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American Psychoanalytic Association (APsaA) National Meeting
January 10-15 2012, New York, USA

The International Association for Relational Psychoanalysis and Psychotherapy (IARPP) Annual Conference
March 1-4 2012, New York, USA

APA Division of Psychoanalysis, (Division 39) Annual Spring Meeting
April 18-22 2012, Santa Fe, New Mexico, USA

25th European Psychoanalytical Federation (EPF) Annual Conference
March 29-April 1 2012, Paris, France

International Association for Psychoanalytic Self Psychology (IAPSP) Annual Conference
October 18-21 2012, Washington DC, USA

If you would like to submit or discuss your book proposal with our Publisher, Kate Hawes, please email kate.hawes@tandf.co.uk

If you are thinking of publishing a monograph of primary research please contact our Associate Editor, Jane Harris at Jane.Harris@informa.com
New in 2012!

Beyond the Couch Series

Series Editor: Alessandra Lemma
Assistant Editor: Anne Patterson

The New Library of Psychoanalysis Series aims to promote a widespread appreciation of psychoanalysis by supporting interdisciplinary dialogues with those working in social sciences, the arts, medicine, psychology, psychotherapy, philosophy and with the general book reading public. The Beyond the Couch series creates a forum dedicated to demonstrating this wider application of psychoanalytic ideas. These books written primarily by psychoanalysts, specifically address the important contribution of psychoanalysis to contemporary intellectual, social and scientific debate.

www.routledgementalhealth.com/nlp/beyond-the-couch

Engaging with Climate Change
Psychoanalytic and Interdisciplinary Perspectives

Edited by Sally Weintrobe, Institute of Psychoanalysis, London, UK

Why have the human sciences been so slow to address the issue of how people respond to the knowledge that climate change is real and manmade? In this book, contributors from psychoanalysis and a range of related academic fields examine the problems of human engagement and disengagement with climate change and the natural world, covering such topic as:

- apathy, anxiety, guilt, and shame about climate change
- destructive effects of capitalism on the climate
- interface between the individual and the social group
- our relationship with nature
- policy on engaging people about climate change
- effects of enlightenment philosophy on our destructive attitudes towards nature.

Engaging with Climate Change is essential reading for psychoanalysts, climate change policy makers and NGO's, and students and academics from a wide range of subjects including environmental studies, climate science, psychology, sociology, geography, and history.

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Series: Beyond the Couch

www.routledgementalhealth.com/9780415667623

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Under the Skin
A Psychoanalytic Study of Body Modification

Alessandra Lemma, Tavistock and Portman NHS Foundation Trust, London, UK

“With this book, Alessandra Lemma has established herself as one of the most original and creative contributors to psychoanalytic psychotherapy.” - Peter Fonagy, University College London, UK

Under the Skin considers the motivation behind why people pierce, tattoo, cosmetically enhance, or otherwise modify their body, from a psychoanalytic perspective. It discusses how the therapist can understand and help individuals for whom the manipulation of the body is felt to be psychically necessary, regardless of whether the process of modification causes pain.

In this book, psychoanalyst Alessandra Lemma draws on her work in the consulting room, as well as films, fiction, art and clinical research to suggest that the motivation for extensively modifying the surface of the body, and being excessively preoccupied with its appearance, comes from the person’s internal world – under their skin. Topics covered include: body image disturbance; appearance anxiety; body dysmorphic disorder; and the psychological function of cosmetic surgery, tattooing, piercing, and scarification.

Under the Skin provides a detailed study of the challenges posed by our embodied nature through an exploration of the unconscious phantasies that underlie the need for body modification, making it essential reading for all clinicians working with those who are preoccupied with their appearance and modify their bodies including psychotherapists, counsellors, psychiatrists and psychologists.


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Series Editor: Alessandra Lemma
Assistant Editor: Anne Patterson

The New Library of Psychoanalysis Teaching Series extends the aims and achievements of The New Library of Psychoanalysis to those studying psychoanalysis and related fields such as the social sciences, philosophy, literature and the arts. Each text provides a comprehensive yet accessible introduction to the central subjects in psychoanalysis.

www.routledgementalhealth.com/nlp/teaching

Infant Observation

Edited by Frances Salo, University of Melbourne, Australia

*Infant Observation* examines how psychoanalytic thinking on infant observation has evolved since Esther Bick first introduced this innovative practice. Drawing together seminal and new papers, and covering the differences in development in Europe and North and South America, the book explores how infant observation has informed our understanding of child development, and how what is learned in observation can be applied to clinical practice.

Providing a substantial introduction and overall review of infant observation in a wide variety of settings, the book covers such topics as: the role of infant observation in psychoanalytic trainings; the process of observation; the relationships between parent, infant and observer; the ethics of observation; the clinical applications of observation; and the role of research in shaping and informing infant observation.

*Infant Observation* will be useful for students at all stages as well as experienced psychoanalysts who wish to know more about the relevance of infant observation across different psychoanalytic orientations and trainings.

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Initiating Psychoanalysis

Perspectives

Edited by Bernard Reith, in private practice, Geneva, Switzerland, Sven Lagerlöf, Swedish Psychoanalytical Society, Sweden, Penelope Crick, London Clinic of Psychoanalysis, UK, Mette Møller, Danish Psychoanalytic Society, Denmark, and Elisabeth Skale, Vienna Psychoanalytical Society, Austria

“This thoughtful book reminded me how difficult it can be to listen fairly and objectively to our colleagues’ clinical material... I congratulate the editors of this book for offering us a thoughtful, searching and important publication.” - Anne-Marie Sandler, From the Foreword

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Initiating Psychoanalysis presents an international collection of papers brought together by the Working Party on Initiating Psychoanalysis of the European Psychoanalytic Federation and addresses the specific clinical and technical issues involved in launching the processes that are at the core of psychoanalysis and psychoanalytic treatment.

Expert contributors provide introductions and commentaries on a selection of psychoanalytic papers, including one by Freud himself, which refer to beginning psychoanalytic treatment in a wide range of settings. Divided into four main sections, areas of discussion include: historical and conceptual developments in the field; practical, technical and ethical considerations; unconscious transference and counter-transference dynamics of initial interviews; and internal factors that can help or hinder psychoanalysts in their work to initiate psychoanalysis.

This book will be helpful to all psychoanalytical practitioners in thinking about their work in first interviews with prospective patients, as well as psychoanalysts and psychotherapists at all levels of experience, who will be able to use this book to enrich their own practice.

**CONTENTS:**

- Sandler, Foreword.
- Møller, Lagerlöf, Reith, General Introduction.


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Reading Winnicott

Edited by Lesley Caldwell, University College London, UK, and Angela Joyce, Anna Freud Centre, London, UK

“Re-investing in Winnicott through the scholarship and clinical acumen of two present day psychoanalysts and reading him through the data and the interpretation their text affords, offers the reader the benefit of a serious and impressive contribution, not, in my view, attempted so wide-rangingly or so comprehensively before.” - Helen Taylor Robinson, From the Preface

Reading Winnicott brings together a selection of papers by the psychoanalyst and paediatrician Donald Winnicott, providing an insight into his work and charting its impact on the well-being of mothers, babies, children and families.

