Child and Adolescent Mental Health 2010

Books for Parents and Therapists  |  Child and Adolescent Clinical Psychology and Psychiatry
Child and Adolescent Clinical Problems  |  Child and Adolescent Cognitive Behavior Therapy
Child and Adolescent Development  |  Expressive Therapies  |  Family Therapy  |  Grief and Bereavement
Child and Adolescent Psychoanalysis  |  School-Based Mental Health and Learning Disabilities
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Arenas

Our Child and Adolescent Mental Health Arena is a subject-focused selection of our books and journals in Child and Adolescent Mental Health, allowing you to quickly and easily browse the subject area you’re interested in. All of our books are available at a special 10% discount if you order them from the Arena, with free shipping on orders to the US, Canada and UK if you spend more than $35/£20.

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email: orders@taylorandfrancis.com
web: www.routledgementalhealth.com

Invitation to authors

If you would like to submit or discuss your book proposal with our Publisher, George Zimmar, please email George.Zimmar@taylorandfrancis.com

Read and Recommend

Routledge Series on Counseling and Psychotherapy with Boys and Men
Series Editor: Mark S. Kiselica
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Dropping the Baby and Other Scary Thoughts
Breaking the Cycle of Unwanted Thoughts in Motherhood
Karen Kleiman and Amy Wenzel
Page 6

Childhood Disorders
Second Edition
Philip C. Kendall and Jonathan S. Comer
Page 10

My Kid is Back
Empowering Parents to Beat Anorexia Nervosa
June Alexander with Daniel Le Grange
Page 13

Navigating Teenage Depression
A Guide for Parents and Professionals
Gordon Parker and Kerrie Eyers
Page 14

Introduction to Art Therapy Research
Lynn Kapitan
Page 20

School-Based Practice in Action Series
Series Editors: Rosemary B. Mennuti and Ray W. Christner
Page 27
Conferences

Routledge Mental Health ensures its books are represented at all major conferences. The calendar of events from late 2010 to mid 2011 are listed below. Routledge will be exhibiting all recent and relevant key books at these meetings. Please visit the Routledge stand where all books will be available for sale at a 20% conference discount with free global shipping.

- 118th Annual Convention of the American Psychological Association 12-15 August 2010, San Diego, USA
- 40th Annual Congress of European Association for Behavioural and Cognitive Therapies (EABCT) 7-10 October 2010, Milan, Italy
- American Academy of Child and Adolescent Psychiatry (AACAP) 57th Annual Meeting 2010 26-31 October 2010, New York, USA
- BPS Division of Clinical Psychology Annual Conference 2010 1-3 December 2010, Manchester, UK
- National Association of School Psychologists (NASP) 2011 Annual Convention 22-25 February 2011, San Francisco, USA
- American Counseling Association (ACA) Annual Conference 2011 23-27 March 2011, New Orleans, USA
- Psychotherapy Networker Symposium 2011 24-27 March 2011, Washington D.C., USA
- 17th Annual BACP Research Conference 2011 6-7 May 2011, Liverpool, UK
- American Psychiatric Association Annual Meeting 2011 14-18 May 2011, Hawaii, USA
- Padesky Workshop 23-24 May 2011, London, UK
- 7th International Congress of Cognitive Psychotherapy (ICCP) 2-5 June 2011, Istanbul, Turkey
- British Association for Behavioural and Cognitive Psychotherapies (BABCP) 39th Annual Conference 20-23 July 2011, Guildford, UK

Top 10

What if I drop my baby when I go down the steps? What if I burn the baby in the bathtub? Thoughts like these can be frightening to new mothers, but are a common symptom pregnant and postpartum women can experience. *Dropping the Baby and Other Scary Thoughts* addresses the nature of these intrusive, negative, and unwanted thoughts.

---

In this revised edition of *Childhood Disorders*, Philip C. Kendall and Jonathan S. Comer present current information about the full range of psychological disorders that occur in childhood, and discuss the major models that guide the thinking about each disorder.

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My Kid is Back explains how family-based treatment can greatly reduce the severity of anorexia nervosa in children and adolescents, allowing the sufferer to return to normal eating patterns, and their families to return to normal family life.

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*Introduction to Art Therapy Research* is a pragmatic text that introduces readers to the basics of research design in quantitative and qualitative methodology. It is written in the language of art therapy, with particular attention to the field’s unique aspects, current thinking, and exemplars from published art therapy research studies.
The Routledge Series on Counseling and Psychotherapy with Boys and Men captures the burgeoning body of knowledge about the emotional and psychological lives of boys and men and the process of counseling them in a male-friendly manner. Page 4
www.routledgementalhealth.com/boys-and-men

Clinical Psychology: A Modular Course was designed to overcome problems faced by the traditional textbook in conveying what psychological disorders are really like. All the books in the series, written by leading scholars and practitioners in the field, can be read as stand-alone texts, but they will also integrate with other modules to form a comprehensive resource in clinical psychology. Page 10
www.psypress.com/clinicalmodular

The CBT with Children, Adolescents and Families Series is designed to provide clinicians and trainees with the latest evidence-based clinical programmes and materials for a range of common problems in a concise and accessible format. Page 15
www.routledgementalhealth.com/cbt-with-children

In the 20 years since it began, this series has published some of the key texts in the field of adolescent studies. The series has covered a very wide range of subjects, almost all of them being of central concern to students, researchers and practitioners.
The primary aim of the series is to make accessible to the widest possible readership important and topical evidence relating to adolescent development. Page 18
www.psypress.com/adolescence-and-society

Volumes published within the prestigious Series in Death, Dying and Bereavement are representative of the multidisciplinary nature of the intersecting fields of death studies, suicidology, end-of-life care, and grief counseling. Page 24
www.routledgementalhealth.com/death-dying-and-bereavement

This series provides school-based practitioners with concise practical guidebooks that are designed to facilitate the implementation of evidence-based programs into school settings, putting the best practices in action. Page 27
In Therapy with Young Men, Verhaagen presents a comprehensive model of therapy with young men that address each of these concerns, beginning with the rapport and engagement process, and then moving to ways to increase motivation for changing problem behaviors and increasing adaptive skills. The book describes a wide range of novel, effective cognitive-behavioral interventions that can readily be employed in the therapeutic process.


Hb: 978-0-415-80446-2: £38.95/$69.95
Pb: 978-0-415-80447-9: £19.50/$34.95

**Routledge Series on Counseling and Psychotherapy with Boys and Men**

**Creative Approaches to the Therapy Process**

Edited by **Craig Haen**, Adolescent Services for Kids in Crisis, Connecticut, USA

This edited book is the first of its kind to focus on creative approaches to the treatment of boys, providing a valuable resource for both students and professionals seeking new and effective strategies for reaching their young male clients. Chapters discuss the theory behind and implementation of various creative approaches to therapy with boys, such as play therapy, including sports, movement, and gross-motor activity; animal-assisted therapy; the use of computers and digital animation; the use of superheroes in role play, metaphor, and play therapy; and art therapy.


Hb: 978-0-415-87405-2: £56.00/$100.00

**Routledge Series on Counseling and Psychotherapy with Boys and Men**

**Therapy With Young Men**

16-24 Year Olds in Treatment

Dave Verhaagen, Managing Partner/CEO, Southeast Psychological Services, USA

“Drawing on more than 20,000 hours of treatment with young men, Dave Verhaagen has developed a comprehensive therapeutic strategy to engage young men – not only in therapy, but actually engage them in their own lives. This book is more than ‘useful’ – it’s vitally necessary.” - Michael Kimmel, SUNY Stony Brook; author, Guyland: The Perilous World Where Boys Become Men

Young adult men in their late teens and early twenties are statistically the least happy of any group of males surveyed. What’s more, scholarly research tells us that adolescent boys and young men have the highest rates of behavioral problems, completed suicides, and drug and alcohol problems of any demographic group. Young men frequently come into therapy with unresolved identity issues, behavioral problems, and drug and alcohol problems.

In Therapy with Young Men, Verhaagen presents a comprehensive model of therapy with young men that address each of these concerns, beginning with the rapport and engagement process, and then moving to ways to increase motivation for changing problem behaviors and increasing adaptive skills. The book describes a wide range of novel, effective cognitive-behavioral interventions that can readily be employed in the therapeutic process.


