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American Psychoanalytic Association (APsaA) National Meeting
10-15 January 2012, New York, USA

The International Association for Relational Psychoanalysis and Psychotherapy (IARPP) Annual Conference
1-4 March 2012, New York, USA

25th European Psychoanalytical Federation (EPF) Annual Conference
29 March-1 April 2012, Paris, France

APA Division of Psychoanalysis, (Division 39) Annual Spring Meeting
18-22 April 2012, Santa Fe, New Mexico, USA

International Association for Psychoanalytic Self Psychology (IAPSP) Annual Conference
18-21 October 2012, Washington DC, USA

Invitation to authors

If you would like to submit or discuss your book proposal with our Publisher, Kate Hawes, please email kate.hawes@tandf.co.uk

If you are thinking of publishing a monograph of primary research please email our Associate Editor, Jane Harris at Jane.Harris@informa.com
Beyond the Couch Series

Series Editor: Alessandra Lemma
Assistant Editor: Anne Patterson

The New Library of Psychoanalysis Series aims to promote a widespread appreciation of psychoanalysis by supporting interdisciplinary dialogues with those working in the social sciences, the arts, medicine, psychology, psychotherapy, philosophy and with the general book reading public. The Beyond the Couch Series creates a forum dedicated to demonstrating this wider application of psychoanalytic ideas. These books written primarily by psychoanalysts, specifically address the important contribution of psychoanalysis to contemporary intellectual, social and scientific debate.

www.routledgementalhealth.com/nlp/beyond-the-couch

Engaging with Climate Change
Psychoanalytic and Interdisciplinary Perspectives

Edited by Sally Weintrobe, Institute of Psychoanalysis, London, UK

Engaging with Climate Change is the first book of its kind to explore in depth what climate change actually means to people. It is the first to bring members of a wide range of different disciplines in the social sciences together in discussion and to introduce a psychoanalytic perspective. The important insights that result have real implications for policy, particularly with regard to how to relate to people when discussing the issue. Topics covered include: what lies beneath the current widespread denial of climate change; how do we manage our feelings about climate change; our great difficulty in acknowledging our true dependence on nature; conflicts in our sense of identity; the effects of living within cultures that have perverse aspects; and the need to mourn before we can engage in a positive way with the new conditions we find ourselves in.

Through understanding these issues and adopting policies that recognise their implications humanity can hope to develop a response to climate change of the nature and scale necessary. Aimed at the general reader as well as psychoanalysts, psychotherapists and climate scientists, this book will deepen our understanding of the human response to climate change.

Hb: 978-0-415-66760-9: £80.00/$130.00
Series: Beyond the Couch

www.routledgementalhealth.com/9780415667623
Under the Skin
A Psychoanalytic Study of Body Modification

Alessandra Lemma, Tavistock and Portman NHS Foundation Trust, London, UK

“With this book, Alessandra Lemma has established herself as one of the most original and creative contributors to psychoanalytic psychotherapy.” - Peter Fonagy, University College London, UK

Under the Skin considers the motivation behind why people pierce, tattoo, cosmetically enhance, or otherwise modify their body, from a psychoanalytic perspective. It discusses how the therapist can understand and help individuals for whom the manipulation of the body is felt to be psychically necessary, regardless of whether the process of modification causes pain.

In this book, psychoanalyst Alessandra Lemma draws on her work in the consulting room, as well as films, fiction, art and clinical research to suggest that the motivation for extensively modifying the surface of the body, and being excessively preoccupied with its appearance, comes from the person’s internal world – under their skin. Topics covered include: body image disturbance; appearance anxiety; body dysmorphic disorder; and the psychological function of cosmetic surgery, tattooing, piercing, and scarification.

Under the Skin provides a detailed study of the challenges posed by our embodied nature through an exploration of the unconscious phantasies that underlie the need for body modification, making it essential reading for all clinicians working with those who are preoccupied with their appearance and modify their bodies including psychotherapists, counsellors, psychiatrists and psychologists.


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Series: Beyond the Couch

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Series Editor: Alessandra Lemma
Assistant Editor: Anne Patterson

The New Library of Psychoanalysis Teaching Series extends the aims and achievements of The New Library of Psychoanalysis to those studying psychoanalysis and related fields such as the social sciences, philosophy, literature and the arts. Each text provides a comprehensive yet accessible introduction to the central subjects in psychoanalysis.

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Infant Observation

Edited by Frances Salo, University of Melbourne, Australia

Infant Observation examines how psychoanalytic thinking on infant observation has evolved since Esther Bick first introduced this innovative practice. Drawing together seminal and new papers, and covering the differences in development in Europe and North and South America, the book explores how infant observation has informed our understanding of child development, and how what is learned in observation can be applied to clinical practice.

Providing a substantial introduction and overall review of infant observation in a wide variety of settings, the book covers such topics as: the role of infant observation in psychoanalytic trainings; the process of observation; the relationships between parent, infant and observer; the ethics of observation; the clinical applications of observation; and the role of research in shaping and informing infant observation.

Infant Observation will be useful for students at all stages as well as experienced psychoanalysts who wish to know more about the relevance of infant observation across different psychoanalytic orientations and trainings.