With individual introductions summarising the key features of each of Winnicott’s papers this book not only offers an overview of Winnicott’s work, but also links it with Freud and later theorists. Areas of discussion include: the relational environment and the place of infantile sexuality; aggression and destructiveness; illusion and transitional phenomena; and theory and practice of psychoanalysis of adults and children.


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The New Library of Psychoanalysis Series

Series Editor: Alessandra Lemma
Assistant Editor: Anne Patterson

The New Library of Psychoanalysis is published by Routledge in association with the Institute of Psychoanalysis, London. Its purpose is to facilitate a greater and more widespread appreciation of psychoanalysis and to provide a forum for increasing mutual understanding between psychoanalysts and those in other disciplines.

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Symbiosis and Ambiguity


Symbiosis and Ambiguity is the long awaited English translation of José Bleger’s original work Simbiosis y Ambiguedad originally published in 1967. When he died in 1972, aged only 49, Bleger had already established a considerable reputation in Argentina. The importance of his work has been widely recognised not only amongst Spanish speaking analysts on both sides of the Atlantic, but also in France and Italy. However, until now knowledge of his work in the English-speaking world has been based on the publication ‘Psycho-analysis of the Psycho-Analytic Frame’, published in the International Journal of Psychoanalysis in 1967, and most of his writings have remained unavailable in English.

Although 40 years old, this book offers English readers a first look at Bleger’s original work, and a fresh perspective to rank alongside to other classic writings on the psychoanalytic setting. Symbiosis and Ambiguity is an exploration of the relationship between symbiosis and ambiguity as psychological phenomena, both in normal mental life and in psychopathology. It presents a distinctive view of early object relations and combines theoretical innovation, detailed clinical illustration, and clinical thinking which makes this book as relevant today as it was when it was first published.

Symbiosis and Ambiguity is a powerful original contribution to psychoanalytic thought whose ideas will be of great interest to psychoanalysts and students alike.

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Donald Winnicott Today
Edited by Jan Abram, in private practice, London, UK

What in Winnicott’s theoretical matrix was truly revolutionary for psychoanalysis? In this book, the editor and contributors provide a rare in-depth analysis of his original work, highlighting the prominence he gave to early psychic development, and how this revolutionised the theory and practice of psychoanalysis.

Including re-publications of selected Winnicott papers to set the scene for the themes and explorations in subsequent chapters, the book examines how he expanded on Freud’s work, and how his discourse with Melanie Klein sharpened his thought and clinical interventions. Divided into 3 sections, it covers:

• introductory overviews of the development of Winnicott’s theoretical matrix
• personal perspectives from eminent psychoanalysts of the influence of Winnicott on their own work
• the influence of Winnicott’s later work on contemporary psychoanalysis.

Drawing on her own extensive knowledge of Winnicott and the expertise of the distinguished contributors, Jan Abram shows us how Winnicott’s influence is fundamental in understanding how psychoanalytic practice and theory is continuing to develop. As such, it will be an inspiration to experienced psychoanalysts, psychotherapists and students alike.

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The Maternal Lineage Identification, Desire and Transgenerational Issues
Edited by Paola Mariotti, in private practice, London, UK

At a time when mothers are bombarded by prescriptive and contradicting advice on how to behave with their children, The Maternal Lineage highlights various psychological aspects of the mothering experience.

International contributors provide clinical examples of frequent and challenging situations that have received scarce attention in psychoanalysis, such as issues of neglect and psychical abuse. The transgenerational repetition from mother to daughter of distressing mothering patterns is evident throughout the book, and may seem inevitable. However, clinical examples and theoretical research indicate that, when the support of partner and friends is not enough, the cycle can be brought to an end if the mother receives psychoanalytic-informed professional help.

FORTHCOMING!

February 2012: 432pp.
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The New Library of Psychoanalysis Series

Creative Readings

Essays on Seminal Analytic Works

Thomas H. Ogden, Psychoanalytic Institute of Northern California, USA

Thomas Ogden is internationally recognized as one of the most creative analytic thinkers writing today. In this book he brings his original analytic ideas to life by means of his own method of closely reading major analytic works. He reads watershed papers in a way that does not simply cast new and discerning light on the works he is discussing, but introduces his own thinking regarding the ideas being discussed in the texts. Ogden offers expanded understandings of some of the most fundamental concepts constituting psychoanalytic theory and practice. He does so by finding in each of the articles he discusses much that the author knew, but did not know that he or she knew. An example of this is how Freud, in his conception of the unconscious workings of mourning and melancholia, was providing the foundation of a theory of unconscious internal object relations. Ogden goes on to provide further re-readings of classic material from the following key contributors to contemporary psychoanalysis: W. R. D. Fairbairn, Donald Winnicott, Wilfred Bion, Hans Loewald, and Harold Searles.

This book is not simply a book of readings, it is a book about reading, about how to read in a way that readers actively rewrite what they are reading, and in so doing makes the ideas truly their own. The concepts that Ogden develops in his readings provide a significant step in the reader’s expansion of his or her understanding of many of the ideas that lie at the cutting edge of contemporary psychoanalysis.

CONTENTS: Some Thoughts on How to Read this Book. Freud’s “Mourning and Melancholia” and The Origins of Object-relations Theory. Reading Susan Isaacs: Toward a Radically

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Also by Thomas H. Ogden

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Projective Identification
The Fate of a Concept
Edited by Elizabeth Spillius and Edna O’Shaughnessy, both at the British Psychoanalytical Society, London, UK

In this book Elizabeth Spillius and Edna O’Shaughnessy explore the development of the concept of projective identification, which had important antecedents in the work of Freud and others, but was given a specific name and definition by Melanie Klein. They describe Klein’s published and unpublished views on the topic, and then consider the way the concept has been variously described, evolved, accepted, rejected and modified by analysts of different schools of thought and in various locations – Britain, Western Europe, North America and Latin America.

The authors believe that this unusually widespread interest in a particular concept and its varied ‘fate’ has occurred not only because of beliefs about its clinical usefulness in the psychoanalytic setting but also because projective identification is a universal aspect of human interaction and communication.

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Avoiding Emotions, Living Emotions

Antonino Ferro, in private practice, Pavia, Italy
Translated by Ian Harvey

Avoiding Emotions, Living Emotions explores the psychoanalytic encounter and examines how emotions are formed and experienced by both the patient and analyst. The author narrates key theoretical concepts through the presentation of clinical material from adult and child analysis and emphasises the importance of being able to foster these narrations.

Offering new insights into how the mind works, topics of discussion include: Bion’s thinking and its fertilization; clinical implications; variations on transference and countertransference; and image and narration.

Providing the reader with clinical exercises and case reports, this book will be of great interest to psychoanalysts, psychotherapists and psychiatrists, as well as being a helpful tool in psychoanalytic and psychotherapeutic work on a day-to-day basis.