Hb: 978-0-415-80446-2: £38.95/$69.95
Pb: 978-0-415-80447-9: £19.50/$34.95

**Routledge Series on Counseling and Psychotherapy with Boys and Men**

**Counseling Boys and Men with ADHD**

George Kapalka, Monmouth University, New Jersey, USA

“Dr. Kapalka has written a clinically sensitive treatise on ADHD in males across the developmental spectrum... A must-read for clinicians working with ADHD at any age.” - Mary Fristad, Ohio State University, USA

This guidebook provides a review of the counseling, educational, and medical interventions that can benefit boys and men with ADHD. Kapalka begins with a review of symptoms, etiology, assessment, and diagnosis and then discusses a variety of specific interventions: individual counseling, parenting techniques, classroom interventions, and group counseling techniques. The use of medication in conjunction with counseling is also considered. Throughout all of the topics covered, Kapalka emphasizes what it is like to be male and have ADHD and describes the impacts that masculinity and gender expectations can have on the expression of and response to the disorder.


Pb: 978-0-415-99344-9: £24.95/$39.95

**Routledge Series on Counseling and Psychotherapy with Boys and Men**
Counseling Fathers

Edited by Chen Z. Oren, and Dora Chase Oren, both at Phillips Graduate Institute, California, USA

Counseling Fathers is designed to bridge the gap between fathers and professional helpers. This book provides the mental health practitioner with a guide for working with fathers in therapy, whether the issues of fathering are at the center of the discussions or in the background. The organization of the book speaks to the variety of today’s fathers and the issues that they face.


2009: 344pp. Pb: 978-0-415-98864-3: £22.00/$34.95

Also in the Series

Counseling Troubled Boys

A Guidebook for Professionals

Edited by Mark S. Kiselica, Matt Englar-Carlson, and Arthur M. Horne


BAM! Boys Advocacy and Mentoring

A Leaders Guide to Facilitating Strengths-Based Groups for Boys – Helping Boys Make Better Contact by Making Better Contact with Them

Peter Mortola, Howard Hiton, and Stephen Grant


www.routledgementalhealth.com/boys-and-men
Forthcoming!

**Dropping the Baby and Other Scary Thoughts**

Breaking the Cycle of Unwanted Thoughts in Motherhood

Karen Kleiman, The Postpartum Stress Center, Pennsylvania, USA, and Amy Wenzel, University of Pennsylvania, USA

What if I drop my baby when I go down the steps? What if I burn the baby in the bathtub? Thoughts like these can be frightening to new mothers, but are a common symptom pregnant and postpartum women can experience. *Dropping the Baby and Other Scary Thoughts* addresses the nature of these intrusive, negative and unwanted thoughts. Kleiman and Wenzel offer answers to the women who seek information, clarification, and validation in this useful resource for healthcare professionals working with these mothers. Written by two clinicians who have established themselves as leading experts and authors in this specialized field, this book maintains a compassionate tone that will be a voice familiar to many women in the postpartum community.

**CONTENTS:**

Part I: What’s Going on.
A Mother’s Anxiety. A Closer Look.
Why Am I Having Scary Thoughts? Part II: Clinical Concerns.
How Do You Know if You Need Help? Barriers to Relief.
Screening for Scary Thoughts. Part III: Breaking the Cycle of Scary Thoughts.

Hb: 978-0-415-98996-1: £26.99/$42.95
Pb: 978-0-415-98997-8: £13.99/$24.95

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Also by Karen Kleiman

**Therapy and the Postpartum Woman**

Notes on Healing Postpartum Depression for Clinicians and the Women Who Seek their Help

Hb: 978-0-415-89896-1: 2008: 360pp. £26.95/$42.50

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**Core Principles of Assessment and Therapeutic Communication with Children, Parents and Families**

Towards the Promotion of Child and Family Wellbeing

Ruth Schmidt Neven, Centre for Child and Family Development, Australia

Practitioners today are confronted by a bewildering array of therapies as ‘cure alls.’ This book provides an integrated approach to working with children, parents and families that can be applied by all professionals in a variety of settings. Informed by a psychodynamic perspective, it identifies how we can avoid pathologising the behaviour of children by instead considering:

- the meaning of behaviour as an important source of communication
- the commonality of all experience for children, parents and families
- the emotional milestones of development
- the core principles of assessment and therapeutic communication and how they are applied.

Through the presentation of sound clinical evidence and research, *Core Principles of Assessment and Therapeutic Communication with Children, Parents and Families* creates connections between clinical practice and community action and, as such, is essential reading for anyone working to promote child and family wellbeing.

**CONTENTS:**

Part I: Point of Departure. The Rationale for the Book:
A Return to Core Principles. Finding the Meaning in Communication:
Setting the Scene for Work with Children, Young People and their Parents – How the Child ‘Speaks’ the Family.
Providing a Developmental Scaffold for Effective Practice: Understanding Emotional Milestones.
Part II: The Clinical Core. Practicalities of the Assessment Process:
How to Begin.
Practicalities of Therapeutic Communication: How to Continue.
Part III: Application of Core Principles of Assessment and Therapeutic Communication.
Applying Core Principles of Assessment and Therapeutic Communication in Schools, Early Childhood and Health Settings.
Assessment and Therapeutic Communication in Working with Separation, Loss and Trauma.
Towards an Organisational Understanding of Assessment and Therapeutic Communication:
How the Professional ‘Speaks’ their Organisation.
Toward the Promotion of Child and Family Wellbeing:
Identifying the Commonality of all Experience for Children, Parents and Families.

Hb: 978-0-415-55242-4: £60.00/$100.00
Pb: 978-0-415-55243-1: £22.99/$39.95

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**Starting Treatment With Children and Adolescents**

A Process-Oriented Guide for Therapists

Steven Tuber, and Jane M. Caflisch, both at City University of New York, USA

Starting Treatment With Children and Adolescents provides new therapists with a time-tested framework for treatment and moment-by-moment guides to the first few sessions with a new patient. In twelve remarkable case studies, the authors lay out a different individual play-therapy session that includes a verbatim transcript, a running commentary on the techniques and theory used in each session, and an analysis of what worked, what didn’t, and what else the clinician could have done to make the session as productive as possible. Clinicians will come away from the book with a clear sense of how other therapists actually work and how to best manage a therapy session.

**CONTENTS:**

Preface: Process and Purpose.
Setting the Frame for Psychologically-minded Treatment.
Conclusion.

Hb: 978-0-415-88557-7: £62.99/$100.00
Pb: 978-0-415-88558-4: £21.99/$34.95

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Residential Treatment of Adolescents

Integrative Principles and Practices

Don Pazaratz, President and Founder, Warren Youth Services, USA

In Residential Treatment of Adolescents, Pazaratz discusses how practitioners can remain emotionally available for the needs of their residents without feeling overwhelmed. Readers will be apprised of ways to deal judiciously with residents who try to circumvent, con, play workers off each other, and even attempt to seduce or manipulate the worker.


Hb: 978-0-415-99708-9: £24.99/$44.95

Also by Georgia A. DeGangi

Effective Parenting for the Hard-to-Manage Child: A Skills-Based Book

Georgia A. DeGangi and Anne Kendall


Kids’ Club Letters

Narrative Tools for Stimulating Process and Dialogue in Therapy Groups for Children and Adolescents

Georgia A. DeGangi, in private practice, ITS (Integrated Therapy Services) for Children and Families, Inc., Maryland, USA, and Marc A. Nemiroff, Washington School of Psychiatry, Washington, D.C., USA

Kids’ Club Letters provides an innovative approach to group psychotherapy for school-aged children who experience a range of social and emotional problems. A narrative therapy approach is adapted, taking the form of letters written by the therapist in the voice of a child who is asking for advice about interpersonal or emotional problems. The child in the letter is asking for guidance from the participants in the group. These letters were devised and written for the purpose of structuring responses in group psychotherapy, allowing the participants to address relevant issues for them individually and at the group level. The children in the groups had previously experienced difficulty discussing these issues spontaneously. Hence the ‘Dear Group’ letter format was born. The children did not know that the therapist had written the letters.

CONTENTS: Part I: Identity Formation and Understanding Oneself.

Part II: Interpersonal Effectiveness.

Pb: 978-0-415-99432-3: £27.95/$49.95
Child Psychotherapy and Research

New Approaches, Emerging Findings

Child Psychotherapy and Research brings together some of the most exciting and innovative research activity taking place within psychoanalytic child psychotherapy today. Drawing on the expertise of an international range of contributors, this book describes work at the cutting edge of research in psychoanalytic child psychotherapy and related areas.

Hb: 978-0-415-42202-4: £60.00/$100.00
Pb: 978-0-415-42203-1: £22.99/$40.00

Keeping the Baby in Mind

Infant Mental Health in Practice
Edited by Jane Barlow, University of Warwick, UK, and P.O. Svanberg, Tyne and Wear NHS Trust, UK

Keeping the Baby in Mind builds on the expanding evidence pointing to the crucial importance of parents in facilitating their baby’s development, and brings together expert contributors to examine a range of innovative psychological and psychotherapeutic interventions that are currently being used to support parents and their infants. It not only provides an overview of the many projects that are now available but also makes recommendations for future practice.

