yale Child Study Center, Connecticut, USA

“One of the most exciting developments in the autism field in the past decade has been the study of autism as it emerges in infancy and toddlerhood. This exceptional volume captures the crest of this wave by summarizing clinical and experimental studies of autism in early childhood... This is a ‘must read’.” - Professor Tony Charman, University College London, UK

Rich with clinical insights, this volume reviews the state of the science of identifying and treating autism spectrum disorders (ASD) in very young children. Leading authorities examine
critical research issues and present innovative approaches to assessing social, cognitive, adaptive, communication, and sensory–motor impairments in the first two years of life. Providing a comprehensive discussion of developmental, behavioral, and medical intervention models, the book also addresses ways to support families in coping with an early ASD diagnosis and becoming effective advocates for their children.


Pb: 978-1-60623-970-4: £18.00
Published by Guilford Press

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**New**

**Early Start Denver Model Curriculum Checklist for Young Children with Autism**

Sally J. Rogers, M.I.N.D Institute, University of California, USA, and Geraldine Dawson, University of North Carolina at Chapel Hill, USA

The ESDM Curriculum Checklist is used to comprehensively assess the skills of toddlers and preschoolers with autism across multiple developmental domains and to establish individualized teaching objectives. Administered every 12 weeks, it is an essential component of the intervention program described in the authoritative manual, *Early Start Denver Model for Young Children with Autism.* Sold in sets of 15 ready-to-use booklets.

Pb: 978-1-60623-633-8: £32.50
Published by Guilford Press

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**Growing Up with Autism**

Working with School-Age Children and Adolescents

Edited by Robin L. Gabriels, University of Colorado at Denver and Health Sciences Center, USA, and Dina E. Hill, University of New Mexico School of Medicine, USA

“A wonderful resource for educators and mental health professionals, this book is filled with practical and helpful guidance covering a range of issues... A real contribution to the field.” — Fred R. Volkmar, Yale University School of Medicine, Connecticut, USA

Individuals with autism and their caregivers face unique challenges in later childhood and adolescence, yet this period is often neglected in the professional literature. This much-needed volume translates current research on the needs of this population into practical recommendations for clinicians and educators.


Hb: 978-1-59385-645-1: 2007: £23.00
Pb: 978-1-60918-147-5: £16.95
Published by Guilford Press

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**Now!**

**Early Start Denver Model for Young Children with Autism**

Promoting Language, Learning, and Engagement

Sally J. Rogers, M.I.N.D Institute, University of California, USA, and Geraldine Dawson, University of North Carolina at Chapel Hill, USA

“Rogers and Dawson have met an important need for early intervention service providers with this stunningly comprehensive manual... Early Start Denver Model for Young Children with Autism is one of the best examples of translating science into practice; it will serve as the standard against which future treatment manuals in the field are judged.” — Samuel L. Odom, University of North Carolina at Chapel Hill, USA

From leading authorities, this state-of-the-art manual presents the Early Start Denver Model (ESDM), the first comprehensive, empirically tested intervention approach specifically designed for toddlers and preschoolers with autism. Supported by the principles of developmental psychology and applied behavior analysis, ESDM’s intensive teaching interventions are delivered within play-based, relationship-focused routines. The manual provides structured, hands-on strategies for working with very young children in individual and group settings to promote development in such key domains as imitation; communication; social, cognitive, and motor skills; adaptive behavior; and play.


Hb: 978-1-60623-632-1: £46.00
Pb: 978-1-60623-970-4: £18.00
Published by Guilford Press
This two-book package and DVD presents a parent training approach that is accessible, evidence-based, and highly practical. Grounded in developmental and behavioral research, the Practitioner’s Guide provides step-by-step guidelines for conducting parent training individually or in groups. It takes proven techniques for promoting the social-communication skills of young children with autism and breaks them into simple yet effective steps so parents can learn how to do them. The DVD, for use in the training sessions, features video clips of parents implementing the techniques with their children, as well as PowerPoint slides. The companion Manual for Parents helps parents master the techniques and use them at home with their child during daily routines and activities.

Pb: 978-1-60623-442-6: February 2010: £57.00
Published by Guilford Press

Behavioral and Emotional Disorders in Adolescents
Nature, Assessment, and Treatment
Edited by David A. Wolfe, University of Toronto, and University of Western Ontario, Canada, and Eric J. Mash, University of Calgary, Alberta, Canada
Systematic, authoritative, and timely, this is an outstanding reference and text for anyone working with or studying adolescents. More than 50 leading experts comprehensively review current knowledge on adolescent externalizing disorders, internalizing disorders, developmental disorders and personality and health-related disorders.

Pb: 978-1-59385-225-2: 2006: £54.00
Pb: 978-1-60623-115-9: £28.50
Published by Guilford Press

"The Parent Manual is exceedingly clear and user friendly. I have used this program in my own clinical research with tremendous success; I am glad it will now be widely available." - Laura Schreibman, University of California, San Diego, USA

This manual helps parents master proven techniques for teaching social-communication skills to young children with autism. The authors clearly describe the skills-building techniques and show how to integrate them into everyday family routines and activities. Designed for use as part of a therapist-guided program, the manual includes reproducible forms.


Pb: 978-1-60623-440-2: £16.00
Published by Guilford Press

Published by Routledge

New!
Social Skills for Teenagers With Developmental and Autism Spectrum Disorders
The PEERS Treatment Manual
Elizabeth A. Laugeson, UCLA Semel Institute for Neuroscience and Human Behavior, California, USA, and Fred Frankel, UCLA School of Medicine, California, USA

This book is essential reading for any clinician or researcher working with teens with autism spectrum disorders. This parent-assisted intervention for teens is based on a comprehensive, evidence-based, 14-week program at UCLA’s Semel Institute for Neuroscience and Human Behavior, the manualization of the popular UCLA PEERS Program, and the success of the Children’s Friendship Training (Routledge, 2002) manual for children. After reviewing techniques designed to help parents and therapists tailor the manual to the needs of the teens with whom they are working, the text moves on to the individual treatment sessions and strategies for tackling issues such as developing conversational skills, choosing friends and using humor.


Pb: 978-0-415-87203-4: £27.99/$49.95
Published by Routledge

New!
Teaching Social Communication to Children with Autism
A Manual for Parents
Brooke Ingersoll, Michigan State University, USA, and Anna Dvortcask, in private practice, Portland, Oregon, USA

“I am glad it will now be widely available.” - Laura Schreibman, University of California, San Diego, USA

This manual helps parents master proven techniques for teaching social-communication skills to young children with autism. The authors clearly describe the skills-building techniques and show how to integrate them into everyday family routines and activities. Designed for use as part of a therapist-guided program, the manual includes reproducible forms.


Pb: 978-1-60623-440-2: £16.00
Published by Guilford Press

Published by Routledge

Two Book Set!
Teaching Social Communication to Children with Autism
A Practitioner’s Guide to Parent Training and A Manual for Parents
Brooke Ingersoll, Michigan State University, USA, and Anna Dvortcask, in private practice, Oregon, USA
“Eating Disorders

Read and Recommend!

My Kid is Back
Empowering Parents to Beat Anorexia Nervosa
June Alexander, writer, Australia, with Daniel Le Grange, University of Chicago, Illinois, USA

“My Kid is Back is packed with practical, helpful and inspiring information. It gives parents a powerful message of hope – that recovery from an eating disorder is possible.” - Susan Ringwood, Chief Executive, Beat, UK

My Kid is Back explains how family-based treatment can greatly reduce the severity of anorexia nervosa in children and adolescents, allowing the sufferer to return to normal eating patterns, and their families to return to normal family life. In this book ten families share their experiences of living with anorexia. Parents describe their frustrations in seeking help for their child and dealing with their behaviour and sufferers discuss how the illness gets into their mind and takes over their personality.

By focusing on the Maudsley family approach and expert advice from Professor Daniel Le Grange, and including clear lists of illness symptoms, strategies for parents and carers to follow, and information on getting further treatment and support, this book proves an essential resource for families who want to win the battle with anorexia nervosa.


Pb: 978-0-415-58115-8: £9.99/$17.95
Published by Routledge

www.routledgementalhealth.com/my-kid-is-back

Forthcoming!

A Collaborative Approach to Eating Disorders
Edited by June Alexander, writer, Australia, and Janet Treasure, Maudsley Hospital and King's College London, UK

While many aspects of eating disorders remain a mystery, there is growing evidence that collaboration is an essential element for treatment success. This book emphasises and explains the importance of family involvement as part of a unified team approach towards treatment and recovery.

A Collaborative Approach to Eating Disorders draws on up-to-date evidence based research as well as case studies and clinical vignettes to illustrate the seriousness of eating disorders and the impact on both the sufferer and others.