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Jorge L. Ahumada, Argentine Psychoanalytic Association, Argentina

“This is an important, illuminating book by one of the few psychoanalysts who are intellectually equipped to deal authoritatively with the crucially important links between our failure to improve methods for evaluating clinical evidence and the culture wars in psychoanalysis in recent decades.”
- Dale Boesky, From the Foreword

This book explores the clinical processes of psychoanalysis by charting modern developments in logic and applying them to the study of insight. Offering an epistemic approach to clinical psychoanalysis this book places value on the clinical interpretations of both the analysand and analyst and engages in a critique on purely linguistic approaches to psychoanalysis, which forsake crucial dimensions of clinical practice.

Drawing on the work of key twentieth century thinkers including Jerome Richfield, Ignacio Matte-Blanco, Gregory Bateson and the pioneering contribution on insight made by James Strachey, topics of discussion include: the structure and role of clinical interpretation; interpretation and creationism; body, meaning and language; and logical levels and transference.

As such, this book will be of great interest to all those in the psychoanalytic field, in particular those wanting to learn more about the study of insight and its relationship to clinical processes of psychoanalysis.

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Seeing and Being Seen
Emerging from a Psychic Retreat
John Steiner, British Psychoanalytical Society, UK

“John Steiner continues the explorations he began in his excellent Psychic Retreats. In the course of fulfilling his aims, he has also summed up and enriched contemporary insight into many other aspects of the work of psychoanalysis.”
- Roy Schafer, From the Foreword

Seeing and Being Seen examines the themes that surface when considering clinical situations where patients feel stuck and where a failure to develop impedes the progress of analysis.

This book analyses the anxieties and challenges confronted by patients as they begin to emerge from the protection of psychic retreats. Divided into three parts, areas of discussion include: embarrassment, shame, and humiliation; helplessness, power, and dominance; and mourning, melancholia, and the repetition compulsion.
As well as offering fresh ideas, Steiner bases his creative and integrative efforts on previous contributions by psychoanalysts including Freud, Klein, Rosenfeld, and Bion. As such, this book will be of interest to psychoanalysts, clinical psychotherapists, and all those with an interest in the psychoanalytic field.

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**Intersubjective Processes and the Unconscious**

An Integration of Freudian, Kleinian and Bionian Perspectives

Lawrence J. Brown, in private practice, Massachusetts, USA

“Lawrence Brown’s work is a tour de force. It is an invaluable and timely work on one of the most important, if not the most important, paradigm changes in analytic technique to date. His work is quantitatively encyclopaedic in its range, and qualitatively is pleasingly and eloquently written.”

- James S. Grotstein, From the Foreword

*Intersubjective Processes and the Unconscious* looks at how the minds of the therapist and the patient interact with each other in a profound and unconscious way: a concept first described by Freud.

This book expands Freud’s ideas further and examines how these have been greatly elaborated by contributions from the Kleinian School as well as from the work of Bion. It explores how, together, patient and therapist co-create a narrative through these unconscious intersubjective processes.

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Lois Oppenheim, Montclair State University, New Jersey, USA

In this book, Lois Oppenheim illustrates the enhancement of the self that creativity affords, the relationship of imagination to the self as agent. The premise of this book is twofold: first, that the imaginary is real, differing from what we commonly take to be reality in structure and in form; second, that enhancement of the self through an increase in agency is facilitated by the biology of reward: The pleasure of increased self-cohesion is ultimately the sine qua non of imaginative thought.

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Contemporary Psychoanalysis and the Legacy of the Third Reich

Emily Kuriloff, William Alanson White Institute, New York, USA

During the 1930s and 1940s, European psychoanalysts held fast to their professional identities despite a profoundly destabilizing reality. From Budapest to Paris the Nazis disrupted the work of this group and threatened their very lives. That psychoanalysis endured, and even flourished in postwar Europe and the Americas, is itself remarkable. And yet, in the end, the 20th century belonged as much to Freud as it did to Hitler. This book begins to explore the myriad ways in which theory and praxis – and thus the course of psychoanalysis – has been and continues to be influenced by this history. Failures in mourning, the plight of the Émigré, identifications both with victims and victimizers, as well as efforts to confront and integrate the personal and professional, are addressed via interviews with such prominent analysts as Otto Kernberg, Martin Bergmann, Anna Ornstein, Jack Drescher, and others, all of whom lived through or are descendants of the Holocaust.

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FORTHCOMING!
Still Practicing
The Heartaches and Joys of a Clinical Career

Sandra Buechler, William Alanson White Institute, New York, USA

“Still practicing” has several meanings. Still practicing suggests that the balance of heartaches and joys must not deter us from pursuing a clinical practice. At the same time, still practicing suggests that for the clinician “practice” never “makes perfect.” We continue to refine our clinical instruments over our entire working lives.

Framed by her previous work on the concept of emotional balance, Sandra Buechler investigates how vicissitudes in a clinical career can have a profound and lasting impact on the clinician’s emotional balance, and considers how the clinician’s resilience is maintained in the face of the personal fallout of a lifetime of clinical practice. At each juncture, from training to early phases of clinical experience, through mid and late career, she asks, what can help us maintain a vital interest in our work? How do we not burn out?

Aimed at the nexus of the personal and theoretical, Still Practicing concentrates on the sadness, feelings of shame, and satisfactions inherent in practice, and encourages newcomers and veterans alike to make career choices mindful of their potential long-term impact on their feelings about being therapists.


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Both in the Psychoanalysis in a New Key Book Series
Dancing with the Unconscious

The Art of Psychoanalysis and the Psychoanalysis of Art

Danielle Knafo, Long Island University, New York, USA

“Danielle Knafo has written a compelling and enlightening book, a testimony to the depths of the creative spirit... She brings out dimensions of the creative unconscious that add to our appreciation of being alive.” - Michael Eigen, author, Contact with the Depths and Faith and Transformation

Combining theory and therapy – the clinic and the studio – Danielle Knafo’s Dancing with the Unconscious extends the dialogue between psychoanalysis and art and shows how each discipline informs the other. The first chapter in Part I frames Knafo’s discussion of the analytic encounter by describing it as a dance performed by two unconscious minds. Through the narration of a treatment with a transgendered patient’s struggle with unconscious conflict, she demonstrates the profound creative possibilities inherent in free association, transference, and dream work. Part II begins with a provocative analysis of the dreams of Freud and Jung and shows how unconscious contents reveal the genesis of each psychologist’s respective theory. Chapters that follow include a re-evaluation of the film Blue Velvet through the lens of the primal scene, the symbolic expression of trauma and the attempt to repair it in the art of Egon Schiele and Ana Mendieta, and the spellbinding, sadomasochistic vision of writer and artist Bruno Schulz.