Hb: 978-0-415-44297-8: £55.00/$95.00
Pb: 978-0-415-44298-5: £19.99/$34.95

Parenting with Reason

Evidence-Based Approaches to Parenting Dilemmas
Esther Yoder Strahan, Clinical Psychologist, Ohio, USA, Wallace E. Dixon, Jr., East Tennessee State University, USA, and J. Burton Banks, Medical Practitioner, Southwest Virginia, USA

This is a rich common-sense manual on “evidence-based parenting.” Grounded in the best research available, it provides parents with the evidence to help them make the “tough parenting decisions” that they face.

Hb: 978-0-415-41328-2: £34.95/$62.95
Pb: 978-0-415-41329-9: £11.95/$19.95
Series: Parent and Child

What Every Man Should Know About Being a Dad

David Cohen, writer, psychologist and film maker

This book provides a guide for men on how to be a good dad. Dealing directly with the key issues and the many stresses that fathers can face, it looks at the psychological research on child development, parenting and fathering in particular.

Hb: 978-0-415-48616-3: £19.95/$34.95
Pb: 978-0-415-48617-0: £8.99/$15.95
Series: Parent and Child

www.psypress.com/dad

Books from Garry L. Landreth

Winner – Best Practices in Parent/Family Education Award for 2010 from the Texas Association of Parent Educators!

Landreth/Bratton: Child Parent Relationship Therapy (CPRT):
A 10-Session Filial Therapy Model
Hb: 978-0-415-95110-4: 2005: 512pp. £26.95/$42.50
e-Examination copy available

Bratton et al.: Child Parent Relationship Therapy (CPRT) Treatment Manual:
A 10-Session Filial Therapy Model for Training Parents

Landreth et al.: CPRT Package
Pack: 978-0-415-99633-4: 2008: £41.95/$74.95
for a further book by Garry L. Landreth please see page 23

Books by John Bowlby

The Making and Breaking of Affectional Bonds
Series: Routledge Classics

A Secure Base
Pb: 978-0-415-35527-8: 2005: 212pp. £11.50/$19.95
Series: Routledge Classics

www.routledge.com/classics
A Clinician’s Guide to Normal Cognitive Development in Childhood
Edited by Elisabeth Hollister Sandberg, Suffolk University, Massachusetts, USA, and Becky L. Spritz, Roger Williams University, Rhode Island, USA

In A Clinician’s Guide to Normal Cognitive Development in Childhood, every chapter provides students and established professionals with an accessible set of descriptions of normal childhood cognition, accompanied by suggestions for how to think about normal development in a clinical context. Each sub-topic within cognitive development is explicated through a succinct presentation of empirical data in that area, followed by a discussion of the ethical implications. With an extensive review of data and clinical practice techniques, professionals and students alike will benefit enormously from this resource.

Hb: 978-0-415-99699-0: £60.00/$104.00
Pb: 978-0-415-99698-3: £22.99/$40.00

Self-Esteem Across the Lifespan
Issues and Interventions
Edited by Mary H. Guindon, Johns Hopkins University, Maryland, USA

“Self-esteem luminary Mary Guindon and her all-star cast of experts deliver the definitive guide to understanding and enhancing self-esteem across the lifespan.” - W. Brad Johnson, United States Naval Academy, USA

As long as clinicians write “increase self-esteem” on treatment plans without knowing precisely what that means, there is a need for information on the construct of self-esteem and how its many components can have an effect on outcomes. This text defines self-esteem, describes its history and evolution, discusses its controversies, and presents information on intervention strategies that can make a difference when it receives clinical attention. Principles and concepts are applied to various clinical concerns that can make a difference when it receives clinical attention.

Hb: 978-0-415-49511-0: £25.95/$44.95
Pb: 978-0-415-49512-7: £22.99/$40.00

New Edition!
Supervision and Clinical Psychology
Theory, Practice and Perspectives
Second Edition
Edited by Ian Fleming, and Linda Steen, both at University of Manchester, UK

Supervision is crucial to good professional practice, and an essential part of training and continuing professional development. This second edition of Supervision and Clinical Psychology has been fully updated to include the recent developments in research, policy and the practice of supervision. With contributions from senior trainers and clinicians who draw on both relevant research and their own experience, this book is rooted in current best practice and explores the main issues important to supervision. New areas of discussion include:

• the impact of the recent NHS policy
• developments in supervisor training
• practical aspects of supervision
• a consideration of future trends.

Supervision and Clinical Psychology, Second Edition is essential reading for clinical psychology supervisors as well as being invaluable to those who work in psychiatry, psychotherapy and social work.

Hb: 978-0-415-49511-0: £60.00/$104.00
Pb: 978-0-415-49512-7: £22.99/$40.00

New!
The Extremes of the Bell Curve
Excellent and Poor School Performance and Risk for Severe Mental Disorders
James H. MacCabe, Institute of Psychiatry, King’s College London, UK

It has long been claimed that there is a strong association between high intelligence, or exceptional creativity, and mental illness. In this book, James MacCabe investigates this claim, using evidence from Swedish population data. He finds evidence that children who achieve either exceptionally high, or very low grades at school, are at greater risk of adult mental health disorders.

This book opens with an introduction to the epidemiology of psychosis with particular emphasis on cognitive performance and creativity. It goes on to provide a detailed description of the rationale, methods and results of a population study involving nearly a million individuals, conducted by Dr MacCabe in collaboration with colleagues in Stockholm, Sweden, and London, UK.


Hb: 978-1-84872-045-9: £25.95/$44.95

The Maudsley Series
Published by Psychology Press
www.routledgementalhealth.com/maudsley
“In this well written and highly informative textbook, Kendall and Comer lay out the rationale for and characteristics of a cognitive-behavioral approach to treating childhood mental disorders. The book is accessible, evidence-based, up-to-date, and full of clinical pearls.” - John S. March, Duke University Medical Center, North Carolina, USA

In this revised edition of Childhood Disorders, Philip C. Kendall and Jonathan S. Comer present current information about the full range of psychological disorders that occur in childhood, and discuss the major models that guide the thinking about each disorder. Specific criteria for diagnosis are presented alongside the latest research findings to provide an overview of methods used for treating childhood disorders.


Hb: 978-0-415-48641-5: £47.50/$85.00
Pb: 978-0-415-48642-2: £16.50/$29.95

Published by Psychology Press

Also in the Series

Hammen/Watkins: Depression, Second Edition
Pb: 978-0-415-41972-7: 2007: 272pp. £47.50/$85.00

Emmelkamp/Kamphuis: Personality Disorders
Hb: 978-0-415-38518-3: 2007: 272pp. £16.50/$29.95
Pb: 978-0-415-38519-0: 2007: 272pp. £47.50/$85.00

Grilo: Eating and Weight Disorders
Hb: 978-1-84169-548-8: 2006: 256pp. £47.50/$85.00
Pb: 978-1-84169-547-1: 2006: 256pp. £16.50/$29.95

Rachman: Anxiety, Second Edition
Hb: 978-1-84169-515-0: 2004: 224pp. £47.50/$85.00
Pb: 978-1-84169-516-7: 2004: 224pp. £16.50/$29.95

Examination copies available
www.psypress.com/clinicalmodular

Social Skills for Teenagers With Developmental and Autism Spectrum Disorders
The PEERS Treatment Manual

Elizabeth A. Laugeson, UCLA Semel Institute for Neuroscience and Human Behavior, California, USA, and Fred Frankel, UCLA School of Medicine, California, USA

This book is essential reading for any clinician or researcher working with teens with autism spectrum disorders. This parent-assisted intervention for teens is based on a comprehensive, evidence-based, 14-week program at UCLA’s Semel Institute for Neuroscience and Human Behavior, the manualization of the popular UCLA PEERS Program, and the success of the Children’s Friendship Training (Routledge, 2002) manual for children. After reviewing techniques designed to help parents and therapists tailor the manual to the needs of the teens with whom they are working, the text moves on to the individual treatment sessions and strategies for tackling issues such as developing conversational skills, choosing friends and using humor.


Pb: 978-0-415-87203-4: £27.99/$49.95

Dissociation in Traumatized Children and Adolescents
Theory and Clinical Interventions
Edited by Sandra Wieland, in private practice, Centre for Counselling and Therapy, British Columbia, Canada

Dissociation in Traumatized Children and Adolescents is a groundbreaking text for the study of dissociation in young people. In eight unique and compelling case studies, the authors lay out detailed narratives that illustrate both the therapy’s progression as well as the therapist’s reactions and
thought process during case development. These case studies present many aspects of working with traumatized children who dissociate – trauma processing, attachment work, work with the family, interactions with the community – and give frank analysis of the difficulties clinicians encounter in various therapeutic situations and how and why they arrived at particular therapeutic decisions.