Hb: 978-0-415-58145-5: £65.00/$110.00
Pb: 978-0-415-58146-2: £24.99/$44.95
Published by Routledge

Also by Janet Treasure

The Clinician’s Guide to Collaborative Caring in Eating Disorders
Edited by Janet Treasure, Ulrike Schmidt, and Pam Macdonald

“This book is a valuable companion piece to Treasure et al.’s existing volume, providing useful information, resources and skills for clinicians.” - Professor Glenn Waller, Vincent Square Eating Disorders Service, CNWL NHS Foundation Trust, UK

Hb: 978-0-415-48424-4: 2009: 304pp. £65.00/$110.00

The New Maudsley Method

Treasure et al.: Skills-based Learning for Caring for a Loved One with an Eating Disorder: The New Maudsley Method


Treasure/Schmidt: Clinician’s Guide: Getting Better Bit(e) by Bit(e): A Survival Kit for Sufferers of Bulimia Nervosa and Binge Eating Disorders

Hb: 978-0-86377-730-1: 1997: 240pp. £25.95/$47.50

Schmidt/Treasure: Getting Better Bit(e) by Bit(e): A Survival Kit for Sufferers of Bulimia Nervosa and Binge Eating Disorders


All Published by Routledge

10% DISCOUNT: Order online at www.camharena.com
Treating Bulimia in Adolescents
A Family-Based Approach
Daniel Le Grange, University of Chicago, Illinois, USA, and James Lock, Stanford University School of Medicine, California, USA

“Written by two specialists on eating disorders, this book provides a detailed description of a family-based treatment for adolescents with bulimia nervosa... this is an invaluable resource for clinicians.” - Christopher G. Fairburn, Warneford Hospital, Oxford University, Oxford, UK

An indispensable clinical resource, this groundbreaking book is the first treatment manual to focus specifically on adolescent bulimia nervosa. The authors draw on their proven approach to treating anorexia nervosa in the family context and adapt it to the unique needs of this related yet distinct clinical population.

Hb: 978-1-59385-414-0: 2007: £24.00
Pb: 978-1-59385-415-7: 2007: £16.95
Published by Guilford Press

New!
Eating Disorders in Sport
Ron A. Thompson, and Roberta Trattner Sherman, both in private practice, Indiana, USA

In this book, the authors draw on their extensive clinical experience to discuss how to identify, manage, treat, and prevent eating disorders in sport participants. They begin by examining the clinical conditions related to eating problems, including descriptions of specific disorders, and a review of the relevant literature. Special attention is given to the specific gender and sport-related factors that can negatively influence the eating habits of athletes.


Hb: 978-0-415-99836-9: £28.00/$49.95
Pb: 978-0-415-99835-2: 2010: £18.95/$29.95

FREE SHIPPING! Postage and packing free for UK, US and Canadian online orders over £20/$35

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The book is infused with clinical wisdom that will fully prepare the reader for treating these challenging conditions. This exceptional book is a ‘must read.’" - Matthew K. Nock, Harvard University, Massachusetts, USA

Grounded in decades of research and the clinical care of thousands of depressed and suicidal teens, this highly accessible book will enhance the skills of any therapist who works with this challenging population. The authors describe the nuts and bolts of assessing clients and crafting individualized treatment plans that combine cognitive and behavioral techniques, emotion regulation interventions, family involvement, and antidepressant medication. Illustrated with many clinical examples, each chapter includes a concise overview and key points.


Hb: 978-1-60623-957-5: £24.00
Published by Guilford Press

Forthcoming!

Object Relations in Depression
A Return To Theory
Trevor Lubbe, in private practice, South Africa

“This is a unique book that brings together in a coherent and meaningful developmental sequence psychoanalytic ideas about depression... The book, beautifully illustrated with clinical vignettes, provides an essential guide for clinicians accumulating the wisdom of generations of psychoanalytic thinkers.” - Peter Fonagy, University College London, UK

This book examines the role of British Object Relations Theory in order to explore our understanding and treatment of depression. It challenges current conceptualizations of depression whilst simultaneously discussing the complex nature of depression, its long lasting and chronic implications and the susceptibility to relapse many may face.

Object Relations in Depression offers a psychoanalytic discussion of the multifaceted nature of depression and as such will be of great interest to all those in the psychoanalytic field.


Hb: 978-0-415-57676-5: £50.00/$80.00
Published by Routledge

for further books on Child and Adolescent Psychoanalysis please see pages 26, 37
integrated treatment for bipolar disorder... This book will appeal to any mental health professional who wants to learn how to deliver family-focused treatment successfully." - David J. Kupfer, University of Pittsburgh School of Medicine, USA

Family-focused psychoeducational treatment (FFT) is among a very small number of psychosocial treatments that have been found to be effective in multiple studies to improve the course of bipolar disorder. This indispensable guide describes how to implement FFT with adult and adolescent patients and their family members. Provided are practical procedures for helping families understand the nature of bipolar disorder, strengthen their communication skills, solve day-to-day problems, and reduce the risk and severity of relapse. The book incorporates state-of-the-art knowledge on the illness and its biological and psychosocial management.


Hb: 978-1-59385-655-7: £25.95
Pb: 978-1-60623-645-1: £18.00
Published by Guilford Press

New!
Understanding Bipolar Disorder
A Developmental Psychopathology Perspective
Edited by David J. Miklowitz, and Dante Cicchetti, University of Minnesota, USA

“A tour de force. This book masterfully brings together all that is known about the biological, social, and psychological factors that contribute to bipolar disorder and that underlie treatment... Will surely be required reading for researchers, clinicians, and students.” - Mark Williams, University of Oxford, UK

This is the first book to systematically examine the development and course of bipolar disorder across the lifespan, identifying important directions for evidence-based treatment and prevention. The editors and contributors are foremost authorities who synthesize cutting-edge research at multiple levels of analysis, including genetic, neurobiological, cognitive, emotional, and family perspectives. Compelling topics include how bipolar symptoms change from childhood through adolescence and adulthood and the interplay of risk and protective factors at different developmental stages.


Hb: 978-1-60623-622-2: £51.00
Pb: 978-1-60623-645-1: £18.00
Published by Guilford Press

New!
Protecting Children from Violence
Evidence-Based Interventions
Edited by James Michael Lampinen, University of Arkansas, USA, and Kathy Sexton-Radek, Elmhurst College, Illinois, USA

Providing an evidence-based understanding of the causes and consequences of violence against children, experts in the field examine the best practices used to help protect children from violence. Various types of violence are reviewed including physical and sexual abuse, (cyber-)bullying, human trafficking, online predators, abductions, and war.

Hb: 978-1-84872-840-0: £49.95/$75.00
Pb: 978-1-84872-841-7: £22.50/$34.95
Published by Psychology Press
e-Inspection copy available

Child Abuse and Neglect
Monica L. McCoy, Converse College, South Carolina, USA, and Stefanie M. Keen, University of South Carolina Upstate, USA

Child abuse and neglect are examined in this new book – the latest research, what it entails, and how to recognize and report it. Federal law mandates the reporting of suspected child maltreatment by many professionals. This book will appeal to those who one day find themselves in the role of a mandated reporter.

Hb: 978-0-8058-6244-7: £32.50/$59.95
Published by Psychology Press
e-Inspection copy available

Preventing Child Maltreatment
Community Approaches
Edited by Kenneth A. Dodge, and Doriane Lambelet Coleman, both at Duke University, North Carolina, USA

Many child abuse prevention programs have targeted factors within the family, such as parenting skills. This book describes the next wave of prevention: the promotion of safer, healthier childrearing environments in entire communities.

Hb: 978-1-59385-973-2: £30.50
Series: Duke Series in Child Development and Public Policy
Published by Guilford Press
For too many traumatized children and their families, chronic stressors such as poverty, substance abuse, and family or community violence – coupled with an overburdened care system – pose seemingly insurmountable barriers to treatment. This empowering book provides a user-friendly blueprint for making the most of limited resources to help those considered the “toughest cases.”

Hb: 978-1-60623-892-9: £27.00
Pb: 978-1-60623-349-8: £18.00
Published by Guilford Press

New!

Working with Children to Heal Interpersonal Trauma: The Power of Play
Edited by Eliana Gil, Virginia Tech University, Virginia, USA

Featuring in-depth case presentations from master clinicians, this volume highlights the remarkable capacity of traumatized children to guide their own healing process. The book describes what posttraumatic play looks like and how it can foster resilience and coping. Demonstrated are applications of play, art, and other expressive therapies with children who have faced such overwhelming experiences as sexual abuse or chronic neglect.


Published by Guilford Press

New!

Treating Traumatic Stress in Children and Adolescents
How to Foster Resilience through Attachment, Self-Regulation, and Competency
Margaret E. Blaustein, and Kristine M. Kinniburgh, both at The Trauma Center, Justice Resource Institute, Massachusetts, USA

“This is a comprehensive guide to effectively helping the innumerable children who have lost their way in the world as a result of terrifying experiences. Blaustein and Kinniburgh’s highly practical methods for promoting self-regulation, safety, and competency make this book a landmark for understanding and treating traumatized children.” - Bessel A. van der Kolk, Boston University School of Medicine, USA

Grounded in theory and research on complex childhood trauma, this book provides an accessible, flexible, and comprehensive framework for intervention with children and adolescents and their caregivers. It is packed with practical clinical tools that are applicable in a range of settings, from outpatient treatment centers to residential programs.


Pb: 978-1-60623-625-3: £27.00
Published by Guilford Press

New!

Colaborative Treatment of Traumatized Children and Teens
The Trauma Systems Therapy Approach
Glenn N. Saxe, and B. Heidi Ellis, both at the Boston Medical Center and Boston University School of Medicine, Boston University, USA, and Julie B. Kaplow, New Jersey Medical School, University of Medicine and Dentistry of New Jersey, USA

“Outstanding... Provides, for the first time, an integrative model of mental health care for children and adolescents exposed to traumatic life events, abuse, and community violence.” - Terence M. Keane, National Center for PTSD, VA Boston Healthcare System and Boston University, USA

For further books on Play Therapy please see page 32

Forthcoming!