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Money Talks
in Therapy, Society, and Life
Edited by Brenda Berger, Columbia University, New York, USA, and Stephanie Newman, in private practice, New York, USA

“Money has always been the dirtiest topic in psychoanalysis. It is avoided in scientific papers, clinical case conferences, and analytic seminars. With auspicious timing, this new collection of thoughtful contributions brings the subject into the light of day... This book is a must read for both beginning and experienced analysts.” - Glen O. Gabbard, author, Love and Hate in the Analytic Setting

Sometimes referred to as “the last taboo,” money has remained something of a secret within psychoanalysis. Ironically, while it is an ingredient in almost every encounter between analyst and patient, the analyst’s personal feelings about money are rarely discussed openly or in any great depth. So what is it about money that relegates it to the background, both on the couch and off? In Money Talks, Brenda Berger, Stephanie Newman, and their excellent cast of contributors address this and other questions surrounding the tender topic of money, how we talk about it, and how it talks to us. Its multiple meanings are explored in the contexts of patients and analysts and the ways in which they relate, in the training and practice of the analysts themselves, as well as the psychological and cultural consequences of having too much or too little in both flush and tight economic times. Throughout, a clinical sensibility is brought to bear on money’s softly spoken place in therapy and life. Money Talks paves the way for an open discourse into the psychology of money and its pervasive influence on the psyche of both patient and analyst.


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Nothing Good is Allowed to Stand
An Integrative View of the Negative Therapeutic Reaction
Edited by Leon Wurmser, University of West Virginia, USA, and Heidrun Jarass, in private practice, Germany

Work with patients with severe neuroses very often has to cope with the phenomenon that every progress in the analytic or therapeutic work is followed paradoxically by a clinical deterioration. There are a number of dynamic factors that converge to bring about this negative therapeutic reaction, including many-layered guilt and shame, aspects of envy and jealousy, attachment to negative affects, turning trauma from passive to active, conflicts within the superego, and the defensive use of omnipotence of responsibility. In Nothing Good is Allowed to Stand, Wurmser, Jarass, and their colleagues consider these and other factors insightfully.

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Affective Attachments, Intersubjective Regulations, and Human Understanding
Edited by Irene Harwood, New Center for Psychoanalysis, California, USA, Walter Stone, University of Cincinnati, USA, and Malcolm Pines, International Association for Group Psychotherapy

Since the publication of Self Experiences in Group in 1998 – the first book to apply self psychology and intersubjectivity to group work – there have been tremendous advancements in the areas of affect, attachment, infant research, intersubjective regulation, motivational theory, neurobiology, philosophy, somatic understanding, and trauma. Carefully edited by Irene Harwood, Walter Stone, and Malcolm Pines, Self Experiences in Group, Revisited is a completely revised and updated application of self-psychological and intersubjective perspectives to couples, family, and group work, incorporating many of these recent findings and theories of the past decade.

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“This book represents a giant leap forward in how we communicate about psychotherapeutic technique. Not only will readers acquire literally hundreds of critical understandings about how to treat patients presenting with panic and anxiety disorders, but educators and researchers finally have a model of how psychodynamic technique can be communicated in a simple, readily accessible manner without the jargon and with all unnecessary rhetoric removed.” - Peter Fonagy, University College London, UK

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Utilizing the post-Cartesian psychoanalytic approach of phenomenological contextualism, as well as almost 50 years of clinical experience, George Atwood presents detailed case studies depicting individuals in crisis and the successes and failures that occurred in their treatment. Topics range from depression to schizophrenia, bipolar disorder to dreams, dissociative states to suicidality. Throughout is an emphasis on the underlying essence of humanity demonstrated in even the most extreme cases of psychological and emotional disturbance, and both the surprising highs and tragic lows of the search for the inner truth of a life – that of the analyst as well as the patient.


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Robert D. Stolorow, Institute of Contemporary Psychoanalysis, California, USA

“Stolorow has become, in my view and those of others, one of the country’s pre-eminent thinkers on the subject of trauma... Stolorow is both insightful and compassionate... For those interested in how Heidegger’s existential philosophy can enrich psychoanalysis, or those alternatively intrigued by how contemporary psychoanalysis can deepen an understanding of Heidegger’s thought, I can recommend World, Affectivity, Trauma without reservation. For both the professional clinician and the motivated general reader, it is a bracing, challenging and, ultimately, deeply rewarding work.” - Dennis Palumbo, The Huffington Post

Stolorow and his collaborators’ post-Cartesian psychoanalytic perspective – intersubjective-systems theory – is a phenomenological contextualism that illuminates worlds of emotional experience as they take form within relational contexts. After outlining the evolution and basic ideas of this framework, Stolorow shows both how post-Cartesian psychoanalysis finds enrichment and philosophical support in Heidegger’s analysis of human existence, and how Heidegger’s existential philosophy,
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Chris Jaenicke, in private practice, Berlin, Germany

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Paul Renn, in private practice, London, UK

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Drawing on research in the fields of cognitive and developmental psychology, attachment, trauma, and neuroscience, as well as 20 years in forensic and private practice, Paul Renn deftly illustrates the ways in which this research may be used to inform an integrated empirical/hermeneutic model of clinical practice. He suggests that silent, invisible processes derived from the past maintain non-optimal ways of experiencing and relating in the present, and that a neuroscience understanding of the dynamic nature of memories, and of the way in which the implicit and explicit memory systems operate and interact, is salient to a concomitant understanding of trauma, personality development, and therapeutic action.


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Nancy Chodorow, in her groundbreaking book *The Reproduction of Mothering*, quite simply changed the conversation in at least three areas of study: psychoanalysis, women’s studies, and sociology. In her latest book, *Individualizing Gender and Sexuality*, she examines the complexity and uniqueness of each person’s personal creation of sexuality and gender and the ways that these interrelate with other aspects of psychic and cultural life. She brings her well-known theoretical agility, wide-ranging interdisciplinarity, and clinical experience to every chapter, advocating the clinician’s openness, curiosity, and theoretical pluralism. The book begins with reflections on Freud’s *Three Essays on the Theory of Sexuality*, followed by considerations of Melanie Klein and Stephen Mitchell, as well as on her own work and on the postmodern turn in psychoanalytic gender theory. Subsequent chapters address contemporary clinical-cultural issues such as women and work, women and motherhood, and men and violence.


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Elizabeth F. Howell, International Society for the Study of Dissociation, New York, USA

“Howell’s inspiring range of scholarship and clinical perceptiveness is so deeply embedded in her wisdom, that I strongly anticipate this book being an invaluable resource for all mental health practitioners of all orientations.”
- Philip M. Bromberg, author, The Shadow of the Tsunami, Awakening the Dreamer, and Standing in the Spaces

Building on the comprehensive theoretical model of dissociation elegantly developed in The Dissociative Mind, Elizabeth Howell makes another invaluable contribution to the clinical understanding of dissociative states with Understanding and Treating Dissociative Identity Disorder. Howell, working within the realm of relational psychoanalysis, explicates a multifaceted approach to the treatment of this fascinating yet often misunderstood condition, which involves the partitioning of the personality into part-selves that remain unaware of one another, usually the result of severely traumatic experiences.