**CONTENTS:**

**November 2010:** 384pp.

**Hb:** 978-0-415-87749-7: £24.99/$44.95

**Series:** Psychosocial Stress

**e-Examination copy available**

**www.routledgementalhealth.com/pss**

**Forthcoming!**

**Progressive Counting Within a Phase Model of Trauma-Informed Treatment**

**Ricky Greenwald,** Trauma Institute/Child Trauma Institute, Massachusetts, USA

Clinicians are always looking for an intervention that may be more effective, more efficient, better tolerated by clients, or easier to master. Progressive counting is a significant advance in trauma treatment: a study comparing progressive counting to eye movement desensitization and reprocessing (EMDR, the prior leader in trauma treatment efficiency) found progressive counting to be as efficient as EMDR and as well tolerated by clients. Moreover, progressive counting is much simpler to learn and to do properly and is preferred over EMDR by most therapists trained in both. Now that progressive counting has been proven effective and efficient in controlled research, this book is here to show you how to do it.

**CONTENTS:**

**May 2011:** 304pp.

**Pb:** 978-0-415-88743-4: £28.99/$44.95

**Attachment, Trauma and Multiplicity**

**Working with Dissociative Identity Disorder**

**Second Edition**

Edited by Valerie Sinason, Clinic for Dissociative Studies, UK

This revised edition of Attachment, Trauma and Multiplicity investigates the subject of Dissociative Identity Disorder. With brand new chapters on police work and attachment theory it has been fully updated to include new research and the latest understanding of patterns of attachment theory that lead to dissociation.

With contributions from psychotherapists, psychiatrists, psychoanalysts and service users this book covers the background history and a description of the condition along with the issues of diagnoses and treatment. It also looks at:

- the phenomenon of DID
- the conflicting models of the human mind that have been found to try and understand DID
- the political conflict over the subject including problems for the police
- clinical accounts and personal writing of people with DID.

Attachment, Trauma and Multiplicity, Second Edition will prove essential reading for therapists and mental health workers as well as being a valuable resource for graduates and researchers.

**CONTENTS:**

Hb: 978-0-415-49179-2: £60.00/$104.00
Pb: 978-0-415-49181-5: £22.99/$40.00

Women, Girls, and Addiction
Celebrating the Feminine in Counseling Treatment and Recovery
Cynthia A. Briggs, Winona State University, Minnesota, USA, and Jennifer L. Pepperell, Minnesota State University - Mankato, USA

“In this landmark text, [the authors] have given a voice to a population and attention to a problem that heretofore has been overlooked, underserved, or inappropriately treated. Readers will find within these pages a wealth of ways to productively work with addicted women and girls. This book is both a first and a foremost contribution to the field of addiction.” - Samuel T. Gladding, Wake Forest University, USA; former president of the American Counseling Association

Women, Girls, and Addiction is the first book on the efficacy of treatment approaches and interventions that are tailored to working with addicted women, and the first publication of any kind to provide a feminist approach to understanding the experience of addiction from the female perspective.
Hb: 978-0-415-99352-4: £18.00/$32.95

Child Anxiety Disorders
A Guide to Research and Treatment
Second Edition
Deborah C. Beidel, University of Central Florida, USA, and Candice A. Alfano, The George Washington University School of Medicine, Washington D.C., USA

Childhood anxiety disorders represent one of the most common psychological disorders found among the general population. They can be serious, distressful, and functionally impairing, so much so that there has been an explosion of interest in their treatment, primarily from pharmacological and cognitive-behavioral perspectives. Addressing these perspectives is the second edition of Child Anxiety Disorders, by Drs. Beidel and Alfano. They pay close attention to new pharmacological and psychological interventions as well as multi-center trials that compare single and combined treatment modalities.

Hb: 978-0-415-97373-4: £27.95/$49.95

New Edition!
Eating Disorders in Sport
Ron A. Thompson, and Roberta Trattner Sherman, both in private practice, Indiana, USA

In this book, the authors draw on their extensive clinical experience to discuss how to identify, manage, treat, and prevent eating disorders in sport participants. They begin by examining the clinical conditions related to eating problems, including descriptions of specific disorders, and a review of the relevant literature. Special attention is given to the specific gender and sport-related factors that can negatively influence the eating habits of athletes.

Hb: 978-0-415-99836-9: £28.00/$49.95
A Collaborative Approach to Eating Disorders

By focusing on the Maudsley family approach and expert advice from Professor Daniel Le Grange, and including clear lists of illness symptoms, strategies for parents and carers to follow, and information on getting further treatment and support, this book proves an essential resource for families who want to win the battle with anorexia nervosa.

CONTENTS:
- Introduction
- Le Grange: Family-based Treatment of Adolescent Anorexia Nervosa: The Maudsley Approach
- Family Case Studies
- Choe, Matthew: Kelly, Kristen: Hayley, Claire: Kylie, Billie: Annabelle: Alice: What Are Parents to Do? Le Grange: How to Tell if Your Child Has Anorexia Nervosa: Navigating the Search for Family-based Treatment
- Appendix: Listing of Providers and Support Services


Pb: 978-0-415-58115-8: £9.99/$17.95

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From Bryan Lask and Rachel Bryant-Waugh

Eating Disorders in Childhood and Adolescence, Third Edition

Hb: 978-0-415-39457-4: 2007: 424pp: £65.00/$120.00

Pb: 978-0-415-42589-6: 2007: 424pp: £23.95/$42.50


**Navigating Teenage Depression**

A Guide for Parents and Professionals

Gordon Parker, University of New South Wales & Black Dog Institute, Sydney, Australia, and Kerrie Eyers, Black Dog Institute, Sydney, Australia

"If you suspect your teenager is depressed, read this book. It contains the distilled wisdom of Professor Gordon Parker and Kerrie Eyers, who have been successfully helping young people overcome depression at their Black Dog Institute in Australia for many years. This book is a ray of light that shows the way out of a dark place." - Alan Carr, University College Dublin, Ireland

First symptoms of depression often occur during teenage years, and it can be a disturbing and confusing time for families as well as the teenager themselves. How can you tell whether it is just typical teenage ups and downs that will pass, or something more serious? How can we reliably identify and support teenagers with depression?

In this book experienced clinician and researcher Gordon Parker explains how to systematically identify different mood disorders and contributing factors. He and co-author Kerrie Eyers explain when clinical treatment is required and outline treatment options.

**CONTENTS:**


Pb: 978-0-415-58337-4: £9.99/$17.95


**Object Relations in Depression**

A Return To Theory

Trevor Lubbe, in private practice, South Africa

"This is a unique book that brings together in a coherent and meaningful developmental sequence psychoanalytic ideas about depression... The book, beautifully illustrated with clinical vignettes, provides an essential guide for clinicians accumulating the wisdom of generations of psychoanalytic thinkers." - Peter Fonagy, University College London, UK

This book examines the role of British Object Relations Theory in order to explore our understanding and treatment of depression. It challenges current conceptualizations of depression whilst simultaneously discussing the complex nature of depression, its long lasting and chronic implications and the susceptibility to relapse many may face.

**Object Relations in Depression** offers a psychoanalytic discussion of the multifaceted nature of depression and as such will be of great interest to all those in the psychoanalytic field.

**CONTENTS:**


Hb: 978-0-415-57677-2: £50.00/$80.00


for further books on Child and Adolescent Psychoanalysis please see pages 16, 25

**New!**

**Protecting Children from Violence**

Evidence-Based Interventions

Edited by James Michael Lampinen, University of Arkansas, USA, and Kathy Sexton-Radek, Elmhurst College, Illinois, USA

Providing an evidence-based understanding of the causes and consequences of violence against children, experts in the field examine the best practices used to help protect children from violence. Various types of violence are reviewed including physical and sexual abuse, (cyber-)bullying, human trafficking, online predators, abductions, and war.


Hb: 978-1-84872-840-0: £49.95/$75.00

Pb: 978-1-84872-841-7: £22.50/$34.95

Published by Psychology Press

e-Examination copy available

**Child Abuse and Neglect**

Monica L. McCoy, Converse College, South Carolina, USA, and Stefanie M. Keen, University of South Carolina Upstate, USA

Child abuse and neglect are examined in this new book – the latest research, what it entails, and how to recognize and report it. Federal law mandates the reporting of suspected child maltreatment by many professionals. This book will appeal to those who one day find themselves in the role of a mandated reporter.


Hb: 978-0-8058-6244-7: £32.50/$59.95

Published by Psychology Press

e-Examination copy available
Child and Adolescent Cognitive Behavior Therapy

Forthcoming!


