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• The International Association of Relational Psychoanalysis and Psychotherapy (IARPP) Annual Conference
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• 47th Congress of the International Psychoanalytical Association (IPA)
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• International Association for Psychoanalytic Self Psychology (IAPSP)
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Written in 1936 as a companion piece to *A Life of One’s Own*, *An Experiment in Leisure* further charts Marion Milner’s illuminating and rewarding investigation into how we lead our lives. Instead of drawing on her daily diary, she turns to memory images – images not only from her own life but also from books, mythology, travel and religion that seem to point to a suspension of ordinary, everyday awareness.

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How often do we ask ourselves, ‘What will make me happy? What do I really want from life?’ In *A Life of One’s Own* Marion Milner explores these questions and embarks on a seven year personal journey to discover what it is that makes her happy.

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Read and Recommend!

Reading Winnicott
Edited by Lesley Caldwell, University College London, UK, and Angela Joyce, Anna Freud Centre, London, UK

"Re-investing in Winnicott through the scholarship and clinical acumen of two present day psychoanalysts and reading him through the data and the interpretation their text affords, offers the reader the benefit of a serious and impressive contribution, not, in my view, attempted so wide-rangingly or so comprehensively before."

- Helen Taylor Robinson, From the Preface

Reading Winnicott brings together a selection of papers by the psychoanalyst and paediatrician Donald Winnicott, providing an insight into his work and charting its impact on the well being of mothers, babies, children and families.

With individual introductions summarising the key features of each of Winnicott’s papers this book not only offers an overview of Winnicott’s work but also links it with Freud and later theorists. Areas of discussion include:

- the relational environment and the place of infantile sexuality
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Reading French Psychoanalysis
Edited by Dana Birksted-Breen, and Sara Flanders, both Training and Supervising Analysts, British Psychoanalytical Society, UK, and Alain Gibeault, Training and Supervising Analyst, Paris Psychoanalytical Society, France
Psychoanalytical Society, and Alain Gibeault of the Paris Psychoanalytical Society provide an overview of how French psychoanalysis has developed since Lacan. Focusing primarily on the work of psychoanalysts from the French Psychoanalytical Association and from the Paris Psychoanalytical Society, the two British psychoanalysts view the evolution of theory as it appears to them from the outside, while the French psychoanalyst explains and elaborates from inside the French psychoanalytic discourse. Seminal and representative papers have been chosen to illuminate what is special about French thinking. A substantial general introduction argues in favour of the specificity of ‘French psychoanalysis’, tracing its early influences and highlighting specific contemporary developments.

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Forthcoming!

Projective Identification
The Fate of a Concept
Edited by Elizabeth Spillius, Training and Supervising Psychoanalyst, British Psychoanalytical Society, UK, and Edna O’Shaughnessy, British Psychoanalytical Society, London, UK

In this book Elizabeth Spillius and Edna O’Shaughnessy explore the development of the concept of projective identification, which had important antecedents in the work of Freud and others, but was given a specific name and definition by Melanie Klein. They describe Klein’s published and unpublished views on the topic, and then consider the way the concept has been variously described, evolved, accepted, rejected and modified by analysts of different schools of thought and in various locations – Britain, Western Europe, North America and Latin America.

The authors believe that this unusually widespread interest in a particular concept and its varied ‘fate’ have occurred not only because of beliefs about its clinical usefulness in the psychoanalytic setting but also because projective identification is a universal aspect of human interaction and communication.


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This book expands Freud’s ideas further and examines how these have been greatly elaborated by contributions from the Kleinian School as well as from the work of Bion. It explores how, together, patient and therapist co-create a narrative through these unconscious intersubjective processes.

The author offers in-depth clinical examples and case vignettes to illustrate the application of these principles when working with trauma, countertransference dreams and supervision.


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Seeing and Being Seen
Emerging from a Psychic Retreat
John Steiner, Training Analyst, British Psychoanalytical Society, UK
Foreword by Roy Schafer

"John Steiner continues the explorations he began in his excellent Psychic Retreats. In the course of fulfilling his aims, he has also summed up and enriched contemporary insight into many other aspects of the work of psychoanalysis and has laid out a Kleinian approach to resistance that is up-to-date, inclusive, and detailed.” - Roy Schafer, From the Foreword

Seeing and Being Seen examines the themes that surface when considering clinical situations where patients feel stuck and where a failure to develop impedes the progress of analysis.

This book analyses the anxieties and challenges confronted by patients as they begin to emerge from the protection of psychic retreats.


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Stefano Bolognini, Psychiatrist and a Training and Supervising Analyst and President of the Italian Psychoanalytic Society
Translated by Gina Atkinson
Foreword by Glen O. Gabbard

“We should all be grateful to Stefano Bolognini for leading the way for the rest of us to follow. He has blazed a trail, and now it is incumbent upon the rest of us to make our way along that trail and join him in the new country of global psychoanalysis.” – Glen O. Gabbard, From the Foreword

Secret Passages provides a theoretical and clinical exploration of the field of psychoanalysis. It looks at the pivotal relationship between analyst and client and its importance to the psychoanalytic process. Offering a uniquely global perspective, Bolognini considers the different trends in contemporary psychoanalysis, charting a course between the innovative and traditional.


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Bion Today
Edited by Chris Mawson, Training and Supervising Analyst, British Psychoanalytic Society, UK

“This is a very stimulating, at times almost provocative, book. It will make a fresh and valuable contribution to our thinking about the nature and significance of Bion’s work today.” – Betty Joseph, Distinguished Fellow of the British Psychoanalytical Society, UK

Bion Today explores how Bion’s work is used in contemporary settings; how his ideas have been applied at the level of the individual, the group and the organisation; and which phenomena have been made more comprehensible through the lenses of his concepts. The book introduces distinctive psychoanalytic contributions to show the ways in which distinguished analysts have explored and developed the ideas of Wilfred Bion.

Drawing on the contributors’ experience of using Bion’s ideas in clinical work, topics include:
• an introduction to Bion
• clarification of the inter-related concepts of countertransference and enactment
• concepts integrating group and individual phenomena
• clinical implications of Bion’s thought
• Bion’s approach to psychoanalysis.

Bion Today will be a valuable resource for psychoanalysts, psychotherapists and all those who are interested in learning more about Bion’s thinking and his work.


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The Intimate Room
Theory and Technique of the Analytic Field
Giuseppe Civitarese, psychiatrist, full member of the Italian Psychoanalytic Society (SPI) and the International Psychoanalytical Association (IPA)

“Not many authors would be able to negotiate a path through this complex, progressively expanding universe while at the same time maintaining a holographic and multidimensional vision of psychoanalysis. Giuseppe Civitarese is surely one of the few – the very few – who have this capability.” – Antonino Ferro, From the Foreword

The Intimate Room provides an original exploration of psychoanalytic thought, showing how contemporary psychoanalysis seeks to answer the challenges raised by today’s post-modern culture.

Offering a deeply personal and insightful reading of Bion, this book acts as a stimulating guide to the development of the theory of the analytic field and both its technical and clinical implications. Allowing the reader to engage with the inner space of analysis, The Intimate Room will be of interest to psychoanalysts, psychotherapists and all those with an interest in the field of psychoanalysis. It will also be a useful tool in psychoanalytic and psychotherapeutic work on a day-to-day basis.
The Psychotic Wavelength provides a psychoanalytical framework for clinicians to use in everyday general psychiatric practice and discusses how psychoanalytic ideas can be of great value when used in the treatment of seriously disturbed and disturbing psychiatric patients with psychoses, including both schizophrenia and the affective disorders.