Progressive Counting Within a Phase Model of Trauma-Informed Treatment
Ricky Greenwald, Trauma Institute/Child Trauma Institute, Massachusetts, USA

Clinicians are always looking for an intervention that may be more effective, more efficient, better tolerated by clients, or easier to master. Progressive counting is a significant advance in trauma treatment: a study comparing progressive counting...
to eye movement desensitization and reprocessing (EMDR, the prior leader in trauma treatment efficiency) found progressive counting to be as efficient as EMDR and as well tolerated by clients. Moreover, progressive counting is much simpler to learn and to do properly and is preferred over EMDR by most therapists trained in both. Now that progressive counting has been proven effective and efficient in controlled research, this book is here to show you how to do it.


Pb: 978-0-415-99801-7: £25.00/$44.95
Published by Routledge

Treating Problem Behaviors
A Trauma-Informed Approach
Ricky Greenwald, Trauma Institute/Child Trauma Institute, Massachusetts, USA

The book is designed as a user-friendly textbook/manual for mental health professionals. It teaches a trauma-informed treatment approach as an organizing framework for a series of empirically supported interventions including motivational interviewing, cognitive-behavioral skills training, trauma resolution, and relapse prevention.

Pb: 978-0-415-99801-7: £25.00/$44.95
Published by Routledge

Forthcoming!

Dissociation in Traumatized Children and Adolescents
Theory and Clinical Interventions
Edited by Sandra Wieland, in private practice, Centre for Counselling and Therapy, British Columbia, Canada

Dissociation in Traumatized Children and Adolescents is a groundbreaking text for the study of dissociation in young people. In eight unique and compelling case studies, the authors lay out detailed narratives that illustrate both the therapist’s reactions and thought process during case development. These case studies present many aspects of working with traumatized children who dissociate – trauma processing, attachment work, work with the family, interactions with the community – and give frank analysis of the difficulties clinicians encounter in various therapeutic situations and how and why they arrived at particular therapeutic decisions.


Sexual Abuse Led to Integration. Potgieter Marks, Jason (7 Years Old): Two Week Intensive Therapy for Adopted Child with Dissociation. Waters, Ryan (9 Years Old): Treatment of Somatoform Dissociation (Encopresis and Multiple Physical Complaints) in Young Boy. Wieland, Joey (12 Years Old): Treatment of Child with DDNOS Following Early Family Trauma. Silberg, Angela (14 Years Old): Working with a Dissociative Teen with Medical Trauma. Yehuda, Leroy (7 Years Old) Speech Therapy and Consulting for a Dissociative Child in a School Setting. Wieland, Discussion and Conclusion.

Hb: 978-0-415-87749-7: £24.99/$44.95
Series: Psychosocial Stress
Published by Routledge

www.routledgementalhealth.com/pss

New Edition!

Attachment, Trauma and Multiplicity
Working with Dissociative Identity Disorder
Second Edition
Edited by Valerie Sinason, Clinic for Dissociative Studies, UK

This revised edition of Attachment, Trauma and Multiplicity investigates the subject of Dissociative Identity Disorder. With brand new chapters on police work and attachment theory it has been fully updated to include new research and the latest understanding of patterns of attachment theory that lead to dissociation.

With contributions from psychotherapists, psychiatrists, psychoanalysts and service users this book covers the background history and a description of the condition along with the issues of diagnoses and treatment.


Hb: 978-0-415-49179-2: £60.00/$104.00
Pb: 978-0-415-49181-5: £22.99/$40.00
Published by Routledge
Child and Adolescent Cognitive Behaviour Therapy

Forthcoming!

Teaching Child Psychiatrists (and Other Busy Mental Health Professionals!) Cognitive Behavioral Therapy

Rubrics and Rudiments

Robert D. Friedberg, Angela A. Gorman, and Laura Hollar-Wilt, all at Penn State Milton Hershey Medical Center, USA, Adam Biuckians, in private practice, Pennsylvania, and Michael Murray, Penn State Milton Hershey Medical Center, USA
Illustrations by Jolene H. Garcia

Teaching Child Psychiatrists Cognitive Behavioral Therapy is an essential resource for clinical child psychologists, psychiatrists and psychotherapists, and mental health professionals. Since 2001, psychiatry residency programs have required resident competency in five specific psychotherapies, including cognitive-behavioral therapy. This unique text is a guidebook for instructors and outlines fundamental principles, while offering creative applications of technique to ensure that residency training programs are better equipped to train their staff.

**CONTENTS:**
- Introduction: The Whys and Wherefores of this Book.
- Case Conceptualization
- Therapeutic Stance
- Session Structure
- Psychoeducation
- Self Monitoring
- Behavioral Techniques
- Cognitive Restructuring and Problem Solving Interventions
- Rational Analysis
- Behavioral Experiments and Exposure
- Incorporating CBT Concepts into Medication Management
- Improving as a CB Psychotherapist

Hb: 978-0-415-99127-8: £22.00/$39.95
Published by Routledge

Cognitive Behavioral Therapy with Children

A Guide for the Community Practitioner

Katharina Manassis, University of Toronto, Canada

This book aims to bridge the gap between child cognitive behavioral therapy (CBT) as practiced in academic centers and its use in community settings; by using a step-by-step, practical approach to spell out child CBT assessment and treatment considerations that are often not detailed in treatment manuals.

Pb: 978-0-415-99670-9: £22.50/$39.95
Published by Routledge

Cognitive Therapy Techniques for Children and Adolescents

Tools for Enhancing Practice

Robert D. Friedberg, Penn State Milton Hershey Medical Center, Pennsylvania, USA, Jessica M. McClure, Cincinnati Children’s Hospital Medical Center, USA, and Jolene Hillwig Garcia, Penn State Milton Hershey Medical Center, Pennsylvania, USA

Providing a wealth of practical interventions and activities – all organized within a state-of-the-art modular framework – this invaluable book helps child clinicians expand their intervention toolkits.

Hb: 978-1-60623-313-9: £25.95
Published by Guilford Press

CBT with Children, Adolescents and Families Series

Post Traumatic Stress Disorder

Cognitive Therapy with Children and Young People

Patrick Smith, Sean Perrin, William Yule, and David M. Clark, all at Institute of Psychiatry, King's College London, UK

“Written by leading experts in the field... this book will be an invaluable resource for mental health professionals who work with traumatized children and adolescents and their parents.”
- Professor Anke Ehlers, King’s College London, UK

Hb: 978-0-415-39163-4: £55.00/$95.00
Pb: 978-0-415-39164-1: £19.99/$34.95
Series: CBT with Children, Adolescents and Families
Published by Routledge

Depression

Cognitive Behaviour Therapy with Children and Young People

Chrissie Verduyn, Central Manchester & Manchester Children’s University Hospitals NHS Trust, UK, Julia Rogers, Berkshire Healthcare NHS Foundation Trust, UK, and Alison Wood, in private practice, Manchester, UK

“This is a well-written, well-researched and clearly presented book. If you are training or trained in CBT and working in the area of depression with children or adolescents, this is the book for you.”
- Caroline Anstiss, Counselling Children and Young People

Hb: 978-0-415-39163-4: £55.00/$95.00
Pb: 978-0-415-39164-1: £19.99/$34.95
Series: CBT with Children, Adolescents and Families
Published by Routledge
Eating Disorders

**Cognitive Behaviour Therapy with Children and Young People**

Simon G. Gowers, University of Liverpool, UK, and Lynne Green, Cheshire and Merseyside Eating Disorders Service for Adolescents, UK

Eating Disorders provides the clinician with an introduction about how CBT can be used to challenge beliefs about control, restraint, weight and shape, allowing young people to manage their eating disorder.


HB: 978-0-415-44462-0: £55.00/$95.00

PB: 978-0-415-44463-7: £19.99/$34.95

Series: CBT with Children, Adolescents and Families

Published by Routledge

Obsessive Compulsive Disorder

**Cognitive Behaviour Therapy with Children and Young People**

Edited by Polly Waite, and Tim Williams, both at the University of Reading, UK

In this concise, accessible book experienced contributors provide detailed guidance on carrying out assessments and treatment for children and young people with OCD from a cognitive behavioural perspective.


HB: 978-0-415-40388-7: £55.00/$95.00

PB: 978-0-415-40389-4: £19.99/$34.95

Series: CBT with Children, Adolescents and Families

Published by Routledge

Child and Adolescent Development

**New Edition!**

**Child Development**

**A Practitioner’s Guide**

Third Edition

Douglas Davies, University of Michigan, USA

This widely used professional development resource and course text provides an engaging overview of developmental theory and research, with a focus on what practitioners need to know.


HB: 978-1-60623-909-4: £44.00

Series: Social Work Practice with Children and Families

Published by Guilford Press

**Forthcoming!**

**Working with Adolescents**

**A Guide for Practitioners**

Julie Anne Laser, and Nicole Nicotera, both at University of Denver, Colorado, USA

This state-of-the-art practitioner resource and course text provides a comprehensive view of adolescent development and spells out effective ways to help teens who are having difficulties. The book illuminates protective and risk factors in the many contexts of adolescents’ lives, from individual attributes to family, school, neighborhood, and media influences.


