Psychotherapy and Counseling 2011

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Page 26

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Contents

Psychotherapy and Counseling .............................................................. 5
Adlerian Counseling and Psychotherapy ......................................... 14
Group Psychotherapy and Counseling ........................................... 15
Professional/Student Resources ...................................................... 16
Child and Adolescent Psychotherapy ........................................... 21
Child and Adolescent Cognitive Behavior Therapy .................... 24
Child and Adolescent Clinical Problems ...................................... 24
School-Based Mental Health and Peer Education ...................... 25
Clinical Psychology and Psychiatry .............................................. 28
Clinical Problems ........................................................................ 34
Addictions .................................................................................. 34
Eating Disorders ....................................................................... 35
Gerontology ............................................................................... 37
Mood Disorders ......................................................................... 38
Personality Disorders .............................................................. 39
Schizophrenia and Psychosis .................................................. 39
Trauma, Stress and Anxiety ....................................................... 41
Coaching .................................................................................. 45
Cognitive Behavior Therapy .................................................... 47
Couples and Family Therapy .................................................... 49
Expressive Therapies ............................................................... 55
Art Therapy ............................................................................. 55
Dramatherapy ....................................................................... 56
Music Therapy ....................................................................... 56
Play Therapy ........................................................................... 57
Sandplay Therapy .................................................................... 57
Grief and Bereavement ............................................................ 58
Psychoanalytic Psychotherapy .................................................. 59
Spirituality ............................................................................... 63

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  22-25 February 2011, San Francisco, California, USA
- American Counseling Association (ACA) Annual Conference 2011
  23-27 March 2011, New Orleans, Louisiana, USA
- Psychotherapy Networker Symposium 2011
  24-27 March 2011, Washington, D.C., USA
- 10th London International Eating Disorders Conference 2011
  29-31 March 2011, London, UK
- 17th Annual BACP Research Conference 2011
  6-7 May 2011, Liverpool, UK
- 1st International Conference of Metacognitive Therapy 2011
  12-13 May 2011, Manchester, UK
- Christine Padesky Workshop: Simplifying Personality Disorder Treatment
  23-24 May 2011, London, UK
- 7th International Congress of Cognitive Psychotherapy (ICCP) 2011
  2-5 June 2011, Istanbul, Turkey
- Association for Death Education and Counseling (ADEC) 33rd Annual Conference 2011
  22-25 June 2011, Miami, Florida, USA
- British Association for Behavioural and Cognitive Psychotherapies (BABCP) 39th Annual Conference
  20-23 July 2011, Guildford, UK
- 119th Annual Convention of the American Psychological Association (APA)
  4-7 August 2011, Washington D.C., USA
- 41st Annual Congress of European Association for Behavioural and Cognitive Therapies (EABCT), 2011
  31 August-3 September 2011, Reykjavik, Iceland
- American Association for Marriage and Family Therapy (AAMFT) Annual Conference, 2011
  22-25 September 2011, Fort Worth, Texas, USA
- Association for Counselor Education and Supervision (ACES) 26-30 October 2011, Nashville, Tennessee, USA
- Association for Behavioral and Cognitive Therapies (ABCT) Annual Convention, 2011
  10-13 November 2011, Toronto, Canada
- BPS: Special Group in Coaching Psychology Annual Conference
  13-14 December 2011, London, UK

**Top 10**

1. **Gerhardt: Why Love Matters:** How Affection Shapes a Baby’s Brain
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   Pb: 978-0-415-95862-2: 2007: 672pp. £35.00/$55.00
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4. **De Board: Counselling for Toads:** A Psychological Adventure
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John Sharry, Mater Misericordiae University Hospital, Dublin, Ireland, Brendan Madden and Melissa Darmody, both at Brief Therapy Group, Dublin, Ireland

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Mark S. Woodford, The College of New Jersey, USA

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Will Courtenay, Men's Health Consulting, California, USA

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Tammi Vacha-Haase, Colorado State University, USA, Stephen R. Wester, and Heidi Fowell Christianson, both at University of Wisconsin-Milwaukee, USA

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The purpose of this text is to provide practitioners with a comprehensive overview of the current research and theory related to the important and unique issues that Asian American men experience. It offers clinicians culturally-responsive, practical counseling techniques and strategies to help inform them on how to work effectively with this group.

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Therapists and other helping professionals, such as teachers, doctors and nurses, social workers, and clergy, work in highly demanding fields and can suffer from burnout, compassion fatigue, and secondary stress. This happens when they give more attention to their clients’ well being than their own. Both students and practitioners in these fields will find this book an essential guide to striking an optimal balance between self-care and other-care. The authors describe the joys and hazards of the work, the long road from novice to senior practitioner, the essence of burnout, ways to maintain the professional and personal self, methods experts use to maintain vitality, and a self-care action plan. Vivid real-life examples and self-reflection questions will engage and motivate readers to think about their own work and ways to enhance their own resilience. Eloquently written and supported by extensive research, helping professionals will find this a valuable resource both when a novice and when an experienced practitioner.


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In this book Laura Barnett and Greg Madison bring together contributors from both sides of the Atlantic to highlight issues at the heart of the book, the dialogue between existential thought surrounding existential therapy today, and look constructively to contributors from both sides of the Atlantic to present a complete picture of where existential therapy has moved along rapidly and this book considers how it has developed over the past fifty years, and the implications that this has for the future.


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Edited by Mark B. Scholl, East Carolina University, USA, A. Scott McGowan, Long Island University, New York, USA, and James T. Hansen, Oakland University, Michigan, USA

Co-Published with the Association for Humanistic Counseling

The purpose of this book is to explore and present humanistic perspectives on contemporary social and counseling issues. It will provide a single resource for counselors and therapists identifying and describing effective approaches founded on humanistic principles to use in their practice. Each chapter describes the significance of a specific counseling issue, reviews the humanistic literature on this issue, discusses the theoretical model provided by a humanistic perspective, and concludes with applications and implications for practitioners.


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Paul R. Rasmussen, Furman University, South Carolina, USA

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This volume describes how emotions, rather than being the result of random or disordered biochemical processes, are adaptive mechanisms that are often over relied upon as a function of basic learning processes. It also addresses the role of emotions as adaptive components, in combination with cognitive and behavioral processes, to our overall orchestration of life. The objective is to help the professional reader understand that negative emotions serve a critical adaptive purpose that functions in relation to our ultimate desire for a felt positive state.

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Encouragement Makes Good Things Happen
Theo Schoenaker
Translated by R. John Huber, with Jutta Street and Sandra Lose

“I am glad that this wise book has been translated and is now available for an English-speaking audience. It offers a series of accessible lessons about using encouragement in daily life. I hope you let these delightfully wise and simple teachings change your life and the lives of those you touch.”

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Available in English for the first time, Encouragement Makes Good Things Happen is a translation of the bestselling German book Mut Tut Gut. It describes a courageous and encouraging style of living and focuses on the belief that human encouragement is the most important natural ingredient for the healthy development of human beings. Written in an engaging and conversational tone, the book first explores the negative consequences of discouragement on the individual and on society as a whole. It then discusses what encouragement is, why it is important in people’s lives, and how a person can encourage both himself and others. Several exercises are also included to help guide readers in the encouragement of others.

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Third Edition

Kevin A. Fall, Texas State University, USA, and Shareen Howard, Denton County Friends of the Family, Texas, USA

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On Becoming a Group Member
Personal Growth and Effectiveness in Group Counseling

Muhuyddin Shakoor, State University of New York, Brockport, USA

“Shakoor has written an essential handbook for group members who engage in experiential learning as part of their training in group work. This handy manual is engagingly, effectively and informally written to serve as a guide to becoming an effective group member.” - James Trotzer, Granite State College, USA

This book provides an introduction to the general landscape of group counseling by way of the idea that learning to be an effective group member is essential to becoming a group leader. Interactive scenarios place the reader right into the group, providing insights into the challenges and opportunities of participation. Each chapter explores a different stage of group work and concludes with useful suggestions and tips for having a successful experience.

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Foundations, Perspectives, and Applications
Second Edition
Edited by David Capuzzi, Johns Hopkins University, Maryland, USA, and Mark Stauffer, Oregon State University and Portland Community College, USA

This text presents a comprehensive overview of the foundations of career counseling, the skills and techniques needed for career counseling, and contextual perspectives on career and lifestyle planning. It is based on the view that career counselors must be prepared in a holistic manner, as career and lifestyle planning with clients is inherently related to their search for identity and meaning. The contributing authors are experts who are nationally and internationally recognized for their expertise, research, and publications related to career and lifestyle planning.


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Stories, Procedures, and Resources for Career Seekers
Brooke B. Collison, Oregon State University, USA

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Forthcoming!

Professional Counseling Excellence through Leadership and Advocacy
Edited by Catherine Chang, Georgia State University, USA, Casey Barrio Minton, University of North Texas, USA, Andrea Dixon, University of Florida, USA, Jane Myers, University of North Carolina, USA, and Thomas Sweeney, Ohio University, USA

Co-Published with Chi Sigma Iota

This book is intended as a resource for counseling students and educators to help incorporate leadership and advocacy training into the counseling curriculum, based on the new standards set forth by CACREP. It identifies the historical context of leadership and advocacy, provides a framework from which to understand these concepts, and provides concrete examples of leadership and advocacy happening in the field today.


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Co-Published with the National Board for Certified Counselors (NBCC)

Counselor Preparation is the only all-inclusive, longitudinal national study of counselor preparation programs. It is an outstanding reference for faculty, administrators, students, and practitioners alike. Not only does it offer comparative data for administrative decisions, it also affords students the only comprehensive means available to evaluate an American institution’s ability to meet personal requirements, academic needs, and career goals.


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Counselor Supervision
Fourth Edition
Edited by Nicholas Ladany, Lehigh University, Pennsylvania, USA, and Loretta J. Bradley, Texas Tech University, USA

This new edition of Counseling Supervision is intended for counselor educators, counselor supervisor practitioners, and supervisors-in-training in a variety of educational and mental health settings. The editors have brought together experts in the field of counselor education to review and examine primary supervision theories and their application to the issues that counselor supervisors will encounter.