In this book Richard Lucas suggests that when clinicians are faced with psychotic patients, the primary concern should be to make sense of what is happening during their breakdown. He refers to this as tuning into the psychotic wavelength, a process that allows clinicians to distinguish between, and appropriately address, the psychotic and non-psychotic parts of the personality. He argues that if clinicians can find and identify the psychotic wavelength, they can more effectively help the patient to come to terms with the realities of living with a psychotic disorder.

The Psychotic Wavelength is an essential resource for anyone working with disturbed psychiatric patients.

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Betweenity
A Discussion of the Concept of Borderline
Judy Gammelgaard,
Psychoanalyst, Denmark
Translated by Karen MacLean and Caitlin Madden
From its inception psychoanalysis has sought to effect a cure through the therapeutic relationship between analyst and analysand. Betweenity looks at what happens when the established framework of the psychoanalytic process is challenged by those with borderline personalities.

In this book Judy Gammelgaard looks at how we might understand the analysand who is unable to engage with therapy and how we might bring them to a point where they are able to do so.

This book will be essential reading for all psychoanalysts, psychotherapists and practitioners wishing to learn more about working with borderline personality structures and disorders.


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The Psychotic Wavelength
A Psychoanalytic Perspective for Psychiatry
Richard Lucas, was a consultant psychiatrist at St. Ann’s Hospital, London, UK, and a member of the British Psychoanalytical Society, UK

“In this admirably lucid book Dr Richard Lucas demonstrates that psychoanalysis has much to contribute to the treatment of seriously disturbed and disturbing psychiatric patients... I sincerely hope it will be read by a wide, professional, national and international audience and will become essential reading for junior psychiatrists and nursing staff in particular.” - Carine Minne, From the Preface

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Claudia Frank, in private practice, Stuttgart, Germany
Edited and with a Preface by Elizabeth Spillius, Training and Supervising Psychoanalyst, British Psychoanalytical Society, UK
Translated by Sophie Leighton and Sue Young

“This book is the work of a true scholar. And we all have much reason to thank Claudia for making us aware of the results of her meticulous comparison of Klein’s published papers, her unpublished papers and her clinical treatment notes.” - Elizabeth Spillius, From the Preface

In this book Claudia Frank discusses how Melanie Klein began to develop her psychoanalysis of children. Melanie Klein in Berlin offers a detailed comparative analysis of both published and unpublished material from the Melanie Klein Archives.

By using previously unpublished studies, Frank demonstrates how Klein enriched the concept of negative transference and laid the basis for the innovations on both technique and theory that eventually led not only to changes in child analysis, but also to changes in the analysis of adults. Frank also uncovers the influence that this had on Klein’s later theories of the paranoid-schizoid and depressive positions, and on her understanding of psychotic anxieties.

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Michael Feldman, Training Analyst, British Psychoanalytical Society, UK
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In this profound and subtle study, a practising psychoanalyst explores the dynamics of the interaction between the patient and the analyst. Michael Feldman draws the reader into experiencing how the clinical interaction unfolds within a session. In doing so, he develops some of the implications of the important pioneering work of such analysts as Klein, Rosenfeld and Joseph, showing in fine detail some of the ways in which the patient feels driven to communicate to the analyst, not only in order to be understood by him, but also in order to affect him.

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This manual presents a carefully researched, detailed psychodynamic treatment program for the alleviation of a transdiagnostic range of primary Axis I anxiety disorders and related psychological problems. First exploring the principles of psychodynamic theory and formulation, the authors then present a three-phased process of panic-focused psychodynamic psychotherapy—extended range (PFPP-XR): initial evaluation, interpretation of central conflicts and defense mechanisms, and termination. Each phase is discussed in depth and relies on central case illustrations to demonstrate techniques and results.


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Robert D. Stolorow, Institute of Contemporary Psychoanalysis, Los Angeles, California, USA

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New!

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An Analyst’s Reflections on the Therapeutic Relationship
Chris Jaenicke, in private practice, Berlin, Germany
In this clinically rich and deeply personal book, Chris Jaenicke demonstrates that the therapeutic process involves change in both the patient and the analyst, and that therapy will not have a lasting effect until the inevitability and depth of the analyst’s involvement in the intersubjective field is better understood. In other words, in order to change, we must allow ourselves to be changed. This can happen within the sessions themselves, as one grasps the influence of and decenters from one’s own subjectivity, with cumulative effects over the course of the treatment. Thus the process, limitations, and cure of psychotherapy are cocreated, without displacing the asymmetrical nature of roles and responsibility. Essentially, beyond the theories and techniques, it is the specificity of our subjectivity as it interacts with the patient’s subjectivity which plays the central role in the therapeutic process.


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The Challenge of Individuality in Theory and Practice
Edited by Roger Frie, Simon Fraser University, Vancouver, Canada, and William J. Coburn, Institute of Contemporary Psychoanalysis, Los Angeles, USA

In contemporary forms of psychoanalysis and psychotherapy, the turn to contextualism has led to new ways of thinking and practice that have dispensed with the notion of the isolated individual. The recognition that human experience is fundamentally immersed in the world can make the question of individuality seem confusing, even anachronistic. This volume of original essays considers the lived experience of individuality within clinical, developmental, and cultural contexts. Drawing on a variety of disciplinary backgrounds, the contributors develop the notion of the person in context and provide unique perspectives on the nature of individuality.


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for a further book by Roger Frie see page 35

Psychoanalysis and Motivational Systems
A New Look
Joseph D. Lichtenberg, in private practice, Washington, D.C., USA, Frank M. Lachmann, New York University Postdoctoral Program, USA, and James L. Fosshage, past President of the International Association for Psychoanalytic Self Psychology

Opening by placing motivational systems theory within a contemporary dynamic systems theory, Lichtenberg, Lachmann, and Fosshage then respond to critics of motivational systems theory. The authors present revisions to their approach to the original five motivational systems, adding two more: an affiliative and a caregiving motivational system. The authors go on to suggest, using ideas garnered from complexity theory and fractals, that motivational systems theory can help us understand how a continuity of self can be maintained despite near-constant fluctuations in interpersonal relations.


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Jean-Georges Schimek, was at the Institute for Psychoanalytic Training and Research (IPTAR) New York City, USA

Edited by Deborah L. Browning, New York University, USA

Foreword by Alan Bass

“Schimek’s thoughtful explorations of the most fundamental and still controversial ideas in psychoanalysis have always commanded my deepest respect and interest. His contributions retain special importance in these days of radical change that is often based more on rhetorical force than the profound and subtle scholarship to be found in these pages. The appearance of this book is most welcome.”

- Roy Schafer, author, Tragic Knots in Psychoanalysis

Memory, Myth, and Seduction reveals the development and evolution of Jean-Georges Schimek’s thinking on unconscious fantasy and the interpretive process derived from a close reading of Freud as well as contemporary psychoanalysis. Contributing richly to North American psychoanalytic thought, Schimek challenges local views from the perspective of continental discourse. A practicing psychoanalyst, teacher, and consummate Freud scholar, Schimek sought to clarify Freud’s concepts and theories and to disentangle complexities borne of inconsistencies in Freud’s assumptions and expositions.