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With Culture in Mind
Psychoanalytic Stories

Edited by Muriel Dimen, New York University, USA

“This is an extraordinary collection. In just a few pages of clinical case material, each author remarkably manages to shatter any illusions one might hold that the psychic and the social are separable... Seamlessly blending high theory with experience-near clinical encounters, this book is a major contribution to a non-normative psychoanalysis.” - Lynne Layton, Psychoanalysis, Culture & Society

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Edited by Clare Winnicott, Ray Shepherd and Madeleine Davis

“Winnicott was a healer with the qualities of a parent, a magician, a teacher, a poet and a friend. The editors of this book have done a great service in collecting and arranging papers dating from the experiences of the evacuation in the Second World War up to some of Winnicott’s continued explorations of his own philosophy.” - The British Medical Journal

D. W. Winnicott was one of the giants of child psychiatry and psychoanalysis. He argued eloquently for an increased sensitivity to children, their development and their needs. Deprivation and Delinquency is an invaluable collection of his work on the theme of the relationship between antisocial behaviour, or more chronically delinquency, and childhood experiences of deprivation. Winnicott examines children under stress, the nature and origin of antisocial tendency and the practical management of difficult children – issues which have once again exploded onto the social agenda.


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Bothered By Alligators

Marion Milner

New Introduction by Margaret Walters

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Milner’s final text, Bothered by Alligators, came about when, in her nineties, she unexpectedly came across a diary she had kept during the early years of her son’s life, recording his conversations and play between the ages of two and nine. With it was a storybook written and illustrated by him when he was about seven years old. Whilst working on the material, Milner gradually realised that both diary and storybook were provoking questions she realised had scarcely been asked, let alone answered in her own analysis. Through her memories, her notebooks and by interpreting her own previously discarded drawings and paintings, she reaches a point of awareness that they were depicting things she did not know in herself, addressing her relationships not only with her son but also with her husband, her father, and in particular, her mother.

A Life of One’s Own
Marion Milner
New Introduction by Rachel Bowlby

How often do we ask ourselves, ‘What will make me happy? What do I really want from life?’ In A Life of One’s Own Marion Milner explores these questions and embarks on a seven year personal journey to discover what it is that makes her happy. On its first publication, W. H. Auden found the book ‘as exciting as a detective story’ and, as Milner searches out clues, the reader quickly becomes involved in the chase. Using her own personal diaries, kept over many years, she analyses moments of everyday life and discovers ways of being, of looking, of moving, that bring surprising joy – ways which can be embraced by anyone.

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Mark Leffert, in private practice, Santa Barbara, USA

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Jon Mills, in private practice, Ontario, Canada

“Jon Mills makes admirable use of his double training as philosopher and practicing psychoanalyst in Conundrums. In this book, he discusses both the improvements and the deficiencies of contemporary relational psychoanalysis, both on the basis of theory and his clinical experience... A remarkable and compelling book.” - Wilfried Ver Eecke, Georgetown University, Washington, DC, USA

This is the first book of its kind to offer a sustained critique of contemporary psychoanalytic thought favoring relational, postmodern, and intersubjective perspectives, which largely define American psychoanalysis today. Conundrums turns
an eye toward the philosophical underpinnings of contemporary theory; its theoretical relation to traditional psychoanalytic thought; clinical implications for therapeutic practice; political and ethical ramifications of contemporary praxis; and its intersection with points of consilience that emerge from these traditions. Central arguments and criticisms advanced throughout the book focus on operationally defining the key tenets of contemporary perspectives; the seduction and ambiguity of postmodernism; the question of selfhood and agency; illegitimate attacks on classical psychoanalysis; the role of therapeutic excess; contemporary psychoanalytic politics; and the question of consilience between psychoanalysis as a science versus psychoanalysis as part of the humanities.


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**An Accident of Hope**

*The Therapy Tapes of Anne Sexton*

Dawn M. Skorczewski, Brandeis University, Massachusetts, USA

“Dawn Skorczewski explores this explosive material with delicacy and a sensitive hand. While An Accident of Hope links the contours of Anne Sexton’s deep-seated emotions – both the joy and the anguish – and the intertwined roots of her poetry, it simultaneously gives us a compelling read that never, ever, disappoints.” - Linda Gray Sexton, author, *Half in Love* and *Searching for Mercy Street*

In 1956, Anne Sexton was admitted into a mental hospital for post-partum depression, where she met Dr. Martin Orne, a young psychoanalytic psychiatrist who treated her for the next eight years. In that time Sexton would blossom into a world-famous poet, best known for her “confessional” poems dealing with personal subjects not often represented in poetry at that time: mental illness, depression, suicide, sex, abortion, women’s bodies, and the ordinary lives of mothers and housewives. Orne audiotaped the last three years of her therapy to facilitate her ability to remember their sessions. The final six months of these tapes are the focus of this book.
In *An Accident of Hope*, Dawn Skorczewski links the content of the therapy with poetry excerpts, offering a rare perspective on the artist’s experience and creative process. We can see Sexton attempting to make sense of her life and therapy and to sustain her confidence as a major poet, while struggling with the impending loss of Orne, who was moving elsewhere.


February 2012: 264pp.
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**The Power of Witnessing**

**Reflections, Reverberations, and Traces of the Holocaust: Trauma, Psychoanalysis, and the Living Mind**

Edited by Nancy R. Goodman, New York Freudian Society (Washington, DC Program), USA, and Marilyn B. Meyers, Washington School of Psychiatry, Washington, DC, USA

“Thank you to Nancy Goodman and Marilyn Meyers for the gift of The Power of Witnessing. Once you start this remarkable book, you don’t want to put it down... I thank Nancy and Marilyn for this incredible privilege and what they have given the world.” - Carolyn Ellman, Editor, *The Modern Freudians*

Witnessing comes in as many forms as the trauma that gives birth to it. The Holocaust, undeniably one of the greatest traumatic events in recent human history, still resonates into the twenty-first century. The echoes that haunt those who survived continue to reach their children and others who did not share the experience directly. In what ways is this massive trauma processed and understood, both for survivors and future generations?

The answer, as deftly illustrated by Nancy Goodman and Marilyn Meyers, lies in the power of witnessing: the act of acknowledging that trauma took place, coupled with the desire to share that knowledge with others to build a space in which to reveal, confront, and symbolize it. As the contributors to this book demonstrate, testimonial writing and memoir, artwork, poetry, documentary, theater, and even the simple recollection of a memory are ways that honor and serve as forms of witnessing.

The Importance of Suffering

The Value and Meaning of Emotional Discontent

James Davies, University of Roehampton, London, UK

In this book James Davies considers emotional suffering as part and parcel of what it means to live and develop as a human being, rather than as a mental health problem requiring only psychiatric, antidepressant or cognitive treatment. This book therefore offers a new perspective on emotional discontent and discusses how we can engage with it clinically, personally and socially to uncover its productive value.

The Importance of Suffering explores a relational theory of understanding emotional suffering suggesting that suffering does not spring from one dimension of our lives, but is often the outcome of how we relate to the world internally in terms of our society, culture and the world around us. Davies suggests that suffering is a healthy call-to-change and shouldn’t be chemically anesthetised or avoided. The book challenges conventional thinking by arguing that if we understand and manage suffering more holistically, it can facilitate individual and social transformation in powerful and surprising ways.