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balanced presentation of essential knowledge, self-reflection, and basic attending skills. A welcome addition to counselor educators’ bookshelves!” - Barbara Herlihy, University of New Orleans, USA

This introductory, professional orientation text is intended for use by beginning counseling students and can serve as a review for students at internship stage and those in early practice. It covers Standard One, Professional Orientation, one of the eight core areas of the Council for Accreditation of Counseling and Related Educational Programs (CACREP) curriculum. Guindon has structured the text around the series of “W” questions – Who, What, Where, When, Why, and How. In so doing, the text quickly orients readers to who counselors (and counseling students) are, what counseling actually is, where and when it is practiced, and why people seek counseling help.

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Forthcoming!

The Counselor Educator’s Survival Guide
Designing and Teaching Outstanding Courses in Community Mental Health Counseling and School Counseling
Edited by Dilani M. Perera-Diltz and Kathryn C. MacCluskie, both at Cleveland State University, USA

This edited resource manual contains information pertaining to developing and instructing course work in Counselor Education in both the Clinical Mental Health Counseling (CMHC) and the School Counseling (SC) Programs at the Master’s level. It’s main objectives are to establish a rationale and format for incorporating active learning across the Counselor Education curriculum; provide material that closely meets the CACREP guidelines for that content area to emerging, new, and established educators developing courses in CMHC or SC programs; and provide active learning strategies that can be incorporated into classroom lessons to emerging, new, and established educators instructing courses in CMHC or SC programs.


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Supervising the Reflective Practitioner
An Essential Guide to Theory and Practice
Joyce Scaife, clinical psychologist, Sheffield, UK

Development as a reflective practitioner has become an essential quality for practitioners in the fields of health, education and social care. Supervising the Reflective Practitioner provides guidance for supervisors, focusing on what they can do to facilitate the development of reflective practice in supervisees.

This accessible book will be of great interest to both supervisors and supervisees who practice clinically in a range of professions, including applied psychology, counselling, psychotherapy, psychiatry and nursing.

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Second Edition
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Pb: 978-0-415-45000-3: 2008: 424pp. £25.95/$47.50
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In the new edition of this highly popular book, Howard Rosenthal once again brings together a group of prominent therapists who share their insightful, pioneering, and favorite therapeutic techniques. These therapists include such well-known figures as Albert Ellis, Arnold Lazarus, William Glasser, Raymond Corsini, and Allen E. Ivey. Many of the classic entries in the previous edition are once again included, some unaltered and others updated.

**CONTENTS:**


Pb: 978-0-415-87104-4: £21.95/$38.95

www.routledgementalhealth.com/9780415871044

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This companion to Favorite Counseling and Therapy Techniques contains more than fifty handouts and homework assignments used by some of the finest and most renowned therapists in the world, such as Albert Ellis, William Glasser, Richard B. Bolles, Allen E. Ivey, Marianne Schneider Corey, Gerald Corey, Maxie C. Maultsby, Jr., and Peter R. Breggin.

**CONTENTS:**

- Crime Scenes and Crazy Cola Cures: An Introduction to the Wonderful World of Psychotherapeutic Homework. Fright Night: Exploring the Dark Side of Therapeutic Homework Assignments. Homework Assignments. Homework in Counseling. 5 Recommendations for Implementing Counseling and Therapy Homework Assignments.

Pb: 978-0-415-87105-1: £21.95/$38.95

www.routledgementalhealth.com/9780415871051
Voices from the Field
Defining Moments in Counselor and Therapist Development
Edited by Michelle Trotter-Mathison, University of Minnesota, USA, Julie M. Koch, Oklahoma State University, USA, Sandra Sanger and Thomas M. Skovholt, both at University of Minnesota, USA
All professional counselors and therapists can identify a number of turning points in their careers—moments, interactions, or processes—that led to key realizations regarding their practice with clients, work with students, or self-understanding. This book is a collection of such turning points, which the editors term defining moments.
2010: 293pp.
Hb: 978-0-415-99574-8: £50.00/$90.00
Pb: 978-0-415-99575-5: £17.00/$29.95
www.routledgementalhealth.com/9780415995757
e-Examination copy available

Dyped
Lies and Deception in Psychotherapy
Edited by Jeffrey Kottler, California State University, USA, and Jon Carlson, Governors State University, Illinois, USA
In this book, Jeffrey Kottler and Jon Carlson turn their well-polished therapy microscopes onto the subjects of lying, falsehood, deceit, and the loss of trust in the counseling room. What do clients lie about, and why? When do therapists mislead or withhold information from their clients? In their exploration of this taboo material, the authors interview and share stories from dozens of their peers, of all practice areas and modalities and ranging from neophytes to established master practitioners.
Hb: 978-0-415-87623-0: £53.00/$95.00
Pb: 978-0-415-87624-7: £19.95/$34.95
www.routledgementalhealth.com/9780415876247
for further books by Jon Carlson see pages 8, 53, 54

The Assassin and the Therapist
An Exploration of Truth in Psychotherapy and in Life
Jeffrey Kottler, California State University, USA
Many therapists have likely worked with a client who has caused the therapist to confront his most cherished beliefs, or has changed the therapist in ways that forever altered the way he performs therapy, looks at the world, and sees himself. The author of this book found himself in just such a situation, causing him to begin his own search for truth.
Hb: 978-0-415-80064-8: £50.00/$90.00
Pb: 978-0-415-80065-5: £15.95/$27.95
www.routledgementalhealth.com/9780415800655

From Jon Bailey, Florida State University, USA, and Mary Burch, American Society of Journalists and Authors, Florida, USA

Read and Recommend!

Ethics for Behavior Analysts
Second Expanded Edition
Jon Bailey and Mary Burch
Originally published in 2005, this second, expanded edition of Ethics for Behavior Analysts is a valuable resource in preparing behavior analysts for the difficult task of providing quality services. Specifically, this book is useful to behavior analysts who are working in the clinical, educational, and rehabilitative fields with clients who are developmentally disabled, are on the autistic spectrum, or have a variety of moderate to severe behavior problems that require treatment by experts using the latest evidence-based methods.


Hb: 978-0-415-88029-9: £55.00/$95.00
Pb: 978-0-415-88030-5: £20.00/$35.95
www.routledgementalhealth.com/9780415880305

Hb: 978-0-415-80067-9: 2009: 341pp. £52.50/$85.00
www.routledgementalhealth.com/9780415800686

How to Think Like a Behavior Analyst: Understanding the Science That Can Change Your Life
Pb: 978-0-8058-5888-4: 2006: 228pp. £16.50/$24.95
www.routledgementalhealth.com/9780805858884
e-Examination copy available
In *Foundations of Ethical Practice, Research, and Teaching in Psychology and Counseling*, Kitchener and Anderson lay a conceptual foundation for thinking about ethical problems. Whereas the first edition focused mainly on ethical reasoning and decision making, this new edition draws more explicitly on all components of James Rest’s model of moral/ethical behavior.

Hb: 978-0-415-96541-5: £31.00/$49.95

www.routledgementalhealth.com/9780415965415

### New!
Understanding Research in Clinical and Counseling Psychology

*Second Edition*

Edited by Jay C. Thomas and Michel Hersen, both at Pacific University, Oregon, USA

Understanding Research in Clinical and Counseling Psychology, Second Edition is designed and written for graduate students aspiring to careers in practice and presents research as an indispensable tool for practice. Contributing authors are experts in both psychological research and practice and fulfill their goals of helping build the basic skills of how to utilize research findings and to communicate with researchers what new knowledge is most needed. The book is divided into four parts, organizing topics logically for students around introductory basics; research strategies; planning, doing, and interpreting research; and special issues.


Pb: 978-0-415-99221-3: £38.95/$69.95

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e-Examination copy available

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### New!
Understanding the Behavioral Healthcare Crisis

*The Promise of Integrated Care and Diagnostic Reform*

Edited by Nicholas A. Cummings and William T. O’Donohue, both at University of Nevada, Reno, USA

Understanding the Behavioral Healthcare Crisis is a necessary book, edited and contributed to by a great variety of authors from academia, government, and industry. The book takes a bold look at what reforms are needed in healthcare and provides specific recommendations. Some of the serious concerns about the healthcare system that Cummings, O’Donohue, and their contributors address include access problems, safety problems, costs problems, the uninsured, and problems with efficacy.

Hb: 978-0-415-87643-8: £24.95/$44.95

www.routledgementalhealth.com/9780415876438

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### Backlist Books

- **Culbreth/Brown, Eds.: State of the Art in Clinical Supervision**
  Hb: 978-0-415-99130-8: 2009: 253pp. £25.00/$49.95
  www.routledgementalhealth.com/9780415991308

- **Gardner/Coombs, Eds.: Researching, Reflecting and Writing about Work: Guidance on Training Course Assignments and Research for Psychotherapists and Counsellors**
  Hb: 978-0-415-47229-6: 2008: 168pp. £65.00/$105.00
  Pb: 978-0-415-47230-2: 2008: 168pp. £20.95/$33.95
  www.routledgementalhealth.com/9780415472302
D. W. Winnicott was one of the giants of child psychiatry and psychoanalysis. He argued eloquently for an increased sensitivity to children, their development and their needs. Deprivation and psychoanalytic psychotherapists and allied professionals, but increasingly its value as a research method is being recognised, particularly in understanding developmental processes in vulnerable individuals and groups. This book explores how infant observation can be used as a research methodology and discusses the strengths and limitations from a methodological and philosophical point of view.

Infant Observation and Research uses detailed case studies to demonstrate the potential of infant observation as a research method. Divided into three sections this book covers:

• infant observation as part of the learning process
• how infant observation can inform understanding and influence practice
• psychoanalytic infant observation and other methodologies.