Hb: 978-0-415-58784-6: £65.00/$105.00
Pb: 978-0-415-58785-3: £23.99/$37.95

Initiating Psychoanalysis Perspectives

Edited by Bernard Reith, in private practice, Geneva, Switzerland, Sven Lagerlöf, Swedish Psychoanalytical Society, Sweden, Penelope Crick, London Clinic of Psychoanalysis, UK, Mette Møller, Danish Psychoanalytic Society, Denmark, and Elisabeth Skale, Vienna Psychoanalytical Society, Austria

“This thoughtful book reminded me how difficult it can be to listen fairly and objectively to our colleagues’ clinical material... I congratulate the editors of this book for offering us a thoughtful, searching and important publication.” - Anne-Marie Sandler, From the Foreword
Initiating Psychoanalysis presents an international collection of papers brought together by the Working Party on Initiating Psychoanalysis of the European Psychoanalytic Federation and addresses the specific clinical and technical issues involved in launching the processes that are at the core of psychoanalysis and psychoanalytic treatment.

Expert contributors provide introductions and commentaries on a selection of psychoanalytic papers, including one by Freud himself, which refer to beginning psychoanalytic treatment in a wide range of settings. Divided into four main sections, areas of discussion include: historical and conceptual developments in the field; practical, technical and ethical considerations; unconscious transference and counter-transference dynamics of initial interviews; and internal factors that can help or hinder psychoanalysts in their work to initiate psychoanalysis.

This book will be helpful to all psychoanalytical practitioners in thinking about their work in first interviews with prospective patients, as well as psychoanalysts and psychotherapists at all levels of experience, who will be able to use this book to enrich their own practice.


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Reading Winnicott
Edited by Lesley Caldwell, University College London, UK, and Angela Joyce, Anna Freud Centre, London, UK

“Re-investing in Winnicott through the scholarship and clinical acumen of two present day psychoanalysts and reading him through the data and the interpretation their text affords, offers the reader the benefit of a serious and impressive contribution, not, in my view, attempted so wide-rangingly or so comprehensively before.” - Helen Taylor Robinson, From the Preface

Reading Winnicott brings together a selection of papers by the psychoanalyst and paediatrician Donald Winnicott, providing an insight into his work and charting its impact on the well-being of mothers, babies, children and families.

With individual introductions summarising the key features of each of Winnicott’s papers this book not only offers an overview of Winnicott’s work, but also links it with Freud and later theorists. Areas of discussion include: the relational environment and the place of infantile sexuality; aggression and destructiveness; illusion and transitional phenomena; and theory and practice of psychoanalysis of adults and children.


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Symbiosis and Ambiguity

José Bleger


Symbiosis and Ambiguity is the long awaited English translation of José Bleger’s original work Simbiosis y Ambigüedad originally published in 1967. When he died in 1972, aged only 49, Bleger had already established a considerable reputation in Argentina. The importance of his work has been widely recognised not only amongst Spanish speaking analysts on both sides of the Atlantic, but also in France and Italy. However, until now knowledge of his work in the English-speaking world has been based on the publication ‘Psycho-Analysis of the Psycho-Analytic Frame’, published in the International Journal of Psychoanalysis in 1967, and most of his writings have remained unavailable in English.

Although 40 years old, this book offers English readers a first look at Bleger’s original work, and a fresh perspective to equal other classic writings on the psychoanalytic setting. Symbiosis and Ambiguity is an exploration of the relationship between symbiosis and ambiguity as psychological phenomena, both in normal mental life and in psychopathology. It presents a distinctive view of early object relations and combines theoretical innovation, detailed clinical illustration, and clinical thinking which makes this book as relevant today as it was when it was first published.

Symbiosis and Ambiguity is a powerful original contribution to psychoanalytic thought whose ideas will be of great interest to psychoanalysts and students alike.

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Pb: 978-0-415-46462-8: £23.99/$37.95

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Donald Winnicott Today

Edited by Jan Abram, in private practice, London, UK

What in Winnicott’s theoretical matrix was truly revolutionary for psychoanalysis? In this book, the editor and contributors provide a rare in-depth analysis of his original work, highlighting the prominence he gave to early psychic development, and how this revolutionised the theory and practice of psychoanalysis.

Including re-publications of selected Winnicott papers to set the scene for the themes and explorations in subsequent chapters, the book examines how he expanded on Freud’s work, and how his discourse with Melanie Klein sharpened his thought and clinical interventions. Divided into 3 sections, it covers:

• introductory overviews of the development of Winnicott’s theoretical matrix
• personal perspectives from eminent psychoanalysts of the influence of Winnicott on their own work
• the influence of Winnicott’s later work on contemporary psychoanalysis.

Drawing on her own extensive knowledge of Winnicott and the expertise of the distinguished contributors, Jan Abram shows us how Winnicott’s influence is fundamental in understanding how psychoanalytic practice and theory is continuing to develop. As such, it will be an inspiration to experienced psychoanalysts, psychotherapists and students alike.

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The Maternal Lineage

Identification, Desire and Transgenerational Issues

Edited by Paola Mariotti, in private practice, London, UK

At a time when mothers are bombarded by prescriptive and contradicting advice on how to behave with their children, The Maternal Lineage highlights various psychological aspects of the mothering experience.

International contributors provide clinical examples of frequent and challenging situations that have received scarce attention in psychoanalysis, such as issues of neglect and psychical abuse. The transgenerational repetition from mother to daughter of distressing mothering patterns is evident throughout the book, and may seem inevitable. However, clinical examples and theoretical research indicate that, when the support of partner and friends is not enough, the cycle can be brought to an end if the mother receives psychoanalytic-informed professional help.