Teaching Child Psychiatrists (and Other Busy Mental Health Professionals!) Cognitive Behavioral Therapy

Rubrics and Rudiments

Robert D. Friedberg, Angela A. Gorman, and Laura Hollar-Wilt, all at Penn State Milton Hershey Medical Center, USA, Adam Biuckians, in private practice, Pennsylvania, and Michael Murray, Penn State Milton Hershey Medical Center, USA

Illustrations by Jolene H. Garcia

Teaching Child Psychiatrists Cognitive Behavioral Therapy is an essential resource for clinical child psychologists, psychiatrists and psychotherapists, and mental health professionals. Since 2001, psychiatry residency programs have required resident competency in five specific psychotherapies, including cognitive-behavioral therapy. This unique text is a guidebook for instructors and outlines fundamental principles, while offering creative applications of technique to ensure that residency training programs are better equipped to train their staff.

CONTENTS:


Hb: 978-0-415-99127-8: £22.00/$39.95

Cognitive Behavioral Therapy with Children

A Guide for the Community Practitioner

Katharina Manassis, University of Toronto, Canada

This book aims to bridge the gap between child cognitive behavioral therapy (CBT) as practiced in academic centers and its use in community settings. Because CBT is considered the ‘gold standard’ in the treatment of a variety of child mental health conditions and has been evaluated in numerous randomized controlled trials, practitioners often face pressure to “do CBT” for children meeting criteria for certain disorders, especially anxiety and depression. This book uses a step-by-step, practical approach to spell out child CBT assessment and treatment considerations that are often not detailed in treatment manuals but are highly relevant to community practitioners.

Pb: 978-0-415-99670-9: £22.50/$39.95

Examination copy available

Post Traumatic Stress Disorder

Cognitive Therapy with Children and Young People

Patrick Smith, Sean Perrin, William Yule, and David M. Clark, all at Institute of Psychiatry, King’s College London, UK

“Written by leading experts in the field... this book will be an invaluable resource for mental health professionals who work with traumatized children and adolescents and their parents.”

- Professor Anke Ehlers, King’s College London, UK

Post Traumatic Stress Disorder provides the therapist with instructions on how CT models can be used with children and young people to combat the disorder.

The authors provide case studies and practical tips, as well as examples of self-report measures and handouts for young people and their parents which will help the practitioner to prepare for working with this difficult client group.

Hb: 978-0-415-39163-4: £55.00/$95.00
Pb: 978-0-415-39164-1: £19.99/$34.95

Series: CBT with Children, Adolescents and Families

Depression

Cognitive Behaviour Therapy with Children and Young People

Chrissie Verduyn, Central Manchester & Manchester Children’s University Hospitals NHS Trust, UK, Julia Rogers, Berkshire Healthcare NHS Foundation Trust, UK, and Alison Wood, in private practice, Manchester, UK

“This is a well-written, well-researched and clearly presented book. If you are training or trained in CBT and working in the area of depression with children or adolescents, this is the book for you.”

- Caroline Anstiss, Counselling Children and Young People

Depression: Cognitive Behaviour Therapy with Children and Young People provides an accessible guide to recognising and treating depression in young people. Based on a successful manual developed for research trials, this book presents an overview of a cognitive behavioural model for working with this age group, as well as practical ideas about how to start therapy.

Pb: 978-0-415-39978-4: £19.99/$34.95

Series: CBT with Children, Adolescents and Families
Child and Adolescent Development

Eating Disorders
Cognitive Behaviour Therapy with Children and Young People
Simon G. Gowers, University of Liverpool, UK, and Lynne Green, Cheshire and Merseyside Eating Disorders Service for Adolescents, UK

In this book, Simon Gowers and Lynne Green bring together up-to-date research, clinical examples and useful tips to guide practitioners in working with young people, as well as helping families of children and adolescents to deal with their difficulties. Eating Disorders provides the clinician with an introduction about how CBT can be used to challenge beliefs about control, restraint, weight and shape, allowing young people to manage their eating disorder.

Hb: 978-0-415-44462-0: £55.00/$95.00
Pb: 978-0-415-44463-7: £19.99/$34.95
Series: CBT with Children, Adolescents and Families

Obsessive Compulsive Disorder
Cognitive Behaviour Therapy with Children and Young People
Edited by Polly Waite, and Tim Williams, both at the University of Reading, UK

In this concise, accessible book experienced contributors provide detailed guidance on carrying out assessments and treatment for children and young people with OCD from a cognitive behavioural perspective. This approach has been developed from extensive research and clinical work with young people with OCD and associated problems.

Hb: 978-0-415-40388-7: £55.00/$95.00
Pb: 978-0-415-40389-4: £19.99/$34.95
Series: CBT with Children, Adolescents and Families

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Anxiety
Cognitive Behaviour Therapy with Children and Young People
Paul Stallard
Hb: 978-0-415-37256-5: 2008: 224pp. £60.00/$110.00

for FREE downloadable resources for books in this series visit www.routledgementalhealth.com/cbt-with-children

New!
The Journey of Child Development
Selected Papers of Joseph D. Noshpitz
Edited by Bruce Sklarew, in private practice, Maryland, USA, and Myra Sklarew, American University, Washington, D.C., USA

As founder and past president of the American Academy of Child and Adolescent Psychiatry and president of the American Association of Children’s Residential Centers, Joseph Noshpitz was at the forefront of psychodynamic treatment and research with children and adolescents for more than forty years. His breadth of knowledge and wisdom ranged well beyond the traditional areas of diagnosis and therapeutic interventions, envisioning the child as an individual within the family and the wider culture. Based on psychoanalytic ideas and without jargon, Noshpitz’s innovative ideas are grounded in the developmental theories of Freud, Mahler, and Kernberg. These previously unpublished papers demonstrate Noshpitz’s scope and the depth to which he conceived the psychic life of the child. Each paper is introduced by experts who contextualize the work for the modern reader. The wide-ranging papers include ethics in child development, narcissism in the grade school years, tomboyism, idealization, negative ego ideals, and self-destructiveness in adolescence. More applied papers delve into the formative appeal of literature for adolescent girls, the developmental lessons of Ninja Turtles, and the creative early motivations behind art, music, dance, mime, and poetry. The papers present an unyielding advocacy for the progressive development of the child interacting with the society at large, most evidenced in the extraordinarily far-reaching proposal for wider preventive family interventions.


Hb: 978-0-415-87664-3: £22.99/$39.95

for further books on Child and Adolescent Psychoanalysis please see pages 14, 25

10% DISCOUNT: Order online at www.camharena.com
New! Applied Research in Child and Adolescent Development
A Practical Guide
Edited by Valerie Maholmes, and Carmela Gina Lomonaco, both at the National Institute of Child Health and Human Development (NICHD), Maryland, USA

Developed for an NIH training institute, this volume is organized around the most frequently asked questions by researchers starting their careers in applied research in child and adolescent development. With contributions from the leading scholars in the field, actual research experiences highlight the challenges one faces in conducting such research. The techniques and theoretical frameworks most suitable for guiding the applied research process are reviewed along with related ethical and cultural considerations.

Hb: 978-1-84872-814-1: £54.95/$90.00
Pb: 978-1-84872-815-8: £27.50/$44.95
Published by Psychology Press
e-Examination copy available

New! Developmental Science
An Advanced Textbook
Sixth Edition
Edited by Marc H. Bornstein, Eunice Kennedy Shriver National Institute of Child Health and Human Development, USA, and Michael E. Lamb, University of Cambridge, UK

Noted as one of the most comprehensive textbooks in the field, Developmental Science, Sixth Edition introduces readers to all of the areas in developmental psychology: neuroscience, genetics, perception, cognition, language, emotion, self, and social interaction.

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Published by Psychology Press
e-Examination copy available

New! Nurturing Natures
Attachment and Children’s Emotional, Sociocultural and Brain Development
Graham Music, Tavistock Clinic, London, UK

“This book is a tour de force... It is beautifully written, highly accessible and inspiring... This superb book should be on the bookshelf of all child mental health professionals.” - Peter Fonagy, University College London, UK

This book provides an indispensable account of current understandings of children’s emotional development. Integrating the latest research findings from areas such as attachment theory, neuroscience and developmental psychology, it weaves these into a readable and easy to digest text.


Hb: 978-1-84872-052-7: £45.00/$80.00
Pb: 978-1-84872-057-2: £24.95/$42.50
Published by Psychology Press
e-Examination copy available

New! The Child as Social Person
Sara Meadows, University of Bristol, UK

“Both students new to this area and established researchers will benefit from this integrative text... The cross-referencing of topics within and between areas is excellent... A must read!” - Dawn Watling, Royal Holloway, University of London, UK

This book provides a critical review of the psychological literature on the development of personality, social cognition, social skills, social relations and social outcomes from birth to early adulthood. It uses Bronfenbrenner’s model of the development of the person and up-to-date evidence to analyse normal and abnormal social development and prosocial and antisocial behaviour, within and across cultures.