Throughout the book, Cathy Urwin, Janine Sternberg, and their contributors introduce the reader to the nature, scope and value of psychoanalytic infant observation.

The First Year and the Rest of Your Life
Movement, Development, and Psychotherapeutic Change
Ruella Frank, New York Institute for Gestalt Therapy, USA, and Frances La Barre, in private practice, New York, USA

“This fascinating and undeniably important book will do nothing less than widen and reorient your perception of human movement... If you are interested in mother-infant observational studies, the interaction of parent couples, or individual psychotherapy, this is essential reading.” - Donnel Stern, William Alanson White Institute, USA

The movement repertoire that develops in the first year of life is a language in itself and conveys desires, intentions, and emotions. This early life in motion serves as the roots of ongoing nonverbal interaction and later verbal expression – in short, this language remains a key element in communication throughout life.

In their path-breaking book, gestalt therapist Ruella Frank and psychoanalyst Frances La Barre give readers the tools to see and understand the logic of this nonverbal realm. They demonstrate how observations of fundamental movement interactions between babies and parents cue us to coconstructed experiences that underlie psychological development.


Hb: 978-0-415-87639-1: £55.00/$80.00
Pb: 978-0-415-87640-7: £21.99/$34.95

www.routledgementalhealth.com/9780415876407

Parents and Toddlers in Groups
A Psychoanalytic Developmental Approach
Edited by Marie Zaphiriou Woods and Inge-Martine Pretorius, both at The Anna Freud Centre, London, UK

“This book succeeds brilliantly at illustrating the enormous value of the psychoanalytic parent-toddler group model developed at the Anna Freud Centre and now adopted around the world... The authors teach by example, sharing their extraordinary knowledge of this tumultuous but exhilarating age through tactful interventions that expand our repertoire and stimulate our own creativity.” - Alicia F. Lieberman, University of California, San Francisco, USA

This book explores how psychoanalytic principles can be applied when working with parents and toddlers in groups. Illustrated with lively observations, it discusses how these parent-toddler groups can be an effective medium for early intervention during a period which is critical for the negotiation of a child’s central emotional issues. Parents and Toddlers in Groups demonstrates the particular challenges of the toddler phase and its contribution to an individual’s future development and relationships. Focusing on an approach developed by the Anna Freud Centre and comprising chapters from a range of expert contributors, topics include: the history, theory and practice of parent-toddler groups at the Anna Freud Centre; how this approach has been adapted and applied across a wide range of settings and cultures; and the findings of research projects carried out on parent-toddler groups.

Hb: 978-0-415-48639-2: £55.00/$99.00
Pb: 978-0-415-48640-8: £20.99/$35.95

www.routledgementalhealth.com/9780415486408

Nurturing Natures
Attachment and Children’s Emotional, Sociocultural and Brain Development
Graham Music, Tavistock Clinic, London UK

“This book is a tour de force... This superb book should be on the bookshelf of all child mental health professionals.” - Peter Fonagy, University College London, UK

This book provides an indispensable account of current understandings of children’s emotional development. Integrating the latest research findings from areas such as attachment theory, neuroscience and developmental psychology, it weaves these into a readable and easy to digest text.

Hb: 978-1-84872-052-7: £45.00/$80.00
Pb: 978-1-84872-057-2: £24.95/$42.50

Published by Psychology Press
www.psypress.com/9781848720572
e-Examination copy available

New!
Starting Treatment With Children and Adolescents
A Process-Oriented Guide for Therapists
Steven Tuber and Jane Cafisch, both at City University of New York, USA

Starting Treatment With Children and Adolescents provides therapists with a time-tested framework for treatment and a moment-by-moment guide to the first few sessions with a new patient. In twelve remarkable case studies, verbatim transcripts of individual play-therapy sessions are brought to life through running commentary on techniques and theory and a fine-grained analysis of what worked, what didn’t, and what else the clinician could have done to make the session as productive as possible.


Hb: 978-0-415-88557-7: £62.99/$100.00
Pb: 978-0-415-88558-4: £21.99/$34.95

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e-Examination copy available

Hb: 978-0-415-87627-8: £33.50/$59.95

www.routledgementalhealth.com/9780415876278

e-Examination copy available

Forthcoming!

Thriving on the Front Lines

A Guide to Strengths-Based Youth Care Work

Bob Bertolino, Maryville University, Missouri, USA

Despite the prevalence of Youth and Family Services, which are offered in every state and in many countries, there exists an absence of professional literature that addresses the needs and concerns of those workers on the “front lines.” This gap presents a concern for the current practitioner and for those being trained in preparation for careers as Youth Care Workers, who can be found working for residential programs, schools, state social service organizations, court systems, and other entities. Thriving on the Front Lines provides sound philosophical and theoretical frameworks for readers, and emphasizes how youth care workers can become more active in change processes. Dr. Bertolino emphasizes strengths-based theory and literature that offers practical, research-based methods that have been correlated with successful services and programming, and emphasizes collaboration, competency, change, and outcome-oriented services that are in line with federal and state mandates.

Pb: 978-0-415-89521-7: £21.99/$34.95

www.routledgementalhealth.com/9780415895217

e-Examination copy available

for further books by Bob Bertolino see pages 13, 14

Backlist Books

Baradon, Ed.: Relational Trauma in Infancy: Psychoanalytic, Attachment and Neuropsychological Contributions to Parent-Infant Psychotherapy
Hb: 978-0-415-47374-3: 2009: 248pp. £65.00/$105.00
Pb: 978-0-415-47375-0: 2009: 248pp. £21.95/$34.95

www.routledgementalhealth.com/9780415473750

e-Examination copy available

Mallett et al.: Moving Out, Moving On: Young People’s Pathways in and through Homelessness
Pb: 978-0-415-47029-2: 2009: 216pp. £47.50/$85.00

Series: Adolescence and Society

www.routledgementalhealth.com/9780415470308

e-Examination copy available

www.psypress.com/adolescence-and-society
Child and Adolescent Cognitive Behavior Therapy

New!

Cognitive Behavioral Therapy for the Busy Child Psychiatrist and Other Mental Health Professionals

Rubrics and Rudiments

Robert D. Friedberg, Angela A. Gorman and Laura Hollar-Wilt, all at Penn State Milton Hershey Medical Center, USA, Adam Biuckians, in private practice, Pennsylvania, USA and Michael Murray, Penn State Milton Hershey Medical Center, USA

Illustrated by Jolene H. Garcia

This book is an essential resource for clinical child psychologists, psychiatrists and psychotherapists, and mental health professionals. This unique text is a guidebook for instructors and outlines fundamental principles, while offering creative applications of technique to ensure that residency training programs are better equipped to train their staff.


Hb: 978-0-415-99127-8: £22.00/$39.95

www.routledgementalhealth.com/9780415991278

Child and Adolescent Clinical Problems

New Edition!

Child Anxiety Disorders

A Guide to Research and Treatment

Second Edition

Deborah C. Beidel, University of Central Florida, USA, and Candice A. Alfano, The George Washington University School of Medicine, Washington D.C., USA

Childhood anxiety disorders represent one of the most common psychological disorders found among the general population. They can be serious, distressful, and functionally impairing, so much so that there has been an explosion of interest in their treatment. Addressing these perspectives is the second edition of Child Anxiety Disorders. Beidel and Alfano pay close attention to new pharmacological and psychological interventions as well as multi-center trials that compare single and combined treatment modalities.


Hb: 978-0-415-87373-4: £27.95/$49.95

www.routledgementalhealth.com/9780415873734

Social Skills for Teenagers with Developmental and Autism Spectrum Disorders

The PEERS Treatment Manual

Elizabeth A. Laugeson and Fred Frankel, both at University of California, Los Angeles, USA

“This book provides a very comprehensive, down-to-earth manual for an innovative social skills intervention for teens with Autism Spectrum Disorders and their parents.” - Catherine Lord, University of Michigan Autism and Communication Disorders Center (UMACC), USA

Social Skills for Teenagers with Developmental and Autism Spectrum Disorders is essential reading for any clinician or researcher working with teens with autism spectrum disorders. This parent-assisted intervention for teens is based on a comprehensive, evidence-based, 14-week program at UCLA’s Semel Institute for Neuroscience and Human Behavior, the manualization of the popular UCLA PEERS Program, and the success of the Children's Friendship Training (Routledge, 2002) manual for children.

Navigating Teenage Depression
A Guide for Parents and Professionals

Gordon Parker, University of New South Wales & Black Dog Institute, Sydney, Australia, and Kerrie Eyers, Black Dog Institute, Sydney, Australia

"A must' read for parents and for professionals." - Professor Sir Michael Rutter, Institute of Psychiatry, London, UK

First symptoms of depression often occur during teenage years, and it can be a disturbing and confusing time for families as well as the teenager themselves. In this book experienced clinician and researcher Gordon Parker explains how to systematically identify different mood disorders and contributing factors. He and co-author Kerrie Eyers explain when clinical treatment is required and outline treatment options.

Pb: 978-0-415-58337-4: £9.99/$17.95

www.routledgementalhealth.com/9780415583374

for a further book by Gordon Parker and Kerrie Eyers please see page 38

Protecting Children from Violence
Evidence-Based Interventions

Edited by James Michael Lampinen, University of Arkansas, USA, and Kathy Sexton-Radek, Elmhurst College, Illinois, USA

“A must-read, Lampinen and Sexton-Radek’s book reflects the vibrancy and breadth of a crucial field of scientific study... This book is essential reading for all who care about children’s welfare.” - Gail S. Goodman, University of California, Davis, USA

Hb: 978-1-84872-840-0: £49.95/$75.00
Pb: 978-1-84872-841-7: £22.50/$34.95

www.psypress.com/9781848728417

e-Examination copy available

Therapeutic Practice in Schools
Working with the Child Within: A Clinical Workbook for Counsellors, Psychotherapists and Arts Therapists

Edited by Lyn French and Reva Klein, both at A Space for Creative Learning and Support, London, UK

“...this is a remarkably thoughtful book that demonstrates so clearly what psychotherapy can do for children and schools to make things more possible... It is all so practical and accessible – down to earth, in fact, in a world of psychotherapy that so many think is up in the clouds." - Peter Wilson, From the Foreword

This book is an indispensable guide to providing therapy services for children and adolescents in primary and secondary school settings. The contributors have extensive experience in the field and carefully examine every aspect of the work, ranging from developing an understanding of the school context in all its complexity, through to what to say and do in challenging therapy sessions and in meetings with school staff or parents and carers. The manual offers a comprehensive yet highly readable guide to the complex world of school-based therapy.