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Creative Readings

Essays on Seminal Analytic Works

Thomas H. Ogden, Psychoanalytic Institute of Northern California, USA

Thomas Ogden is internationally recognized as one of the most creative analytic thinkers writing today. In this book he brings his original analytic ideas to life by means of his own method of closely reading major analytic works. He reads watershed papers in a way that does not simply cast new and discerning light on the works he is discussing, but introduces his own thinking regarding the ideas being discussed in the texts.

Ogden offers expanded understandings of some of the most fundamental concepts constituting psychoanalytic theory and practice. He does so by finding in each of the articles he discusses much that the author knew, but did not know that he or she knew. An example of this is how Freud, in his conception of the unconscious workings of mourning and melancholia, was providing the foundation of a theory of unconscious internal object relations. Ogden goes on to provide further re-readings of classic material from the following key contributors to contemporary psychoanalysis: W. R. D. Fairbairn, Donald Winnicott, Wilfred Bion, Hans Loewald, and Harold Searles.

This book is not simply a book of readings, it is a book about reading, about how to read in a way that readers actively rewrite what they are reading, and in so doing makes the ideas truly their own. The concepts that Ogden develops in his readings provide a significant step in the reader’s expansion of his or her understanding of many of the ideas that lie at the cutting edge of contemporary psychoanalysis.

Contents: Some Thoughts on How to Read this Book. Freud’s “Mourning and Melancholia” and The Origins of Object-relations Theory. Reading Susan Isaacs: Toward a Radically
Also by Thomas H. Ogden

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**Projective Identification**

**The Fate of a Concept**

Edited by Elizabeth Spillius and Edna O’Shaughnessy, both at the British Psychoanalytical Society, London, UK

In this book Elizabeth Spillius and Edna O’Shaughnessy explore the development of the concept of projective identification, which had important antecedents in the work of Freud and others, but was given a specific name and definition by Melanie Klein. They describe Klein’s published and unpublished views on the topic, and then consider the way the concept has been variously described, evolved, accepted, rejected and modified by analysts of different schools of thought and in various locations – Britain, Western Europe, North America and Latin America.

The authors believe that this unusually widespread interest in a particular concept and its varied ‘fate’ has occurred not only because of beliefs about its clinical usefulness in the psychoanalytic setting but also because projective identification is a universal aspect of human interaction and communication.

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Avoiding Emotions, Living Emotions

Antonino Ferro, in private practice, Pavia, Italy
Translated by Ian Harvey

Avoiding Emotions, Living Emotions explores the psychoanalytic encounter and examines how emotions are formed and experienced by both the patient and analyst. The author narrates key theoretical concepts through the presentation of clinical material from adult and child analysis and emphasises the importance of being able to foster these narrations.

Offering new insights into how the mind works, topics of discussion include: Bion’s thinking and its fertilization; clinical implications; variations on transference and countertransference; and image and narration.

Providing the reader with clinical exercises and case reports, this book will be of great interest to psychoanalysts, psychotherapists and psychiatrists, as well as being a helpful tool in psychoanalytic and psychotherapeutic work on a day-to-day basis.

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Also by Antonino Ferro

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Insight
Essays on Psychoanalytic Knowing
Jorge L. Ahumada, Argentine Psychoanalytic Association, Argentina

“This is an important, illuminating book by one of the few psychoanalysts who are intellectually equipped to deal authoritatively with the crucially important links between our failure to improve methods for evaluating clinical evidence and the culture wars in psychoanalysis in recent decades.”
- Dale Boesky, From the Foreword

This book explores the clinical processes of psychoanalysis by charting modern developments in logic and applying them to the study of insight. Offering an epistemic approach to clinical psychoanalysis this book places value on the clinical interpretations of both the analysand and analyst and engages in a critique on purely linguistic approaches to psychoanalysis, which forsake crucial dimensions of clinical practice.

Drawing on the work of key twentieth century thinkers including Jerome Richfield, Ignacio Matte-Blanco, Gregory Bateson and the pioneering contribution on insight made by James Strachey, topics of discussion include: the structure and role of clinical interpretation; interpretation and creationism; body, meaning and language; and logical levels and transference.

As such, this book will be of great interest to all those in the psychoanalytic field, in particular those wanting to learn more about the study of insight and its relationship to clinical processes of psychoanalysis.

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Seeing and Being Seen
Emerging from a Psychic Retreat
John Steiner, British Psychoanalytical Society, UK

“John Steiner continues the explorations he began in his excellent Psychic Retreats. In the course of fulfilling his aims, he has also summed up and enriched contemporary insight into many other aspects of the work of psychoanalysis.”
- Roy Schafer, From the Foreword

Seeing and Being Seen examines the themes that surface when considering clinical situations where patients feel stuck and where a failure to develop impedes the progress of analysis.

This book analyses the anxieties and challenges confronted by patients as they begin to emerge from the protection of psychic retreats. Divided into three parts, areas of discussion include: embarrassment, shame, and humiliation; helplessness, power, and dominance; and mourning, melancholia, and the repetition compulsion.

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As well as offering fresh ideas, Steiner bases his creative and integrative efforts on previous contributions by psychoanalysts including Freud, Klein, Rosenfeld, and Bion. As such, this book will be of interest to psychoanalysts, clinical psychotherapists, and all those with an interest in the psychoanalytic field.