Hb: 978-1-60918-035-5: £27.00

Series: Social Work Practice with Children and Families
Published by Guilford Press

New!

The Journey of Child Development
Selected Papers of Joseph D. Noshpitz
Edited by Bruce Sklarew, in private practice, Maryland, USA, and Myra Sklarew, American University, Washington, D.C., USA

Joseph Noshpitz was at the forefront of psychodynamic treatment and research with children and adolescents for more than 40 years. Grounded in the developmental theories of Freud, Mahler, and Kernberg, these previously unpublished papers are introduced by experts who contemporize and contextualize the work for the modern reader and include ethics in child development, narcissism in the grade school years, tomboyism, idealization, negative ego ideals, and self-destructiveness in adolescence.


Hb: 978-0-415-87664-3: £22.99/$39.95
Published by Routledge

for further books on Child and Adolescent Psychoanalysis please see pages 20, 37

New!

Applied Research in Child and Adolescent Development
A Practical Guide
Edited by Valerie Maholmes, and Carmela Gina Lomonaco, both at the National Institute of Child Health and Human Development (NICHD), Maryland, USA

Developed for an NIH training institute, this volume is organized around the most frequently asked questions by researchers starting their careers in applied research in child and adolescent development.

Hb: 978-1-84872-814-1: £54.95/$90.00
Pb: 978-1-84872-815-8: £27.50/$44.95
Published by Psychology Press

e-Inspection copy available

The Development of the Person
The Minnesota Study of Risk and Adaptation from Birth to Adulthood
L. Alan Sroufe, Byron Egeland, Elizabeth A. Carlson, and W. Andrew Collins, all at the Institute of Child Development, University of Minnesota, USA

The definitive work on a groundbreaking study, this essential volume provides a coherent picture of the complexity of development from birth to adulthood. Explicated are both the methodology of the Minnesota study and its far-reaching contributions to understanding how we become who we are.

Hb: 978-1-93385-158-3: 2005: £34.00
Pb: 978-1-60623-249-1: £21.00
Published by Guilford Press

New Edition!

Developmental Science
An Advanced Textbook
Sixth Edition
Edited by Marc H. Bornstein, Eunice Kennedy Shriver National Institute of Child Health and Human Development, USA, and Michael E. Lamb, University of Cambridge, UK

Noted as one of the most comprehensive textbooks in the field, Developmental Science, Sixth Edition introduces readers to all of the areas in developmental psychology: neuroscience, genetics, perception, cognition, language, emotion, self, and social interaction.

Hb: 978-1-84872-871-4: £55.00/$85.00
Published by Psychology Press

e-Inspection copy available

Nurturing Natures
Attachment and Children’s Emotional, Sociocultural and Brain Development
Graham Music, Tavistock Clinic, London, UK

This book provides an indispensable account of current understandings of children’s emotional development. Integrating the latest research findings from areas such as attachment theory, neuroscience and developmental psychology, it weaves these into a readable and easy to digest text.

Hb: 978-1-84872-052-7: £45.00/$80.00
Pb: 978-1-84872-057-2: £24.95/$42.50
Published by Psychology Press

e-Inspection copy available
New in Paperback!

Socioemotional Development in the Toddler Years Transitions and Transformations

Edited by Celia A. Brownell, University of Pittsburgh, USA, and Claire B. Kopp, Developmental Psychologist, Los Angeles, USA

This volume explores the key developmental transitions that take place as 1- to 3-year-olds leave infancy behind and begin to develop the social and emotional knowledge, skills, and regulatory abilities of early childhood. Leading investigators examine the multiple interacting factors that lead to socioemotional competence in this pivotal period, covering both typical and atypical development.

Hb: 978-1-59385-496-6: £37.50
Pb: 978-1-60623-946-9: £24.00
Published by Guilford Press

New in Paperback!

Human Behavior, Learning, and the Developing Brain Atypical Development

Edited by Donna Coch, Dartmouth College, New Hampshire, USA, Geraldine Dawson, University of Washington, USA, and Kurt W. Fischer, Harvard Graduate School of Education, Massachusetts, USA

Thoroughly examining brain-behavior relationships in atypically developing children, this important volume integrates theories and data from multiple disciplines.

Hb: 978-1-59385-137-8: £34.00
Pb: 978-1-60623-966-7: £20.00
Published by Guilford Press

New in Paperback!

Human Behavior, Learning, and the Developing Brain Typical Development

Edited by Donna Coch, Dartmouth College, New Hampshire, USA, Kurt W. Fischer, Harvard Graduate School of Education, Massachusetts, USA, and Geraldine Dawson, University of Washington, USA

This volume brings together leading authorities from multiple disciplines to examine the relationship between brain development and behavior in typically developing children.

Hb: 978-1-59385-136-1: £34.00
Pb: 978-1-60623-965-0: £20.00
Published by Guilford Press

New in Paperback!

The Development of Shyness and Social Withdrawal

Edited by Kenneth H. Rubin, University of Maryland, USA, and Robert J. Coplan, Carleton University, Ottawa, Canada

“This coherent volume provides an up-to-date review of a major aspect of socioemotional development... This book is a ‘must’ for anyone interested in understanding the many faces of shyness.” - Joan Stevenson-Hinde, University of Cambridge, UK

While both positive and negative peer interactions have long been a focus of scientific interest, much less attention has been given to children who tend to refrain from interacting with peers. This volume brings together leading authorities to review progress in understanding the development, causes, and consequences of shyness and social withdrawal.


Hb: 978-1-60623-522-5: £37.00
Published by Guilford Press

New in Paperback!

Handbook of Peer Interactions, Relationships, and Groups

Edited by Kenneth H. Rubin, University of Maryland, College Park, USA, William M. Bukowski, Concordia University, Montreal, Canada, and Brett Laursen, Florida Atlantic University, Fort Lauderdale, USA

“Outstanding... A splendid addition to the literature.”
- Judith F. Dunn, Kings College London, UK

This comprehensive, authoritative Handbook covers the breadth of theories, methods, and empirically based findings on the ways in which children and adolescents contribute to one another’s development. Leading researchers review current knowledge on the dynamics of peer interactions and relationships from infancy through adolescence.

Hb: 978-1-59385-441-6: £57.50
Published by Guilford Press

New in Paperback!

Understanding Peer Influence in Children and Adolescents

Edited by Mitchell J. Prinstein, University of North Carolina at Chapel Hill, USA, and Kenneth A. Dodge, Duke University, North Carolina, USA

“This remarkable volume from distinguished editors and contributors proposes original and compelling conceptual models... This book
Scientists, educators, and parents of teens have long recognized the potency of peer influences on children and youth, but until recently, questions of how and why adolescents emulate their peers were largely overlooked. This book presents a comprehensive framework for understanding the processes by which peers shape each other’s attitudes and behavior, and explores implications for intervention and prevention.

Hb: 978-1-59385-397-6: £25.95
Pb: 978-1-60623-647-5: £20.00

Series: Duke Series in Child Development and Public Policy
Published by Guilford Press

The Child as Social Person
Sara Meadows, University of Bristol, UK

"Both students new to this area and established researchers will benefit from this integrative text... The cross-referencing of topics within and between areas is excellent... A must read!" - Dawn Watling, Royal Holloway, University of London, UK

This book provides a critical review of the psychological literature on the development of personality, social cognition, social skills, social relations and social outcomes from birth to early adulthood. It uses Bronfenbrenner’s model of the development of the person and up-to-date evidence to analyse normal and abnormal social development and prosocial and antisocial behaviour, within and across cultures.

Hb: 978-0-415-45199-4: £49.95/$80.00
Pb: 978-0-415-45200-7: £24.95/$44.95

Published by Routledge
e-Inspection copy available

New Edition!

Adolescent Rationality and Development
Cognition, Morality, and Identity
Third Edition
David Moshman, University of Nebraska – Lincoln, USA

Frequently cited in scholarly books and journals and praised by students, this book focuses on developmental changes and processes in adolescence rather than on the details and problems of daily life. Major developmental changes associated with adolescence are identified. Noted for its exceptionally strong coverage of cognitive, moral, and social development, this brief, inexpensive book can be used independently or as a supplement to other texts on adolescence.

Hb: 978-1-84872-860-8: £44.95/$70.00
Pb: 978-1-84872-861-5: £17.50/$34.95

Published by Psychology Press
e-Inspection copy available
**Adolescence and Society Series**

**Forthcoming!**

**Illegal Leisure Revisited**

**Changing Patterns of Alcohol and Drug Use in Adolescents and Young Adults**

Judith Aldridge, Fiona Measham, Howard Parker, and Lisa Williams

This book updates the progress into adulthood of 14-year-olds that were tracked for the first edition, using qualitative interviews and self-report surveys. The new edition shows them moving into the world of work, relationships and parenthood.

Hb: 978-0-415-49552-3: February 2011: 280pp. £45.00/$79.00
e-Inspection copy available

**New Edition!**

**The Nature of Adolescence**

*Fourth Edition*

John C. Coleman

The new edition of this successful textbook provides an up-to-date introduction to all of the key features of adolescent development.

Hb: 978-0-415-56419-9: December 2010: 276pp. £52.50/$95.00
Pb: 978-0-415-56420-5: December 2010: 276pp. £18.50/$32.50
Inspection copy available

**New!**

**Wired Youth**

**The Social World of Adolescence in the Information Age**

Gustavo Mesch, and Ilan Talmud

This book investigates the driving forces of social interaction and shows how online activities are closely associated with offline social behavior.