Hb: 978-0-415-59790-6: £60.00/$99.00
Pb: 978-0-415-59791-3: £21.99/$34.95

www.routledgementalhealth.com/9780415597913

For US, Canadian and UK online orders S over $35/£20 FREE SHIPPING!
New!

**The School Counselor’s Guides**

By **Mark D. Nelson**, Montana State University, USA

“This is a wonderful resource to utilize with individual students, small groups, or in classroom guidance lessons. The lessons meet ASCA Standards and are a great tool to implementing my Results Based Action Plans. They are readily accessible and make prep time simple!”

- **Dina Weiss**, San Diego Unified School District, California, USA

The School Counselor’s Guide is a set of three volumes, providing a tailored guidance curriculum for Elementary, Middle, and High School students, including approximately 100 classroom activities that are organized and designed to meet the National Standards created by the American School Counselor Association (ASCA). These activities can be used in the design of a comprehensive guidance curriculum, which addresses the academic, career, and personal/social development of all students. Each of The Guides provide assessment instruments that allow counselors to measure how school counseling programs make a difference for their students.


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**The School Counselor’s Guide**

**Elementary School Guidance Curriculum Activities**

3-Ring Binder: 978-0-415-88921-6: £110.00/$175.00

www.routledgementalhealth.com/9780415889216

**The School Counselor’s Guide**

**Middle School Guidance Curriculum Activities**

3-Ring Binder: 978-0-415-88922-3: £110.00/$175.00

www.routledgementalhealth.com/9780415889223

**The School Counselor’s Guide**

**High School Guidance Curriculum Activities**

3-Ring Binder: 978-0-415-88923-0: £110.00/$175.00

www.routledgementalhealth.com/9780415889230

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**A Guide to Practicum and Internship for School Counselors -in-Training**

Edited by **Jeannine R. Studer** and **Joel F. Diambra**, both at University of Tennessee, USA

“This is the practicum/internship book we have been waiting for. Jeannine Studer, Joel Diambra, and their contributing team of experts have included every significant contemporary topic that is essential to the growth and development of 21st century school counseling candidates.”

- **Carol Dahir**, New York Institute of Technology, USA

This text covers all aspects of the practicum and internship experience, from the initial contact with your supervisor to detailed descriptions of each of the different roles you will have, and will help you gain an understanding of the school culture and how to begin thinking about and developing your own philosophy of school counseling. Specific topics covered include popular counseling theories used by school counselors; working with special populations of students; application of the ASCA ethical standards; the administration of day-to-day tasks, such as arranging an office space and managing your time; and elements of the guidance curriculum, including individual student planning, responsive services, and systemic support.

Pb: 978-0-415-99747-8: £22.00/$39.95

www.routledgementalhealth.com/9780415997478

Examination copy available

Forthcoming!

**Being a College Counselor on Today’s Campus**

**Roles, Contributions, and Special Challenges**

**Bruce S. Sharkin**, Kutztown University, Pennsylvania, USA

This book provides a detailed description and discussion of the many roles and contributions of college counselors on today’s campuses. The author draws on twenty years of experience as a college counselor to address such questions as “Who are college counselors?”; “How does one become a college counselor?”; and “What skills are needed to be a college counselor today?” Roles and responsibilities, including counseling, crisis intervention, consultation, outreach, and administrative duties, are discussed in detail and supplemented with both research and case studies. Diversity competencies and special challenges faced by college counselors are also considered. The firsthand knowledge and experience of the author will make this an engaging and accessible book for both those who are already working in college mental health settings and those who wish to enter it.


Pb: 978-0-415-88214-9: £21.95/$37.95

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**10% DISCOUNT:** ORDER ONLINE AT WWW.PSYCHOTHERAPYARENA.COM / WWW.COUNSELINGARENA.COM
**Combating Racism**

**Transforming the School Counselor’s Role When Working with Issues of Racism in Schools**

Jesse A. Brinson and Shannon Smith, both at University of Nevada, Las Vegas, USA

While racism continues to be a persistent and pervasive issue in our schools, the professionals charged with creating safe and nurturing educational environments have few resources available to address racism directly. As its title suggests, *Combating Racism* will be the first book of its kind to do just that. A qualitative survey of students, school counselors, teachers, and administrators sets the stage by providing the readers with a 360 degree picture of today’s schools and the many ways racism creeps into the lives of our students. The authors then present a number of different models and perspectives on understanding and addressing racism, beginning with their own personal and professional experiences.


Pb: 978-0-415-99349-4: £21.95/$34.95

www.routledgementalhealth.com/9780415993494

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**The Women’s Program**

**Peer Educator’s Manual**

Intended to be used in an all-female peer education group, this guide contains the training materials necessary for the peer educator. While it does complement the guide for administrators, it is designed to be a self-contained manual. It includes all of the program scripts and handouts, as well as advice for running the program. Participants will learn how to recognize and identify dangerous men, how to help a friend who is a survivor of rape, and about ways to be an active bystander.


Pb: 978-0-415-88107-4: £56.00/$100.00 (Pack of 10)

www.routledgementalhealth.com/9780415881074

e-Examination copy available

**The Men’s Program**

**Peer Educator’s Manual**

This guide contains the training materials necessary for the student/peer educator who will be facilitating the men’s program. While it does complement the guide for administrators, it is designed to be a self-contained manual. Participants will be taught about rape via in-depth discussions and videos that will put them in the shoes of the victim.


Pb: 978-0-415-88106-7: £56.00/$100.00 (Pack of 10)

www.routledgementalhealth.com/9780415881067

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**How to Help a Sexual Assault Survivor**

**What Men Can Do**

One in Four, Inc.

This video is a performance of *The Men’s Program* by experienced peer educators.

DVD: 978-0-415-88429-7: 2010: £95.00/$150.00

www.routledgementalhealth.com/9780415884297

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**Police Rape Training Video**

One in Four, Inc.

An integral part of presenting *The Men’s Program*, this powerful DVD is a presentation of a police officer talking to new officers about how to handle rape cases.

DVD: 978-0-415-88419-8: 2010: £30.00/$50.00

www.routledgementalhealth.com/9780415884198

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**Forthcoming!**

**Combating Racism**

**Tranformxing the School Counselor’s Role When Working with Issues of Racism in School**

Jesse A. Brinson and Shannon Smith, both at University of Nevada, Las Vegas, USA

While racism continues to be a persistent and pervasive issue in our schools, the professionals charged with creating safe and nurturing educational environments have few resources available to address racism directly. As its title suggests, *Combating Racism* will be the first book of its kind to do just that. A qualitative survey of students, school counselors, teachers, and administrators sets the stage by providing the readers with a 360 degree picture of today’s schools and the many ways racism creeps into the lives of our students. The authors then present a number of different models and perspectives on understanding and addressing racism, beginning with their own personal and professional experiences.


Pb: 978-0-415-99349-4: £21.95/$34.95

www.routledgementalhealth.com/9780415993494

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**The Men’s and Women’s Programs**

**Ending Rape through Peer Education**

“Dr. Foubert has outdone himself. This book is a must-have for peer educators, student service personnel, and any professional committed to preventing or addressing sexual violence... This book demonstrates why Dr. Foubert is considered a leader in this field.”

- Keith L. Kaufman, Portland State University, Oregon, USA

_The Men’s and Women’s Programs_ is a guide for college administrators and faculty members looking to create a sexual assault prevention and education program to provide men and women with the knowledge, skills, and support systems needed to become active participants in the prevention of rape. It contains detailed scripts which outline how to set up and implement a program and provides instructions on running a training course and recruiting peer educators. Handouts and worksheets are included to assist in the training process, as well as for peer educators to use when working with participants.


Pb: 978-0-415-88105-0: £22.95/$39.95

www.routledgementalhealth.com/9780415881050

e-Examination copy available

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**FREE SHIPPING!** FOR US, CANADIAN AND UK ONLINE ORDERS OVER $35/£20
By Judith Tindall, Psychological Network, Inc., Missouri, USA

Forthcoming!

Evaluation of Peer and Prevention Programs
A Blueprint for Successful Design and Implementation

Judith A. Tindall, David Black, Purdue University, Indiana, USA
and Elizabeth Foster, University of North Carolina, USA

This user-friendly training manual will meet the needs of peer program and prevention program professionals by providing step-by-step instructions for setting-up an evaluation program. It addresses the essential components of the evaluation process and guides professionals through the planning, development, implementation, and data collection stages. The authors establish a rationale for program evaluation, explaining how it differs from research, and discuss ways to align the vision, mission, and goals of a program. An accompanying CD contains evaluation forms, handouts, and other useful materials.

Pb: 978-0-415-88478-5: £24.95/$44.95
www.routledgementalhealth.com/9780415884785

Tindall/Black: Peer Programs: An In-Depth Look at Peer Programs: Planning, Implementation, and Administration, Second Edition

Pb: 978-0-415-96236-0: 2008: 352pp. £32.50/$49.95
www.routledgementalhealth.com/9780415962360

The Peer Power Program

www.routledgementalhealth.com/9780415962322

www.routledgementalhealth.com/9780415962315

www.routledgementalhealth.com/9780415962346

www.routledgementalhealth.com/9780415962339

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Clinical Psychology and Psychiatry

Read and Recommend!