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Pb: 978-0-415-45200-7: £24.95/$44.95
e-Examination copy available

New Edition! Adolescent Rationality and Development
Cognition, Morality, and Identity
Third Edition
David Moshman, University of Nebraska – Lincoln, USA

Frequently cited in scholarly books and journals and praised by students, this book focuses on developmental changes and processes in adolescence rather than on the details and problems...
of daily life. Major developmental changes associated with adolescence are identified. Noted for its exceptionally strong coverage of cognitive, moral, and social development, this brief, inexpensive book can be used independently or as a supplement to other texts on adolescence.

Hb: 978-1-84872-860-8: £44.95/$70.00
Pb: 978-1-84872-861-5: £17.50/$34.95
Published by Psychology Press

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**New!**

**Adolescence, Pregnancy and Abortion**

**Constructing a Threat of Degeneration**

Catziona I. Macleod, Rhodes University, South Africa

This book outlines a critical view of “teenage pregnancy” and abortion, arguing that the negative view of these issues relies on a particular understanding of adolescence. Important issues are explored, using data from international studies, such as the invention of adolescence, teenage pregnancy and abortion as social problems; issues of race, culture and tradition in relation to teenage pregnancy; and health service provider practices.

July 2010: 184pp.
Hb: 978-0-415-55339-1: £45.00/$80.00
Pb: 978-0-415-55338-4: £14.95/$27.50
Series: Women and Psychology

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**Mental Health and Emerging Adulthood among Homeless Young People**

Les B. Whitbeck, University of Nebraska-Lincoln, USA

Findings from a three-year study of homeless and runaway adolescents that examined the consequences of runaway episodes are explored in this compelling book. The only longitudinal study of this hard to access population, the study paints a picture of the lives of adolescent runaways and evaluates the occurrence of mental and substance abuse disorders, suicidal behaviors, and the potential for future negative impact on such things as intimate relationships, education, and employment.

Hb: 978-1-84169-751-2: £35.00/$65.00
Pb: 978-1-84169-752-9: £18.99/$34.95
Published by Psychology Press

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**Adolescence and Society Series**

**Forthcoming!**

**Illegal Leisure Revisited**

**Changing Patterns of Alcohol and Drug Use in Adolescents and Young Adults**

Judith Aldridge, Fiona Measham, Howard Parker, and Lisa Williams

This book updates the progress into adulthood of 14-year-olds that were tracked for the first edition, using qualitative interviews and self-report surveys. The new edition shows them moving into the world of work, relationships and parenthood.

Hb: 978-0-415-45993-8: March 2010: 184pp. £49.95/$88.00
Pb: 978-0-415-45994-5: March 2010: 184pp. £19.95/$34.95

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**New Edition!**

**The Nature of Adolescence**

Fourth Edition

John C. Coleman

The new edition of this successful textbook provides an up-to-date introduction to all of the key features of adolescent development.

Hb: 978-0-415-56419-9: December 2010: 276pp. £52.50/$95.00

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**New!**

**Wired Youth**

**The Social World of Adolescence in the Information Age**

Gustavo Mesch, and Ilan Talmud

This book investigates the driving forces of social interaction and shows how online activities are closely associated with offline social behavior.

Hb: 978-0-415-45993-8: March 2010: 184pp. £49.95/$88.00
Pb: 978-0-415-45994-5: March 2010: 184pp. £19.95/$34.95

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**New!**

**Moving Out, Moving On**

**Young People’s Pathways In and Through Homelessness**

Shelley Mallett, Doreen Rosenthal, Deb Keys, and Roger Averill

Based on a large longitudinal study, this book examines the factors that impact on homeless young people’s long-term outcomes.

Hb: 978-0-415-47029-2: 2009: 216pp. £44.95/$80.95
Pb: 978-0-415-47030-8: 2009: 216pp. £19.95/$35.95

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Imagery for Pain Relief
A Scientifically Grounded Guidebook for Clinicians
David Pincus, Chapman University, California, USA, and Anees A. Sheikh, Marquette University, Wisconsin, USA

Imagery for Pain Relief, the first book of its kind, familiarizes the reader with basic scientific information about pain and mental imagery and shows why imagery is a valuable tool for pain management. Scientifically grounded and easy-to-read, it provides readers with a wealth of practical information, including imagery techniques that have been successfully used in the past.

Hb: 978-0-415-99702-7: £33.50/$59.95

Art Therapy

Forthcoming!
Navigating Art Therapy
A Therapist’s Companion
Compiled by Chris Wood, Art Therapy Northern Programme, Sheffield, UK

Art therapy is used in an increasing range of settings and is influenced by a range of disciplines, including psychotherapy, social psychiatry, social work and education. Navigating Art Therapy is an essential companion for both seasoned art therapists and those new to the field as it offers a comprehensive guide to key terms and concepts.

With contributions from art therapists around the world, entries cover:
• forms of interpretation
• processes of adaptation
• history of art therapy
• the inspiration provided by artworks and popular culture.

This book is an ideal source of reference as the concise, cross-referenced entries enable easy navigation through ideas and terms integral to the discipline.

Hb: 978-0-415-96094-6: £27.99/$49.95

Introduction to Art Therapy Sources & Resources
Second Edition
Judith A. Rubin

Introduction to Art Therapy, Sources and Resources, is the thoroughly updated and revised second edition of Judith Rubin’s landmark 1999 text, the first to describe the history of art in both assessment and therapy, and to clarify the differences between artists or teachers who provide “therapeutic” art activities, psychologists or social workers who request drawings, and those who are trained as art therapists to do a kind of work which is similar, but qualitatively different. This new edition contains a DVD-ROM with over 400 still images and 250 edited video clips for much richer illustration than is possible with figures alone.

Hb: 978-0-415-96093-9: £29.00/$52.95
Read and Recommend!

**Introduction to Art Therapy Research**

**Lynn Kapitan**, Mount Mary College, Wisconsin, USA

"Dr. Kapitan has performed a valuable service to the art therapy community by writing a book that has long been needed – a thorough and even-handed introduction to the topic. It will inform both students and practitioners and should stimulate more and better research in art therapy." - **Judith A. Rubin**, University of Pittsburgh, Pennsylvania, USA

Introduction to Art Therapy Research is a pragmatic text that introduces readers to the basics of research design in quantitative and qualitative methodology. It is written in the language of art therapy, with particular attention to the field's unique aspects, current thinking, and exemplars from published art therapy research studies. This combination of a broad, standard approach to research design plus art therapy's particular perspective and major contributions to the subject make the text suitable for courses in introductory art therapy assessment, survey of art therapy history and literature, art therapy assessment, and ethics.


Hb: 978-0-415-87147-1: £22.50/$39.95

Examination copy available

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**Expressive Therapies Continuum**

**A Framework for Using Art in Therapy**

**Lisa D. Hinz**, clinical psychiatrist and registered art therapist, USA

Expressive Therapies Continuum is distinctive in its application as a foundational theory in the field of art therapy. First developed by Vijja Lusebrink, this theory can be used by persons of any theoretical orientation, and has the ability to unite art therapists of varying backgrounds. The information contained in this book demonstrates how the Expressive Therapies Continuum provides a framework for the organization of assessment information, the formulation of treatment goals, and the planning of art therapy interventions.

Hb: 978-0-415-96347-3: £44.50/$79.95
Pb: 978-0-415-99585-6: £22.00/$39.95

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**The Art and Science of Dance/Movement Therapy**

**Life Is Dance**

Edited by **Sharon Chaiklin**, Marian Chace Foundation of the American Dance Therapy Association, and **Hilda Wengrower**, University of Barcelona, Spain

The Art and Science of Dance/Movement Therapy offers both a broad understanding and an in-depth view of how and where dance therapy can be used to produce change. The chapters go beyond the basics that characterize much of the literature on dance/movement therapy, and each of the topics covered offers a theoretical perspective followed by case studies that emphasize the techniques used in the varied settings. Several different theoretical points of view are presented in the chapters, illuminating the different paths through which dance can be approached in therapy.

Hb: 978-0-415-99657-0: £49.99/$89.95
Pb: 978-0-415-99656-3: £24.99/$44.95

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**Materials & Media in Art Therapy**

**Critical Understandings of Diverse Artistic Vocabularies**

Edited by **Catherine Hyland Moon**, School of the Art Institute of Chicago, USA

"Moon's book is a welcome addition to the literature... It will provoke more thought, reflection, and writing about the characteristics of different art materials and their potential impact on art therapy processes.” - **Susan Hogan**, University of Derby, UK

In art making, materials and media are the intermediaries between private ideas, thoughts and feelings, and their external manifestation in a tangible, sensual form. Thus, materials provide the core components of the exchange that occurs between art therapists and clients. This book focuses on the sensory-based, tangible vocabulary of materials and media and its relevance to art therapy. It provides an historical account of the theory and use of materials and media in art therapy, as well as an examination of the interface between art therapy, contemporary art materials and practices, and social/critical theory. An accompanying DVD contains media clips, as well as 69 color images.