Skillfully arranged and carefully edited by Deborah Browning and including a foreword by Alan Bass, this collection of Schimek’s published and unpublished papers will be of interest to practicing psychoanalysts, psychoanalytically-oriented psychotherapists, and students of the history of ideas and philosophy who have a particular interest in fantasy, interpretation, and Freud.


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Eventually, the rigorous work of psychoanalysis will offer an opportunity to work through the most disturbing elements of a patient’s inner life as expressed and experienced by the analyst. Steven Cooper’s far-ranging essays try to locate some of the most ineffable types of situations analysts take up with their patients, such as the underlying grandiosity of self-criticism; too much congruence between what patients fantasize about and analysts wish to provide; and the importance of analyzing aggregative aspects of erotic transference. He also turns hostile transference/countertransference phenomena inside-out to find out more about what patients are seeking and repudiating.


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In our post-9/11 environment, our sense of relative security and stability as privileged subjects living in the heart of Empire has been profoundly shaken. Hollander explores the forces that have brought us to this critical juncture, analyzing the role played by the neoliberal economic paradigm and conservative political agenda that emerged in the West over the past four decades with devastating consequences for the hemisphere’s citizens. Narrative testimonies of progressive U.S. and Latin American psychoanalysts illuminate the psychological meanings of living under authoritarian political conditions and show how a psychoanalysis “beyond the couch” contributes to social struggles on behalf of human rights and redistributive justice.


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Invasive Objects
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As the title suggests, the unifying thread of these papers is the investigation of serious mental disturbance, often characterized by the presence of intrusive and invasive thoughts and fantasies that originate in a traumatic past but which can colonize and destroy the rational mind. The diverse papers are grouped into two related sections. Part I is comprised of papers with a clinical orientation. In Part II, applied psychoanalytic thinking is integrated with Williams’ other professional passion, anthropology, in a paper that exemplifies generative thought through art, poetry, and tribal masks.


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Edited by George Goldstein, New York University, Postdoctoral Program in Psychotherapy and Psychoanalysis, USA, and Helen Golden, was at Westchester Center for the Study of Psychotherapy and Psychoanalysis, USA

“This landmark volume is a gift to therapist’s everywhere. The combination of Sabert Basescu’s highly original and profoundly important essays and the illuminating commentaries of the discussants has created a book that is a treasure of clinical wisdom. By bringing Basescu’s contributions to a wider audience, the editors have done an invaluable service for our field.” - Theodore Jacobs, NYU Postdoctoral Program in Psychotherapy and Psychoanalysis, USA

This book comprises a selection of seven of Sabe’s articles, written across his career and exploring such issues as self-disclosure in the therapy session, the origins of creativity, and even his own anxieties as an analyst. Preceding each original paper is a thoughtful commentary by different members of the contemporary psychoanalytic community, providing theoretical and clinical as well as personal context to Sabe’s work.


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“Wide-ranging and thought-provoking. The Hero in the Mirror is a book for our time... This is a hopeful book, a call for a collectivity of small heroes who will resist the false comfort and polarization of the heroic cycle with ordinary goodness. Sue Grand leads the way.” - Ghislaine Boulanger, author, Wounded by Reality: Understanding and Treating Adult Onset Trauma
Utilizing examples from the clinically personal to the globally political, Sue Grand deconstructs the myth of the Hero – an externalized, larger-than-life personality who has the power to assuage our suffering while at the same time relieving us of the burdens of personal responsibility and social justice. In its place, she argues for the recognition of an ordinary hero, one who shares our fear and our flaws as well as our fortitude. As she grounds her thesis in clinical work, we meet combat veterans and children with imaginary saviors, the analyst who fails to discover her own personal hero and the patient with whom she reclaim it. But she also reaches out to the wider world, critiquing the Hero’s relation to war, terrorism, state-sponsored terror and genocide.

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Quite simply, this book is an unprecedented achievement, taking the reader into actual psychoanalytic sessions and sharing with the reader Michael Shoshani Rosenbaum’s dialogues with Daniel, vividly illustrating his pain and struggle to transcend his existential plight. Furthermore, as the author of two sections of the book, Daniel himself provides a rare, insightful view from the other side of the couch, illuminating the challenge and change experienced within the other half of the therapeutic relationship.

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“The Analyst in the Inner City shatters assumptions and brings penetrating light to our understanding of psychological life at the social margins... This groundbreaking work should be required reading in the mental health disciplines as well as social scientists working at the intersections of race, social class, and culture.” - Ricardo Ainslie, author, Long Dark Road: Bill King and Murder in Jasper

Much like the original, this second edition of The Analyst in the Inner City opens up with updated, detailed clinical vignettes and case presentations, which illustrate the challenges of working within this clinical milieu. Altman greatly expands his section on race, both in the psychoanalytic and the larger social world, including a focus on “whiteness” which, he argues, is socially constructed in relation to “blackness.” However, he admits the inadequacy of such categorizations and proffers a more fluid view of the structure of race.

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“The book is the culmination of Milner’s own literary journey, a final conjunction between her maverick take on psychoanalytic theory and her interest in art as it is created by or seen by people who are not ‘artists’, art historians or psycho-analysts. No-one can read the book, I think, without wondering about their own equivalent of Milner’s glass bead game or what mysteries lie concealed in the memories and souvenirs we bring back from our trips away from home and visits to galleries, as from our dreams.”

- Hugh Haughton, From the New Introduction

Following on from A Life of One’s Own and An Experiment in Leisure, Eternity’s Sunrise explores Marion Milner’s way of keeping a diary. Recording small private moments, she builds up a store of ‘bead memories’. A carved duck, a sprig of asphodel, moments captured in her travels in Greece, Kashmir and Israel, circus clowns, a painting – each makes up a ‘bead’ that has a warmth or glow which comes in response to asking the simple question: What is the most important thing that happened yesterday?

From these beads – sacred, horrific, profane, funny – grows a sense of an ‘answering activity’, the result of turning one’s attention inwards to experience real joy. What Marion Milner conveys so vividly and inspirationally is her lifelong intention to live as completely as possible in the moment.


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The Hands of the Living God
An Account of a Psycho-analytic Treatment
Marion Milner
New Introduction by Adam Phillips
“This is a book about art (and writing about art), about emptiness, breathing, ordinary language, mysticism, the body, the sexes, childhood, parenting, impersonality, God, theory, exchange, change, tact, forms of inattention, belief, scepticism.”
- Adam Phillips, From the Introduction

At once autobiographical and psychoanalytic, The Hands of the Living God, first published in 1969, provides a detailed case study of Susan who, during a 20-year long treatment, spontaneously discovers the capacity to do doodle drawings. An important focus of the book is the drawings themselves, 150 of which are reproduced in the text, and their deep unconscious perception of the battle between sanity and madness. It is these drawings, linked with Milner’s sensitive and lucid record of the therapeutic encounter, that give the book its unique and compelling interest.


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Read and Recommend!