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The New Library of Psychoanalysis Series

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Also by John Steiner

Intersubjective Processes and the Unconscious
An Integration of Freudian, Kleinian and Bionian Perspectives

Lawrence J. Brown, in private practice, Massachusetts, USA

“Lawrence Brown’s work is a tour de force. It is an invaluable and timely work on one of the most important, if not the most important, paradigm changes in analytic technique to date. His work is quantitatively encyclopaedic in its range, and qualitatively is pleasingly and eloquently written.”

- James S. Grotstein, From the Foreword

Intersubjective Processes and the Unconscious looks at how the minds of the therapist and the patient interact with each other in a profound and unconscious way: a concept first described by Freud.

This book expands Freud’s ideas further and examines how these have been greatly elaborated by contributions from the Kleinian School as well as from the work of Bion. It explores how, together, patient and therapist co-create a narrative through these unconscious intersubjective processes.

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Contemporary Psychoanalysis and the Legacy of the Third Reich

Emily Kuriloff, William Alanson White Institute, New York, USA

During the 1930s and 1940s, European psychoanalysts held fast to their professional identities despite a profoundly destabilizing reality. From Budapest to Paris the Nazis disrupted the work of this group and threatened their very lives. That psychoanalysis endured, and even flourished in postwar Europe and the Americas, is itself remarkable. And yet, in the end, the 20th century belonged as much to Freud as it did to Hitler. This book begins to explore the myriad ways in which theory and praxis – and thus the course of psychoanalysis – has been and continues to be influenced by this history. Failures in mourning, the plight of the Émigré, identifications both with victims and victimizers, as well as efforts to confront and integrate the personal and professional, are addressed via interviews with prominent analysts.

September 2012: 184pp.
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Imagination from Fantasy to Delusion

Lois Oppenheim, Montclair State University, New Jersey, USA

In this book, Lois Oppenheim illustrates the enhancement of the self that creativity affords, the relationship of imagination to the self as agent. The premise of this book is twofold: first, that the imaginary is real, differing from what we commonly take to be reality in structure and in form; second, that enhancement of the self through an increase in agency is facilitated by the biology of reward: The pleasure of increased self-cohesion is ultimately the sine qua non of imaginative thought.

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“Still practicing” has several meanings. Still practicing suggests that the balance of heartaches and joys must not deter us from pursuing a clinical practice. At the same time, still practicing suggests that for the clinician “practice” never “makes perfect.” We continue to refine our clinical instruments over our entire working lives.

Framed by her previous work on the concept of emotional balance, Sandra Buechler investigates how vicissitudes in a clinical career can have a profound and lasting impact on the clinician’s emotional balance, and considers how the clinician’s resilience is maintained in the face of the personal fallout of a lifetime of clinical practice. At each juncture, from training to early phases of clinical experience, through mid and late career, she asks, what can help us maintain a vital interest in our work? How do we not burn out?

Aimed at the nexus of the personal and theoretical, Still Practicing concentrates on the sadness, feelings of shame, and satisfactions inherent in practice, and encourages newcomers and veterans alike to make career choices mindful of their potential long-term impact on their feelings about being therapists.


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Clinical Values

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Dancing with the Unconscious

The Art of Psychoanalysis and the Psychoanalysis of Art

Danielle Knafo, Long Island University, New York, USA

“Danielle Knafo has written a compelling and enlightening book, a testimony to the depths of the creative spirit... She brings out dimensions of the creative unconscious that add to our appreciation of being alive.” - Michael Eigen, author, Contact with the Depths and Faith and Transformation

In writing and lecturing over the past two decades on the relationship between psychoanalysis and art, Danielle Knafo has demonstrated the many ways in which these two disciplines inform and illuminate each other. This book continues that discussion, emphasizing how the creative process in psychoanalysis and art utilizes the unconscious in a quest for transformation and healing. Part I of the book presents case studies to show how free association, transference, dream work, regression, altered states of consciousness, trauma, and solitude function as creative tools for analyst, patient, and artist. Knafo uses the metaphor of dance to describe therapeutic action, the back-and-forth movement between therapist and patient, past and present, containment and release, and conscious and unconscious thought. The analytic couple is both artist and medium, and the dance they do together is a dynamic representation of the boundless creativity of the unconscious mind. Part II of the book offers in-depth studies of several artists to illustrate how they employ various media for self-expression and self-creation.


February 2012: 304pp.
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Also Available

Knafo/Feiner: Unconscious Fantasies and the Relational World

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Money Talks
in Therapy, Society, and Life
Edited by Brenda Berger, Columbia University, New York, USA, and Stephanie Newman, in private practice, New York, USA

“Money has always been the dirtiest topic in psychoanalysis. It is avoided in scientific papers, clinical case conferences, and analytic seminars. With auspicious timing, this new collection of thoughtful contributions brings the subject into the light of day... This book is a must read for both beginning and experienced analysts.” - Glen O. Gabbard, author, Love and Hate in the Analytic Setting

Sometimes referred to as “the last taboo,” money has remained something of a secret within psychoanalysis. Ironically, while it is an ingredient in almost every encounter between analyst and patient, the analyst’s personal feelings about money are rarely discussed openly or in any great depth. So what is it about money that relegates it to the background, both on the couch and off? In Money Talks, Brenda Berger, Stephanie Newman, and their excellent cast of contributors address this and other questions surrounding the tender topic of money, how we talk about it, and how it talks to us. Its multiple meanings are explored in the contexts of patients and analysts and the ways in which they relate, in the training and practice of the analysts themselves, as well as the psychological and cultural consequences of having too much or too little in both flush and tight economic times. Throughout, a clinical sensibility is brought to bear on money’s softly spoken place in therapy and life. Money Talks paves the way for an open discourse into the psychology of money and its pervasive influence on the psyche of both patient and analyst.