Hb: 978-0-415-45993-8: March 2010: 184pp. £49.95/$88.00
Pb: 978-0-415-45994-5: March 2010: 184pp. £19.95/$34.95
e-Inspection copy available

**Moving Out, Moving On**

**Young People’s Pathways In and Through Homelessness**

Shelley Mallett, Doreen Rosenthal, Deb Keys, and Roger Averill

Based on a large longitudinal study, this book examines the factors that impact on homeless young people’s long-term outcomes.

Hb: 978-0-415-47029-2: 2009: 216pp. £44.95/$80.95
Pb: 978-0-415-47030-8: 2009: 216pp. £19.95/$35.95
All Published by Routledge
e-Inspection copy available
www.psypress.com/adolescence-and-society

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**Creative Arts Therapies**

**Imagery for Pain Relief**

*A Scientifically Grounded Guidebook for Clinicians*

David Pincus, Chapman University, California, USA, and Anees A. Sheikh, Marquette University, Wisconsin, USA

*Imagery for Pain Relief*, the first book of its kind, familiarizes the reader with basic scientific information about pain and mental imagery and shows why imagery is a valuable tool for pain management. Scientifically grounded and easy-to-read, it provides readers with a wealth of practical information, including imagery techniques that have been successfully used in the past.

Hb: 978-0-415-99702-7: £33.50/$59.95
Published by Routledge

**Art Therapy**

**Navigating Art Therapy**

*A Therapist’s Companion*

Compiled by Chris Wood, Art Therapy Northern Programme, Sheffield, UK

From *Art-making as a Defence to Works of Art*, this anthology will help you navigate your way through the ever growing world of art therapy.

Art therapy is used in an increasing range of settings and is influenced by a range of disciplines, including psychotherapy, social psychiatry, social work and education. *Navigating Art Therapy* is an essential companion for both seasoned art therapists and those new to the field as it offers a comprehensive guide to key terms and concepts.

With contributions from art therapists around the world, entries cover:
- forms of interpretation
- processes of adaptation
- history of art therapy
- the inspiration provided by artworks and popular culture.

This book is an ideal source of reference as the concise, cross-referenced entries enable easy navigation through ideas and terms integral to the discipline.

Hb: 978-0-415-22318-8: £60.00/$100.00
Published by Routledge
The Art of Art Therapy
What Every Art Therapist Needs to Know
Second Edition
Judith A. Rubin

The Art of Art Therapy, first published in 1984, was written primarily to help art therapists first define and then refine a way of thinking about their work. This new edition contains thoroughly revised material that reflects the significant expansion of the field of art therapy in the period since the book was first written. Specifically, this second edition invites the reader to first consider closely the main elements of the discipline embodied in its name: The Art Part and The Therapy Part. Chapters dealing with each of these topics comprise the first two parts of the book. The third section, The Interface, contains chapters dealing with putting the two together in an integrated way, i.e. Doing Art Therapy (step-by-step) and doing it artistically. Included with this edition is a DVD containing chapter related video content.


January 2011: 288pp
Hb: 978-0-415-96094-6: £27.99/$49.95
Published by Routledge

Introducing to Art Therapy
Sources & Resources
Second Edition
Judith A. Rubin

Introduction to Art Therapy: Sources and Resources is the thoroughly updated and revised second edition of Judith Rubin’s landmark 1999 text, the first to describe the history of art in both assessment and therapy, and to clarify the differences between artists or teachers who provide “therapeutic” art activities, psychologists or social workers who request drawings, and those who are trained as art therapists to do a kind of work which is similar, but qualitatively different. This new edition contains a DVD-ROM with over 400 still images and 250 edited video clips for much richer illustration than is possible with figures alone.

2009: 356pp
Hb: 978-0-415-96093-9: £29.00/$52.95
Published by Routledge

Expressive Therapies Continuum
A Framework for Using Art in Therapy
Lisa D. Hinz, clinical psychiatrist and registered art therapist, USA

Expressive Therapies Continuum is distinctive in its application as a foundational theory in the field of art therapy. First developed by Vija Lusebrink, this theory can be used by persons of any theoretical orientation, and has the ability to unite art therapists of varying backgrounds. The information contained in this book demonstrates how the Expressive Therapies Continuum provides a framework for the organization of assessment information, the formulation of treatment goals, and the planning of art therapy interventions.

2009: 309pp
Hb: 978-0-415-96347-3: £44.50/$79.95
Pb: 978-0-415-99585-6: £22.00/$39.95
Published by Routledge
Dramatherapy

Forthcoming!

Dramatherapy and Destructiveness

Developing the Evidence Base

Edited by Ditty Dokter, Hertfordshire Partnership Trust and Roehampton University, UK, Pete Holloway, Kent and Medway Partnership Trust and Roehampton University, UK, and Henri Seebohm, Roehampton University, London and West London Mental Health Trust, UK

Dramatherapy uses the healing aspects of drama and theatre as part of the therapeutic process and is increasingly required to supply evidence of its effectiveness. This book aims to provide an evidence base for practice with destructive clients, and raise the profile of dramatherapy as a distinct therapeutic intervention in this field.

Dramatherapy and Destructiveness discusses working with those suffering from conduct disorders, mood disorders, schizophrenia and personality disorders. Divided into three parts, topics of discussion include:

- theory and research underpinning the understanding of working with destructiveness
- in-depth case studies of dramatherapy with a wide range of clients
- analysis and evaluation of the evidence base for dramatherapy with these clients
- guidelines for best practice.

Dramatherapy and Destructiveness covers a wide range of client groups, settings, methods and therapeutic approaches. As well as being an invaluable resource for dramatherapists, this book will be of interest to other therapists, health professionals, social workers, teachers and artists.

Hb: 978-0-415-55850-1: £60.00/$104.00
Pb: 978-0-415-55851-8: £22.99/$40.00
Published by Routledge

Dance Therapy

The Art and Science of Dance/Movement Therapy

Life Is Dance

Edited by Sharon Chaiklin, Marian Chace Foundation of the American Dance Therapy Association, and Hilda Wengrower, University of Barcelona, Spain

The Art and Science of Dance/Movement Therapy offers both a broad understanding and an in-depth view of how and where dance therapy can be used to produce change. The chapters go beyond the basics that characterize much of the literature on dance/movement therapy, and each of the topics covered offers a theoretical perspective followed by case studies that emphasize the techniques used in the varied settings.

Hb: 978-0-415-99657-0: £49.99/$89.95
Pb: 978-0-415-99656-3: £24.99/$44.95
Published by Routledge

New!
Materials & Media in Art Therapy

Critical Understandings of Diverse Artistic Vocabularies

Edited by Catherine Hyland Moon, School of the Art Institute of Chicago, USA

“Moon’s book is a welcome addition to the literature... It will provoke more thought, reflection, and writing about the characteristics of different art materials and their potential impact on art therapy processes.” - Susan Hogan, University of Derby, UK

In art making, materials and media are the intermediaries between private ideas, thoughts and feelings, and their external manifestation in a tangible, sensual form. Thus, materials provide the core components of the exchange that occurs between art therapists and clients. This book focuses on the sensory-based, tangible vocabulary of materials and media and its relevance to art therapy. It provides an historical account of the theory and use of materials and media in art therapy, as well as an examination of the interface between art therapy, contemporary art materials and practices, and social/critical theory. An accompanying DVD contains media clips, as well as 69 color images.


Hb: 978-0-415-99656-3: £27.95/$49.95
Published by Routledge

New!
Drama as Therapy

Clinical Work and Research into Practice

Volume 2

Edited by Phil Jones, Leeds Metropolitan University, UK

“Phil Jones’ second volume of Drama as Therapy is a significant and much needed addition to the dramatherapy literature. Of note are his innovative dialogues with leading practitioners and theorists in the field.” - Robert J. Landy, New York University, USA

This book examines the many ways clients and therapists explore the therapeutic possibilities of drama. Whilst the first volume combined theory, practice and research in the field, this second volume concentrates on clinical material from a range of contexts, with thorough description and analysis of therapeutic work.

Drama as Therapy Volume 2: Clinical Work and Research into Practice is not only a welcome companion to the first volume, but also is
an important stand alone work which will be of great interest to all those studying, practicing or with an interest in dramatherapy.


Hb: 978-0-415-47607-2: £60.00/$100.00
Pb: 978-0-415-47608-9: £22.99/$41.95
Published by Routledge

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**Therapeutic Uses of Rap Music**

**Forthcoming!**

*Therapeutic Uses of Rap Music* is the first anthology to examine the use of rap music in the therapeutic context. It provides a rationale for the use of rap music in therapy and encourages music therapists to validate rap music’s value as a therapeutic tool, and by extension to validate the experiences of those for whom rap music is a significant mode of expression.


Hb: 978-0-415-88473-0: £56.50/$89.95
Pb: 978-0-415-88474-7: £21.95/$34.95
Published by Routledge

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**Dramatherapy and Social Theatre**

**Necessary Dialogues**

*Edited by Sue Jennings, Dramatherapist, Play Therapist, Performer and Storyteller, UK, Malaysia, Romania and Kazakhstan*

*Dramatherapy and Social Theatre: Necessary Dialogues* considers the nature of drama, theatre and dramatherapy, examining how dramatherapy has evolved over the past decade and how the relationship between dramatherapy and social theatre has developed as a result.