The New Dictionary of Kleinian Thought
Elizabeth Bott Spillius, Training and Supervising Psychoanalyst, British Psychoanalytical Society, UK, Jane Milton, The Melanie Klein Trust, UK, Penelope Garvey, and Deborah Steiner, Tavistock Clinic, London, UK

The New Dictionary of Kleinian Thought provides a comprehensive and wholly accessible exposition of Kleinian ideas. Offering a thorough update of R. D. Hinshelwood’s highly acclaimed original, this book draws on the many developments in the field of Kleinian theory and practice since its publication.

The book first addresses twelve major themes of Kleinian psychoanalytic thinking in scholarly essays organised both historically and thematically. Themes discussed include:

- unconscious phantasy, child analysis
- the paranoid schizoid and depressive positions, the oedipus complex
- projective identification, symbol formation.

Following this, entries are listed alphabetically, allowing the reader to find out about a particular theme – from Karl Abraham to Whole Object – and to delve as lightly or as deeply as needed. As such this book will be essential reading for psychoanalysts, psychotherapists as well as all those with an interest in Kleinian thought.

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Forthcoming!

The Emptiness of Oedipus
Identification and Non-Identification in Lacanian Psychoanalysis
Raul Moncayo, Training Analyst, Lacanian School of Psychoanalysis, California, USA

Lacan’s seminar on identification marks a turning point from the early to the later years of his work. In this book Raul Moncayo builds on many of the concepts that Lacan developed in his seminar, focusing on the relationship between the unary trait and narcissism that occurs via ruling ideas, master signifiers, and the objet a as a part object and a partial form of identification. Moncayo advances Lacanian psychoanalysis not only for its scholarly value, but also for its bearing on the clinical practice of psychoanalysis today.


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New!

Between Winnicott and Lacan
A Clinical Engagement
Edited by Lewis A. Kirshner, Boston Psychoanalytic Institute, USA

D. W. Winnicott and Jacques Lacan, two of the most innovative and important psychoanalytic theorists since Freud, are also seemingly the most incompatible. And yet, in different ways, both men emphasized the psychic process of becoming a subject or of developing a separate self, and both believed in the possibility of a creative reworking or new beginning for the person seeking psychoanalytic help. The possibility of working between their contrasting perspectives on a central issue for psychoanalysis – the nature of the human subject and how it can be approached in analytic work – is explored in this book. Their differences are critically evaluated, with an eye toward constructing a more effective psychoanalytic practice.


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Raul Moncayo, Training Analyst, Lacanian School of Psychoanalysis, California, USA

Forthcoming!
Lacanian Psychoanalysis
Revolutions in Subjectivity
Ian Parker, Manchester Metropolitan University, UK
Jacques Lacan’s impact upon the theory and practice of psychoanalysis worldwide cannot be underestimated. *Lacanian Psychoanalysis* looks at the current debates surrounding Lacanian practice and explores its place within historical, social and political contexts.

The book argues that Lacan’s elaboration of psychoanalytic theory is grounded in clinical practice and needs to be defined in relation to the four main traditions: psychiatry, psychology, psychotherapy and spirituality. *Lacanian Psychoanalysis* draws on Lacan’s work to shed light on issues relevant to current therapeutic practice.

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Forthcoming!
Lacanian Psychotherapy
Theory and Practical Applications
Michael J. Miller, SUNY Upstate Medical University, New York, USA
The work of Jacques Lacan is associated more with literature and philosophy than mainstream American psychology, due in large part to the dense language he often employs in articulating his theory – often at the expense of clinical illustration. As a result, his contributions are frequently fascinating, but their utility in the therapeutic setting can be difficult to pinpoint. *Lacanian Psychotherapy* aims to fill in this clinical gap by presenting theoretical discussions in clear, accessible language and applying them to several chapter-length case studies.

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Read and Recommend!
Introduction to Psychotherapy
An Outline of Psychodynamic Principles and Practice
Fourth Edition
Anthony Bateman, Barnet Enfield and Haringey Mental Health NHS Trust and Visiting Professor, University College London, UK;
Dennis Brown, Group Analytic Practice, London, UK, and
Jonathan Pedder, Consultant Psychotherapist, Maudsley Hospital, London, UK

“This new edition of a classic text in the area will be welcomed by students and practitioners seeking a clear and well-balanced introduction to psychotherapy, rooted in clinical work and a wide and deep understanding of psychodynamic principles.”
- Stephen Frosh, Birkbeck College, London, UK

This fourth edition of *Introduction to Psychotherapy* builds on the success of the previous three editions and remains an essential purchase for trainee psychotherapists, psychiatrists and other professionals. It has been revised and extended to capture some of the current themes, controversies and issues relevant to psychotherapy as it is practised today.

Bateman has added new chapters on attachment theory and personality disorder and has developed further the research sections on selection and outcome. His new chapter on further therapies covers a variety of therapeutic movements and establishes links between these and classical psychoanalytical therapies.

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New Edition!
Beginnings
The Art and Science of Planning Psychotherapy
Second Edition
Mary Jo Peebles, in private practice, Maryland, USA
Utilizing a decade’s worth of clinical experience gained since its original publication, Mary Jo Peebles builds and expands upon exquisitely demonstrated therapeutic approaches and
strategies in this second edition of *Beginnings*. The essential question remains the same, however: How does a therapist begin psychotherapy? To address this delicate issue, she takes a thoughtful, step-by-step approach to the substance of those crucial first sessions, delineating both processes and potential pitfalls in such topics as establishing a therapeutic alliance, issues of trust, and history taking. Each chapter is revised and expanded to include the latest treatment research and modalities.

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**Loneliness and Longing**

**Psychoanalytic Reflections**

Edited by **Brent Willock**, Toronto Institute for Contemporary Psychoanalysis, Canada, **Lori C. Bohm**, City College of New York, USA, and **Rebecca C. Curtis**, Adelphi University, New York, USA

We all experience loneliness at some time in our lives and it often motivates people, consciously or otherwise, to enter treatment. Yet it is rarely explicitly addressed in psychoanalytic literature. *Loneliness and Longing* rectifies this oversight by thoroughly exploring this painful psychological state.

In this book contributors address the inner sense of loneliness – that is feeling alone even in the company of others – by drawing on different aspects of loneliness and longing. Topics covered include: loneliness in the consulting room, the relationship between loneliness and love, the effects of social networking and the internet, how loneliness changes throughout the life-cycle and healing the analyst’s loneliness.

*Loneliness and Longing* draws on both theory and practice to discuss ways to help people to understand and cope with this important emotional state, encouraging them to make loneliness and longing less pervasive in their lives.


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**The Suffering Stranger**

**Hermeneutics for Everyday Clinical Practice**

Donna M. Orange, Institute for the Psychoanalytic Study of Subjectivity, New York, USA

Utilizing the hermeneutics of Hans-Georg Gadamer and the ethics of Emmanuel Lévinas, *The Suffering Stranger* invigorates the conversation between psychoanalysis and philosophy, demonstrating how each is informed by the other and how both are strengthened in unison. Orange turns her critical (and clinical) eye toward five major psychoanalytic thinkers – Sándor Ferenczi, Frieda Fromm-Reichmann, D. W. Winnicott, Heinz Kohut, and Bernard Brandchaft – investigating the hermeneutic approach of each and engaging these innovative thinkers precisely as interpreters, as those who have seen the face and heard the voice of the other in an ethical manner. In doing so, she provides the practicing clinician with insight into the methodology of interpretation that underpins the day-to-day activity of analysis.