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Nothing Good is Allowed to Stand
An Integrative View of the Negative Therapeutic Reaction
Edited by Léon Wurmser, University of West Virginia, USA, and Heidrun Jarass, in private practice, Germany

Work with patients with severe neuroses very often has to cope with the phenomenon that every progress in the analytic or therapeutic work is followed paradoxically by a clinical deterioration. There are a number of dynamic factors that converge to bring about this negative therapeutic reaction, including many-layered guilt and shame, aspects of envy and jealousy, attachment to negative affects, turning trauma from passive to active, conflicts within the superego, and the defensive use of omnipotence of responsibility. In Nothing Good is Allowed to Stand, Wurmser, Jarass, and their colleagues consider these and other factors insightfully.

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Series: Psychoanalytic Inquiry Book Series

Self Experiences in Group, Revisited
Affective Attachments, Intersubjective Regulations, and Human Understanding
Edited by Irene Harwood, New Center for Psychoanalysis, California, USA, Walter Stone, University of Cincinnati, USA, and Malcolm Pines, International Association for Group Psychotherapy

Since the publication of Self Experiences in Group in 1998 – the first book to apply self psychology and intersubjectivity to group work – there have been tremendous advancements in the areas of affect, attachment, infant research, intersubjective regulation, motivational theory, neurobiology, philosophy, somatic understanding, and trauma.
Carefully edited by Irene Harwood, Walter Stone, and Malcolm Pines, *Self Experiences in Group, Revisited* is a completely revised and updated application of self-psychological and intersubjective perspectives to couples, family, and group work, incorporating many of these recent findings and theories of the past decade.


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Fredric N. Busch, and Barbara L. Milrod, both at Weill Medical College, Cornell University, New York, USA, Meriamne B. Singer, Columbia University, New York, USA, and Andrew C. Aronson, Mount Sinai Medical Center, New York, USA

“This book represents a giant leap forward in how we communicate about psychotherapeutic technique. Not only will readers acquire literally hundreds of critical understandings about how to treat patients presenting with panic and anxiety disorders, but educators and researchers finally have a model of how psychodynamic technique can be communicated in a simple, readily accessible manner without the jargon and with all unnecessary rhetoric removed.” - Peter Fonagy, University College London, UK

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**George E. Atwood**, Rutgers, The State University of New Jersey, USA

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**Robert D. Stolorow**, Institute of Contemporary Psychoanalysis, California, USA

“Stolorow has become, in my view and those of others, one of the country’s pre-eminent thinkers on the subject of trauma... Stolorow is both insightful and compassionate... For those interested in how Heidegger’s existential philosophy can enrich psychoanalysis, or those alternatively intrigued by how contemporary psychoanalysis can deepen an understanding of Heidegger’s thought, I can recommend World, Affectivity, Trauma without reservation. For both the professional clinician and the motivated general reader, it is a bracing, challenging and, ultimately, deeply rewarding work.” - **Dennis Palumbo, The Huffington Post**

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An Analyst’s Reflections on the Therapeutic Relationship

Chris Jaenicke, in private practice, Berlin, Germany

“Change in Psychoanalysis is vintage Jaenicke. In vividly illustrating the role of his own emotional world in his therapeutic work, he gives flesh and blood to the primacy of mutual influencing, of subjectivity, and of co-determination in the process of therapeutic change.” - Robert D. Stolorow, author, World, Affectivity, Trauma

In this clinically rich and deeply personal book, Chris Jaenicke demonstrates that the therapeutic process involves change in both the patient and the analyst, and that therapy will not have a lasting effect until the inevitability and depth of the analyst’s involvement in the intersubjective field is better understood. In other words, in order to change, we must allow ourselves to be changed. This can happen within the sessions themselves, as one grasps the influence of and decenters from one’s own subjectivity, with cumulative effects over the course of the treatment. Thus the process, limitations, and cure of psychotherapy are co-created, without displacing the asymmetrical nature of roles and responsibility. Essentially, beyond the theories and techniques, it is the specificity of our subjectivity as it interacts with the patient’s subjectivity which plays the central role in the therapeutic process.

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Edited by Deborah L. Browning, New York University, USA

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“Welcome to an exciting new voice in relational psychoanalysis. At once modest and authoritative, Renn integrates attachment theory and research, contemporary neuroscience, and developmental psychopathology into a clear, coherent, and compelling psychoanalytic narrative... Students and experienced practitioners will find themselves reading this compelling volume in one sitting.” - Professor Jeremy Holmes, University of Exeter, UK

Drawing on research in the fields of cognitive and developmental psychology, attachment, trauma, and neuroscience, as well as 20 years in forensic and private practice, Paul Renn deftly illustrates the ways in which this research may be used to inform an integrated empirical/hermeneutic model of clinical practice. He suggests that silent, invisible processes derived from the past maintain non-optimal ways of experiencing and relating in the present, and that a neuroscience understanding of the dynamic nature of memories, and of the way in which the implicit and explicit memory systems operate and interact, is salient to a concomitant understanding of trauma, personality development, and therapeutic action.