In this book Sue Jennings brings together international dramatherapists and theatre practitioners to challenge, clarify, describe and debate some of the theoretical and practical issues in dramatherapy and social theatre.

*Dramatherapy and Social Theatre* is illustrated throughout with case vignettes providing examples of how theatre and therapeutic processes can be brought together. It will be valuable reading for both professionals and students involved in dramatherapy and theatre studies.

Hb: 978-0-415-42206-2: £65.00/$120.00
Published by Routledge

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**Advanced Play Therapy**

**Essential Conditions, Knowledge, and Skills for Child Practice**

*Dee Ray, University of North Texas, USA*

The purpose of this text is to present a resource to students and practitioners of play therapy that addresses topics beyond the training level. Current play therapy resources offer details on how to conduct play therapy, but are limited in addressing the challenges that develop when therapists conduct play therapy with real-life clients. It provides advanced knowledge on the three main areas of play, child development, and play therapy and integrate them to help the play therapist gain a holistic understanding of how play therapy works.

An accompanying CD includes a Child-Centered Play Therapy Treatment Manual and materials for use in supervision, self-reporting, and other tools the advanced play therapy student would find of use.

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Hb: 978-0-415-86604-8: £27.95/$44.95
Published by Routledge

New!
Child-Centered Play Therapy
Risë VanFleet, Family Enhancement and Play Therapy Center, Pennsylvania, USA, and Andrea E. Sywulak, and Cynthia Caparosa Snisca, both in private practice, Pennsylvania, USA

“Finally, a book that teaches and illustrates the essential ‘how-to’ details of child-centered play therapy (CCPT)! This book is a ‘must’ for teaching CCPT and should be on the shelves of all therapists interested in using play to help children heal.” - Heidi Gerard Kaduson, Director, The Play Therapy Training Institute, Inc., Hightstown, New Jersey, USA

Highly practical, instructive, and authoritative, this book vividly describes how to conduct child-centered play therapy. The authors are master clinicians who explain core therapeutic principles and techniques, using rich case material to illustrate treatment of a wide range of difficulties. The focus is on nondirective interventions that allow children to freely express their feelings and take the lead in solving their own problems.


Hb: 978-1-60623-902-5: £24.00
Published by Guilford Press

Forthcoming!
Play in Clinical Practice
Evidence-Based Approaches
Edited by Sandra W. Russ, Case Western Reserve University, Ohio, USA, and Larissa N. Niec, Central Michigan University, USA

“Play research and play therapy have much to learn from one another. This book opens up an important conversation between the two fields... The book will make a good supplemental text for courses in child development or play therapy.” - Linda E. Homeyer, Texas State University–San Marcos, USA

This innovative book goes beyond traditional play therapy to present a range of evidence-based assessment and intervention approaches that incorporate play as a key element. It is grounded in the latest knowledge about the importance of play in child development. Leading experts describe effective strategies for addressing a wide variety of clinical concerns, including behavioral difficulties, anxiety, parent-child relationship issues, trauma, and autism. The empirical support for each approach is summarized and clinical techniques are illustrated.

Hb: 978-1-60918-046-1: £30.50
Published by Guilford Press

The Handbook of Play Therapy and Therapeutic Play
Second Edition
Linnet McMahon, Retired, University of Reading, UK

“This book is pervaded by a sense of hope and an overriding belief in the ‘healing power of play.’ I was moved by the case examples and by McMahon’s sense of compassion and empathy for the children whose stories are recorded in this book. I would highly recommend it to anyone considering play therapy as a career or to those already practicing.”

- Jackie Townsend, Counselling Children and Young People

This completely revised and updated second edition provides a comprehensive introduction to using play to communicate with troubled or traumatized children and their families, and to heal emotional damage. The book gives examples of good practice in different settings and situations, including schools, hospitals, residential settings, families and foster carers. It also includes a consideration of the support needs of workers and carers.

Drawing on psychodynamic, systemic and attachment theory, the book provides an integrated theory base for using play in therapeutic work with children. It emphasizes non-directive approaches to therapeutic play and play therapy, based on supporting the child’s developing self within the safe boundaries provided by the setting and the worker’s emotional holding and containment.

Hb: 978-0-415-43941-1: £60.00/$100.00
Pb: 978-0-415-43942-8: £20.99/$36.95
Published by Guilford Press

Short-Term Play Therapy for Children
Second Edition
Edited by Heidi Gerard Kaduson, in private practice, New Jersey, USA, and Charles E. Schaef, Fairleigh Dickinson University, New Jersey, USA

This volume presents a variety of play approaches that facilitate children’s healing in a shorter time frame. Invaluable for any clinician seeking to optimize limited time with clients,
the book provides effective methods for treating children struggling with such challenges as posttraumatic stress disorder, anxiety, disruptive behavior, mood disorders, attention-deficit/hyperactivity disorder, and parental divorce.

Hb: 978-1-59385-330-3: 2006: £25.95
Pb: 978-1-60623-353-5: £18.00
Published by Guilford Press

Also by Heidi Gerard Kaduson and Charles E. Schaefer

Contemporary Play Therapy
Theory, Research, and Practice
Published by Guilford Press

New Edition!

Sandtray Therapy
A Practical Manual
Second Edition
Linda E. Homeyer, Texas State University, USA, and Daniel S. Sweeney, George Fox University, Oregon, USA

This manual is intended for play therapists, counselors, and other mental health practitioners seeking to incorporate sandtray work into their clinical repertoire. Chapters cover the history and rationale for sandtray therapy, the materials needed for successful sessions, and how to conduct and process a therapy session. New to this edition is a discussion of the incorporation of verbal techniques, group sandtray therapy, working with couples and families, assessment in sandtray, and a review of the relevant research support.


Pb: 978-0-415-88334-4: £16.95/$29.95
Published by Routledge

Bestseller!

Landreth: Play Therapy: The Art of the Relationship, Second Edition
Hb: 978-1-58391-327-7: 2002: 432pp. £27.95/$44.95
Published by Routledge

for further books by Garry L. Landreth please see page 8

Family Therapy

New!

Multi-Family Therapy
Concepts and Techniques
Eia Asen, CNWL NHS Trust, UK, and Michael Scholz, University of Dresden, Germany

Multi-Family Therapy (MFT) involves the bringing together of different families in a therapeutic context in order to work jointly to overcome each of their specific and very individual problems. This innovative book combines the theory and concepts of MFT with detailed practical examples of techniques and exercises which have been proven to help with problematic children, teenagers and adults.

In this book Asen and Scholz discuss how MFT has been developed over the past 30 years and has been applied nationally and internationally across a range of settings with a variety of clients.

Hb: 978-0-415-55780-1: £60.00/$99.00
Pb: 978-0-415-55781-8: £22.99/$40.00
Published by Routledge

New Edition!

Introduction to Family Processes
Fifth Edition
Randal D. Day, Brigham Young University, Utah, USA

What goes on “behind closed doors” in families is examined in this text. Through his storytelling style, Randy Day introduces readers to the family processes approach – the strategies and behaviors families use to achieve goals.

Hb: 978-1-84169-761-1: £32.50/$59.95
Published by Routledge

e-Inspection copy available

New Edition!

Children of Divorce
Stories of Loss and Growth
Second Edition
John H. Harvey, University of Iowa, USA, and Mark A. Fine, University of Missouri/Columbia, USA

Featuring excerpts of essays collected from over one thousand young adults while in the throes of divorce, this book paints a picture of the pain and the hope shown by the storytellers.

Hb: 978-0-415-87256-0: £29.95/$49.95
Pb: 978-0-415-87258-4: £17.50/$29.95
Published by Routledge

e-Inspection copy available
The Art and Science of Child Custody
Evaluations
Jonathan W. Gould, in private practice, North Carolina, USA, and David A. Martindale, in private practice, New Jersey, USA

Addressing key topics in child custody evaluation, this book provides essential knowledge for practitioners who want to meet the highest standards for both scientific validity and legal admissibility. The authors are leading experts who describe the latest data-based approaches to understanding and assessing relevant child, parent, and family factors.

Hb: 978-1-59385-488-1: 2007: £27.00
Pb: 978-1-60623-261-3: £18.50
Published by Guilford Press

Marital Conflict and Children
An Emotional Security Perspective
E. Mark Cummings, University of Notre Dame, Indiana, USA, and Patrick T. Davies, University of Rochester, New York, USA

“This informative, well-written, and engaging work explicates the theoretical foundations of emotional security, reviews research on the topic, and presents new findings. The authors’ analysis should be taken seriously by all concerned with the well-being of children and families.” - Jay Belsky, Birkbeck University of London, UK

From leading researchers, this book presents important advances in understanding how growing up in a discordant family affects child adjustment, the factors that make certain children more vulnerable than others, and what can be done to help. It is a state-of-the-science follow-up to the authors’ seminal earlier work, Children and Marital Conflict: The Impact of Family Dispute and Resolution.

Hb: 978-0-415-99691-4: £52.95/$95.00
Pb: 978-0-415-99692-1: £27.95/$49.95
Published by Routledge

Ordinary Families, Special Children
A Systems Approach to Childhood Disability
Third Edition
Milton Seligman, University of Pittsburgh School of Education, USA, and Rosalyn Benjamin Darling, Indiana University of Pennsylvania, USA

This popular clinical reference and text provides a multisystems perspective on childhood disability and its effects on family life. The volume examines how child, family, ecological, and sociocultural variables intertwine to shape the ways families respond to disability, and how professionals can promote coping, adaptation, and empowerment.