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**Thinking for Clinicians**

**Philosophical Resources for Contemporary Psychoanalysis and the Humanistic Psychotherapies**

Donna M. Orange, Institute for the Psychoanalytic Study of Subjectivity, New York, USA

*Thinking for Clinicians* provides analysts of all orientations with the tools and context for working critically within psychoanalytic theory and practice. It does this through detailed chapters on some of the philosophers whose work is especially relevant for contemporary theory and clinical writing: Emmanuel Levinas, Martin Buber, Ludwig Wittgenstein, Maurice Merleau-Ponty, and Hans-Georg Gadamer. Orange presents the historical background for their ideas, along with clinical vignettes to help contextualize their theories, further grounding them in real-world experience.

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For a further book by Donna M. Orange please see page 35

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to recognize that subjectivity is as irreducible a feature of the world as matter and energy. Necessarily inter-disciplinary, this book draws on science, philosophy and the history of religion to argue that there can be influential values which are not based exclusively on biological need or capricious life-style choices. It suggests that many recent scientific critics of religion, including Freud, have failed to see clearly the issues at stake.


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This book argues that psychoanalysis has a unique role to play in the climate change debate by placing emphasis on the unconscious dimensions of our mental and social lives. Exploring contributions from Freudian, Kleinian, Object Relations, Self Psychology, Jungian, and Lacanian traditions, the book discusses how psychoanalysis can help to unmask the anxieties, deficits, conflicts, phantasies and defences crucial in understanding the human dimension of the ecological crisis.


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**Women’s Bodies in Psychoanalysis**

Rosemary M. Balsam, Yale School of Medicine, Connecticut, USA

In this book Rosemary M. Balsam explores the overdrawn separations between the body and mind in psychoanalytic thinking, and considers the much neglected contribution of the physical body and its impact on the psyche. The book argues that it is not physically being a woman that affects a person’s mind, but it is living in that physical, biological body of the woman constantly creating reactive portraits in the mind, that affects the life we lead.


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**A Woman’s Unconscious Use of Her Body**

A Psychoanalytical Perspective

Dinora Pines, was a Training Psychoanalyst at the British Psychoanalytical Society, UK

New Introduction by Susie Orbach

“Dinora Pines’ collection of papers republished now remains as refreshing, moving and profound as when they first came out... Her dedication to understand the dilemmas of the women who sought therapy with her, led her to extend the conventions of both psychoanalytic understandings and practice in deeply sensitive and useful ways... Rereading this book brings Dinora and her compassion and intelligence alive once again.”

- Susie Orbach, From the New Introduction

Drawing on Dinora Pines’ lifetime of clinical experience this classic book provides a psychoanalytic understanding of women’s relationships with their bodies, focusing on key moments in women’s lives.

With chapters organised to follow the female life-cycle, topics covered include:
• the turbulence of adolescence
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• menopause and old age
• the traumatic effects of surviving the Holocaust.


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Please Select Your Gender
From the Invention of Hysteria to the Democratizing of Transgenderism
Patricia Gherovici, Philadelphia Lacan Study Group, USA

“This book is as complex and evocative as its title suggests. Drawing from her own psychoanalytic practice, Gherovici provides an intimate account of the psychological dilemmas her patients are facing... this book is a compelling ‘must-read.'” - Jeanne Wolff Bernstein, Psychoanalytic Institute of Northern California, USA

Utilizing rich clinical vignettes and elements of Lacanian theory, Patricia Gherovici demonstrates how the transgender discourse has both reoriented psychoanalytic practice and reframed debates about gender in American society at large. She traverses historical, theoretical, and clinical grounds to explore what has been termed the “democratizing of gender” – for what could be more democratic than the choice of one’s own gender, now able to be changed on demand?

Arguing for the depathologization of transgenderism, Please Select Your Gender aims to revise current notions of human sexuality in general. In doing so, it challenges the theory and practice of psychoanalysis with questions typically addressed only indirectly, but which are themselves transforming how analysis is done, advancing new ideas for the clinic that can be extrapolated to social and intellectual contexts in an effort to engage the broader dialogues of gender and sexuality.


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The Gendered Unconscious
Can Gender Discourses Subvert Psychoanalysis?
Louise Gyer, in private practice, Sydney, Australia

“Louise Gyer provides an excellently well-researched, intelligently written, critical up-date on feminism and psychoanalysis.” - Janet Sayers, University of Kent, UK

Feminist interventions in psychoanalysis have often attempted either to subvert or re-frame the masculinist and phallocentric biases of Freud’s psychoanalysis. This book investigates the nature of these interventions by comparing the status and treatment of women in two different psychoanalytic models: the Kleinian and the feminist psychoanalytic models.

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Sex in Psychotherapy
Sexuality, Passion, Love, and Desire in the Therapeutic Encounter
Lawrence E. Hedges, Listening Perspectives Study Center, California, USA

Sex in Psychotherapy takes a psychodynamic approach to understanding recent technological and theoretical shifts in the field of psychotherapy. Lawrence Hedges provides an expert overview and analysis of a wide variety of new perspectives on sex, sexuality, gender, and identity; new theories about sex’s role in therapy; and new discoveries about the human brain and how it works. Therapists will value Hedges’s unique insights into the role of sexuality in therapy.

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Richard M. Zeitner, Greater Kansas City Psychoanalytic Institute, Missouri, USA

Self Within Marriage combines the theoretical orientations of object-relations theory, self psychology, and systems theory to illustrate and discuss a way of understanding and working with couples and individuals whose relationship and emotional difficulties have centered on the very common conundrum of balancing individuality and intimacy in romantic relationships.

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**Electra vs Oedipus**
The Drama of the Mother–Daughter Relationship

Hendrika C. Freud, in private practice, Amsterdam, the Netherlands

Translated by Marjolijn de Jager

Electra vs Oedipus explores the deeply complex and often turbulent relationship between mothers and daughters. In contrast to Sigmund Freud’s conviction that the father is the central figure, the book puts forward the notion that women are in fact far more (pre)occupied with their mother.

Drawing on the author’s extensive clinical experience, the book provides numerous case studies which shed light on women’s emotional development. Topics include:

- love and hate between mothers and daughters
- the history of maternal love
- childbirth and depression
- rejected mothers.

Electra vs Oedipus will be a valuable resource for psychoanalysts, psychotherapists and all those with an interest in the dynamics of the mother–daughter relationship.


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**Sexual Revolutions**
Psychoanalysis, History and the Father

Edited by Gottfried Heuer, in private practice, London, UK

The ideas of psychoanalyst Otto Gross (1877–1920) have had a seminal influence on the development of psychoanalytic theory and clinical practice and yet his work has been largely overlooked. For Freud, he was one of only two analysts ‘capable of making an original contribution’ (Jung was the other), and Jung called Gross ‘my twin brother’ in the course of their mutual analysis.

This is a major interdisciplinary enquiry into the history, nature and plausibility of the idea of a ‘sexual revolution’, drawing also on the related fields of history, law, criminology, literature, sociology and philosophy. Sexual Revolutions introduces Gross’ work to the academic and clinical fields of psychoanalysis and Jungian analysis. Although most people associate the term with the 1960s, its foundations lie in the long-neglected but sensational work of the early psychoanalyst Otto Gross. This book will be essential reading for all psychoanalysts and Jungian analysts with an interest in learning more about his work.