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Nancy Chodorow, in her groundbreaking book The Reproduction of Mothering, quite simply changed the conversation in at least three areas of study: psychoanalysis, women’s studies, and sociology. In her latest book, Individualizing Gender and Sexuality, she examines the complexity and uniqueness of each person’s personal creation of sexuality and gender and the ways that these interrelate with other aspects of psychic and cultural life. She brings her well-known theoretical agility, wide-ranging interdisciplinarity, and clinical experience to every chapter, advocating the clinician’s openness, curiosity, and theoretical pluralism. The book begins with reflections on Freud’s Three Essays on the Theory of Sexuality, followed by considerations of Melanie Klein and Stephen Mitchell, as well as on her own work and on the postmodern turn in psychoanalytic gender theory. Subsequent chapters address contemporary clinical-cultural issues such as women and work, women and motherhood, and men and violence.


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Building on the comprehensive theoretical model of dissociation elegantly developed in The Dissociative Mind, Elizabeth Howell makes another invaluable contribution to the clinical understanding of dissociative states with Understanding and Treating Dissociative Identity Disorder. Howell, working within the realm of relational psychoanalysis, explicates a multifaceted approach to the treatment of this fascinating yet often misunderstood condition, which involves the partitioning of the personality into part-selves that remain unaware of one another, usually the result of severely traumatic experiences.

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With Culture in Mind
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Edited by Muriel Dimen, New York University, USA

“This is an extraordinary collection. In just a few pages of clinical case material, each author remarkably manages to shatter any illusions one might hold that the psychic and the social are separable... Seamlessly blending high theory with experience-near clinical encounters, this book is a major contribution to a non-normative psychoanalysis.” - Lynne Layton, *Psychoanalysis, Culture & Society*

This is a new kind of anthology. More conversation than collection, it locates the psychic and the social in clinical moments illuminating the analyst’s struggle to grasp a patient’s internal life as voiced through individual political, social, and material contexts. Each chapter is a single detailed case vignette in which aspects of race, gender, sexual orientation, heritage, ethnicity, class – elements of the sociopolitical matrix of culture – are brought to the fore in the transference-countertransference dimension, demonstrating how they affect the analytic encounter.

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Deprivation and Delinquency

D. W. Winnicott
Edited by Clare Winnicott, Ray Shepherd and Madeleine Davis

"Winnicott was a healer with the qualities of a parent, a magician, a teacher, a poet and a friend. The editors of this book have done a great service in collecting and arranging papers dating from the experiences of the evacuation in the Second World War up to some of Winnicott’s continued explorations of his own philosophy." - The British Medical Journal

D. W. Winnicott was one of the giants of child psychiatry and psychoanalysis. He argued eloquently for an increased sensitivity to children, their development and their needs. Deprivation and Delinquency is an invaluable collection of his work on the theme of the relationship between antisocial behaviour, or more chronically delinquency, and childhood experiences of deprivation. Winnicott examines children under stress, the nature and origin of antisocial tendency and the practical management of difficult children – issues which have once again exploded onto the social agenda.


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a distinguished British psychoanalyst, educationalist, autobiographer and artist

Editor: Emma Letley, writer, academic, and psychoanalytic psychotherapist

Originally published many years ago, Marion Milner’s books have made a large contribution to the field of psychoanalysis, and are still extremely relevant to psychoanalysis today. In this series, Emma Letley has worked with the Marion Milner foundation to re-contextualise six classic volumes by arranging for experts to provide new scholarly introductions to each book.

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Bothered By Alligators
Marion Milner

New Introduction by Margaret Walters

“Bothered by Alligators is a fascinating addition to her bibliography. It combines the two primary strains in her writing – the making of diaries and the analysis of images. And as the most autobiographical of her books, it might be regarded as a summation, the last words and thoughts of a writer who was continually thinking with that lively, enquiring and deliciously quirky mind, and who was also willing to take risks in her writing, by spontaneously expounding her unexpurgated thought processes.” - Margaret Walters, From the Introduction

Milner’s final text, Bothered by Alligators, came about when, in her nineties, she unexpectedly came across a diary she had kept during the early years of her son’s life, recording his conversations and play between the ages of two and nine. With it was a storybook written and illustrated by him when he was about seven years old.

Whilst working on the material, Milner gradually realised that both diary and storybook were provoking questions she realised had scarcely been asked, let alone answered in her own analysis. Through her memories, her notebooks and by interpreting her own previously discarded drawings and paintings, she reaches a point of awareness that they were depicting things she did not know in herself, addressing her relationships not only with her son but also with her husband, her father, and in particular, her mother.

BOOKS BY MARION MILNER

**A Life of One’s Own**
Marion Milner
New Introduction by Rachel Bowlby
How often do we ask ourselves, ‘What will make me happy? What do I really want from life?’ In *A Life of One’s Own* Marion Milner explores these questions and embarks on a seven year personal journey to discover what it is that makes her happy. On its first publication, W. H. Auden found the book ‘as exciting as a detective story’ and, as Milner searches out clues, the reader quickly becomes involved in the chase. Using her own personal diaries, kept over many years, she analyses moments of everyday life and discovers ways of being, of looking, of moving, that bring surprising joy – ways which can be embraced by anyone.

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**An Experiment in Leisure**
Marion Milner
New Introduction by Maud Ellmann
Written in 1936 as a companion piece to *A Life of One’s Own*, *An Experiment in Leisure* further charts Marion Milner’s illuminating and rewarding investigation into how we lead our lives. Instead of drawing on her daily diary, she turns to memory images – images not only from her own life but also from books, mythology, travel and religion that seem to point to a suspension of ordinary, everyday awareness. From this condition of emptiness springs an increasing imaginative appreciation both of being alive and of the world we live in.