Hb: 978-0-415-66779-1: £65.00/$99.00
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The Suffering Stranger

Hermeneutics for Everyday Clinical Practice

Donna M. Orange, Institute for the Psychoanalytic Study of Subjectivity, New York, USA

“The Suffering Stranger recognizes the commonality of suffering and estrangement that plagues therapist and patient alike and offers a perspective that can move us beyond suffering to connect with ourselves and others.” - Frank M. Lachmann, author, Transforming Narcissism

Utilizing the hermeneutics of Hans-Georg Gadamer and the ethics of Emmanuel Lévinas, The Suffering Stranger invigorates the conversation between psychoanalysis and philosophy, demonstrating how each is informed by the other and how both are strengthened in unison. Orange turns her critical (and clinical) eye toward five major psychoanalytic thinkers – Sándor Ferenczi, Frieda Fromm-Reichmann, D. W. Winnicott, Heinz Kohut, and Bernard Brandchaft – investigating the hermeneutic approach of each and engaging these innovative thinkers precisely as interpreters, as those who have seen the face and heard the voice of the other in an ethical manner.

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Also by Donna M. Orange

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Frie/Orange, Eds.: Beyond Postmodernism
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Why Things Matter

The Place of Values in Science, Psychoanalysis and Religion

David M. Black, in private practice, London, UK

In this book, David M. Black asks questions such as ‘why do we care?’ and ‘what gives our values power?’ using ideas from psychoanalysis and its adjacent sciences such as neuroscience and evolutionary biology in order to do so.

Why Things Matter explores how the comparatively new scientific discipline of consciousness studies requires us to
recognize that subjectivity is as irreducible a feature of the world as matter and energy. Necessarily inter-disciplinary, this book draws on science, philosophy and the history of religion to argue that there can be influential values which are not based exclusively on biological need or capricious life-style choices. It suggests that many recent scientific critics of religion, including Freud, have failed to see clearly the issues at stake.

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Also from David M. Black

Psychoanalysis and Religion in the 21st Century
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Women’s Bodies in Psychoanalysis
Rosemary M. Balsam, Yale School of Medicine, Connecticut, USA

Why has the female body been marginalised in psychoanalysis, with a focus on female problems and pains only? How can we begin to think about body pleasure, power, competition and aggression as normal in females? In Women’s Bodies in Psychoanalysis, Rosemary Balsam argues that re-tracing theoretical steps back to the biological body’s attributes is fruitful in searching the clues of our mental development. She shows that the female biological body, across female gender variants and sexual preferences, including the ‘vanished pregnant body’, has been largely overlooked in previous studies. It is how we weave these images of the body into our everyday lives that informs our gendered patterning. These details about being female free up gender studies in the postmodern era to think about the body’s contribution to gender – rather than continuing the familiar postmodern trend to repudiate biology and perpetuate the divide between the physical and the mental.

There are four main areas explored: clinical contributions on female development; assessments of past and present psychoanalytic theories in relation to the body; inner portraits of gender building blocks; and a conscious and unconscious focus on the potentially procreative female body.

Women’s Bodies in Psychoanalysis will be of particular interest to psychodynamic, psychotherapeutic and psychoanalytic practitioners, teachers, students, feminist academicians, college undergraduates, graduates and faculty in women’s studies and gender studies.

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Thirteen Ways of Looking at a Man
Psychoanalysis and Masculinity
Donald Moss, New York University, USA

The idea of masculinity – of what it means to be a man – has been through a long process of revision in recent decades. In this book, Donald Moss considers how one can define oneself as a man in contemporary society, whether one identifies as predominantly heterosexual, homosexual or some other form of male sexuality.

Part I looks at the lifelong labour faced by boys and men of assessing themselves in relation to an always shifting, always receding, ideal of “masculinity”. In Part II, Moss considers a series of nested issues regarding homosexuality, homophobia and psychoanalysis. Part III focuses on the interface between the body experienced as a private entity and the body experienced as a public entity – the body experienced as one’s own and the body subject to the judgments, regulations and punishments of the external world. The final part looks at men and violence. Men must contend with the entwined problems of regulating aggression and figuring out its proper level, aiming to avoid both excess and insufficiency. This section focuses on excessive aggression and its damaging consequences, both to its object and to its subjects.

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Perversion
A Lacanian Psychoanalytic Approach to the Subject
Stephanie S. Swales, Duquesne University, Pennsylvania, USA

In Perversion, Stephanie Swales provides a close reading (a qualitative hermeneutic reading) of what Lacan said about perversion and its substructures (i.e., fetishism, voyeurism, exhibitionism, sadism, and masochism). Lacanian theory is carefully explained in accessible language, and perversion is elucidated in terms of its etiology, characteristics, symptoms, and fundamental fantasy. Referring to sex offenders as a sample, she offers clinicians a guide to making differential diagnoses between psychotic, neurotic, and perverse patients, and provides a treatment model for working with perversion versus neurosis.

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*The Surface Effect*

The Screen of Fantasy in Psychoanalysis

André Nusselder

In this book André Nusselder argues that our need for mature self-knowledge can only be provided by a theory of fantasy that shows the core of human existence is where nature and culture meet. Based on the work of Jacques Lacan, Nusselder elaborates Lacan's theory, showing how the human mind is a composite function of language, body and social world and how fantasy is the fundamental process to study this effect. The book analyses fantasy as a medium, both creative and protective, operating between anxiety and excess. It focuses on the role of fantasy in psychoanalysis, and follows its path towards reflections on mediation and new media.

November 2012: 184pp.
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*The Emptiness of Oedipus*

Identification and Non-Identification in Lacanian Psychoanalysis

Raul Moncayo, Lacanian School of Psychoanalysis, California, USA

“This book is a landmark. Far beyond another elucidation of Lacanian theory and practice this book is the first innovation that extends Lacanian and Freudian approaches to contemporary ethos and environments.” - Andre Patsalides, University of Louvain, Belgium

Lacan’s seminar on identification marks a turning point from the early to the later years of his work. In this book, Raul Moncayo builds on many of the concepts that Lacan developed in his seminar, focusing on the relationship between the unary trait and narcissism that occurs via ruling ideas, master signifiers, and the objet a as a part object and a partial form of identification.

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Between Winnicott and Lacan
A Clinical Engagement
Edited by Lewis A. Kirshner, Boston Psychoanalytic Institute, Massachusetts, USA

“These essays, rich in clinical material, will intrigue all who are interested in the talking cure.” - Patricia Gherovici, author, Please Select Your Gender

D. W. Winnicott and Jacques Lacan, two of the most innovative and important psychoanalytic theorists since Freud, are also seemingly the most incompatible. And yet, in different ways, both men emphasized the psychic process of becoming a subject or of developing a separate self, and both believed in the possibility of a creative reworking or new beginning for the person seeking psychoanalytic help. The possibility of working between their contrasting perspectives on a central issue for psychoanalysis – the nature of the human subject and how it can be approached in analytic work – is explored in this book. Their differences are critically evaluated, with an eye toward constructing a more effective psychoanalytic practice that takes both relational and structural-linguistic aspects of subjectivity into account.