November 2010: 312pp.
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Reflecting on the Work of Andrew Samuels – Cutting Edges in Psychoanalysis and Jungian Analysis

Edited by Gottfried Heuer, in private practice, London, UK

Sacral Revolutions is a unique project reflecting the contribution that Andrew Samuels has made to the general field of psychoanalysis and Jungian analysis in both clinical and academic contexts.

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**The Artist’s Mind**
A Psychoanalytic Perspective on Creativity, Modern Art and Modern Artists

George Hagman, Greater Bridgeport Community Mental Health Center, USA

“Hagman invites the reader to join him on a fascinating and audacious psychoanalytic tour of the minds of significant artists of the 19th and 20th Centuries... An innovative contribution to the dual fields of art and psychoanalysis. The Artist’s Mind is an engaging read.” – Joy Schaverien, Leeds Metropolitan University, UK, and author of The Revealing Image

For the past century psychoanalysts have attempted to understand the psychology of art, artists and aesthetic experience. This book examines how contemporary psychoanalytic theory provides insight into understanding the psychological sources of creativity, Modern Art and modern artists.

The Artist’s Mind revisits the lives of eight modern artists including Henri Matisse, Marcel Duchamp, Jackson Pollock and Andy Warhol,
from a psychoanalytical viewpoint. It looks at how opportunities for a new approach to art at the turn of the twentieth century offered artists a chance to explore different forms of creativity and artistic ambition.

Through the examination of great artists’ lives and psychological dynamics, the author articulates a new psychoanalytic aesthetic model that has both clinical and historical significance.


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**Parents and Toddlers in Groups**

**A Psychoanalytic Developmental Approach**

Edited by Marie Zaphiriou Woods, and Inge-Martine Pretorius, both at The Anna Freud Centre, London, UK

“This book succeeds brilliantly at illustrating the enormous value of the psychoanalytic parent-toddler group model developed at the Anna Freud Centre and now adopted around the world... The authors teach by example, sharing their extraordinary knowledge of this tumultuous but exhilarating age through tactful interventions that expand our repertoire and stimulate our own creativity.” - Alicia F. Lieberman, University of California, San Francisco, USA

This book explores how psychoanalytic principles can be applied when working with parents and toddlers in groups. Illustrated with lively observations, it discusses how these parent-toddler groups can be an effective medium for early intervention during a period which is critical for the negotiation of a child’s central emotional issues.

**Parents and Toddlers in Groups** demonstrates the particular challenges of the toddler phase and its contribution to an individual’s future development and relationships. Focusing on an approach developed by the Anna Freud Centre and comprising chapters from a range of expert contributors, topics include:

- the history, theory and practice of parent-toddler groups at the Anna Freud Centre
- how this approach has been adapted and applied across a wide range of settings and cultures
- the findings of research projects carried out on parent-toddler groups.


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**The First Year and the Rest of Your Life**

**Movement, Development, and Psychotherapeutic Change**

Ruell Frank, New York Institute for Gestalt Therapy, USA, and Frances La Barre, in private practice, New York, USA

“This fascinating and undeniably important book will do nothing less than widen and reorient your perception of human movement... If you are interested in mother-infant observational studies, the interaction of parent couples, or individual psychotherapy, this is essential reading.” - Donnell Stern, Training and Supervising Analyst, William Alanson White Institute, USA

The movement repertoire that develops in the first year of life is a language in itself and conveys desires, intentions, and emotions. This early life in motion serves as the roots of ongoing nonverbal interaction and later verbal expression – in short, this language remains a key element in communication throughout life.

In their path-breaking book, gestalt therapist Ruella Frank and psychoanalyst Frances La Barre give readers the tools to see and understand the logic of this nonverbal realm. They demonstrate how observations of fundamental movement interactions between babies and parents cue us to coconstructed experiences that underlie psychological development.


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Psychoanalytic infant observation is frequently used in training psychoanalytic psychotherapists and allied professionals, but increasingly its value as a research method is being recognised, particularly in understanding developmental processes in vulnerable individuals and groups. This book explores how infant observation can be used as a research methodology and discusses the strengths and limitations from a methodological and philosophical point of view. Throughout the book, Cathy Urwin, Janine Sternberg, and their contributors introduce the reader to the nature, scope and value of psychoanalytic infant observation.


40 years. Grounded in the developmental theories of Freud, Mahler, and Kernberg, these previously unpublished papers are introduced by experts who contemporize and contextualize the work for the modern reader and include ethics in child development, narcissism in the grade school years, tomboyism, idealization, negative ego ideals, and self-destructiveness in adolescence. More applied papers delve into the formative appeal of literature for adolescent girls, and the creative early motivations behind art, music, dance, mime, and poetry. Noshpitz’s thoughtful commentaries and analyses demonstrate his intrinsic curiosity, joy of learning, generosity and sensitivity to the myriad struggles of youth.


The concept of education – its dangers and promises and its illusions and revelations – threads throughout Sigmund Freud’s body of work. This introductory volume by psychoanalytic authority, Deborah P. Britzman, explores key controversies of education through a Freudian approach. It defines how fundamental Freudian concepts such as the psychical apparatus, the drives, the unconscious, the development of morality, and transference have changed throughout Freud’s oeuvre.

e-Examination copy available

Psychoanalysis, Education and Teaching

Peter Maas Taubman, Brooklyn College, City University of New York, USA

This is the first and only book to detail the history of the century-long relationship between education and psychoanalysis. Relying on primary and secondary sources, it provides not only a historical context but also a psychoanalytically informed analysis. In considering what it means to think about teaching from a psychoanalytic perspective and in reviewing the various approaches to and theories about teaching and curriculum that have been informed by psychoanalysis in the twentieth century,
Taubman uses the concept of disavowal and focuses on the effects of disavowed knowledge within both psychoanalysis and education and on the relationship between them.

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Steven Tuber, and Jane Caflisch, both at City University of New York, USA
Starting Treatment With Children and Adolescents provides new therapists with a time-tested framework for treatment and moment-by-moment guides to the first few sessions with a new patient. In twelve remarkable case studies, the authors lay out a different individual play-therapy session that includes a verbatim transcript, a running commentary on the techniques and theory used in each session, and an analysis of what worked, what didn’t, and what else the clinician could have done to make the session as productive as possible.

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Forthcoming!

The Primordial Mind in Health and Illness
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Michael Robbins, Boston Psychoanalytic Society, Massachusetts, USA
“This book offers an unusual and very valuable perspective on the deeper layers of the unconscious mind. Michael Robbins’ wide-ranging and engaging approach offers many fascinating and thought-provoking ideas that cut across theoretical divisions.” - Warren Colman, Editor-in-Chief, Journal of Analytical Psychology
The Primordial Mind draws on the author’s clinical experience as a psychoanalyst to construct an interdisciplinary model for understanding primordial mental activity in relation to thought in everyday life.
Providing a critical review of theorists such as Freud, Jung, Klein, Piaget and Piaget this book offers a detailed discussion of topics including:
- dreaming and creativity
- shamanism
- the relationship between mental processes in spiritual cultures
- the psychoses and language.