Hb: 978-0-415-99313-5: £27.95/$49.95

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**Dance Therapy**
Dramatherapy and Destructiveness
Developing the Evidence Base

Edited by Ditty Dokter, Hertfordshire Partnership Trust and Roehampton University, UK, Pete Holloway, Kent and Medway Partnership Trust and Roehampton University, UK, and Henri Seebohm, Roehampton University, London and West London Mental Health Trust, UK

Dramatherapy uses the healing aspects of drama and theatre as part of the therapeutic process and is increasingly required to supply evidence of its effectiveness. This book aims to provide an evidence base for practice with destructive clients, and raise the profile of dramatherapy as a distinct therapeutic intervention in this field.

Dramatherapy and Destructiveness discusses working with those suffering from conduct disorders, mood disorders, schizophrenia and personality disorders. Divided into three parts, topics of discussion include:

- theory and research underpinning the understanding of working with destructiveness
- in-depth case studies of dramatherapy with a wide range of clients
- analysis and evaluation of the evidence base for dramatherapy with these clients
- guidelines for best practice.

Dramatherapy and Destructiveness covers a wide range of client groups, settings, methods and therapeutic approaches. As well as being an invaluable resource for dramatherapists, this book will be of interest to other therapists, health professionals, social workers, teachers and artists.

Hb: 978-0-415-45850-1: £60.00/$104.00
Pb: 978-0-415-45851-8: £22.99/$40.00

New!
Drama as Therapy
Clinical Work and Research into Practice
Volume 2
Edited by Phil Jones, Leeds Metropolitan University, UK

"Phil Jones’ second volume of Drama as Therapy is a significant and much needed addition to the dramatherapy literature. Of note are his innovative dialogues with leading practitioners and theorists in the field. - Robert J. Landy, New York University, USA

This book examines the many ways clients and therapists explore the therapeutic possibilities of drama. Whilst the first volume combined theory, practice and research in the field, this second volume concentrates on clinical material from a range of contexts, with thorough description and analysis of therapeutic work.

Drama as Therapy Volume 2: Clinical Work and Research into Practice is not only a welcome companion to the first volume, but also is an important stand alone work which will be of great interest to all those studying, practicing or with an interest in dramatherapy.


Hb: 978-0-415-47607-2: £60.00/$100.00
Pb: 978-0-415-47608-9: £22.99/$41.95

Dramatherapy and Social Theatre: Necessary Dialogues

Edited by Sue Jennings, Dramatherapist, Play Therapist, Performer and Storyteller, UK, Malaysia, Romania and Kazakhstan

Dramatherapy and Social Theatre: Necessary Dialogues considers the nature of drama, theatre and dramatherapy, examining how dramatherapy has evolved over the past decade and how the relationship between dramatherapy and social theatre has developed as a result. In this book Sue Jennings brings together international dramatherapists and theatre practitioners to challenge, clarify, describe and debate some of the theoretical and practical issues in dramatherapy and social theatre.

Dramatherapy and Social Theatre is illustrated throughout with case vignettes providing examples of how theatre and therapeutic processes can be brought together. It will be valuable reading for both professionals and students involved in dramatherapy and theatre studies.

Hb: 978-0-415-42206-2: £65.00/$120.00

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Music Therapy

Forthcoming!

**Therapeutic Uses of Rap Music**

Edited by Susan Hadley, Slippery Rock University, Pennsylvania, USA, and George Yancy, Duquesne University, Pennsylvania, USA

*Therapeutic Uses of Rap Music* is the first anthology to examine the use of rap music in the therapeutic context. It provides a rationale for the use of rap music in therapy and encourages music therapists to validate rap music’s value as a therapeutic tool, and by extension to validate the experiences of those for whom rap music is a significant mode of expression.


Hb: 978-0-415-88473-0: £56.50/$89.95

Pb: 978-0-415-88474-7: £21.95/$34.95

e-Examination copy available

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**Advanced Play Therapy**

**Essential Conditions, Knowledge, and Skills for Child Practice**

Dee Ray, University of North Texas, USA

The purpose of this text is to present a resource to students and practitioners of play therapy that addresses topics beyond the training level. Current play therapy resources offer details on how to conduct play therapy, but are limited in addressing the challenges that develop when therapists conduct play therapy with real-life clients. It provides advanced knowledge on the three main areas of play, child development, and play therapy and integrates them to help the play therapist gain a holistic understanding of how play therapy works.

An accompanying CD includes a Child-Centered Play Therapy Treatment Manual and materials for use in supervision, self-reporting, and other tools the advanced play therapy student would find of use.


Hb: 978-0-415-88604-8: £27.95/$44.95

Examination copy available

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**The Handbook of Play Therapy and Therapeutic Play**

**Second Edition**

Linnet McMahon, Retired, University of Reading, UK

This completely revised and updated second edition provides a comprehensive introduction to using play to communicate with troubled or traumatized children and their families, and to heal emotional damage. The book gives examples of good practice in different settings and situations, including schools, hospitals, residential settings, families and foster carers. It also includes a consideration of the support needs of workers and carers.

Drawing on psychodynamic, systemic and attachment theory, the book provides an integrated theory base for using play in therapeutic work with children. It emphasizes non-directive approaches to therapeutic play and play therapy, based on...
Bestseller!

Landreth: Play Therapy: The Art of the Relationship, Second Edition
Hb: 978-1-58391-327-7: 2002: 432pp. £27.95/$44.95
Examination copy available

Family Therapy

New!

Multi-Family Therapy
Concepts and Techniques
Eia Asen, CNWL NHS Trust, UK, and Michael Scholz, University of Dresden, Germany

Multi-Family Therapy (MFT) involves the bringing together of different families in a therapeutic context in order to work jointly to overcome each of their specific and very individual problems. This innovative book combines the theory and concepts of MFT with detailed practical examples of techniques and exercises which have been proven to help with problematic children, teenagers and adults.

In this book Asen and Scholz discuss how MFT has been developed over the past 30 years and has been applied nationally and internationally across a range of settings with a variety of clients.


Hb: 978-0-415-55780-1: £60.00/$99.00
Pb: 978-0-415-55781-8: £22.99/$39.95

e-Examination copy available

Introduction to Family Processes
Fifth Edition
Randal D. Day, Brigham Young University, Utah, USA

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Helping Grieving People is a training manual for care providers who provide support and counseling to those grieving death, illness, and other losses. The author addresses grief as it affects a variety of relationships and discusses different intervention and support strategies, always cognizant of individual and cultural differences in the expression and treatment of grief.
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Parenting After the Death of a Child
A Practitioner’s Guide
Jennifer L. Buckle, Sir Wilfred Grenfell College, Memorial University of Newfoundland, Canada, and Stephen J. Fleming, York University, Toronto, Canada
The death of a child has a tremendous and overwhelming impact on parents and siblings, completely altering the psychological landscape of the family. How can someone attempt to cease parenting a deceased child while maintaining this role with his/her other children?
Parenting After the Death of a Child addresses this complex and daunting dilemma. Following on the heels of a qualitative research study that involved interviewing bereaved parents, Buckle and Fleming have put together several different stories of loss and recovery to create an invaluable resource for clinicians, students, and grieving parents.

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This edited volume addresses the need for an up-to-date, professionally oriented summary of the clinical and research literature on the impact of suicide bereavement on survivors. It is geared towards mental health professionals, grief counselors, clergy, and others who work with survivors in a professional capacity.
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A Psychoanalytic Exploration of the Origins of Meaning
Edited by Jane Van Buren, Lino Ciampa, and Shelley Alhanati, Psychoanalytic Institute of Northern California, USA

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of students. A brief introduction to pharmacology to help the reader understand the specifics of psychiatric medications used is also included. Next, a variety of psychiatric diagnoses and treatment options are discussed in detail; those covered include behavioral, mood, anxiety, eating, psychotic, and autism spectrum disorders. Where appropriate, other methods of treatment, such as cognitive-behavioral therapy, are discussed. Finally, the author considers ways to effectively manage mental health crises in the school setting.

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New!

The Power of Family-School Partnering (FSP)
A Practical Guide for School Mental Health Professionals and Educators
Cathy Lines, Cherry Creek School District, Colorado, USA, and Gloria Miller, University of Colorado, USA, and Amanda Arthur-Stanley, Cherry Creek School District, Colorado, USA

Ongoing, strategic family-school partnering (FSP) is an essential component of every educational community. FSP is a multi-dimensional process in which schools, families, and communities...
engage in shared actions to ensure a child’s academic, social, and emotional success. With this text, the authors intend to offer a practical guide that demonstrates how this partnering can be strategically implemented in all levels of schooling. The main focus of the text is how to plan, implement, and evaluate FSP within existing school structures and resources.