Hb: 978-1-59385-362-4: 2007: £27.00
Published by Guilford Press

The Adolescent in Family Therapy
Harnessing the Power of Relationships
Second Edition
Joseph A. Micucci, Chestnut Hill College, Philadelphia, USA

Rich with clinical wisdom, this successful text and practitioner guide offers a comprehensive framework for treating adolescent problems in the family context. Even as teenagers become increasingly independent, Joseph Micucci shows, they still need parental guidance and nurturance. By strengthening family relationships, clinicians can alleviate symptoms and promote behavioral change.

Hb: 978-1-60623-330-6: £25.95
Series: The Guilford Family Therapy
Published by Guilford Press

Functional Family Therapy in Clinical Practice
An Evidence-Based Treatment Model for Working with Troubled Adolescents
Thomas L. Sexton, Indiana University, USA

“This book is a milestone in the development of FFT... It should be read by all professionals who work with the families of troubled adolescents. It is a masterpiece.” - Alan Carr, University College Dublin, Ireland; Associate Editor, Journal of Family Therapy

Clinically relevant, theoretically sound, and scientifically based, Functional Family Therapy contains systematic discussions of topics and theoretical perspectives, as well as illustrative clinical examples that demonstrate the manner in which principles are applied in FFT.

Hb: 978-0-415-99691-4: £52.95/$95.00
Pb: 978-0-415-99692-1: £27.95/$49.95
Published by Routledge
This acclaimed work presents a range of counseling and therapy approaches for children who have experienced loss. Practitioners and students are given practical strategies for helping preschoolers through adolescents cope with different forms of bereavement, including death in the family, school, or community. Grounded in the latest research on child therapy, bereavement, trauma, and child development, the volume clearly explains the principles that guide interventions.

Hb: 978-1-60623-597-3: £34.00
Series: Social Work Practice with Children and Families
Published by Guilford Press
New!

Grief After Suicide
Understanding the Consequences and Caring for the Survivors
Edited by John R. Jordan, Director, The Family Loss Project, Massachusetts, USA, and John L. McIntosh, Indiana University South Bend, USA

This edited volume addresses the need for an up-to-date, professionally oriented summary of the clinical and research literature on the impact of suicide bereavement on survivors. It is geared towards mental health professionals, grief counselors, clergy, and others who work with survivors in a professional capacity. Topics covered include the impact of suicide on survivors, interventions to provide bereavement care for survivors and examples of promising support programs for survivors.

October 2010: 574pp.
Hb: 978-0-415-99573-3: £22.00/$39.95
Series in Death, Dying, and Bereavement
Published by Routledge

New!

Parenting After the Death of a Child
A Practitioner’s Guide
Jennifer L. Buckle, Sir Wilfred Grenfell College, Memorial University of Newfoundland, Canada, and Stephen J. Fleming, York University, Toronto, Canada

The death of a child has a tremendous and overwhelming impact on parents and siblings, completely altering the psychological landscape of the family. How can someone attempt to cease parenting a deceased child while maintaining this role with his/her other children? Is it possible for a mother or father to effectively deal with feelings of grief and loss while simultaneously helping their surviving children?

Parenting After the Death of a Child addresses this complex and daunting dilemma. Following on the heels of a qualitative research study that involved interviewing bereaved parents, both fathers and mothers, Buckle and Fleming have put together several different stories of loss and recovery to create an invaluable resource for clinicians, students, and grieving parents.


Hb: 978-0-415-99573-3: £22.00/$39.95
Series in Death, Dying, and Bereavement
Published by Routledge

www.routledgementalhealth.com/death-dying-and-bereavement
how these parent-toddler groups can be an effective medium for early intervention during a period which is critical for the negotiation of a child’s central emotional issues. 

Parents and Toddlers in Groups demonstrates the particular challenges of the toddler phase and its contribution to an individual’s future development and relationships.

This book will be a valuable resource for practitioners wanting to reach parents and young children in community, educational and a variety of other settings. It will also appeal to child psychotherapists and psychologists working in CAMHS teams.


Hb: 978-0-415-48639-2: £55.00/$99.00
Pb: 978-0-415-48640-8: £20.99/$35.95
Published by Routledge

Relational Trauma in Infancy
Psychoanalytic, Attachment and Neuropsychological Contributions to Parent-Infant Psychotherapy
Edited by Tessa Baradon, Anna Freud Centre, UK

This book presents an interdisciplinary discussion between researchers and clinicians about trauma in the relationship between infants and their parents. It makes an innovative contribution to the field of infant mental health in bringing together previously separated paradigms of relational trauma from psychoanalysis, attachment and the neurosciences.

Hb: 978-0-415-47374-3: £60.00/$100.00
Pb: 978-0-415-47375-0: £20.99/$34.95
Published by Routledge

Primitive Mental States
A Psychoanalytic Exploration of the Origins of Meaning
Edited by Jane Van Buren, in private practice, California, USA, and Shelley Alhanati, Psychoanalytic Institute of Northern California, USA

This book considers a radical evolution in contemporary psychoanalytic theory developed from a combination of ultrasound studies, infant analysis, and observation of mothers and babies. These findings demonstrate how much mental life exists even before birth and considers unevolved, unborn and barely born aspects of the self such as the birth of emotion and the birth of alpha functioning.

Hb: 978-0-415-46893-0: £60.00/$99.00
Pb: 978-0-415-46894-7: £22.99/$36.95
Published by Routledge
From Monica Lanyado and Ann Horne

The Handbook of Child and Adolescent Psychotherapy
Psychoanalytic Approaches
Second Edition
Edited by Monica Lanyado, training supervisor at the British Association of Psychotherapists, UK, and Ann Horne, Senior member of the British Association of Psychotherapists, UK

This second edition provides a uniquely comprehensive guide to the practice and principles of child and adolescent psychotherapy around the world.

Hb: 978-0-415-46368-3: £60.00/$100.00
Pb: 978-0-415-46369-0: £24.99/$39.95
Published by Routledge

Through Assessment to Consultation
Independent Psychoanalytic Approaches with Children and Adolescents
Edited by Ann Horne, Senior member of the British Association of Psychotherapists, UK, and Monica Lanyado, training supervisor at the British Association of Psychotherapists, UK

Drawing from the Independent tradition in psychoanalysis, Through Assessment to Consultation explores the application of psychoanalytic thinking to daily work, reflecting on what is actually done and why.

Hb: 978-0-415-46289-1: £55.00/$100.00
Pb: 978-0-415-46290-7: £19.99/$34.95
Series: Independent Psychoanalytic Approaches with Children and Adolescents
Published by Routledge

Lanyado/Horne, Eds.: A Question of Technique: Independent Psychoanalytic Approaches with Children and Adolescents
Hb: 978-0-415-37913-7: 2006: 272pp. £65.00/$120.00
Series: Independent Psychoanalytic Approaches with Children and Adolescents

Lanyado: The Presence of the Therapist: Treating Childhood Trauma
Hb: 978-1-58391-297-3: 2003: 160pp. £52.50/$95.00
All Published by Routledge

for further books on Child and Adolescent Psychoanalysis please see pages 20, 26

School-Based Practice in Action Series

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Thomas J. Power, University of Pennsylvania, USA, and Kathy L. Bradley-Klug, University of South Florida, USA

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Diane Smallwood, Philadelphia College of Osteopathic Medicine, USA, and Susan G. Forman, Rutgers University, New Jersey, USA
The goal of this book is to provide a practical guide for school personnel to evaluating educational programs and services at the individual, small group, school-wide, and district-wide levels.

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Steven I. Pfeiffer, Florida State University, USA
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Pb: 978-0-415-99750-8: £22.00/$37.95
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Comprehensive Children’s Mental Health Services in Schools and Communities
Rick Jay Short, Middle Tennessee State University, USA, and Robyn S. Hess, University of Northern Colorado, USA
In this text, the authors propose a public health model for comprehensive children’s mental health services that encompasses, rather than replaces, the traditional model in school psychology.

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The Power of Family-School Partnering (FSP)
A Practical Guide for School Mental Health Professionals and Educators
Cathy Lines, Cherry Creek School District, Colorado, USA, Gloria Miller, University of Colorado, USA, and Amanda Arthur-Stanley, Cherry Creek School District, Colorado, USA
Ongoing, strategic family-school partnering (FSP) is an essential component of every educational community. FSP is a multi-dimensional process in which schools, families, and communities engage in shared actions to ensure a child’s academic, social, and emotional success. With this text, the authors intend to offer a practical guide that demonstrates how this partnering can be strategically implemented in all levels of schooling.

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Pb: 978-0-415-80147-8: £19.00/$34.95
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Behavioral Interventions in Schools
A Response-to-Intervention Guidebook
David Hulac, University of South Dakota, USA, Joy Terrell, School Psychologist, Recovery School District, Louisiana, USA, Odell Vining, School Psychologist, Georgia, USA, and Joshua Bernstein, Chatham University, Pennsylvania, USA
This book is a how-to manual for school mental health professionals, educators, and administrators that discusses a series of steps that can be used to proactively manage and prevent many different types of behavioral problems in a positive manner. It incorporates both the high structure and high behavioral expectations that are crucial for school success, but also describes following this structure in such a way that students feel included, important, and respected.