This book challenges existing models of primordial mind and the inherent limitations of theories derived from western thought, such as those which dismiss members of spiritual cultures as immature or primitive and which understand shamanism in relation to schizophrenia. As such this book will be of great interest to all psychoanalysts as well as those with a psychological interest in spiritual cultures.

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Evelyn M. Duesbury, in private practice, Wisconsin, USA
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The purpose of this book is to explore and present humanistic perspectives on contemporary social and counseling issues. It will provide a single resource for counselors and therapists identifying and describing effective approaches founded on humanistic principles to use in their practice.
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oneself as having legitimate existence in the world of others. A wave of dysregulated affect – a “tsunami” – hits the mind, and if relationally unprocessed leaves a shadow that weakens future ability to interpersonally regulate affect and participate in spontaneous human interchange. Bromberg explores the nature of the therapeutic relationship that shrinks the shadow of the tsunami and facilitates “the growth of the relational mind.” Expanding on the self-state perspective of previous books, the analytic relationship is illuminated as an opportunity for two people to inhabit the dissociatively enacted shadow of the past, allowing it to be cognitively symbolized by new cocreated experience via state-sharing, thought, and language. This frees our natural capacity to feel trust and joy as part of a cocreated experience via state-sharing, thought, and language. Forthcoming

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Working with Dissociative Identity Disorder
Second Edition

Edited by Valerie Sinason, Clinic for Dissociative Studies, UK

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CONTENTS: Part I: Mapping the Territory: Childhood Aetiology, Abuse, Attachmen...
Survivors of Addiction draws on first-hand narratives to provide an overview of how and why people become addicted, and explores what happens after the addiction is left behind. By considering psychodynamic and Jungian perspectives as well as the clinical vignettes, this book examines the process of recovery from addiction. It will be key reading for therapists, clinicians and healthcare workers who encounter addictions in their day to day professions and will also be of great interest to those who are, or have been addicted, and their families.


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A Return to Theory

Trevor Lubbe, in private practice, South Africa

“This is a unique book that brings together in a coherent and meaningful developmental sequence psychoanalytic ideas about depression... The book, beautifully illustrated with clinical vignettes, provides an essential guide for clinicians accumulating the wisdom of generations of psychoanalytic thinkers.” - Peter Fonagy, University College London, UK

This book examines the role of British object relations theory in order to explore our understanding and treatment of depression. It challenges current conceptualizations of depression while simultaneously discussing the complex nature of depression, its long-lasting and chronic implications and the susceptibility to relapse many may face.

Object Relations in Depression offers a psychoanalytic discussion of the multifaceted nature of depression and as such will be of great interest to all those in the psychoanalytic field.


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How to Talk to a Borderline

Joan Lachkar, in private practice, California, USA

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Get the Diagnosis Right

Assessment and Treatment Selection for Mental Disorders

Jerome S. Blackman, Eastern Virginia Medical School in Norfolk, USA

“Chock full of clinical and theoretical examples, key insights, and valuable pearls, this book is applicable to the full range of patients and types of clinical challenges... It is a treasure trove – written, organized, and documented in such a way that I heartily recommend it to both trainees and seasoned professionals – a rarity in practical writing!” - Michael I. Good, Harvard Medical School, Massachusetts, USA

Dr. Jerome Blackman, author of 101 Defenses: How The Mind Shields Itself, has once again crafted an extraordinarily user-friendly book that demonstrates to all readers, from trainees to advanced analysts, the process of diagnosing mental disturbance. Get the Diagnosis Right provides a systematic method for accurately determining whether a person suffering with mental problems needs medication, supportive/cognitive, dynamic, and/or psychoanalytic treatment. Amalgamating the most useful ideas from general psychiatry, cognitive psychology, and modern psychoanalytic theory, Dr. Blackman guides readers who prescribe treatment for mental disturbances.

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Also by Jerome S. Blackman

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The Zen Impulse and the Psychoanalytic Encounter
Paul C. Cooper, Dean of Training, National Psychological Association for Psychoanalysis, USA

“For me, reading this book was like being pulled into a Zen reverie and being able not only to experience the awe of it, but also to experience a new existential camera angle on psychoanalysis. This is a wonderful book.” - James S. Grotstein, Training and Supervising Analyst, Los Angeles Psychoanalytic Institute, USA

Although psychoanalysis and Zen Buddhism derive from theoretical and philosophical assumptions worlds apart, both experientially-based traditions share at their heart a desire for the understanding, development, and growth of the human experience. Paul Cooper utilizes detailed clinical vignettes to contextualize the implications of Zen Buddhism in the therapeutic setting to demonstrate how its practices and beliefs inform, relate to, and enhance transformative psychoanalytic practice.

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Beyond Postmodernism
New Dimensions in Clinical Theory and Practice
Edited by Roger Frie, Simon Fraser University, Vancouver, Canada, and Donna Orange, Institute for the Psychoanalytic Study of Subjectivity, New York, USA

Beyond Postmodernism identifies ways in which psychoanalysis has moved beyond the postmodern debate and discusses how this can be applied to contemporary practice. Roger Frie and Donna Orange bring together many of the leading authorities on psychoanalytic theory and practice to provide a broad scope of psychoanalytic viewpoints and perspectives on the growing interdisciplinary discourse between psychoanalysis, continental philosophy, social theory and philosophy of mind.

Beyond Postmodernism: New Dimensions in Clinical Theory and Practice provides a fresh perspective on the relationship between psychoanalysis and postmodernism and raises new issues for the future.

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for further books by Donna M. Orange please see page 25
for a further book by Roger Frie see page 11

Sigmund Freud
Second Edition
Pamela Thurschwell, University of Sussex, UK

The work of Sigmund Freud has penetrated almost every area of literary theory and cultural studies, as well as contemporary culture. Pamela Thurschwell explains and contextualises psychoanalytic theory and its meaning for modern thinking. This updated second edition explores developments and responses to Freud’s work.

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The Mystery of Analytical Work
Weavings from Jung and Bion
Barbara Stevens Sullivan, in private practice, California, USA

“This is a marvellously integrative work. The author is a widely read Jungian analyst who has created bridges between depth psychology and Wilfred Bion’s contributions... I recommend this book to all mental health professionals.” - James Grotstein, Supervising Analyst, Psychoanalytic Center of California and New Center for Psychoanalysis, Los Angeles, USA

This book provides an exploration of the clinical practice of psychoanalysis and analytical psychology. It explores the ways psychoanalysts and other clinicians are taught to evade direct emotional connections with their patients. Sullivan suggests that rather than interpretations, it is the clinician’s capacity to bring relatedness to the clinical encounter that is the crucial factor.

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Containing States of Mind
Exploring Bion’s ‘Container Model’ in Psychoanalytic Psychotherapy
Duncan Cartwright, University of Kwa-Zulu Natal, South Africa

“The author has expertly balanced profound and extensive scholarship with sound reasoning and with a reader-friendly style. A number of works on Bion have been published recently; this one is in my opinion one of the finest and most useful.” - James Grotstein, Training and Supervising Analyst, Los Angeles Psychoanalytic Institute, USA

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In this book Cartwright explores and develops some of the implications Bion's container model has on clinical practice. As well as addressing key theoretical problems, Containing States of Mind is a clinical text that renders complex ideas accessible and useful for psychotherapeutic and analytic practice and as such will be essential reading for all those involved in the fields of psychoanalysis and psychotherapy.