Positive Psychology
The Science of Happiness and Human Strengths
Second Edition

Alan Carr, University College Dublin, Ireland

“This book offers an empirically based, rigorously scientific approach to a rapidly changing and expanding field. Undergraduates and graduate students will much appreciate the accessible presentation, ample graphics, and personal development questions, while professionals will be pleased with the up-to-date, sensible coverage of this thoroughly revised edition. The next generation of positive psychology textbooks has arrived!” - Grant Rich, University of Alaska, USA

Remediating deficits and managing disabilities has been a central preoccupation for clinical psychologists. Positive Psychology, in contrast, is concerned with the enhancement of happiness and well-being, involving the scientific study of the role of personal strengths and positive social systems in the promotion of optimal wellbeing.

Alan Carr’s Positive Psychology has become essential reading for anyone requiring a thorough and accessible introduction to the field. This new edition retains all the features that made the first edition so popular, including: accounts of major theories and relevant research, learning objectives, chapter summaries, research and personal development questions, suggestions for further reading, measures for use in research, and glossaries of new terms.

The book has also been completely updated to take account of recent research and major advances, and includes a new chapter on positive psychotherapy, an extended account of research on character strengths and virtues, and a discussion of recent ground-breaking research on emotional intelligence.

This new edition of Positive Psychology will prove a valuable resource for psychology students and lecturers, as well as those involved in postgraduate training in related areas such as clinical psychology, social work, counselling and psychotherapy.


Hb: 978-0-415-60235-8: £70.00/$110.00
Pb: 978-0-415-60236-5: £22.99/$36.95
www.routledgementalhealth.com/9780415602365

e-Examination and Examination copy available

for a further book on Positive Psychology see page 13
Therapeutic Feedback with the MMPI-2 provides the clinician with empirically-based, practical information about how to convey the abundance of information in the MMPI-2 profile in a way that is collaborative, empathic, hopeful, and facilitates a therapeutic alliance. Discussion centers around ten scales and 31 common codetypes, addressing complaints, thoughts, emotions, traits and behaviors, therapists’ notes, feedback statements, treatment and self-help suggestions, and possible therapeutic pitfalls for each scale. The larger trim size also reflects the size of the MMPI-2 interpretive reports and makes it easy for clinicians to copy pages of the book to share with their clients.


Pb: 978-0-415-87677-3: £38.95/$69.95
Series: Personality and Clinical Psychology

www.routledgementalhealth.com/9780415876773

New!

The Human Quest for Meaning
A Handbook of Psychological Research and Clinical Applications
Second Edition
Edited by Paul T. P. Wong, Tyndale University, Ontario, Canada

This volume brings together trends in “the human search for meaning” converging from various fields, and examines the process of meaning seeking. The first edition was one of the first books to bring together all this into one volume and relate it back to clinical practice. It predicted that the construct of meaning will occupy the center stage of psychology in the next century, a prediction that has come true. Since its publication, several trends have converged and contributed to the psychological study of meaning. This second edition will expand the information from the first edition as well as bring the original chapters up-to-date.


February 2012: 504pp.
Hb: 978-0-415-87677-3: £38.95/$69.95
Series: Personality and Clinical Psychology

www.routledgementalhealth.com/9780415876773

Preventing Workplace Bullying
An Evidence-Based Guide for Managers and Employees
Carlo Caponecchia and Anne Wyatt, both at University of New South Wales, Australia

“Workplace bullying is tough for everyone. Preventing Workplace Bullying helps managers and consultants clarify what is and isn’t bullying, and gives excellent guidance on how to deal with it.” - Charlotte Rayner, Portsmouth Business School, UK

Workplace bullying is more common and costly than most people realise. It can make life unbearable for employees in any industry, and ultimately undermine an organization’s potential for profit. In this practical guide, Carlo Caponecchia and Anne Wyatt explain how to identify workplace bullying and apply best practice to preventing and managing it.

Caponecchia and Wyatt outline what constitutes bullying at work, demystify some of the controversial issues, and discuss the various factors which influence workplace bullying. The responsibilities of management, and legal implications are outlined and supported with best practice guides for policies, complaints procedures and risk management systems. Options and resources for targets experiencing bullying are also explored.

The Target's Perspective. Part IV: Moving Beyond Workplace Bullying. Case Study: Evan S. Moving Beyond Workplace Bullying. Resources. Appendices.

Hb: 978-0-415-66880-4: £50.00/$80.00  
Pb: 978-0-415-66881-1: £14.99/$23.95  

www.routledgementalhealth.com/9780415668811

Forthcoming!  
The Social Cure  
Identity, Health and Well-Being  
Edited by Jolanda Jetten, University of Queensland, Australia, Catherine Haslam and S. Alexander Haslam, both at University of Exeter, UK  

There is a growing body of research showing that social networks and identities have a profound impact on mental and physical health. This edited book brings together the latest research on how group memberships, and the social identities associated with them, determine people’s health and well-being.  

Hb: 978-1-84872-021-3: £39.95/$70.00  
Published by Psychology Press  
www.psypress.com/9781848720213

Forthcoming!  
Counseling Muslims  
A Mental Health Handbook  
Edited by Sameera Ahmed, Wayne State University, Michigan, USA, and Mona M. Amer, American University, Cairo, Egypt  

Behavioral health practitioners who provide services to Muslim clients living in English-speaking territories, such as North America, Australia, and parts of Europe, need a resource to help guide them towards providing religio-culturally competent care. Editors Sameera Ahmed and Mona Amer have gathered together authoritative contributors specializing in a variety of mental health care issues to compile the resource that is Counseling Muslims. This text is unique in its broad scope, which reflects interventions at various levels of counseling.  

CONTENTS:  
Part I: Muslim Beliefs Within a Counseling Framework.  
Part II: Models and Interventions.  
Hb: 978-0-415-98860-5: £31.00/$49.95  
www.routledgementalhealth.com/9780415988605

New!  
The Madness of Women  
Myth and Experience  
Jane M. Ussher, University of Western Sydney, Australia  

Drawing on academic and clinical experience, including case studies and in-depth interviews, as well as on the now extensive critical literature in the field of mental health, Jane Ussher presents a critical multifactorial analysis of women’s madness that both addresses the notion that madness is a myth, and yet acknowledges the reality and multiple causes of women’s distress.  

Hb: 978-0-415-33927-8: £44.95/$80.00  
Pb: 978-0-415-33928-5: £19.95/$34.95  
Series: Women and Psychology  
www.routledgementalhealth.com/9780415339285

e-Examination copy available  
for a further book in this series please see page 63

Metacognition and Severe Adult Mental Disorders  
From Research to Treatment  
Edited by Giancarlo Dimaggio, Third Center of Cognitive Psychotherapy, Italy, and Paul H. Lysaker, Indianapolis School of Medicine, USA  

Many adults who experience severe mental illness also suffer from deficits in metacognition – put simply, thinking about one’s own thought processes – limiting their abilities to recognize, express and manage naturally occurring painful emotions and routine social problems as well as to fathom the intentions of others.  

This book presents an overview of the field, showing how current research can inform clinical practice. An international range of expert contributors provide chapters which look at the role of metacognitive deficit in personality disorders, schizophrenia, and mood disorders, and the implications for future psychotherapeutic treatment.  

CONTENTS:  

2010: 344pp. Hb: 978-0-415-48423-7: £29.95/$49.95
www.routledgementalhealth.com/9780415484237

Also of Interest

Dimaggio et al.: Psychotherapy of Personality Disorders: Metacognition, States of Mind and Interpersonal Cycles
Hb: 978-0-415-41270-4: 2007: 256pp. £35.00/$59.95
www.routledgementalhealth.com/9780415412704

Offenders, Deviants or Patients?
Explorations in Clinical Criminology
Fourth Edition
Herschel Prins, Leicester and Loughborough University, UK

Offenders, Deviants or Patients? provides a practical approach to understanding both the social context and treatment of mentally disordered offenders. Taking into account the current public concern, often heightened by media sensationalism, it addresses issues such as sex offending, homicide and other acts of serious bodily harm.

This fourth edition comes after extensive new research by academics and professionals in the field and reflects recent changes in law, policy and practice.

Using new case examples, Herschel Prins examines the relationship between mental disorders and crime and looks at the ways in which it should be dealt with by the mental health care and criminal justice systems.


2010: 368pp. Hb: 978-0-415-46428-4: £65.00/$100.00
Pb: 978-0-415-46429-1: £22.99/$39.95
www.routledgementalhealth.com/9780415464291

Backlist Book

Otto/Douglas, Eds.: Handbook of Violence Risk Assessment
Hb: 978-0-415-96214-8: 2009: 326pp. £50.00/$95.00
Series: International Perspectives on Forensic Mental Health
www.routledgementalhealth.com/9780415962148

Forthcoming!

Behind the Badge
A Psychological Treatment Handbook for Law Enforcement Officers
Edited by Sharon Morgillo Freeman, Indiana/Purdue University, USA, Bret A. Moore, former U.S. Army Psychologist, Texas, USA, Laurence Miller, in private practice, Florida, USA, and Arthur Freeman, Philadelphia College of Osteopathic Medicine, USA

Law enforcement officers have historically carried the major responsibility of both maintaining and overcoming regimes and power centers. From the Roman Centurion to the local Sheriff’s department, they have all carried the burden of establishing, defending, and protecting both those in power and those needing protection from those same leaders. Following on from their treatment handbook for military personnel, editors Sharon and Arthur Freeman, Bret Moore, and new editor Laurence Miller have assembled the top names in the field to discuss the role mental health practitioners have in law enforcement and security, and how to address the issues that continually come up while working with this population.