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**Behavioral Interventions in Schools**

A *Response-to-Intervention* Guidebook

*David Hulac,* University of South Dakota, USA, *Joy Terrell,* School Psychologist, Recovery School District, Louisiana, USA, *Linda M. Kanan,* Intervention Coordinator in the Cherry Creek School District, Colorado, USA, and *Joshua Bernstein,* Chatham University, Pennsylvania, USA

This book is a how-to manual for school mental health professionals, educators, and administrators that discusses a series of steps that can be used to proactively manage and prevent many different types of behavioral problems in a positive manner. It incorporates both the high structure and high behavioral expectations that are crucial for school success, but also describes following this structure in such a way that students feel included, important, and respected.


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**Comprehensive Planning for Safe Learning Environments**

A *School Professional’s Guide to Integrating Physical and Psychological Safety – Prevention through Recovery*

*Melissa A. Reeves,* Winthrop University, South Carolina, USA, *Linda M. Kanan,* Intervention Coordinator in the Cherry Creek School District, Colorado, USA, and *Amy E. Plog,* Creating Caring Communities, USA

This book provides school administrators, school-based mental health professionals, and other educational professionals with the framework and tools needed to establish a comprehensive safe learning environment. The authors identify four necessary phases to achieve this (prevention, preparedness, response, and recovery) and provide numerous examples and tools to help readers create safe environments, while also addressing students’ academic, emotional, and social needs.

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*Beth Doll,* University of Nebraska at Lincoln, USA, with *Katherine Brehm,* school psychologist, Ysleta School District, Texas, USA

While recess provides children with a time to play and take a break from the school day, research has shown that it is also a necessary and vital part of their social, emotional, and academic development. This book provides tools and strategies for school mental health professionals, teachers, and administrators to evaluate and improve the recess experience.

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Barbara Bole Williams, Rowan University, New Jersey, USA, and Rosemary B. Mennuti, Philadelphia College of Osteopathic Medicine, USA

Are you getting ready to take the Praxis Exam and looking for a resource to help as you study? In this guide, Williams and Mennuti, two veteran school psychologists who have been involved in the development, testing, and revision of the Praxis Exam, present their PASS model to help you study and achieve the best score possible. In this guide, you’ll also find reflections from students who have used the PASS model to prepare for the Praxis, along with their experiences taking the exam.


February 2010: 239pp. Pb: 978-0-415-99347-0: £25.00/$40.00

New!

A Guide to Practicum and Internship for School Counselors-in-Training
Edited by Jeannine R. Studer, and Joel F. Diambra, both at the University of Tennessee, USA

School counseling is a rather specialized field, yet students entering it do not have a single, comprehensive resource to guide them through the process. This text covers all aspects of the practicum and internship experience, from the initial contact with your supervisor to detailed descriptions of each of the different roles you will have. It will help you gain an understanding of the school culture and how to begin thinking about and developing your own philosophy of school counseling.


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Counseling 21st Century Students for Optimal College and Career Readiness
A 9-12th Grade College and Career Curriculum Including Activities and Best Practices
Corine Fitzpatrick, Manhattan College, New York, USA, and Kathleen Costantini, over twenty-five years experience as a teacher, administrator and counselor

This book offers counselors an action-based curriculum that will meet the needs of the 21st century high school student, help to foster their growth and ambition, and engage them as constructivists in learning what they need to succeed beyond high school. It takes a comprehensive, developmental approach, focusing on 9th-12th grade students, rather than solely on those in 11th and 12th grade.


Pb: 978-0-415-88214-9: £21.95/$37.95

Forthcoming!

Combating Racism
Transforming the School Counselor’s Role When Working with Issues of Racism in Schools
Jesse A. Brinson, and Shannon Smith, both at University of Nevada, Las Vegas, USA

While racism continues to be a persistent and pervasive issue in our schools, the professionals charged with creating safe and nurturing educational environments have few resources available to address racism directly. As its title suggests, Combating Racism is the first book of its kind to do just that. A qualitative survey of students, school counselors, teachers, and administrators sets the stage by providing the readers with a 360 degree picture of today’s schools and the many ways racism creeps into the lives of our students. The authors then present a number of different models and perspectives on understanding and addressing racism, beginning with their own personal and professional experiences. This book will appeal directly to school counselors as not only a comprehensive look at racism within our schools, but as a practical tool to use in implementing preventative measures to combat racism directly.

Pb: 978-0-415-99349-4: £21.95/$34.95

Forthcoming!

Bullying, Suicide, and Homicide
Understanding, Assessing, and Preventing Threats to Self and Others for Victims of Bullying
Raymond Butch Losey, Child Focus, Inc.

The main objective of this book is to provide a detailed understanding of the relationship between bullying, suicide, and homicide and to offer an assessment and response strategy that is useful for mental health professionals who work with children. It will help readers understand that bullying is not a part of childhood development, but rather an aberrant behavior that for the victim can lead to adverse decisions, such as suicide and homicide.

CONTENTS: Persistent Bullying and Suicide as a Viable Option. Effective School and Community Response. Inconspicuous Partners: Bullying, Suicide, and Homicide. Indelible Links: Persistence, Hopelessness, Burdensome, and Alienation. Dimensions of the Bullying Experience. The Bullying Lethality Screening System (BLSS) for Use by Professionals. Deciding the Right Course of Action. Suicide Assessment in the Context of Bullying. Threat Assessment: When Risk Turns from Self to Others. Inside the School Counselors Office: Practical Application of the BLSS. Companion CD: Bullying Lethality Screening Questionnaire for Use by Professionals. Decision Tree. The Negative Bullying Response Continuum for Suicide Assessment. Threat Assessment Guide. Guided Questions for an Unstructured Interview Using the BLSS.

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Being a College Counselor on Today’s Campus
Roles, Contributions, and Special Challenges
Bruce S. Sharkin, Kutztown University, Pennsylvania, USA

This book provides a detailed description and discussion of the many roles and contributions of college counselors on today’s campuses. The author draws on twenty years of experience as a college counselor to address such questions as “Who are college counselors?”; “How does one become a college counselor?”; and “What skills are needed to be a college counselor today?” Roles and responsibilities, including counseling, crisis intervention, consultation, outreach, and administrative duties, are discussed in detail and supplemented with both research and case studies.


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New! The Men’s and Women’s Programs

Ending Rape through Peer Education

The Men’s and Women’s Programs is a guide for college administrators and faculty members looking to create a sexual assault prevention and education program to provide men and women with the knowledge, skills, and support systems needed to become active participants in the prevention of rape. It contains detailed scripts which outline how to set up and implement a program and provides instructions on running a training course and recruiting peer educators. Handouts and worksheets are included to assist in the training process, as well as for peer educators to use when working with participants. This revised version of the program features the inclusion of a program targeted at female participants, as well as completely updated scripts, handouts, and resources.

Pb: 978-0-415-88105-0: £22.95/$39.95

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New! The Women’s Program

Peer Educator’s Manual

Intended to be used in an all-female peer education group, this guide contains the training materials necessary for the peer educator. While it does complement the guide for administrators, it is designed to be a self-contained manual. It includes all of the program scripts and handouts, as well as advice for running the program. The program scripts lay out each session in detail for the leader. Participants will be taught about rape via in-depth discussions and videos that will put them in the shoes of the victim, helping them to understand what it might feel like for both a woman and a man to experience rape. Methods for helping survivors and ways to prevent rape are then covered, including bystander interventions.

Pb: 978-0-415-88106-7: £56.00/$100.00 (Pack of 10)

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New! Police Rape Training Video

This powerful DVD is a presentation of a police officer talking to new officers about how to handle rape cases. In doing so, Sgt. Ramon shares the story of a male police officer who went about his everyday business and was raped by two men. Afterwards, other officers didn’t believe it happened as he said it did, couldn’t understand why he didn’t fight back, and blamed him for what happened.

DVD: 978-0-415-88419-8: September 2010: £30.00/$50.00
Produced by One in Four, Inc.

New! How to Help a Sexual Assault Survivor

What Men Can Do

This video is a performance of The Men’s Program by experienced peer educators. Men who watch the video will discover what rape is, what it might feel like, what women tend to experience before, during, and after being raped, how to help a woman recover from a rape experience, what they can do to modify their own behavior in their intimate encounters, and will be encouraged to confront their peers when necessary. Thought-provoking and provocative, this video is great for use with fraternities, sports teams, men’s residence halls, military units, community organizations, high school boys, or any group of men who want to learn how to help women recover from rape.

DVD: 978-0-415-88429-7: September 2010: £95.00/$150.00
Produced by One in Four, Inc.
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