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This book offers a new approach to psychoanalysis, artistic creation and religion, proposing that each provides a medium for creative dialogue. Arguing that each activity is rooted in the infant’s preverbal relationship with the mother, Wright suggests that the need for subjective reflection persists throughout the life cycle and that psychoanalysis, artistic creation and religion can be seen as cultural attempts to provide the self with resonant containment.

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The Work of Psychoanalysts in the Public Health Sector

Edited by Mary Brownescombe Heller, Consultant Clinical Psychologist and Psychoanalyst, NHS, UK, and Sheena Pollet, Consultant Psychiatrist, NHS Trust, and Psychoanalyst, in private practice, UK

This book provides a comprehensive insight into the ways in which psychoanalysts think and work. Mary Brownescombe Heller and Sheena Pollet bring together internationally known contributors trained at the Institute of Psychoanalysis to explore the broad range of clinical work, thinking, and teaching undertaken with children, families, adults and staff by psychoanalysts in the UK public health sector.

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Object Relations, Work and the Self

David P. Levine, University of Denver, Colorado, USA

In this book, David P. Levine applies psychoanalytic object relations theory to understanding work motivation and the meaning of work. Drawing on the writings of authors such as Donald Winnicott, Otto Kernberg and Melanie Klein, he explores three factors central to our effort to understand work: guilt, greed and the self. Special attention is paid to the factors that determine the individual’s emotional capacity to do work that engages the self and its creative potential and to the related matter of impairment in that capacity.

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Spontaneity

A Psychoanalytic Inquiry

Gemma Corradi Fiumara, The Third University of Rome, Italy

“Whether on philosophy, psychoanalysis, or just the process of living, whatever Gemma Corradi Fiumara writes is fresh and insightful, and this new book is no exception.” - Janet Martin Soskice, University of Cambridge, UK

Psychoanalytic theory frequently explains psychopathology from the perspectives of either inadequate early care or as the result of environmental factors. In this book the author draws on a wealth of clinical and theoretical experience to demonstrate that it is not what happens to us, but how we react to events, that forms who we are, and indicates that spontaneity is essential in the development of many aspects of the self.
Spontaneity presents an original approach to issues of agency, spontaneity and creativity in psychoanalysis by exploring issues including active internalisation, paradox, forgiveness, responsibility, empathy and self de-creation.

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Growing Old
A Journey of Self-Discovery
Danielle Quinodoz, Psychoanalyst, Geneva, Switzerland
Translated by David Alcorn

In this book Quinodoz argues that growing old provides us with the opportunity to learn more about ourselves and instead of facing it with dread, it should be celebrated. Throughout Growing Old the author draws on both her clinical experience of working with the elderly, and her own personal experience of growing old.

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Emmy van Deurzen, Director, Dilemma Consultancy Limited, Sheffield and London, UK

This book provides an in-depth introduction to existential psychotherapy. Presenting a philosophical alternative to other forms of psychological treatment, it emphasises the problems of living and the human dilemmas that are often neglected by practitioners who focus on personal psychopathology.

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Second Edition
Mary-Joan Gerson, NYU Postdoctoral Program in Psychotherapy and Psychoanalysis, USA

“This was a marvelously comprehensive and integrative book when it first came out. In this new edition it is even better! It adeptly integrates new developments in fields such as attachment theory and neurobiology, thus extending its already impressive synthesis of systemic and psychodynamic thought. A powerful and important book.” - Paul Wachtel, City University of New York, USA

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Jeremy Holmes, University of Exeter, UK

This book builds a key clinical bridge between attachment theory and psychoanalysis, deploying Holmes’ unique capacity to weld empirical evidence, psychoanalytic theory and consulting room experience into a coherent and convincing whole. Starting from the theory–practice gap in psychoanalytic psychotherapy, the book demonstrates how attachment theory can help practitioners better understand what they intuitively do in the consulting room, how this benefits clients, and informs evidence-based practice.

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Psychoanalytic, Attachment and Neuropsychological Contributions to Parent-Infant Psychotherapy
Edited by Tessa Baradon, Anna Freud Centre, London, UK

This book presents an interdisciplinary discussion between researchers and clinicians about trauma in the relationship between infants and their parents. It makes an innovative contribution to the field of infant mental health in bringing together previously separated paradigms of relational trauma from psychoanalysis, attachment and the neurosciences.

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evolution in contemporary psychoanalytic theory developed from a combination of ultrasound studies, infant analysis, and observation of mothers and babies. These findings demonstrate how much mental life exists even before birth and considers unevolved, unborn and barely born aspects of the self such as the birth of emotion and the birth of alpha functioning.

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Relational Approaches in Gestalt Therapy

Edited by Lynne Jacobs, Pacific Gestalt Institute, California, USA, and Richard Hycner, Couples and Individual Counseling Center, California, USA

Foreword by Erving Polster

Lynne Jacobs and Richard Hycner assemble an international group of Gestalt theorists and clinicians for an engaging and insightful investigation into the integration of relational approaches within Gestalt therapy. The book is divided thematically into three sections. The first section speculates on the history and development of relationality in terms of Gestalt therapy. Chapters that discuss the patient-therapist relationship comprise the second section, and include explorations into uncertainty in interpretation and understanding, attunement and optimal responsiveness, working with shame, and negotiating individuality and “betweenness.” The last section opens up to groups and organizations, applying relational approaches to Gestalt therapeutic encounters with more than one patient.


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Aggression, Time, and Understanding
Contributions to the Evolution of Gestalt Therapy
Frank-M. Staemmler, Zentrum für Gestalttherapie, Würzburg, Germany

"Frank-M. Staemmler is one of the most lucid thinkers I have ever known. Profoundly ethical, Aggression, Time, and Understanding is replete with thoughtful, even brilliant explorations of Gestalt therapy." - Lynne Jacobs, Co-founder, Pacific Gestalt Institute, USA

Aggression, Time, and Understanding is the first book of Staemmler’s writings to be published in English. In the early sections of this book, Staemmler (supported by his Buddhist wife, Barbara) comprehensively explores and questions the traditional Gestalt therapy theory of aggression and proposes a new approach to working with anger and hostility. Further sections include in-depth examinations of the topics of time (the “Here and Now” and “Regressive Processes”) and understanding (“Dialogue and Interpretation” and “Cultivated Uncertainty”).

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CoCreating the Field
Intention and Practice in the Age of Complexity
Edited by Deborah Ullman, Coach, Somatics-Based Therapist, and Gestalt Trainer, Orleans, USA, and Gordon Wheeler, Licensed Clinical Psychologist with Over Thirty Years of Practice, Teaches and Trains Widely Around the World

Cocreating the Field is about developing a radically new story to shift our perception of who we are as humans from a focus on our separate individual natures to our complex interconnectedness.

The core Gestalt model offers a theoretical and pragmatic frame for addressing urgent concerns in a wide range of crucial arenas. Topics include the new relational neuroscience and how it interfaces with Gestalt’s assumptions about healthy human process; how one therapist is working with children in Dharamsala, India and Cape Town, South Africa to help them digitally tell their stories in support of resilience; how transformational thinking brings pro-social and, for some, spiritual questing into focus; and how Gestalt-trained practitioners, therapists, coaches and consultants can become citizen-practitioners in a troubled world.

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