March 2012: 544pp. Hb: 978-0-415-89229-2: £28.00/$44.95
www.routledgementalhealth.com/9780415892292

Also of Interest

Freeman et al., Eds.: Living and Surviving in Harm’s Way: A Psychological Treatment Handbook for Pre- and Post-Deployment of Military Personnel
Hb: 978-0-415-98868-1: 2009: 543pp. £29.95/$47.50
www.routledgementalhealth.com/9780415988681

Backlist Book

Barabasz et al., Eds.: Medical Hypnosis Primer: Clinical and Research Evidence
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Psychotherapy and Counselling Journals from Routledge

Routledge, the social & behavioural sciences and humanities division of Taylor & Francis, is dedicated to the dissemination of academic and professional information, utilising skills and expertise honed since the company first began publishing learned journals in 1798. Today, we publish 1,582 scholarly journals in association with 460 societies and institutions. Our publishing team is truly international. With a network of 20 global offices – including Philadelphia, Oxford, Melbourne, Beijing, New Delhi, Stockholm, Johannesburg and Singapore – we provide local support and expertise around the globe.

Asia Pacific Journal of Counselling and Psychotherapy
Official Journal of the Asian Professional Counselling Association
Editor: Ann Moir-Bussy, Hong Kong Shue Yan University, Hong Kong
www.tandf.co.uk/journals/rpac

British Journal of Guidance & Counselling
Co-Editors: Jenny Bimrose, University of Warwick, UK
Gillian Proctor, Temescos, UK
www.tandf.co.uk/journals/bjgc

Counselling & Psychotherapy Research
The official research journal of the British Association for Counselling & Psychotherapy
Editor: Andrew Reeves, University of Liverpool, UK
www.tandf.co.uk/journals/rcpr

European Journal of Psychotherapy & Counselling
Editor: Del Loewenthal, Roehampton University, UK
www.tandf.co.uk/journals/rejp

Journal of Child Psychotherapy
Official Journal of the Association of Child Psychotherapists
Editors: Anne Hurley, Tavistock and Portman NHS Foundation Trust and North East London NHS Foundation Trust, UK
Teresa Bailey, Child and Adolescent Mental Health Service, UK
www.tandf.co.uk/journals/jcp

Journal of College Student Psychotherapy
Editors: Paul A. Grayson, Marymount Manhattan College
Philip W. Meilman, Georgetown University
www.tandf.co.uk/journals/wcsp

New to Routledge for 2011
Person-Centered & Experiential Psychotherapies
Journal of the World Association for Person-Centered and Experiential Psychotherapy and Counselling
Co-editors: Michael Behr, University of Education Schwäbisch Gmünd, Germany
Mick Cooper, University of Strathclyde, UK
William B. Stiles, Miami University, USA
Jeanne C. Watson, Ontario Institute for Studies in Education, Canada
www.tandf.co.uk/journal/rpcp

Psychoanalytic Psychotherapy
Published on behalf of the Association for Psychoanalytic Psychotherapy in the NHS
Editor: Alessandra Lemma, Tavistock and Portman NHS Foundation Trust, UK
www.tandf.co.uk/journals/rpps

Psychodynamic Practice
Individuals, Groups and Organisations
Managing Editor: Sue Kegarrelis, University of Essex, UK
www.tandf.co.uk/journals/pdp

Psychotherapy Research
Published in association with the Society for Psychotherapy Research
Editors: Paulo P. Machado, Universidade do Minho, Portugal
J. Christopher Muran, Adelphi University, USA
www.tandf.co.uk/journals/psychotherapy_research

www.psychotherapyarena.com
A selection of Psychotherapy & Counselling articles are free to view
www.tandf.co.uk/journals/access/psychotherapy
In this book, contributors provide a review of the neurobiological research in people at high risk of psychosis, focusing on the transition from being at a high risk state to their first episode. Contributors consider unaffected family members and twin studies as well as the individual’s data before and after the onset of the illness. The environmental factors that contribute to a psychotic episode are also examined.

Vulnerability to Psychosis presents neurobiological findings in the context of what is now known about the psychopathology and cognitive impairments that are evident in people at high risk of psychosis.

**CONTENTS:**

- Borgwardt, Fusar-Poli, McGuire, Introduction
- Broome, Dale, Marriott, Merino, Bortolotti, Neuroscience, Continua and the Prodromal Phase of Psychosis
- Yung, Wood, Nelson, Defining the Risk for Psychosis
- Can Neuroscience Help Psychopathology?
- Picchioni, Toulopoulou, Genetic Determinants of the Vulnerability to Psychosis: Findings from Twin Studies
- Day, Pariante, Stress and Cortisol in the Prepsychotic Phases
- Pukrop, Ruhmann, Neurocognitive Indicators of High-risk States for Psychosis
- Borgwardt, Fusar-Poli, Riecher-Rössler, McGuire, Grey Matters – Mapping the Transition to Psychosis
- Fusar-Poli, Agosti, Borgwardt, Functional MRI in Prodromal Psychosis
- Stone, Glutamate: Gateway to Psychosis?
- Howes, Does Dopamine Start the Fire of Psychosis?
- Chrousley, Bramon, Neurophysiological Alterations in the Presypchotic Phases
- Yang, Wonpat-Borja, Opler, Compton, Kelly, Purdie-Vaughns, Corcoran, Stigma in Early Stages of Psychotic Illness: Connections with Cognitive Neuroscience
- McGuire, Conclusions

**November 2011: 232pp.**
**Hb: 978-1-84872-087-9: £28.95/$46.95**

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**Published by Psychology Press**

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Clinical Psychology: A Modular Course Series

New Edition!
Addictions
Second Edition
Maree Teesson, University of New South Wales, Australia, Wayne Hall, University of Queensland, Australia, Heather Proudfoot, and Louisa Degenhardt, both at University of New South Wales, Australia

The first edition of Addictions established itself as a valuable resource for students and professionals alike. This authoritative new edition builds on the success of the previous book, incorporating advances in research and practice over the last ten years. The book includes material on: the nature of addiction and who becomes addicted, health consequences of alcohol and other drug dependence and theories and causes of addiction.


Hb: 978-0-415-58300-8: £47.50/$85.00
Pb: 978-0-415-58299-5: £16.50/$29.95
Series: Clinical Psychology: A Modular Course
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www.psypress.com/9780415583008
e-Examination copy available

Childhood Disorders
Second Edition
Philip C. Kendall, Temple University, Pennsylvania, USA, and Jonathan S. Comer, Columbia University, New York, USA

“This Second Edition is just the kind of book that students of child psychopathology will crave – the text is compelling, succinct, accessible, and prescriptive... Highly recommended.” - Stephen Hinshaw, UC Berkeley, USA

In this revised edition of Childhood Disorders, Philip C. Kendall and Jonathan S. Comer present current information about the full range of psychological disorders that occur in childhood.

Hb: 978-0-415-48641-5: £47.50/$85.00
Pb: 978-0-415-48642-2: £16.50/$29.95
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Clinical Problems
Addictions
Forthcoming!
Principles and Practice of Group Work in Addictions
Edited by Robert Hill and Jennifer Harris, both at South London and Maudsley NHS Foundation Trust, UK

“Robert Hill and Jennifer Harris are to be congratulated for organizing and publishing this excellent resource.” - G. Alan Marlatt, From the Foreword

Principles and Practice of Group work in Addictions has been written with the aim of addressing the key areas in working with drug and alcohol misuse whilst providing practical solutions to the more common problems that emerge in group work. Drawing on the expertise of clinicians who work in the field of addictions, this book offers readers practical advice for everyday practice. Divided into three sections it covers: core group work in addictions, practical issues and solutions to common problems and specific issues within the field of addictions.


Hb: 978-0-415-48684-2: £60.00/$99.00

www.routledgementalhealth.com/9780415486859

Survivors of Addiction
Narratives of Recovery
New!
Mary Addenbrooke, in private practice, UK

Survivors of Addiction draws on first-hand narratives to provide an overview of how and why people become addicted, and explores what happens after the addiction is left behind. Divided into four sections it covers: being caught up in addiction, how and why users stop being addicted, the early days after surviving addiction and long-term outcomes.


Hb: 978-1-58391-724-4: £60.00/$99.00
Pb: 978-1-58391-725-1: £21.99/$34.95

www.routledgementalhealth.com/9781583917251

e-Examination copy available

for a complete list of books in this series please visit www.psypress.com/clinicalmodular
Contingency Management has been identified as the most efficacious intervention for substance use disorders. Despite the evidence of its efficacy in numerous clinical trials, contingency management is poorly understood and rarely utilized in practice settings, as no book exists specifically for clinicians. Contingency Management for Substance Abuse Treatment fills this gap as a clinician-oriented text that focuses on contingency management protocol development and implementation, and provides everything clinicians require to successfully apply a novel treatment in practice.

Pb: 978-0-415-88289-7: £27.95/$49.95

While many aspects of eating disorders remain a mystery, there is growing evidence that collaboration is an essential element for treatment success. This book emphasises and explains the importance of family involvement as part of a unified team approach towards treatment and recovery.

A Collaborative Approach to Eating Disorders draws on up-to-date evidence based research as well as case studies and clinical vignettes to illustrate the seriousness of eating disorders and the impact on both the sufferer and their loved ones.


My Kid is Back
Empowering Parents to Beat Anorexia Nervosa
June Alexander, writer, Australia, and Daniel Le Grange, University of Chicago, USA

"This is a very useful book for parents who have an adolescent child with anorexia nervosa... it is useful not just for families but also for professionals who are working with these families." - Cathy Feeham, European Eating Disorders Review

My Kid is Back explains how family-based treatment can greatly reduce the severity of anorexia nervosa in children and adolescents, allowing the sufferer to return to normal eating patterns, and their families to return to normal family life.

In this book ten families share their experiences of living with anorexia. Parents describe their frustrations in seeking help for their child and dealing with their behaviour and sufferers discuss how the illness gets into their mind and takes over their personality.

Pb: 978-0-415-58115-8: £9.99/$17.95
www.routledgementalhealth.com/my-kid-is-back

Eating Disorders in Sport
Ron A. Thompson and Roberta Trattnier Sherman, both in private practice, Indiana, USA

Over the past fifteen years, there has been a great increase in the knowledge of eating disorders in sport and effective means of treatment. In this book, the authors draw on their extensive clinical experience to discuss how to identify, manage, treat, and prevent eating disorders in sport participants. They begin by examining the clinical conditions related to eating problems, including descriptions of specific disorders and a review of the relevant literature. Special attention is given to the specific gender and sport-related factors that can negatively influence the eating habits of athletes.