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Lacanian Psychotherapy
Theory and Practical Applications
Michael J. Miller, State University of New York, USA

“Therapists of all persuasions will relish Michael Miller’s lucid, beautifully written discussion of the use of Lacan’s work in clinical practice... The level of detail provided in his case studies is unrivaled. A fabulous achievement!” - Bruce Fink, Duquesne University, Pennsylvania, USA

The work of Jacques Lacan is associated more with literature and philosophy than mainstream American psychology, due in large part to the dense language he employs in articulating his theory – often at the expense of clinical illustration. As a result, his contributions are frequently fascinating, yet their utility in the therapeutic setting can be difficult to pinpoint. Lacanian Psychotherapy fills in this clinical gap by presenting theoretical discussions in clear, accessible language and applying them to several chapter-length case studies, thereby demonstrating their clinical relevance. The central concern of the book is the usefulness of Lacan’s notion that the unconscious is structured like and by language.

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Psychoanalytic Understanding
The Analytic Attitude and Its Romantic Roots

Robert Snell, in private practice, East Sussex, UK

Robert Snell is an experienced psychoanalytic psychotherapist and art historian, who in this book explores what Freud termed “freely” or “evenly suspended attention”: a form of listening; a kind of receptive incomprehension in psychoanalysis and psychotherapy. It also explores how works of art and literature which elicit and require such receptive incomprehension began to appear, in abundance, in late eighteenth-century Europe. This book immerses the reader in the emotional, critical and contextual worlds of some artists and poets of Romanticism. Psychoanalytic Understanding is highly topical in that it counters a growing tendency in psychoanalysis and psychotherapy towards “evidence based” practice.

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Self Within Marriage
The Foundation for Lasting Relationships

Richard M. Zeitner, Greater Kansas City Psychoanalytic Institute, Missouri, USA

“This book will enrich your understanding of marriage, as it has mine... It is destined to become a classic.” - David E. Scharff, International Psychotherapy Institute, Maryland, USA

Self Within Marriage combines the theoretical orientations of object-relations theory, self-psychology, and systems theory as a way of understanding and working with couples and individuals whose relationship and emotional difficulties have centered on the common conundrum of balancing individuality and intimacy.

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The Christopher Bollas Reader

Christopher Bollas, British Psychoanalytical Society, London, UK

Introduction by Arne Jemstedt

This reader brings together a selection of seminal papers by Christopher Bollas. Essays such as “The Fascist State of Mind,” “The Structure of Evil,” and “The Functions of History” have established his position as one of the most significant cultural critics of our time. Also included are examples of his psychoanalytical writings, such as “The Transformational Object” and “Psychic Genera,” that deepen and renew interest
in unconscious creative processes. Two recent essays, “Character and Interformality” and “The Wisdom of the Dream” extend his work on aesthetics and the role of form in everyday life.

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The New Dictionary of Kleinian Thought


The New Dictionary of Kleinian Thought provides a comprehensive and wholly accessible exposition of Kleinian ideas. Offering a thorough update of R. D. Hinshelwood’s highly acclaimed original, this book draws on the many developments in the field of Kleinian theory and practice since its publication.

The book first addresses twelve major themes of Kleinian psychoanalytic thinking in scholarly essays organised both historically and thematically. Themes discussed include: unconscious phantasy, child analysis; the paranoid schizoid and depressive positions, the oedipus complex; and projective identification, symbol formation.

Following this, entries are listed alphabetically, allowing the reader to find out about a particular theme – from Karl Abraham to Whole Object – and to delve as lightly or as deeply as needed. As such this book will be essential reading for psychoanalysts and psychotherapists, as well as all those with an interest in Kleinian thought.

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Loneliness and Longing
Conscious and Unconscious Aspects
Edited by Brent Willock, Toronto Institute for Contemporary Psychoanalysis, Ontario, Canada, Lori C. Bohn, The William Alanson White Institute, New York, USA, and Rebecca Coleman Curtis, Adelphi University, New York, USA
“A fascinating, original contribution to a neglected area in the psychoanalytic literature, with wide and deep ramifications.”
- Karl Loszak, in private practice, Ontario, Canada
We all experience loneliness at some time in our lives and it often motivates people, consciously or otherwise, to enter treatment. Yet it is rarely explicitly addressed in psychoanalytic literature. Loneliness and Longing rectifies this oversight by thoroughly exploring this painful psychological state. In this book contributors address the inner sense of loneliness – that is feeling alone even in the company of others – by drawing on different aspects of loneliness and longing. Topics covered include: loneliness in the consulting room; the relationship between loneliness and love; the effects of social networking and the internet; how loneliness changes throughout the life-cycle; and healing the analyst’s loneliness.
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Psychoanalysis and Ecology at the Edge of Chaos
Complexity Theory, Deleuze|Guattari and Psychoanalysis for a Climate in Crisis
Joseph Dodds, Charles University, Prague, Czech Republic
This book argues that psychoanalysis has a unique role to play in the climate change debate through its placing emphasis on the unconscious dimensions of our mental and social lives. Exploring contributions from Freudian, Kleinian, Object Relations, Self Psychology, Jungian, and Lacanian

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tradi9ons, the book discusses how psychoanalysis can help to unmask the anxieties, deficits, conflicts, phantasies and defences crucial in understanding the human dimension of the ecological crisis.

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The Shadow of the Tsunami and the Growth of the Relational Mind

Philip M. Bromberg, William Alanson White Institute, New York, USA

“Philip Bromberg has made it clear why he is widely regarded as the doyen of relational psychoanalysis... Whether you are brand new to the field or a senior analyst – read it!” - Lewis Aron, NYU Postdoctoral Program in Psychotherapy and Psychoanalysis, USA

In his fascinating third book, Philip Bromberg deepens his inquiry into the nature of what is therapeutic about the therapeutic relationship.


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Beginnings
The Art and Science of Planning Psychotherapy
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Mary Jo Peebles, in private practice, Maryland, USA

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The Analysis of Failure
An Investigation of Failed Cases in Psychoanalysis and Psychotherapy

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“Arnold Goldberg has succeeded in writing an illuminating account of a study of a very difficult subject: failure... It is beautifully written, philosophically sophisticated, and clinically wise.” — Arnold Richards, New York Psychoanalytic Institute, USA

Psychotherapy and psychoanalysis don’t always work. Inevitably, a therapy or analysis may fail to alleviate the suffering of the patient. The reasons why this occurs are as manifold as the patients and analysts themselves, and often times are a source of frustration and vexation to clinicians, who aren’t always eager to discuss them. Taking the challenge head-on, Arnold Goldberg proposes to demystify failure in an effort to determine its essential meaning before determining its causes. Utilizing multiple vignettes of failed cases, he offers a deconstruction and a subsequent taxonomy of failure, delineating cases that go bad after six months from cases that never get off the ground, mismatches from impasses, failures of empathy from failures of inattention.