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Marion Milner
New Introduction by Hugh Haughton
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Mark Leffert, in private practice, Santa Barbara, USA

Extending the themes of Contemporary Psychoanalytic Foundations, The Therapeutic Situation in the 21st Century is a systematic reformulation of fundamental psychoanalytic concepts, such as transference, therapeutic action, and the uses of psychotropic drugs, in the light of recent developments in postmodernism, complexity theory, and neuroscience. Leffert offers formulations of areas not previously considered in any depth by psychoanalysts, such as power relations in the analytic couple, social matrix theory, and narrative theory informed by considerations of archaeology, genealogy, complexity, memory, and recall. He also considers new areas, such as the role of uncertainty and love in the therapeutic situation. This book is part of an ongoing effort to place psychoanalysis in the current century, and looks to outside as well as inside areas of thought to inform how we work and how we think about our work.

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- Power Relations in the Office. Archaeology, Genealogy, and Memory.
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Conundrums

A Critique of Contemporary Psychoanalysis

Jon Mills, in private practice, Ontario, Canada

“Jon Mills makes admirable use of his double training as philosopher and practicing psychoanalyst in Conundrums. In this book, he discusses both the improvements and the deficiencies of contemporary relational psychoanalysis, both on the basis of theory and his clinical experience... A remarkable and compelling book.” - Wilfried Ver Eecke, Georgetown University, Washington, DC, USA

This is the first book of its kind to offer a sustained critique of contemporary psychoanalytic thought favoring relational, postmodern, and intersubjective perspectives, which largely define American psychoanalysis today. Conundrums turns
an eye toward the philosophical underpinnings of contemporary theory; its theoretical relation to traditional psychoanalytic thought; clinical implications for therapeutic practice; political and ethical ramifications of contemporary praxis; and its intersection with points of consilience that emerge from these traditions. Central arguments and criticisms advanced throughout the book focus on operationally defining the key tenets of contemporary perspectives; the seduction and ambiguity of postmodernism; the question of selfhood and agency; illegitimate attacks on classical psychoanalysis; the role of therapeutic excess; contemporary psychoanalytic politics; and the question of consilience between psychoanalysis as a science versus psychoanalysis as part of the humanities.


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An Accident of Hope
The Therapy Tapes of Anne Sexton
Dawn M. Skorczewski, Brandeis University, Massachusetts, USA

“Dawn Skorczewski explores this explosive material with delicacy and a sensitive hand. While An Accident of Hope links the contours of Anne Sexton’s deep-seated emotions – both the joy and the anguish – and the intertwined roots of her poetry, it simultaneously gives us a compelling read that never, ever, disappoints.” - Linda Gray Sexton, author, Half in Love and Searching for Mercy Street

In 1956, Anne Sexton was admitted into a mental hospital for post-partum depression, where she met Dr. Martin Orne, a young psychoanalytic psychiatrist who treated her for the next eight years. In that time Sexton would blossom into a world-famous poet, best known for her “confessional” poems dealing with personal subjects not often represented in poetry at that time: mental illness, depression, suicide, sex, abortion, women’s bodies, and the ordinary lives of mothers and housewives. Orne audiotaped the last three years of her therapy to facilitate her ability to remember their sessions. The final six months of these tapes are the focus of this book.
In An Accident of Hope, Dawn Skorczewski links the content of the therapy with poetry excerpts, offering a rare perspective on the artist’s experience and creative process. We can see Sexton attempting to make sense of her life and therapy and to sustain her confidence as a major poet, while struggling with the impending loss of Orne, who was moving elsewhere.

**CONTENTS:**


**February 2012:** 268pp.

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The Power of Witnessing

**Reflections, Reverberations, and Traces of the Holocaust: Trauma, Psychoanalysis, and the Living Mind**

Edited by Nancy R. Goodman, New York Freudian Society (Washington, DC Program), USA, and Marilyn B. Meyers, Washington School of Psychiatry, Washington, DC, USA

“Thank you to Nancy Goodman and Marilyn Meyers for the gift of The Power of Witnessing. Once you start this remarkable book, you don’t want to put it down... I thank Nancy and Marilyn for this incredible privilege and what they have given the world.” - Carolyn Ellman, Editor, The Modern Freudians

Witnessing comes in as many forms as the trauma that gives birth to it. The Holocaust, undeniably one of the greatest traumatic events in recent human history, still resonates into the twenty-first century. The echoes that haunt those who survived continue to reach their children and others who did not share the experience directly. In what ways is this massive trauma processed and understood, both for survivors and future generations?

The answer, as deftly illustrated by Nancy Goodman and Marilyn Meyers, lies in the power of witnessing: the act of acknowledging that trauma took place, coupled with the desire to share that knowledge with others to build a space in which to reveal, confront, and symbolize it. As the contributors to this book demonstrate, testimonial writing and memoir, artwork, poetry, documentary, theater, and even the simple recollection of a memory are ways that honor and serve as forms of witnessing.

**CONTENTS:**


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The Importance of Suffering
The Value and Meaning of Emotional Discontent
James Davies, University of Roehampton, London, UK

In this book James Davies considers emotional suffering as part and parcel of what it means to live and develop as a human being, rather than as a mental health problem requiring only psychiatric, antidepressant or cognitive treatment. This book therefore offers a new perspective on emotional discontent and discusses how we can engage with it clinically, personally and socially to uncover its productive value.