Hb: 978-0-415-99836-9: £28.00/$49.95
www.routledgementalhealth.com/9780415998369

Also by Janet Treasure

Treasure et al., Eds.: The Clinician’s Guide to Collaborative Caring in Eating Disorders: The New Maudsley Method
www.routledgementalhealth.com/9780415484251

Treasure et al.: Skills-based Learning for Caring for a Loved One with an Eating Disorder: The New Maudsley Method
www.routledgementalhealth.com/9780415431583

www.routledgementalhealth.com/9780863777592

Schmidt/Treasure: Getting Better Bit(e) by Bit(e): A Survival Kit for Sufferers of Bulimia Nervosa and Binge Eating Disorders
www.routledgementalhealth.com/9780863777301

Treasure: Eating Disorders: Interest and Joy in Infancy.
Hb: 978-0-415-55470-1: £21.99/$34.95
Pb: 978-0-415-55469-5: £60.00/$99.00
www.routledgementalhealth.com/9780415554701

New Ideas About Eating Disorders
Human Emotions and the Hunger Drive
Charles T. Stewart, in private practice, California, USA

In this book, Charles Stewart discusses how the positive affects of the life instinct such as interest and joy, and the crisis affects such as fear, anguish, rage, shame and contempt, condition and can even dissociate the hunger drive, thereby contributing to either positive or negative attitudes toward eating.

New Ideas About Eating Disorders presents clinical case studies of individuals from infancy to adulthood suffering from various eating disorders, a new theory as to their etiology, and suggestions for treatment and prevention.


Hb: 978-0-415-55469-5: £60.00/$99.00
Pb: 978-0-415-55470-1: £21.99/$34.95
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10% DISCOUNT: ORDER ONLINE AT WWW.PSYCHOTHERAPYARENA.COM / WWW.COUNSELINGARENA.COM
Forthcoming!

Psychosocial Assessment and Treatment of Bariatric Surgery Patients

Edited by James E. Mitchell, Neuropsychiatric Research, North Dakota, USA, and Martina de Zwaan, University of Erlangen-Nuremberg, Germany

Psychosocial Assessment and Treatment of Bariatric Surgery Patients provides an up-to-date source of information regarding psychosocial issues in the assessment and treatment of bariatric surgery patients. It is comprehensive in scope and includes background information about bariatric surgery procedures, assessment of candidates, a review of psychosocial and eating problems that occur pre- and post-operatively, and a review of both nutritional issues and exercise issues for evaluators and treatment providers.

Hb: 978-0-415-89219-3: £21.99/$34.95

www.routledgementalhealth.com/9780415892193

e-Examination copy available

Also by James E. Mitchell and Martina de Zwaan

Bariatric Surgery
A Guide for Mental Health Professionals

Hb: 978-0-415-94966-8: 2005: 184pp. £32.50/$54.50

www.routledgementalhealth.com/9780415949668

Gerontology

Counseling Older Adults

John Blando, San Francisco State University, California, USA

“This engaging and highly readable text provides a wealth of information for those interested in gerontological counseling. The liberal use of case studies, identification of helpful interventions, and attention to multicultural issues create an important learning tool that will assist students and counselors alike in understanding and working effectively with older persons.” - Marvarene Oliver, Texas A&M University-Corpus Christi, USA

This text provides an introduction to gerontological counseling, integrating the basic skills of working with older adults with theories of counseling and aging. Specific counseling issues discussed include mental health counseling, career counseling, rehabilitation counseling, and family counseling.

Pb: 978-0-415-99051-6: £26.95/$39.95

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Examination copy available

New!

Ageing and Older Adult Mental Health Issues and Implications for Practice

Edited by Patrick Ryan and Barry J. Coughlan, both at University of Limerick, Ireland

“Ryan and Coughlan are to be congratulated for editing a highly accessible book on ageing and mental health. This volume should be required reading on all postgraduate courses for mental health professionals who are being trained to provide services to older adults with psychological problems.” - Alan Carr, University College Dublin, Ireland

This book examines the issues and implications that mental health professionals face when dealing with ageing and older adults. The book focuses on the biological, psychological and cultural influences that impact on the work of mental health practitioners who work with this client group. Throughout the book the contributors emphasise the notion of ‘healthy ageing’, and the importance and significance of this concept as part of the life-cycle process.


Hb: 978-0-415-58289-6: £60.00/$100.00
Pb: 978-0-415-58290-2: £21.99/$34.95

www.routledgementalhealth.com/9780415582902

New!

The Aging Intellect

Douglas H. Powell, Harvard Medical School, Massachusetts, USA

The Aging Intellect is written for the large number of professionals, including social workers, nurses, retirement home administrators, doctors, psychologists, pastors and others, who oversee the well being of elderly women and men. It provides elder care workers with an array of suggestions (beyond exercising and eating right) that can improve, maintain or maximize the quality of their clients’ mental abilities for as long as possible.

Hb: 978-0-415-99685-3: £19.50/$34.95

www.routledgementalhealth.com/9780415996853


Mood Disorders

Tackling Depression at Work
A Practical Guide for Employees and Managers
Kerrie Eyers, Black Dog Institute, Sydney, Australia, and Gordon Parker, University of New South Wales & Black Dog Institute, Sydney, Australia

“A practical and positive guide for both employees and their employers.” – Gerry Harvey, Chairman, Harvey Norman Holdings Ltd.

If you have depression, do you persevere or do you risk telling your manager? If you are a manager, what can you do to support the employee and ensure the job is done?

Figures suggest that more than ten percent of people in the workforce struggle with depression. Both employees and their managers are looking for the same outcome: recovery and return to best functioning. Tackling Depression at Work explains the key issues that arise and offers proven strategies that employees and managers can use. Topics of discussion include:

• the importance of education about depression and bipolar disorder
• how to support an employee without crossing boundaries
• the destigmatisation of mood disorders
• the sensitive issues of disclosure and privacy.

With insightful advice from workers who have learned to manage their disorder on the job, this book offers invaluable support for any worker with depression. It is also an essential resource for all line managers, human resource managers and mental health professionals.


Hb: 978-0-415-60171-9: £44.95/$80.00

www.routledgementalhealth.com/9780415601726

for a further book by Kerrie Eyers and Gordon Parker please see page 25

Object Relations in Depression
A Return to Theory
Trevor Lubbe, in private practice, South Africa

This book examines the role of British object relations theory in order to explore our understanding and treatment of depression. It challenges current conceptualizations of depression while simultaneously discussing the complex nature of depression, its long-lasting and chronic implications and the susceptibility to relapse many may face.


Hb: 978-0-415-57676-5: £50.00/$80.00

www.routledgementalhealth.com/9780415576772

Depression and the Soul
A Guide to Spiritually Integrated Treatment
John R. Peteet, Harvard Medical School, Massachusetts, USA

In Depression and the Soul, John Peteet proves the old adage that the best physician is also a philosopher. He considers how to approach the problem of depression within a larger context, and reviews current concepts of successful living relative to the heart (emotion and volition), the mind (cognition and coping), and the soul (the self in relation to transcendent reality). Each chapter goes on to further explore the relationship between depression and the context of a patient’s entire life.

Hb: 978-0-415-87895-1: £21.95/$39.95
Pb: 978-0-415-87896-8: £9.99/$17.95

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e-Examination copy available

The Other Depression
Bipolar Disorder
Second Edition
Robert Grieco and Laura Edwards

2009: 230pp. £60.00/$95.00

www.routledgementalhealth.com/9780415998772

Backlist Book

The Other Depression
Bipolar Disorder
Second Edition
Robert Grieco and Laura Edwards

www.routledgementalhealth.com/9780415998772
Personality Disorders

Treating Personality Disorder
Creating Robust Services for People with Complex Mental Health Needs
Edited by Naomi Murphy and Des McVey, both at Fens Unit, HMP Whitemoor, UK

“This book is a comprehensive, informative, practical, and optimistic guide to the establishment and successful maintenance of clinical services for people with personality disorders. It is extremely well-written by a collection of very experienced practitioners.” - Caroline Logan, Greater Manchester West Mental Health NHS Foundation Trust & University of Manchester, UK

This book considers personality disorders and how they are treated within the institutional context of prisons and hospitals and offers practical guidance on assessment, formulation and integrated treatment planning.

Treating Personality Disorder offers contributions from professionals in psychiatry, nursing and psychology as well as prison officers and service managers and areas of discussion include: delivering integrated treatment to people with personality disorders, issues and challenges for the clinical professional and the role of the psychiatrist in treating personality disorder.

Hb: 978-0-415-40480-8: £32.95/$55.95

www.routledgementalhealth.com/9780415404808

How to Talk to a Borderline
Joan Lachkar, in private practice, California, USA

In How to Talk to a Borderline, Joan Lachkar introduces Borderline Personality Disorder (BPD) and outlines the challenges and difficulties it presents to clinicians. She expands current understanding of BPD by outlining eight different kinds of borderline personality disorders and how each of these requires specific communication techniques and methods. Case examples are offered throughout the text and in some cases describe the kinds of partners borderlines attract.

Hb: 978-0-415-87649-0: £23.50/$41.95

www.routledgementalhealth.com/9780415876490

Also by Joan Lachkar

How to Talk to a Narcissist
Hb: 978-0-415-958855-4: 2008: 184pp. £29.95/$47.50

www.routledgementalhealth.com/9780415958854

Schizophrenia and Psychosis

Problematic and Risk Behaviours in Psychosis
A Shared Formulation Approach
Alan Meaden, Birmingham and Solihull Mental Health Trust, UK, and David Hacker, University Hospital Birmingham Regional Neuroscience Centre, UK

In spite of improved access to psychosocial interventions, many people with psychosis continue to experience persistent problems which act as significant barriers to their recovery. This book investigates risk and problem behaviours in psychosis, including staff and service factors that can impede the delivery of effective care. Problematic and Risk Behaviours in Psychosis provides a new approach for assessment, formulation and intervention within such problem behaviours in a team context.