CONTENTS:

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Comprehensive Planning for Safe Learning Environments
A School Professional’s Guide to Integrating Physical and Psychological Safety – Prevention through Recovery
Melissa A. Reeves, Winthrop University, South Carolina, USA, Linda M. Kanan, Intervention Coordinator in the Cherry Creek School District, Colorado, USA, and Amy E. Plog, Creating Caring Communities, USA
This book provides school administrators, school-based mental health professionals, and other educational professionals with the framework and tools needed to establish a comprehensive safe learning environment.
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Resilient Playgrounds
Beth Doll, University of Nebraska at Lincoln, USA, with Katherine Brehm, school psychologist, Ysleta School District, Texas, USA
While recess provides children with a time to play and take a break from the school day, research has shown that it is also a necessary and vital part of their social, emotional, and academic development. This book provides tools and strategies for school mental health professionals, teachers, and administrators to evaluate and improve the recess experience.
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PASS: Prepare, Assist, Survive, and Succeed
A Guide to PASSing the Praxis Exam in School Psychology
Barbara Boie Williams, Rowan University, New Jersey, USA, and Rosemary B. Mennuti, Philadelphia College of Osteopathic Medicine, USA
Are you getting ready to take the Praxis Exam and looking for a resource to help as you study? In this guide, Williams and Mennuti, two veteran school psychologists who have been involved in the development, testing, and revision of the Praxis Exam, present their PASS model to help you study and achieve the best score possible.
Pb: 978-0-415-99347-0: £25.00/$40.00
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A Guide to Practicum and Internship for School Counselors-in-Training
Edited by Jeannine R. Studer, and Joel F. Diambra, both at the University of Tennessee, USA
School counseling is a rather specialized field, yet students entering it do not have a single, comprehensive resource to guide them through the process. This text covers all aspects of the practicum and internship experience, from the initial contact with your supervisor to detailed descriptions of each of the different roles you will have. It will help you gain an understanding of the school culture and how to begin thinking about and developing your own philosophy of school counseling.
Pb: 978-0-415-99747-8: £22.00/$39.95
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Handbook of Education, Training, and Supervision of School Psychologists in School and Community

Foundations of Professional Practice

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Edited by Enedina García-Vázquez, New Mexico State University, USA, Tony D. Crespi, University of Hartford, Connecticut, USA, and Cynthia Riccio, Texas A&M University, USA

Volume I focuses on the professional issues and topics that form the core of the university curriculum for the school psychology specialist degree. It explores contemporary university training programs, the foundations of school education, and key areas of responsibility for school-based mental health professionals, and takes a look at the future of training for school psychologists.

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Handbook of Education, Training, and Supervision of School Psychologists in School and Community

Bridging the Training and Practice Gap: Building Collaborative University/Field Practices

Volume II

Edited by Judith Kaufman, Fairleigh Dickinson University, New Jersey, USA, Tammy L. Hughes, Duquesne University, Pennsylvania, USA, and Cynthia A. Riccio, Texas A&M University, USA

Volume II extends the discussion of the training of school psychologists from Volume I to an examination of issues critical to the practice of school psychology, focusing on the roles of the supervisor as trainer in different contexts. Each chapter raises issues for university training in a manner that facilitates the dialogue between university and field trainers. This volume also considers issues of professional development, credentialing, and developing a professional identity, topics that predominate in practice settings yet are typically not addressed in any school psychology text.

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Counseling 21st Century Students for Optimal College and Career Readiness

A 9-12th Grade College and Career Curriculum Including Activities and Best Practices

Corine Fitzpatrick, Manhattan College, New York, USA, and Kathleen Costantini, over twenty-five years experience as a teacher, administrator and counselor

This book offers counselors an action-based curriculum that will meet the needs of the 21st century high school student, help to foster their growth and ambition, and engage them as constructivists in learning what they need to succeed beyond high school. It takes a comprehensive, developmental approach, focusing on 9th-12th grade students, rather than solely on those in 11th and 12th grade.


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Bruce S. Sharkin, Kutztown University, Pennsylvania, USA

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Transformer the School Counselor’s Role When Working with Issues of Racism in Schools
Jesse A. Brinson, and Shannon Smith, both at University of Nevada, Las Vegas, USA

While racism continues to be a persistent and pervasive issue in our schools, the professionals charged with creating safe and nurturing educational environments have few resources available to address racism directly. As its title suggests, Combating Racism will be the first book of its kind to do just that.

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**New Edition!**

**Helping Schoolchildren Cope with Anger**
A Cognitive-Behavioral Intervention
Second Edition
Jim Larson, University of Wisconsin-Whitewater, USA, and John E. Lochman, University of Alabama, USA

This invaluable guide presents all of the information and clinical tools needed to implement the Anger Coping Program, an empirically supported intervention for students in grades 3-6. Practitioners are taken step by step through setting up treatment groups, teaching vital skills for reducing aggression and disruptive behavior.

**CONTENTS:**
- The Development of Aggression.
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- Getting Started with the Anger Coping Program: Group Leaders, Screening, and Identification.
- Generalization and the Role of the Classroom Teacher.
- Preparing for the First Meeting: Procedures to Implement and Pitfalls to Avoid.
- Outcome Research Results for the Anger Coping Program and the Coping Power Program.
- The Anger Coping Program Manual.
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A Step-by-Step Approach

Kathleen Lynne Lane, Peabody College of Vanderbilt University, Tennessee, USA, Jemma Robertson Kalberg, Seneca Center, California, USA, and Holly Mariah Menzies, California State University, Los Angeles, USA

Packed with hands-on tools and grounded in the latest research, this important resource provides guidelines for designing, implementing, and evaluating a schoolwide primary prevention program.

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Bullying, Suicide, and Homicide
Understanding, Assessing, and Preventing Threats to Self and Others for Victims of Bullying

Raymond Butch Losey, Child Focus, Inc.

The main objective of this book is to provide a detailed understanding of the relationship between bullying, suicide, and homicide and to offer an assessment and response strategy that is useful for mental health professionals who work with children. It will help readers understand that bullying is not a part of childhood development, but rather an aberrant behavior that for the victim can lead to adverse decisions, such as suicide and homicide.


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David N. Miller, University at Albany, State University of New York, USA

Meeting a crucial need, this book distills the best current knowledge on child and adolescent suicide prevention into comprehensive guidelines for school-based practitioners. The author draws on extensive research and clinical experience to provide best-practice recommendations for developing schoolwide prevention programs, conducting risk assessments, and intervening at different levels of intensity with students at risk.

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New Edition!

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Principles and Strategies for Effective Practice
Second Edition

Rachel Brown-Chidsey, and Mark W. Steege, both at University of Southern Maine, USA

This bestselling work provides practitioners with a complete guide to implementing response to intervention (RTI) in schools. The authors are leading experts who explain the main components of RTI – high-quality instruction, frequent assessment, and data-based decision making – and show how to use it to foster positive academic and behavioral outcomes for all students. Implementation procedures are described in step-by-step detail. Book purchasers can download an accompanying PowerPoint presentation for use in RTI training.


October 2010: 208pp.
Pb: 978-1-60623-923-0: £24.00
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School Discipline and Self-Discipline
A Practical Guide to Promoting Prosocial Student Behavior
George G. Bear, University of Delaware, USA

How can schools create safe, well-supervised classroom environments while also teaching students skills for managing their behavior on their own? This invaluable guide presents a framework for achieving both of these crucial goals.

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Frank J. Sansosti, Kent State University, Ohio, USA, Kelly A. Powell-Smith, Dynamic Measurement Group, Oregon, USA, and Richard J. Cowan, Kent State University, Ohio, USA

Meeting a growing need for school-based practitioners, this book provides vital tools for improving the academic, behavioral, and social outcomes of students with high-functioning autism or Asperger syndrome (HFA/AS).

July 2010: 258pp.
Pb: 978-1-60623-670-3: £24.00
Series: Practical Intervention in the Schools
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Executive Skills in Children and Adolescents
A Practical Guide to Assessment and Intervention
Second Edition
Peg Dawson, and Richard Guare, both at the Center for Learning and Attention Disorders, New Hampshire, USA

Concise and practitioner friendly, this bestselling guide has helped put executive skills on the map for school-based clinicians and educators. The book explains how these critical cognitive processes develop and why they play such a key role in children’s behavior and school performance.

Pb: 978-1-60623-571-3: £24.00
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Kenneth W. Merrell, University of Oregon, USA, and Barbara A. Gueldner, Children’s Hospital, Colorado, USA

This highly engaging, eminently practical book provides essential resources for implementing social and emotional learning (SEL) in any K-12 setting. Numerous vivid examples illustrate the nuts and bolts of this increasingly influential approach to supporting students’ mental health, behavior, and academic performance.

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Deanne A. Crone, University of Oregon, USA, Leanne S. Hawken, University of Utah, USA, and Robert H. Horner, University of Oregon, USA

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Collaborative Home/School Interventions
Evidence-Based Solutions for Emotional, Behavioral, and Academic Problems
Gretchen Gimpel Peacock, Utah State University, USA, and Brent R. Collett, University of Washington, USA

Parents can be invaluable partners in identifying students’ behavioral and learning needs and developing effective solutions. This book provides practical tools for collaborating with families to achieve the best outcomes for K-12 students.

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