The Importance of Suffering explores a relational theory of understanding emotional suffering suggesting that suffering does not spring from one dimension of our lives, but is often the outcome of how we relate to the world internally in terms of our society, culture and the world around us. Davies suggests that suffering is a healthy call-to-change and shouldn’t be chemically anesthetised or avoided. The book challenges conventional thinking by arguing that if we understand and manage suffering more holistically, it can facilitate individual and social transformation in powerful and surprising ways.


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The Suffering Stranger
Hermeneutics for Everyday Clinical Practice
Donna M. Orange, Institute for the Psychoanalytic Study of Subjectivity, New York, USA

Utilizing the hermeneutics of Hans-Georg Gadamer and the ethics of Emmanuel Lévinas, The Suffering Stranger invigorates the conversation between psychoanalysis and philosophy, demonstrating how each is informed by the other and how both are strengthened in unison. Orange turns her critical (and clinical) eye toward five major psychoanalytic thinkers – Sándor Ferenczi, Frieda Fromm-Reichmann, D. W. Winnicott, Heinz Kohut, and Bernard Brandchaft – investigating the hermeneutic approach of each.

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Also by Donna M. Orange

Why Things Matter
The Place of Values in Science, Psychoanalysis and Religion
David M. Black, in private practice, London, UK

Why Things Matter explores how the comparatively new scientific discipline of consciousness studies requires us to recognize that subjectivity is as irreducible a feature of the world as matter and energy. Necessarily inter-disciplinary, this book draws on science, philosophy and the history of religion to argue that there can be influential values which are not based exclusively on biological need or capricious life-style choices. It suggests that many recent scientific critics of religion, including Freud, have failed to see clearly the issues at stake.

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Rosemary M. Balsam, Yale School of Medicine, Connecticut, USA

Why has the female body been marginalised in psychoanalysis, with a focus on female problems and pains only? How can we begin to think about body pleasure, power, competition and aggression as normal in females? In Women’s Bodies in Psychoanalysis, Rosemary Balsam argues that re-tracing theoretical steps back to the biological body’s attributes is fruitful in searching the clues of our mental development. She shows that the female biological body, across female gender variants and sexual preferences, including the ‘vanished pregnant body’, has been largely overlooked in previous studies. It is how we weave these images of the body into our everyday lives that informs our gendered patterning. These details about being female free up gender studies in the postmodern era to think about the body’s contribution to gender – rather than continuing the familiar postmodern trend to repudiate biology and perpetuate the divide between the physical and the mental.

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Thirteen Ways of Looking at a Man

Psychoanalysis and Masculinity

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Images and ideas associated with masculinity are forever in flux. In this book, Donald Moss addresses the never-ending effort of men – regardless of sexual orientation – to shape themselves in relation to an always shifting, always receding, ideal of “masculinity”. In Part I, Moss considers a series of nested issues regarding homosexuality, homophobia and psychoanalysis. Part III focuses on the interface between the body experienced as a private entity and the body experienced as a public entity – the body experienced as one’s own and the body subject to the judgments, regulations and punishments of the external world. The final part looks at men and violence. Men must contend with the entwined problems of regulating aggression and figuring out its proper level, aiming to avoid both excess and insufficiency. This section focuses on excessive aggression and its damaging consequences, both to its object and to its subjects.

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The Screen of Fantasy in Psychoanalysis

André Nusselder

In The Surface Effect André Nusselder examines the space of fantasy between individual ‘inner life’ and social ‘outer life’. Where we assume that fantasy only operates where we float off in imaginary realms, this book shows that we are in it from the beginning.

Based on the work of Jacques Lacan, Nusselder elaborates Lacan’s theory, showing how the effects of unconscious processes converge in fantasy as our principal medium for self-identity, perception, remembering and intersubjectivity. The human mind is seen as a composite function of language, body and social world, and fantasy is the fundamental process to study this effect.

The Surface Effect analyses fantasy as a medium, both creative and protective operating between anxiety and excess. It focuses on the role of fantasy in psychoanalysis, and follows its path towards reflections on mediation and new media. This book will appeal to psychoanalysts, philosophers, cognitive scientists and those studying new media, film, culture and literature.

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A Clinical Engagement

Edited by Lewis A. Kirshner, Boston Psychoanalytic Institute, Massachusetts, USA

D. W. Winnicott and Jacques Lacan, two of the most innovative and important psychoanalytic theorists since Freud, are also seemingly the most incompatible. And yet, in different ways, both men emphasized the psychic process of becoming a subject or of developing a separate self, and both believed in the possibility of a creative reworking or new beginning for the person seeking psychoanalytic help.

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The work of Jacques Lacan is associated more with literature and philosophy than mainstream American psychology,
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Edited by Brent Willock, Toronto Institute for Contemporary Psychoanalysis, Ontario, Canada, Lori C. Bohm, The William Alanson White Institute, New York, USA, and Rebecca Coleman Curtis, Adelphi University, New York, USA

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We all experience loneliness at some time in our lives and it often motivates people, consciously or otherwise, to enter treatment. Yet it is rarely explicitly addressed in psychoanalytic literature. Loneliness and Longing rectifies this oversight by thoroughly exploring this painful psychological state. In this book contributors address the inner sense of loneliness – that is feeling alone even in the company of others – by drawing on different aspects of loneliness and longing.

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Edited by Robert G. Lee, Gestalt Institute of Cleveland, Ohio, USA, and Neil Harris, Family Futures Consortium, London, UK

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Stephan Hausner, in private practice, Germany
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