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“In the entire book, there is a laudable effort to free voice hearers from social silence and stigma, and to promote their participation in self-help groups and forums with other persons who live with or lived through similar experiences. For this reason, this book is also of fundamental value for the persons who hear voices, for their family and friends. It is also necessary reading for any person interested in this innovating therapeutic avant-garde approach because the Hearing Voices Movement is one of social liberation.” - Manuel González de Chávez, From the Foreword

Psychosis as a Personal Crisis seeks to challenge the way people who hear voices are both viewed and treated. This book emphasises the individual variation between people who suffer from psychosis and puts forward the idea that hearing voices is not in itself a sign of mental illness.
In this book the editors bring together an international range of expert contributors, who in their daily work, their research or their personal acquaintance, focus on the personal experience of psychosis.


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Extensive scientific research has been conducted into understanding and learning more about psychotic experiences. However, in existing research the voice of subjective experience is rarely taken into consideration. In this book, first-person accounts are brought centre-stage and examined alongside current research to suggest how personal experience can contribute to professional understanding, and therefore the treatment, of psychosis.

**Experiencing Psychosis** brings together a range of contributors who either have experience of psychosis on a personal level or who have conducted research into the topic. Chapters are presented in pairs providing information from both a personal and research perspective on specific aspects of psychosis including: hearing voices, delusional beliefs, and trauma as well as cultural, existential and spiritual issues. Experts from the field recognise that first and foremost psychosis is a human experience and that those who suffer from psychotic episodes must have some involvement in any genuine attempts to make sense of the experience.


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Edited by Roger Hagen, Norwegian University of Science and Technology, Norway, Douglas Turkington, Newcastle University, UK, Torkil Berge, Vinderen Community Mental Health Centre, Norway, and Rolf W. Gråwe, Drug and Alcohol Treatment in Central Norway, Norway

This book offers a new approach to understanding and treating psychotic symptoms using cognitive behavioural therapy (CBT). **CBT for Psychosis** shows how this approach clears the way for a shift away from a biological understanding and towards a psychological understanding of psychosis.

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Now updated and in its second edition, Handbook of Clinical Issues in Couple Therapy provides a comprehensive overview of emerging issues that impact couple therapy. Unlike other guides that concentrate more on theoretical approaches, this invaluable resource contains the latest research and perspectives that every clinician needs when dealing with the challenging issues often found in practice. Carefully referenced, it explores a range of issues that include intimate partner violence, posttraumatic stress disorder and its effect on couple relationships, divorce therapy, remarriage and cohabitation issues, cultural issues, and couple therapist training.
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Terry D. Hargrave, Fuller Theological Seminary, California, USA, and Franz Pfitzer, Klinik St. Irmingard, Prien am Chiemsee, Germany

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Helping Couples Cultivate Joyful Marriages Through the Power of Play
Robert Schwarz, American Association of Marital and Family Therapy, USA, and Elaine Braff, in private practice, New Jersey, USA

In the 21st century, we tend to expect more than ever from our relationships without knowing how to sustain them. Often a married couple juggling the many demands of life, work and children take their bond for granted. They fail to cultivate and nurture the positive interactions they share, neglecting the fun, playful and sexy side of the relationship. Over time, this neglect creates an increasing spiral of dysfunction. We’re No Fun Anymore reminds therapists and the couples they treat that marriage does not have to mean forfeiting the passion, playfulness and joy in a relationship.


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The constantly-changing field of clinical sexual issues inspired the second edition of Handbook of Clinical Sexuality for Mental Health Professionals. In a state-of-the-art guide, Dr. Levine and his associates continue to help professionals with the assessment and treatment of a large array of sexual concerns. Written in a personal, supervisory style, the book will help new therapists anticipate clinical contingencies and help experienced therapists refine their thinking and teaching.

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Breaking the Cycle of Unwanted Thoughts in Motherhood
Karen Kleiman, The Postpartum Stress Center, Pennsylvania, USA, and Amy Wenzel, University of Pennsylvania, USA

What if I drop my baby when I go down the steps? What if I burn the baby in the bathtub? Thoughts like these can be frightening to new mothers, but are a common symptom pregnant and postpartum women can experience. Dropping the Baby and Other Scary Thoughts addresses the nature of these intrusive, negative and unwanted thoughts. Kleiman and Wenzel offer answers to the women who seek information, clarification, and validation in this useful resource for healthcare professionals working with these mothers. Written by two clinicians who have established themselves as leading experts and authors in this specialized field, this book maintains a compassionate tone that will be a voice familiar to many women in the postpartum community. Whether you must confront these negative notions personally or in your practice, this book will explain what these thoughts are, why they are there, and what can be done about them.

CONTENTS:

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A Therapist’s Companion

Compiled by Chris Wood, Art Therapy Northern Programme, UK

From Art-making as a Defence to Works of Art, this anthology will help you navigate your way through the ever growing world of art therapy. Navigating Art Therapy is an essential companion for both seasoned art therapists and those new to the field as it offers a comprehensive guide to key terms and concepts.

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Critical Understandings of Diverse Artistic Vocabularies

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This book focuses on the sensory-based, tangible vocabulary of materials and media, and its relevance to art therapy. It provides a historical account of the theory and use of materials and media in art therapy, as well as an examination of the interface between art therapy, contemporary art materials and practices, and social/critical theory.

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Dramatherapy

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Dramatherapy and Destructiveness
Creating the Evidence Base, Playing with Thanatos
Edited by Ditty Dokter, Anglia Ruskin University, UK, Pete Holloway, Kent & Medway Partnership Trust and Roehampton University, UK, and Henri Seebohm, Roehampton University and West London Mental Health Trust, UK

“This book is a stimulating read, opening the door on the experience of dramatherapy practice in challenging settings and with complex clients.” - Anna Chesner, Psychodrama and Group Analytic Psychotherapist, Co-Director London Centre for Psychodrama, UK

Dramatherapy uses the healing aspects of drama and theatre as part of the therapeutic process and is increasingly required to supply evidence of its effectiveness. This book aims to provide an evidence base for practice with destructive clients, and raise the profile of dramatherapy as a distinct therapeutic intervention in this field. Dramatherapy and Destructiveness covers a wide range of client groups, settings, methods and therapeutic approaches.


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The purpose of this text is to present a resource to students and practitioners of play therapy that addresses topics beyond the training level. Current play therapy resources offer details on how to conduct play therapy, but are limited in addressing the challenges that develop when therapists conduct play therapy with real-life clients. It provides advanced knowledge on the three main areas of play, child development, and play therapy and integrates them to help the play therapist gain a holistic understanding of how play therapy works.


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**Sandplay Therapy**

**Research and Practice**

Grace L. Hong, Dandelion Guidance and Counselling Centre, The Garden of Hope Foundation, Taiwan

“A must-read for clinicians and researchers interested in the use of sandplay internationally.” — Rie Rogers Mitchell, California State University, Northridge, USA

Sandplay Therapy: Research and Practice explores the essence of sandplay therapy. Drawing on Grace Hong’s extensive work in the field the book discusses this unique, creative and nonverbal approach to therapy. The book focuses on her experiences in practice, research and teaching from both the US and Taiwan.

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Eva Pattis Zoja, The International Association of Expressive Sandwork

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Second Edition

Linda E. Homeyer, Texas State University, USA, and Daniel S. Sweeney, George Fox University, Oregon, USA

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A Handbook for Care Providers
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J. Shep Jeffreys, in private practice, Maryland, USA

Helping Grieving People is a training manual for care providers who provide support and counseling to those grieving death, illness, and other losses. The author addresses grief as it affects a variety of relationships and discusses different intervention and support strategies, always cognizant of individual and cultural differences in the expression and treatment of grief.

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Reflecting on Change, Loss, and Transition in Everyday Life
Edited by Darcy L. Harris, King’s University College, Ontario, Canada

This text is a valuable resource for clinicians who work with clients dealing with non-death, non-finite, and ambiguous losses in their lives. It explores adjustment to change, transition, and loss from the perspective of the latest thinking in bereavement theory and research.

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Edited by John R. Jordan, The Family Loss Project, Massachusetts, USA, and John L. McIntosh, Indiana University South Bend, USA

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Editor: Emma Letley, writer, academic and psychoanalytic psychotherapist

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**Under the Skin**  
A Psychoanalytic Study of Body Modification  
**Alessandra Lemma**, Tavistock and Portman NHS Foundation Trust, London, UK  
*Under the Skin* considers the motivation behind why people pierce, tattoo, cosmetically enhance, or otherwise modify their body, from a psychoanalytic perspective. It discusses how the therapist can understand and help individuals for whom the manipulation of the body is felt to be psychically necessary.

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A Psychoanalytical Perspective  
**Dinora Pines**, was a training psychoanalyst, British Psychoanalytic Society, UK  
Drawing on Dinora Pines' lifetime of clinical experience this classic book provides a psychoanalytic understanding of women's relationships with their bodies.

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The Drama of the Mother-Daughter Relationship  
**Hendrika C. Freud**, in private practice, The Netherlands  
Translated by Marjolijn de Jager  
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**Joseph Dodds**, Charles University, Prague, Czech Republic  
This book argues that psychoanalysis has a unique role to play in the climate change debate by placing emphasis on the unconscious dimensions of our mental and social lives. Exploring contributions from Freudian, Kleinian, Object Relations, Self Psychology, Jungian, and Lacanian traditions, the book discusses how psychoanalysis can help to unmask the anxieties, deficits, conflicts, phantasies and defences crucial in understanding the human dimension of the ecological crisis.
The Counselor’s Guide for Facilitating the Interpretation of Dreams
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