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The Therapist’s Answer Book
Solutions to 101 Tricky Problems in Psychotherapy

Jerome Blackman, Eastern Virginia Medical School, USA

The Therapist’s Answer Book confronts the universal, common, unusual, and rare problems that arise for practitioners during psychotherapeutic treatment. For the majority of questions, Dr. Blackman discusses a variety of answers depending on the person in treatment, the stage of treatment, and other factors. Overall, readers will learn that there are no unitary answers to any of the questions, each one has innumerable circumstances and factors, and therefore answers. Instead, Dr. Blackman instructs readers on the thinking process and equips practitioners and students with the background knowledge and problem-solving techniques necessary to handle difficulties in their practice.

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Jeffrey Binder and Ephi J. Betan, both at Argosy University, Georgia, USA

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What Made Freud Laugh
An Attachment Perspective on Laughter
Judith Kay Nelson, in private practice, California, USA

Books on humor, comedy and positive emotions are plentiful. The literature on attachment is growing daily. However, there is no book that links the two topics and few books that deal with laughter as anything more than a by-product of humor – and none of them has a clinical focus. What Made Freud Laugh fills a dual need: it explores the psychological meaning of laughter, including distinguishing it from humor, and uses attachment theory and research to provide practical clinical insights and applications to the understanding of laughter within the therapeutic relationship.

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Alfred Adler Revisited
Edited by Jon Carlson, Governors State University, Illinois, USA, and Michael P. Maniacci, in private practice, Illinois, USA

Alfred Adler was one of the most influential thinkers in psychotherapy – a physician, psychiatrist, author, and professor who wanted to answer the questions that plagued people during a significant time in history. His original ideas serve as a foundation for most modern theories of counseling and psychotherapy, ideas and writings that are brought back to life in this volume.

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Humanistic Perspectives on Contemporary Counseling Issues
Edited by Mark B. Scholl, East Carolina University, North Carolina, USA, A. Scott McGowan, Long Island University, New York, USA, and James T. Hansen, Oakland University, California, USA

The purpose of this book is to explore and present humanistic perspectives on contemporary social and counseling issues. It will provide a single resource for counselors and therapists identifying and describing effective approaches founded on humanistic principles.

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Survivors of Addiction
Narratives of Recovery

Mary Addenbrooke, in private practice, UK

“All mental health professionals carry addicted individuals in their practices and will be grateful to learn from this fine book.”
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Survivors of Addiction draws on first-hand narratives to provide an overview of how and why people become addicted, and explores what happens after the addiction is left behind. By considering psychodynamic and Jungian perspectives as well as the clinical vignettes, this book examines the process of recovery from addiction. It will be key reading for therapists, clinicians and healthcare workers who encounter addictions in their day to day professions.

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The Primordial Mind in Health and Illness
A Cross-Cultural Perspective

Michael Robbins, Boston Psychoanalytic Society, Massachusetts, USA

The universal quest to create cosmologies – to comprehend the relationship between mind and world – is inevitably limited by the social, cultural and historical perspective of the observer, in this instance western psychoanalysis. In this book Michael Robbins attempts to transcend such contextual limitations by putting forward a primordial form of mental activity that co-exists alongside thought and is of equal importance in human affairs.

This book challenges the western assumption that knowledge is synonymous with rational thought and that the aspect of mind that is not thought is immature, irrational, regressive and pathological. Robbins illustrates the central role of primordial mental activity in spiritual cultures analogous to that of thought in western culture as well as its significant contributions to numerous other phenomena including dreaming, language, creativity, shamanism and psychosis.

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Exploring the Curious Domain of the Psychosomatic Disorders

Richard Kradin, Massachusetts General Hospital, USA

Unlike other texts on the subject, this book aims to provide a well-integrated approach to the diagnosis and treatment of the pervasive effects of the mind/body splitting that lead to somatoform disorders. Kradin explores the spectrum of currently recognized disorders with reference to the DSM-V formulations, as well as the medical, psychobiological, psychodynamic, and cognitive-behavioral approaches to these disorders. Additionally, it explores the role of developmental trauma in pathogenesis, and how stress, modulation, body-oriented therapies, Jungian-oriented embodied imaginal work, and psychopharmacological interventions can be integrated in the treatment of these disorders.


August 2012: 228pp.
Hb: 978-0-415-87750-3: £22.50/$40.00

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The Ecocritical Psyche

Literature, Evolutionary Complexity and Jung

Susan Rowland, Pacifica Graduate Institute, California, USA

The Ecocritical Psyche unites literary studies, ecocriticism, Jungian ideas, mythology and complexity evolution theory for the first time, developing the aesthetic aspect of psychology and science as deeply as it explores evolution in Shakespeare and Jane Austen.

In this book, Susan Rowland scrutinizes literature to understand how we came to treat ‘nature’ as separate from ourselves and encourages us to re-think what we call ‘human.’ By digging into symbolic, mythological and evolutionary fertility in texts such as The Secret Garden, The Tempest, Wuthering Heights and The Lion, the Witch and the Wardrobe, the book argues that literature is where the imagination, estranged from nature in modernity, is rooted in the non-human other.

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Midlife Transformation in Literature and Film

Jungian and Eriksonian Perspectives

Steven F. Walker, Rutgers, The State University of New Jersey, USA

In this book Steven F. Walker considers the midlife transition from a Jungian and Eriksonian perspective by providing vivid and powerful literary and cinematic examples that illustrate the psychological theories in a clear and entertaining way. It will be essential reading for anyone studying Jung, Erikson, or the midlife transition.

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The Thinking Heart

Three Levels of Psychoanalytic Therapy with Disturbed Children

Anne Alvarez, Tavistock Clinic, London, UK

The Thinking Heart is a natural sequel to Live Company, Anne Alvarez’s highly influential and now classic book about working with severely disturbed and damaged children. Building on 50 years’ experience as a child and adolescent psychotherapist, Alvarez uses detailed and vivid clinical examples of different interactions between therapist and client, and explores the reasons why one type of therapeutic understanding can work rather than another.

In The Thinking Heart, Alvarez identifies three different levels of analytic work and communication: the explanatory level – the “why – because”; the descriptive level – the “whatness” of what the child feels; and the intensified vitalizing level – gaining access to feeling itself for children with chronic dissociation, despairing apathy or ‘undrawn' autism.

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Live Company


www.routledgementalhealth.com/9780415060974
Minding the Child

Mentalization-Based Interventions with Children, Young People and their Families

Edited by Nick Midgley, Anna Freud Centre, London, UK, and Ioanna Vrouva, University College London, UK

*Minding the Child* considers the implications of the concept of mentalization for a range of therapeutic interventions with children and families. Mentalization, and the empirical research which has supported it, now plays a significant role in a range of psychotherapies for adults. In this book we see how these rich ideas about the development of the self and interpersonal relatedness can help to foster the emotional well-being of children and young people in clinical practice and a range of other settings.

With contributions from a range of international experts, the three main sections of the book explore: the concept of mentalization from a theoretical and research perspective; the value of mentalization-based interventions within child mental health services; and the application of mentalizing ideas to work in community settings.

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Even If It Costs Me My Life
Systemic Constellations and Serious Illness

Stephan Hausner, in private practice, Germany
Translated by Colleen Beaumont

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